

Rotary



Club of Concord

Birthdays

Monica L Bullet
February 3rd
Rick Ernst
February 10th
Casey Sullivan
February 12th
Guy S. Bjerke
February 14th
Marilyn
McClaskey
February 17th
Carolyn S.
Anderson
February 20th

01/30/23 Concord Rotary Newsletter



Meeting Notes: **Rick Ernst**

Newsletter Editor: **Ron Leone**

Read below to learn what's going on at your club! Do you know how to add to this newsletter, our Concord Rotary Website or Facebook? Send articles and photos to **Guy Bjerke** <guybjerke@gmail.com>.



Rotary Meeting Notes for 1/30/24

WELCOME TO CONCORD ROTARY

How rewarding to welcome 40 Rotarians and several guests at the Concord Museum & Event Center on this spring-like Friday afternoon. Prospective members and their hosts included: Deborah Wiener (**Jim Kohl**), Kelly Tandler (**Celia Valencia**), and Jorge Cordova (**Jerry Hoobler**). We hope they will consider becoming members of our Concord Rotary family. Thank you for making our guests feel welcome. We were also pleased to have SunValley GM, **Luther Daniel**, with us today - a Concord Rotarian whose schedule often prevents him from joining us on Friday, but youâ€™ll see his friendly face at the Food Bank sorting.

Happy Bucks



To insure his name would appear in two upcoming issues of this club's weekly newsletter while away at the San Francisco Giant's spring training in



Scottsdale, **Scott Singley** prepaid \$20 to the club's coffers. Retired attorney **David Miller** reported being among those frustrated travelers affected by the recent fiasco involving Alaska Airlines' Boeing Max-9 aircraft. He and Judy experienced several canceled flights and rerouting in their quest to return home from a family visit in Puyallup, Washington. Thank you for your \$50 donation to the Concord Rotary Endowment. **George Calhoun** has returned from his family's annual winter jaunt to Manuela's family in Mexico and already misses the warm tropical climate down there. Welcome back, **Calhouns**. This is certainly a time for traveling: **Major Gwyn** and Ann-Marguerite Jones depart for their native England on Monday, confident their Clayton home will still be fully intact after leaving their brood in charge of the premises. Ah, such trusting parents and trustworthy youngsters!



Happy Birthday, President Wanda



Yes, each January 26 that rolls around is every reason to celebrate **Wanda's** birthday. This year that special occasion coincides with our club meeting date, so we all sang a rousing rendition of the birthday song. We are pleased to report that everyone present - regardless of age - remembered the lyrics! To clarify WHICH birthday this was, Wanda made it clear this was the 32nd annual celebration of her 39th birthday. You can all do the math! And to insure good health, our birthday lady makes daily hiking a high priority. The 'birthday hike' yesterday was

seven miles. How impressive. **Nick & Pat Virgallito**, congrats on your 59th wedding Anniversary and for clarifying that yours was definitely not an 'arranged marriage' which is often the case in your Italian heritage. Thank you for the \$59 contribution to the club's coffers, even though you maintain that you have no \$\$\$ left following your anniversary celebration weekend with family members in Santa Cruz.

Upcoming Community Service Projects & Rotary Events

Rotary is Service Above Self

Home Team - handyman services by Rotarians

Saturday, January 27, 8:00 am



Saturday, January 27: 8:00 am

Meet-up: Starbucks™s on Monument Blvd. near Kohls

Coordinator: **Inge Yarborough**: 925 766-6896



**Food
Sorting
at**

Contra Costa / Solano Food Bank

Monday, Feb 5, 6:00pm - 8:00pm

4012 Nelson Ave., North Concord Industrial Park

Coordinator: **Parmod Kumar**: 925 383-1972

Celebrate Love party

Saturday evening: 5:30pm - 10:00 pm

Zio Fraedo™s Restaurant, Pleasant Hill

Contact: **Wanda Waltman**: 925 768-3918



Rotary

District 5160

Our District 5160 Conference

April 26 - 28 Holiday Inn, Sacramento downtown

Contact: **Memory Woodard**: 925 457-3086

Several live auction items at our **Celebrate Love** party are date specific. Check your calendars now and be prepared to raise your paddle for one or more of the following offerings:

- Condo at Princeville, Kauai Oct 6 to Oct 13

Contact: **Bill Bobetsky**: 925 / 348-6484

- “The Mountains Are Calling”

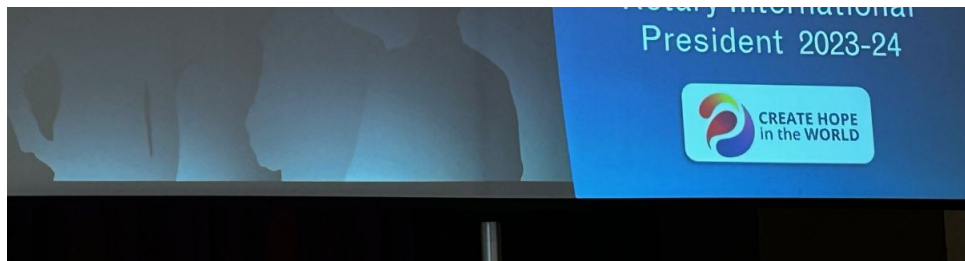
Condo at Park City, UT: Aug 17 to Aug 24

Contact: **Inge Yarborough**: 925 766-6896

Al Fresco Dinner Party: Saturday, July 13

Elisabeth™s & Melissa's home: party of 10





Our Program Speaker: 2023-24 R.I. President Gordon McNally. (via video)

Topic: Prioritizing Mental Health

Gordon's very timely topic and his presidential initiatives were spoken "from the heart." He shared with us that, in his own family, his severely depressed brother, although highly successful and appeared to be on top of the world, took his own life ten years ago. This served as a wake-up that, even in the strongest of families, mental illness can occur. Talking about mental illness and emotional health may feel uncomfortable; yet, it's vital to the well-being of Rotary's global community. President McNally encourages clubs and districts to work toward creating a space where it's safe to address these issues to help provide a welcoming and equitable environment for all. To do that, he recommends we think about ways we can:

1. Erase any stigma associated with discussions of emotional well-being
2. Raise awareness of mental health needs
3. Improve access to mental health services

Following President McNally's remarks, additional comments on the topic of mental illness were shared by incoming District Training Director **Dave Litty**, **Scott Singley** and **Inge Yárborough** - - the families of each of these Rotarians have been personally impacted by cases of mental illness. Each of them are actively involved in working on Rotary and civic-based programs and initiatives to help combat the dreaded disease.

Before concluding today's meeting, two Rotarians - - **Carolyn Anderson** (1996) and **Memory Woodard** (1995) - - shared stories about how they came into the world of Rotary and how rewarding that has been. Ladies, thank you for nearly sixty years of *Service Above Self* and all you do for Rotary, each in your own way.

Bill Bobetsky held the winning ticket in our iconic weekly drawing and took home a Starbucks gift card. The evasive "black marble" moves forward to another day.

And with a mighty clanging of our Rotary bell, President **Wanda** adjourned today's meeting.

#

On This Day December 12



- **1815 Burned US Library of Congress re-established with Thomas Jefferson's 6,500 volumes**



- **1882 Franklin D. Roosevelt, the 32nd US President (Democrat: 1933-1945), born in Hyde Park, New York**



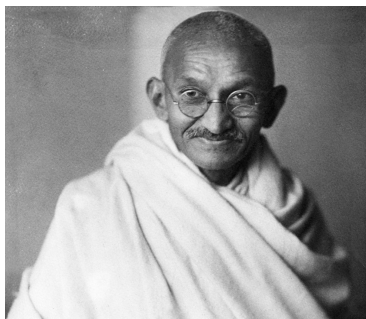
- **1924 Gillis Grafström of Sweden wins men's figure skating gold medal at the Chamonix Winter Olympics; first to successfully defend his Summer Olympic title (1920) at the Winter Games**



- **1931 "City Lights", American silent romantic comedy film directed by Charlie Chaplin, starring himself and Virginia Cherrill, premieres at Los Angeles Theater**

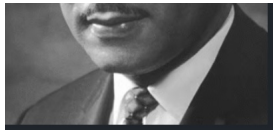


- **1933 President Paul von Hindenburg appoints Adolf Hitler as Reich Chancellor of Germany who forms a government with Franz von Papen**



- **1948 Mahatma Gandhi assassinated in the garden of the New Delhi home he was visiting by Hindu extremist Nathuram Godse**





- 1956 Home of Martin Luther King Jr. is bombed

Joke of the Day

Why was the broom late for school?

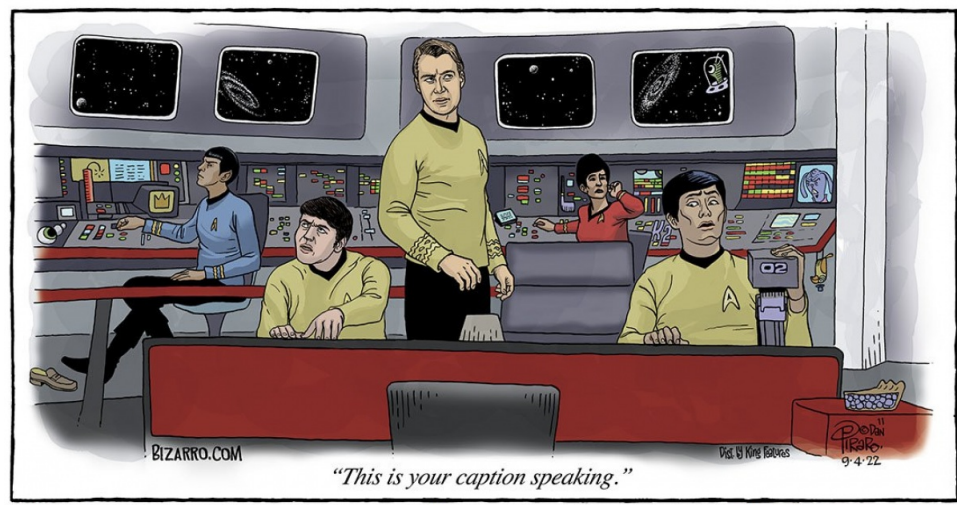
- It over-swept.

Thought of the Day

"The only limit to our realization of tomorrow will be our doubts of today. Let us move forward with strong and active faith."

- Franklin D. Roosevelt

Cartoon of the Day



Upcoming Speakers

Club Leaders



[Wanda D. Waltman](#)
President



[James Kohl](#)
President-Elect



[Sandra J. Newman](#)
Secretary



[Nickolas Peterson](#)
Treasurer Club



[Gregory M. Grassi](#)
Treasurer
Endowment (T)



[Anthony A. Akins](#)
Rotary Foundation



[Sean Duffey](#)
Membership Chair



[Rick Ernst](#)
Membership
Service



[Bryan E. Keding](#)
Community
Service



[Michael Joseph
Barrington](#)
International
Service



[David Allen Litty](#)
Vocational
Service



[Leslie Chapman](#)
Youth Service -
Interact



[Memory A.
Woodard](#)
iPast President