



Birthdays

Linda Levinson
October 26th
Joe Rygg
October 31st
Kendall Messner
November 1st
Marlene Conway
November 6th
Jessie Evans
November 9th

Events

October 20th
Redmond Weekly Club Meeting
Julie Lyche, ED, Family Access Network & World Polio Day
October 27th
Redmond Weekly Club Meeting
Dr. Charan Cline, RSD Superintendent
November 3rd - Speaker TBA
November 10th
Redmond Weekly Club Meeting
Michael Hart, Gompers Distillery, Veteran's Day Acknowledged



4-Way Weekly Message - October 19, 2022

Howdy Fellow Rotarians,

1. This week's Thursday Meeting featured speaker is **Julie Lyche, Executive Director of Family Access Network**. Be sure to respond to the weekly lunch RSVP email from Nicole Gee - rotaryredmond@gmail.com.
2. If you can't attend in person, you'll be able to watch via the **ZOOM** link: [MEETING ZOOM](#)
3. Don't forget that Oct. 24 is **World Polio Day**. See the recent 4-Way Flyer, published Oct. 18, to learn more about our club and RI World Polio Day activities.
4. Charan Cline officiated the Grand Opening of **Redmond Rotary Community Fields** on Saturday, Oct. 15. Two news reports were featured. Watch: [CENTRAL OREGON DAILY NEWS](#) and [KTVZ NEWS CHANNEL 21](#)
5. **ATTENTION ALL VETERANS** - We will honor all club veterans during the club meeting on November 10, the day before Veterans Day, November 11. Please send me a **PICTURE** when you were in uniform and a **SHORT BIO** of your **MILITARY SERVICE** to be included in the PowerPoint tribute. Send to: jmkosanovic3@gmail.com
6. October is **Mental Health Awareness Month**, which started in 1949 by Mental Health America. This year's theme is "Back to Basics". Due to the pandemic, mental health has impacted so many lives, from children to seniors as never before. It has had lingering consequences for many. "Brain Fog" in particular impacts mental health for many, including families as well. Please take time every day to keep your mental health in check. If you're struggling, get help. There are many mental health resources online and in our community. -- by Rotarian Linda Levinson, Mental Health Administrator.
6. The Rotary Club of Redmond will host the Chamber of Commerce **Coffee Clatter** this Friday, October 21, 8:30 to 9:30 at Juniper Golf Course. We intend to entertain, inform, and inspire. Members are encouraged to attend.
7. If you have news/event info to share in the next club newsletter, please send a submission with details to judy.corwin@comcast.net. The next newsletter will be published on Oct. 30th. Going forward, newsletters will be published on the 15th and 30th of each month.