

# Rotary



## Club of Redwood City

### Club Meeting

Redwood City  
Meets at Salvation Army  
660 Veterans Blvd  
Redwood City, CA 94063  
Time: Tuesday at 12:15 PM

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**Speaker:** Dr. Jeff Filippi  
**Subject:** Climate Best by Government Test

February 18th  
[Club Meeting - Morocco Project](#)  
**Speaker:** Curtis & Jiming Chen  
**Subject:** Morocco Project

February 25th  
[Evening Social @ La Viga](#)

March 4th  
[Club Meeting - Breakouts](#)

March 11th  
[Club Meeting - Belmont Redwood Shores Rotary Projects](#)  
**Speaker:** Patricia Maxwell and Bill Dawson  
**Subject:** Belmont Redwood Shores Rotary

### Birthdays

[Jeffrey Hayden](#)  
February 24th  
[Carlos G. Bolanos](#)  
March 1st

### Club Leaders



[James W. Lianides](#)  
President



[Don Gibson](#)  
President-Elect  
Community Service Chair

## Follow-up on Beyond Plastics speaker Andrea Lacroix

In 2023 Redwood City Rotary hosted Zoom speaker Andrea Lacroix, a Massachusetts Rotarian and realtor, who talked about reducing our daily use of plastic. She volunteers with the group, Beyond Plastics, a non-profit organization trying to stop us from burying ourselves with plastic.

Following up on that event, Judith Enck, president of Beyond Plastics and a professor at Bennington College, where she teaches about plastic pollution, sent out a short bulletin on new findings on plastic now being found in the human brain. Here is her February 6 note on this finding: "The last thing we need this week is more bad news, but I wanted you to be aware of a very important study recently published in the journal Nature Medicine. You can read the full study [here](#)."

The study examined the brains from human cadavers and found that the small fragments of plastics have crossed the blood brain barrier and that the brains may contain about seven grams of plastic – the same weight as a plastic spoon. And concentrations of plastics in the human brain rose by about 50 percent between 2016 and 2024. This makes sense because plastic production doubles every 10 to 15 years. The obvious response to this growing health problem is that we have to reduce the production, use and disposal of plastics."

Editorial note from Rosemary who brought in Ms. Lacroix as a speaker, a big source of micro plastics are the thin plastic bottles water is sold in. You can avoid those bottles by bringing your own metal or glass water bottles. And you can avoid a lot of plastic litter by bringing your own "take-out" containers so you don't use disposables from restaurants.

## Rotaract Peace Out Event on 1/24/2024



On January 24, 2025, Sonoma State Rotaract invited the [Rotaract Club of Menlo College](#) to attend the Peace Out event. Club members were inspired to learn how Rotaract emphasizes peace building and to learn about the dedication of so many passionate individuals working toward positive change.

The group was moved by the unveiling of the Peace Pole, a powerful symbol of unity and hope. Students watched [The Dirty Divide](#) and had a discussion with filmmaker Paul Freedman following the



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Secretary



David R. Rutt  
Treasurer



Carlos G. Bolanos  
Club Director



John McAfee  
Club Foundation  
Treasurer  
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Adele M. Miles  
Club Director



Steve Wagstaffe  
Club Director



Eric Webb  
Club Director



Sarah LaTorra  
Membership Chair



Barry Taleghani  
Youth Services Chair



LaShonda L. Kennedy  
iPast President

viewing. Paul shared insights on the systemic challenges marginalized communities face. Rotarian LaShonda Kennedy joined the group at the event and is the advisor to the Rotaract Club of Menlo College.

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