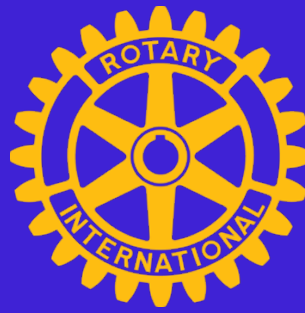


# Rotary Club of Tigard



## Club and Foundation Quick Links

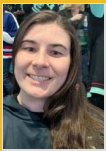
<a href="#">Visit Club Website</a>	<a href="http://www.tigardrotary.com">www.tigardrotary.com</a>
<a href="#">Click for Club ZOOM Meeting</a>	<a href="#">ZOOM Meeting Link</a>
<a href="#">View Club Facebook</a>	<a href="#">Facebook Link</a>
<a href="#">Club Dues &amp; Fines</a>	<a href="#">Login to Pay Dues or Fines</a>
<a href="#">Club Foundation Donation</a>	<a href="#">Donate to Rotary Club Foundation Link</a>
<a href="#">Rotary International Foundation Donation</a>	<a href="#">RI Foundation Donation Link</a>
<a href="#">District Youth Exchange</a>	<a href="http://www.youthexchange5100.org">www.youthexchange5100.org</a>
<a href="#">District 5100 Website</a>	<a href="http://www.isrotaryforyou.com">www.isrotaryforyou.com</a>



### Club Meeting Place & Time

Tigard  
Meets at American Legion  
Tigard Post 158  
8635 SW Scoffins St.  
Tigard, OR 97223  
Time: Thursday at 12:15 PM

### Club Leaders



[Alison Stone](#)  
President



[Tom Anderson](#)  
President-Elect



[Shannon Moxley](#)  
Treasurer



[Stacey Ghoddusi](#)  
Public Image Chair  
Vocational Service  
Chair

[Marie A Johnson](#)  
CCO-Club Comm.  
Offcr

### Events

October 31st, 12:15-1:15 PM

[Tigard Weekly Club Meeting](#)

**Speaker:** Magan Popowski

**Subject:** Alzheimer's Association

November 12th, 12:00-1:00 PM

[Tigard Monthly Board Meeting](#)

November 21st, 12:15-1:15 PM

[Tigard Weekly Club Meeting](#)

November 7th, 12:15-1:15 PM

[Tigard Weekly Club Meeting](#)

November 14th, 5:30-7:30 PM

[Tigard Weekly Club Social](#)

**Speaker:** Club Social

### Jeff's Journal

October 31, 2024, Thursday

President Alison Stone opened the meeting with a loud ring of our bell. Several announcements were made and most are detailed below in the DaCdb format.

November 7th Greeter - Dan Murphy

November 7th Thought of the Day - Marland Henderson

Thought of the day, by Bob Davidson

Its a long one, but worth reading if you were unable to attend.

Many people lament the divisiveness in today's politics.

Most of us by now, are beyond weary of the unceasing campaign ads on all forms of media.

But regrettably, most Americans are **NOT** very good students of their own country's history. What they don't realize, is that all of this is really nothing new.

And actually, some of the earliest comments exhibit far more of a rapier sharp wit, of being well educated, subtle, and using "turn-of-a- phrase" comments, than is used in today's modern vernacular.

Henceforth, I share these Presidential examples of insults from recent (and not-so-recent) political history.



Club Service Chair



Julie Ketchum  
Youth Services  
Chair



Alisha M Mack  
Membership Chair



Dan Murphy  
Club Foundation  
President  
Sergeant-at-Arms



Michael N. Stone  
Community Service  
Chair



Rowland French  
International  
Service Chair



Sanford Inouye  
Immediate Past  
President



James H. Sanders  
Club Executive  
Secretary



Cheron Calder  
Youth Exchange  
Officer

**1). Andrew Jackson:**

"My only two regrets are that I have not shot Henry Clay or hanged John C. Calhoun"

**2). Abraham Lincoln** about Stephen Douglas' policy on slavery:

"It is as thin as the homeopathic soup that was made by boiling the shadow of a pigeon that had been starved to death".

**3). Teddy Roosevelt:**

About William McKinley:

"McKinley had no more backbone than a chocolate éclair.

**4). Harry Truman** on General Dewight Eisenhower:

"The General doesn't know any more about politics, than a pig knows about Sunday".

**5): Dwight Eisenhower** on Richard Nixon's contributions as his Vice President:

"If you give me a week, I might think of one. I don't remember".

**6): Lyndon B. Johnson** on Gerald Ford:

"Jerry Ford is so dumb, that he can't fart and chew gum at the same time".

and also:

"He is a nice guy, but he has played to much football with his helmet off."

**7): Gerald Ford** commenting on his unpopular pardon of Richard Nixon:

"I know that I will go to Hell, because I pardoned Richard Nixon".

**8). John Adams** in a letter commenting on George Washington after Washingtons death:

"That Washington was not a Scholar is certain. That he was too illiterate, unlearned, unread for his Station and reputation, is equally past dispute".

**9): Thomas Jeferson** (Then Vice President) on then President John Adams:

"Adams is distrustful, obstinate, excessively vain, and takes no counsel from anyone".

**10: John Adams** on Thomas Jefferson:

"Jefferson has a mind soured, yet seeking for popularity, and eaten to a honeycomb with ambition, yet weak, confused, uninformed, and ignorant".

**11): Franklin Pierce** wrote of Abraham Lincoln:

"He is, to the extent of his limited ability and narrow intelligence, the abolitionists willing instrument for all ther woe which has thus far been brought upon the country".

**12). Ulysses S. Grant** in writing to a fellow General about James Garfield:

"Garfield has shown he is not possessed of the backbone of an angleworm".

**13): Theodore Roosevelt** in writing to his sister, Anna regarding Benjamin Harrison:

"He is a little runt of a President".

**14: Theodore Roosevelt, William Howard Taty and Woodrow Wilson**, in the 1921 Presidential campaign:

Roosevelt on Taft: "A puzzlewit".

Taft on Roosevelt: "A demagogue and a flatterer.....I hate to see a man try to honeyfuggle the people".

Wilson on Roosevelt: "A very erratic comet, now sweeping across the horizon".

**15): Theodore Roosevelt** on Woodrow Wilson:

"A lily-livered skunk in the White House".

**16): Herbert Hoover** on (former close friend) Franklin Roosevelt:

"A gibbering idiot".

**17: Abraham Lincoln** on Generals George McClellan and Joseph Hooker:  
On Hooker: "He's got his headquarters where his hindquarters ought to be".  
On McClellan: If you don't want to use the Army, I should like to borrow it for a while".

**18: Woodrow Wilson** on the U.S. Senators:  
"The senators of the United States have no use for their heads, except to serve as a knot to keep their bodies from unraveling".

**19: Ronald Regan** on Walter Mondale:  
I am not going to exploit, for political purposes, my opponent's youth and inexperience".

**20): Barrack Obama** about Benjamin Netanyahu, speaking to French President Nicolas Sarkozy:  
Your tired of him ?? What about me ?? I have to deal with him every day".

### **Guests at today's meeting**

Marland Henderson  
2 Inbound Exchange Students

### **Announcements**

Mike Stone - Dictionary Season in upon us - November and December. He is waiting for a confirmation date from the schools and will let us know as soon as possible.  
In the meantime, if you can assist with this project, please inform Mike that you are interested in helping with handing these out to the kids.

December 3rd, a Tuesday, is our annual Holiday Celebration. It will be held at The Broadway Rose. More details coming. Notice it's on a Tuesday, a shout-out to our Tigard Breakfast Friends. Under consideration is inviting the Breakfast clung to our Holiday Celebration. This would be determined by the "Merge Committee" which is chaired by Tom Anderson.

Dues are due. \$393 to cover July 1, 2024 through June 30, 2025.

Both of our Exchange Students gave a brief summary of their recent activities. The main event was the recent District 5100 Exchange Student group trip to California. Highlights being Disneyland, the Golden Gate Bridge, Alcatraz and San Francisco being mentioned in particular.

A club banner from his home club was presented to President Allison by Rodrigo Ferreira. He also handed out his Exchange Student business cards to all members present.

In case you have not yet had an opportunity to meet them, or to include them in any of your families' activities, both students are very bright and sharp representatives of their respective countries, and they have arrived with an already excellent command of the English language. Please be sure to include them in anything that you can, to broaden their experience of visiting our country.

Cheron is also still looking for additional host families.  
Please contact her directly, if you (or a family that you know), would like to do that.

### **CLUB BUSINESS:**

Club business was discussed and a vote taken, regarding our local Tigard Rotary Foundation investments.

Please note that all club members are automatically members of the Club Foundation Board, and as such have voting rights on any recommendation that is being presented.

The clubs elected Foundation Committee, in consultation with longtime member **Rob**

**Musante** (who is a professional investment advisor) have made the following recommendation:

**QUESTION:**

Should funds totaling \$100,000.00 be transferred from the current investment accounts, to a "Structured Note" type of investment.

This money would consist of \$50,000.00 from our current Club Foundation account, paired up with a new \$50,000.00 donation from member **Rob Musante**, for the \$100,000.00 total.

**DISCUSSION:**

Returns on our current conservative investments are typically in the 4% to 5% range.

Returns on a "Structured Note" type of account are typically in the 8% to 9% range.

Member **Cliff Elling** explained that "Structured Notes" are fund packages most frequently used by the banking industry and are still considered to be a safe and conservative investment but typically pay a much higher rate of return than our current investments.

Members should know that **Rob Musante** has great confidence in this program, as noted by the fact that he personally would be making a very large donation to the Club Foundation for this investment strategy.

The members of our club's Foundation Committee, in close consultation with **Rob Musante**, are also recommending this investment change.

Member **Bob Davidson** ask the question of approximately how large our current corpus of the Foundation is, and that figure is at just over \$380,000.00

So a \$50,000.00 transfer from our current balance of \$380,000.00, represents a change of only 7.6% of our total funds.

**VOTE:**

It was moved by Julie Ketchum and seconded by Steve Schmitt to proceed with this investment revision.

Motion was approved and carried by a show of hands, conducted by President Allison.

And a **VERY BIG "Thank You"** to Rob Musante, for his extremely generous donation to the Club Foundation.

**SGT. At ARMS, Steve Schmitt:**

Steve posed a varied smorgasbord of trivia questions to the members, in order to extract some additional funding for ongoing club projects and expenses.

- 1). How many total golf courses are in Hawaii (9 and 18 hole). The total is 77.
- 2). How many 6 Flags amusement and swim parks are there in the USA ?? The total is 41.
- 3). How many of the Flemmings Steak Houses ?? The total is 64, unfortunately according to Steve, there are none in Oregon.
- 4). Today in history, Harry Houdini died, in what year ?? In 1926 from complications and infection of a ruptured appendix.
- 5). Michaelangelo's painting, "The Last Judgement", was completed in what year ?? The year was 1541
- 6). What year was the Broadway play of Ceasar & Cleopatra ?? 1906
- 7). In what years was the first night of Monday Night Football ?? 1988
- 8). I missed understanding the Cy Young Award question (so did Jeff) but the answer was: 1973

Mike and Melody Stone are celebrating their 43rd wedding anniversary today (Yes !!, on Halloween)

Congratulations to them both and Mike pledged \$100.00 to the local foundation.

**Opportunities with Tigard Breakfast Club**

November 5 Medical Teams International - assembling personal care kits - Note that they will meet back at the Tigard Community Church.

November 12 is a PM Social

November 19 Tuesday AM meeting

Tigard Breakfast is beginning their annual See's Candy Sales.

**SPEAKER: Magan Popowski, of the Alzheimer Association**

**Contact information:**

An assistance phone line at: 1-800-272-3900 which is manned 24 / 7 / 365 for those having questions, or needing advice, or support assistance.

Their web site is: ALZ. ORG

This association is also a Rotary Resource Group with Rotary International. Within Rotary, there is a Rotarian Action Group regarding this affliction that Rotarians can become involved in.

Alzheimer's is caused by Amyloid Plaque building up between the nerve cells in the brain. This buildup disrupts the ability of these brain cells to transmit information.

**Statistics:**

1 in 3 persons will be afflicted by this disease in some form, at some point.

Dementia is an all-encompassing term.

Alzheimer's is a specific diagnosis within the "Dementia" classification, and it comprises 60% of all dementia patients.

Vascular dementia is the 2<sup>nd</sup> most common form.

There are also multiple other forms of dementia.

A patient may have more than one form at the same time.

Alzheimer's kills more people than breast and prostate cancer combined.

Blacks are 2x more likely than Caucasians to experience Alzheimer's.

Hispanics are 1-1/2 times more likely.

Lifetime risk of developing Alzheimer's is: 1 in 5 for women and 1 in 10 for men.

Drug treatment therapies are beginning to show some promise.

Drugs can be effective in limiting the disease effect by 37%, if given early in the diagnosis.

But every day in the USA, 2,000 people move past the early stage.

A balanced diet, along with both physical AND mental exercise will lower your risk.

Moderate physical daily activity such as walking or exercises.

Along with mental stimulation such as puzzles, games, reading, continuing education and social group activities are all beneficial.

The association is the global leader in research.

To support that, a major source of research dollars come from local area fundraiser walk-a-thons.

The Portland chapter just recently had theirs at the Portland Zoo and raised over \$500,000.00.

Nationally, last year (2023), over \$100,000,000.00 (100 million) was raised for research.

The meeting was adjourned by President Allison at 1:25, running a bit late due to the interesting subject matter.

OK - third shot at producing a bulletin. **Big Shout Out to Bob Davidson** for taking notes and translating to a Word document which I could cut and past.

-Jeff Yarnall

## Club Merger

As you all should know by now, The Rotary Club of Tigard has voted to proceed with working with the Tigard Breakfast Club with the end goal of merging our two Clubs together for the 2025-2026 Rotary Year. This process will involve members of both clubs meeting to discuss and create a plan for what that merger would look like, such as

when and where we meet, how often, areas of focus in our club, continuing projects, member structure, etc. Our first joint committee meeting will be next week, 11/6.

If you have any questions, comments, suggestions, concerns or other thoughts that you would like to be considered by the committee, please e-mail Alison Stone or Tom Anderson.

## Breakfast Club Social - Learn to Curl

The Breakfast Club is extending an invitation to our Club to join them for a Learn to Curl event at [Evergreen Curling Club](#) in Beaverton. The event will be held 11/16 from 1-3 pm. They anticipate around \$40/person for the 2 hour session but cost is variable based on how many people sign up. Family and friends are welcome.

If you would like to attend but not participate in the curling, there is a watching area and a bar for people to hang out.

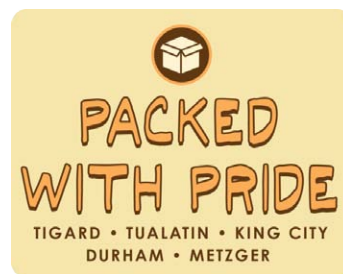
Please let me know ASAP if you would like to participate. Contact Alison or Garrett (garrettblauch@gmail.com) from the Breakfast Club with questions or to RSVP for the event.

Evergreen Curling Club  
10950 SW 5th Street  
Suite #155  
Beaverton, OR 97005

## Breakfast Club Opportunities

**11/5 7-8am, Medical Teams International Personal Care Kits** - Personal Care Kits make an impact on many precious lives: kits have helped refugee families in crisis meet their basic needs, mothers recovering from natural disasters take care of their children, and touched the lives of local people experiencing homelessness. The kits will be assembled at the standard TBRC meeting time. Venue is to be determined as there may need to be more room than we have at Panera. The club will be joined by Tigard High Service Club students.

## Packed With Pride Deliveries



 THE FOUNDATION  
FOR TIGARD TUALATIN SCHOOLS

The Tigard Rotary Club has committed to helping our community by aiding the Packed With Pride Food Bank. We have 3 weekly grocery pick-ups and deliveries, at the King City grocery Outlet on Mondays and Thursdays at 8:15 am, and at Safeway off Barrows Road Wednesdays at 8:15 am.

In all, it takes about an hour to do the pick-up, delivery and sorting. The volunteers at Packed With Pride do ask that you stay to help sort the donations but it is not required if you need to get to work.

We are looking for additional volunteers from the Club to help with our current rotation of volunteers. With more volunteers, it makes less work for all of us. If you are interested, please contact Alison Stone or Julie Ketchum.

## Rotary Club of Tigard Committee Meetings

Here are your committee leaders - Please reach out to them with questions on how to

participate

**International Service Committee** - Rowland French, [french@peak.org](mailto:french@peak.org)

**Breakfast Club Merger Committee** - Tom Anderson [tapdx@yahoo.com](mailto:tapdx@yahoo.com)

**Membership Committee** - Alisha Mack at [mrs.abdm@gmail.com](mailto:mrs.abdm@gmail.com)

**Youth Service Committee** - Julie Ketchum - [julie.ketchum@gmail.com](mailto:julie.ketchum@gmail.com)

**Community Service Committee** - Mike Stone - [mike@stonecpa.biz](mailto:mike@stonecpa.biz)

**Vocational Service Committee** - Stacey Ghodducci - [stacey@ghodducci.org](mailto:stacey@ghodducci.org)

## Weekly Zoom Meeting Link & Information

By Julie Ketchum

**- When you cannot attend  
in person -  
JOIN US THURSDAYS AT  
12:00PM**



**[2022-2023 WEEKLY MEETING LINK -  
CLICK HERE -](#)**

**If you have announcements, please text or email ALISON STONE by 11:30AM Thursday**

Old fashioned way... you can use this link too!

Topic: Tigard Noon Rotary

Time: This is a recurring meeting

Join Zoom Meeting

<https://us06web.zoom.us/j/4968238456?pwd=UzZpTjVBZkNhZD2tSVJFxFxYzliY242QT09>

Meeting ID: 496 823 8456

Passcode: 5d4tUp

One tap mobile

+12532158782,,2431164846#,,,,\*960538# US (Tacoma)

+13462487799,,2431164846#,,,,\*960538# US (Houston)

Dial by your location

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 6833 US (San Jose)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 929 205 6099 US (New York)

Find your local number: <https://us04web.zoom.us/u/fczNtvxK5k>