

Club Meeting

Antioch
Meets at Lone Tree
Golf Course & Event
Center
4800 Golf Course
Road
Antioch, CA
Time: Thursday at
12:00 PM

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This Week's Speaker, Mike Guzman

Sunday, February 26, 2023



Mike Guzman is this week's speaker and he is the owner of JGYC Gymnastics which is non-profit organization that he founded to empower children through gymnastics. Below is a bio from his website.

Michael started gymnastic coaching in 1978. Michael was coached by 1984 Olympic Team Coach Abbie Grossfeld at Southern Connecticut State University where he still holds the school vault record and was team captain in his senior year. Guzman was Watts Summer Games Vault champion, California State Junior College Vault Champion and EIGL Vault Champion.

"... not only a highly motivated and loyal individual, but also most reliable. His example certainly indicated his integrity."

*Abbie Grossfeld
1984 U.S. Olympic Coach*

A past Chairman of the Northern California Women's Gymnastics Association, Guzman still remains on the board of the organization as a Vice Chairman. He is the designer of the U.S. Elite Coaches Association Journal and is USAG

Safety Certified and Level Accredited.

2023 Antioch Rotary Club Bunny Hop 5K

Wednesday, November 30, 2022



Please join the In-Person Bunny Hop 5K on April 8th, 2023. Only \$30 per person. Link Below to Registration.

<https://runsignup.com/Race/CA/Antioch/AntiochBunnyHop5K>



We need Rotarians to sign up to run/walk and volunteer to help with registration. Please let Bob Deloso or Stacey Duckett if you can help out.

Day of Golf, May 5th, 2023

Wednesday, January 11, 2023

This year's golf tournament will be May 5th, 2023. Our President-Elect Tom Jenkins will be in charge of this year's tournament! We'll be looking for sponsors, foursomes, and raffle prizes; we'll expect everyone to volunteer and buy some raffle tickets too. Hilda will be looking for helping with raffle prizes. The golf tournament is a very important event because it is our biggest



fundraiser. If we all do a little, we can all do a lot.

Events

March

2nd - [Antioch Weekly Club Meeting](#)

Speaker: Mike Guzman

Subject: Empower Gymnastics

Club Leaders



[Ron Parish](#)
President



[Thomas Jenkins](#)
President - Elect
Community Service
Chair



[Jacqueline Clarke](#)
Secretary



[Brenda Mwesigwa
Buzzard](#)
Treasurer



[Tirrell Muhammad](#)
Past President
Public Relations Chair
International Service
Chair



[Paul Kiruuta](#)
Rotary Foundation
Chair



[Hilda Parham](#)
Membership Chair



[Samantha Danielle
Lipisko](#)
Youth Services Chair



[Ana Cosovic](#)
iPast President



[Vera Martinez](#)
Assistant Governor

