

Rotary



Club of Concord

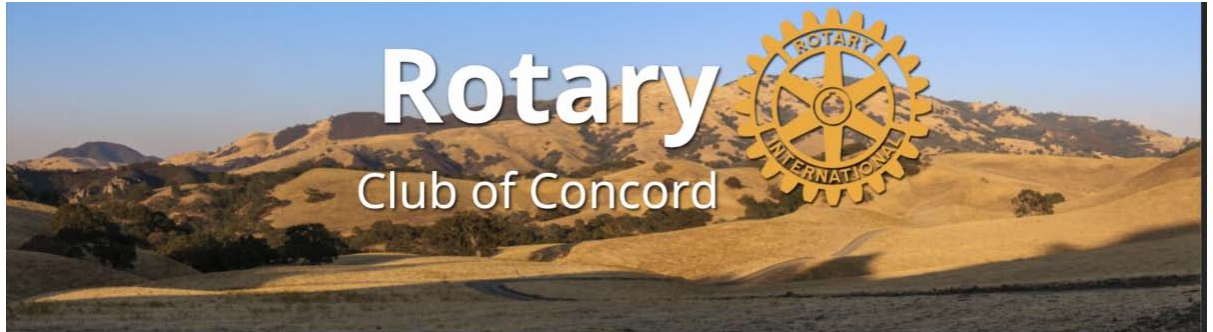
Events

No Events found

Birthdays

Jorge A Cordova
November 7th
Monica Holland
November 15th
George Calhoun
December 3rd
Ingrid Hempell
December 4th
Luis Alkon
December 4th

11/05/24 Concord Rotary Newsletter



Meeting Notes: **Tony Akins**

Newsletter Editor: **Ron Leone**

Read below to learn what's going on at your club! Do you know how to add to this newsletter, our Concord Rotary Website or Facebook? Send articles and photos to **Guy Bjerke** <guybjerke@gmail.com>.

Rotary Meeting Notes for 11/1/24

WELCOME ROTARIANS AND GUEST, TO CONCORD ROTARY



President **Jim Kohl** called the meeting to order promptly at 12:30. **George Calhoun** led us in the pledge and **Celeste Graham** recited the 4-Way Test. As there were no guests, we rolled into the, "What's going on in the club and with club members" section.

Al Kappadahl shared with us that long-time member **Harry Bowers** is in Hospice. Al donated \$100 in his memory. **Scott Singley** and **David Miller** also recognized Harry with \$100 donations.



Ingrid Hempell was proud to report her son had been hired as a commercial chef for the Dolly Parton organization. When asked "What did that mean?" she said she didn't quite know. David Miller said he also didn't know what his kids do at work either.

Gwyn Jones was proud to report that his wife said "He was right", what about he didn't share but he was proud he was recognized by his better half.

Inge Yarborough traveled to Tennessee to see the Fall Colors.



Birthdays:

Jorge Cordova

Club Anniversaries:

Sandy Newman, 7 yrs

Jim Kohl, 10 yrs

Parmod Kumar, 19 yrs

Michael Barrington, 25 yrs

David Miller, 32 yrs

Rick Ernst, 37 years

Harry Bowers, 43 years

Bill Bobetsky 44 years

Howard Jenkins 47 years

Dale Adams 48 years

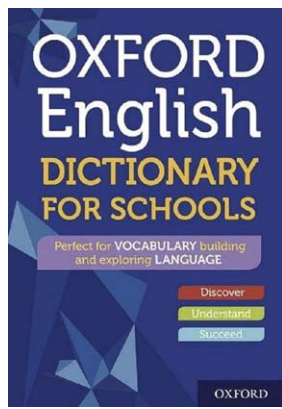
Leslie Chapman shared with us a video the District Governor Dan Giraldi made to support our Ladybug Project.

Memory Woodard shared with us that the Interact club at Ygnacio Valley high inducted 32 new members.

Dictionary giveaways will be held at 2 schools each day on Nov 12-15 (Tuesday through Friday). Sign-ups are going on now. See **Luis Alkon** for details.

The Holiday Luncheon will be on December 13.

Our program speaker was **Danielle Aubin**, a Patient Navigator, and our



program was about Fentanyl awareness. The program was so interesting that questions were thrown at her from the moment she started. Danielle did a great job for those of us needing a primer class on Fentanyl.



Key takeaways:

2023 saw 107K deaths due to overdose, and 74K of those were with opioids.

Key substance abuse indicators:

- 1) Family History, especially if the father and grandfather had addictions.
- 2) Early First Use, ie Middle school or High School
- 3) Mental Health conditions: Depression and/or anxiety,
- 4) Childhood Trauma
- 5) Peer Pressure

Fake pills made to look like prescription drugs will have Fentanyl added as it is cheap and addictive. A tiny amount can lead to an overdose. Think of a tiny dot's worth on the tip of a pencil, that is how little is needed.

Narcan is extremely effective and should be used immediately if an opioid overdose is suspected. It is given in the nostril. Note that you cannot hurt anyone by giving them Narcan. It is absolutely safe. Sometimes more than one dose will be needed. This is why when you give it, you call 911 immediately as another dose may be needed, and it's unlikely that any of us have more than one dose, if any.



Nick Virgallito had the lucky ticket and drew the black marble and was the big winner of a few hundred bucks. Congratulations **Nick**.

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What Happened on November 05



- *1492 Christopher Columbus learns how to grow and harvest maize (corn) from Cuba's indigenous population*



- *1773 John Hancock is elected as moderator at a Boston town meeting that resolves that anyone who supports the Tea Act is an "Enemy to America"*



- *1872 American women's right to vote advocate Susan B. Anthony votes for Ulysses S. Grant*



- *1900 Under US military control since the end of the Spanish–American War in 1898, Cuba now calls its own constitutional convention*



- *1937 Adolf Hitler informs his military leaders in a secret meeting of his intentions of going to war*



- *1940 Franklin D. Roosevelt is re-elected President of the United States for an unprecedented third term, defeating Republican candidate Wendell Willkie*



- *1946 John F. Kennedy (Democrat, Massachusetts) elected to US House of Representatives*

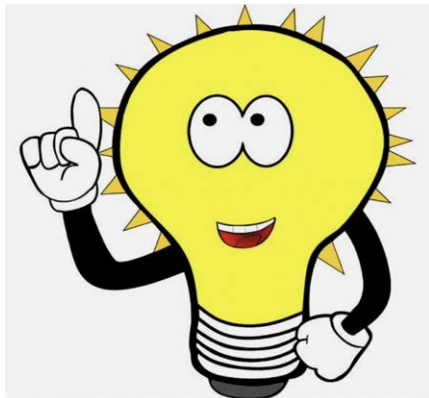
November 5th National Donut Day



Joke of the Day

Why do golfers love donuts?

There is always a hole-in-one!

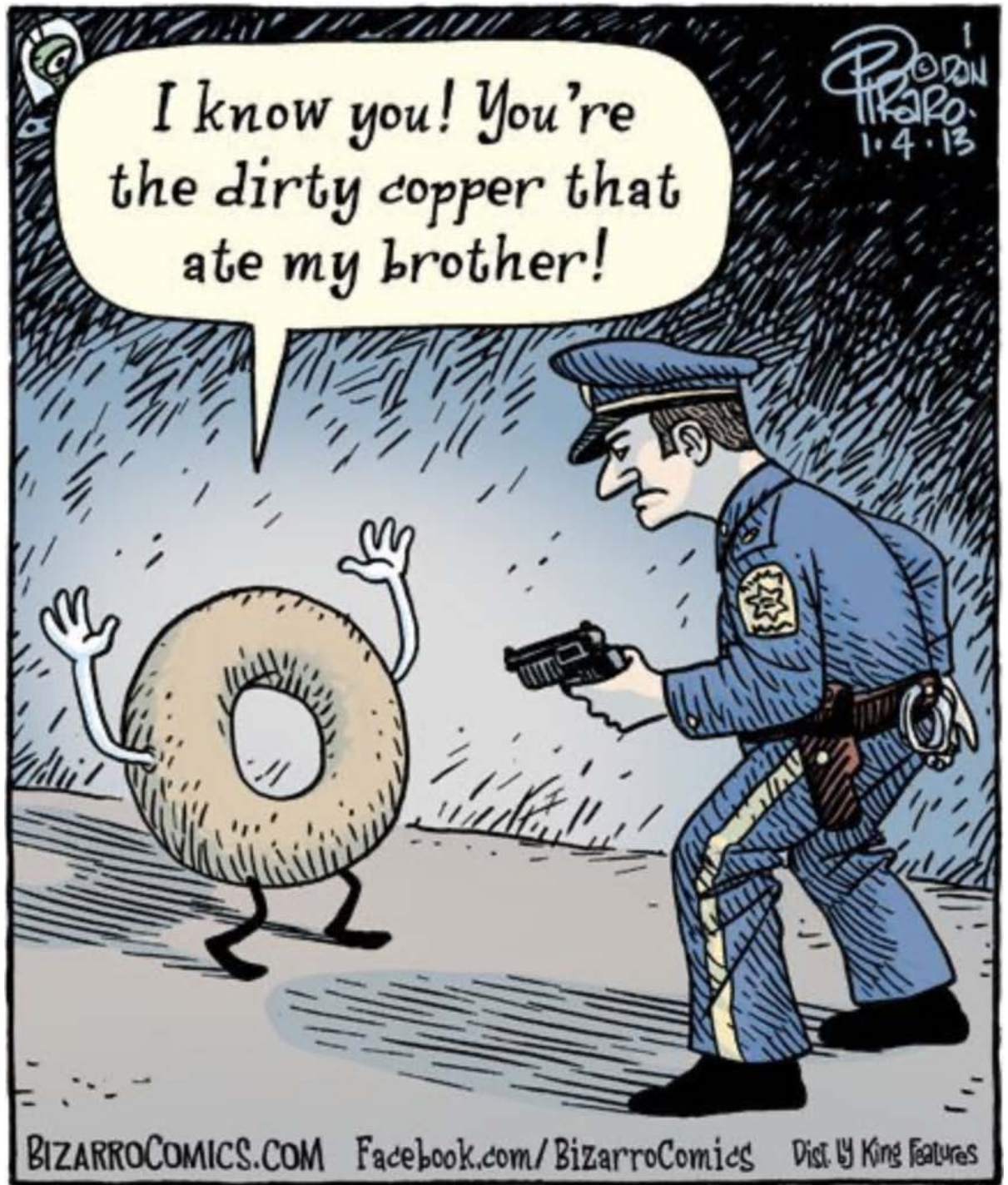


Thought of the Day

"As you ramble on through life, Brother, Whatever be your goal, Keep your eye upon the doughnut, And not upon the hole."

- Margaret Atwood

Cartoon of the Day



Upcoming Speakers

Club Leaders



[Jim Kohl](#)
President



[Bryan E. Keding](#)
President-Elect
Community
Service Chair



[Sandra J Newman](#)
Secretary



[William P. McQueen Jr](#)
Treasurer



[Gregory M. Grassi](#)
Treasurer
Endowment (T)



[Celia Veronica Valencia](#)
Fundraising

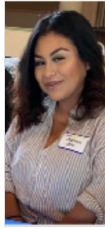


[Anthony A. Akins](#)
Rotary
Foundation

[Sean Duffey](#)
Membership Chair



[Rick Ernst](#)
Membership
Service



[Josephine Leiva](#)
Club Service
Chair



[Elizabeth E. Willer](#)
International
Service Chair



[Dave Litty](#)
Vocational Service



[Memory A.
Woodard](#)
Youth Services
Chair



[Wanda D.
Waltman](#)
iPast President

