



Monmouth Independence Rotary Club Weekly

Thursday, April 8, 2021 ~ 12:00 noon

Club Officers

- President: Ramon Martinez
- President Elect: Barbara Cronin
- Past-Past President: Ben Meyer
- President Nominee: ??
- Secretary: Kati Weyer
- Treasurer: S. Newland
- Directors: A & J Oppliger
- Newsletter Editor: Janet Chenard
- PR News Releases: Al Oppliger
- Membership Chair: K. Johnson
- Exchange Program: Bob Archer
- Interact Club Leader: Patty Nevue
- Foundation Chair: Ed Dover
- Peace Program Chair: Bonnie Ross
- Sergeant at Arms: Ben Stange
- Web Master: Jim Birken
- District Governor: Jo Crenshaw
- Assistant Governor: Doris Towery

Zoom M-I Rotary - Meeting Link Info

LINK TO USE EVERY WEEK (on your iPad or PC or MAC):

<https://zoom.us/j/94300462911?pwd=SVRXQkFDb2J6a3llek1RY2FaMnlsUT09>

Meeting ID: 943 0046 2911

Password: 1212 – note only needed for first time login.

Quote of the Week

“These were moments of exhilaration and ecstasy! A glimpse of the wonder can be the reward of a lifetime. Could it be that excitement and ennobling feelings like these have kept us scientists marching forward forever?” Chien-Shiung Wu (1912-1997) ~

A Chinese-American experimental physicist who made significant contributions in the field of nuclear physics. She worked on the Manhattan Project, where she helped develop the process for separating Uranium into the isotopes 235 and 238. She is best known for the Wu Experiment, which proved that parity is not conserved. Parity implies that nature is symmetrical at subatomic levels. Her colleagues Lee and Wang won the 1957 Nobel Prize in Physics. Wu’s role in the discovery was honored in 1978 with the Wolf Prize from Israel. In 1990, she became the first living scientist to have an asteroid named after her. Her postage stamp was issued on 11 February 2021, International Women’s Day.



“Our mission is to promote fellowship, service, high ethical standards, world understanding and peace through the works of local business, professional and community leaders.”



Jim Birken entertained our group last week with an [online trivia game](#) he concocted to be the Linn Benton Community College guest trivia master in April, taking advantage of his international cooking expertise and knowledge. You can try the questions again on pg. 3 of this newsletter – the winners of our game, Barbara Cronin and Karin Johnson, suggested that a good prize would be Jim cooking them a post-COVID dinner!



Gearing up for our big annual fundraiser for youth exchange support by selling frozen Strawberries and Raspberries from Willamette Valley Fruit Company! More info coming soon!



And yes, there are probably a FEW rum cakes left!! So please contact Sandy Newland or Karin Johnson if you have family or friend birthdays or anniversaries coming up – they make great gifts!

We Connect People ~ 1.2 Million members and 35,000+ clubs

Rotary unites more than a million people: Through Rotary clubs, people from all continents and cultures come together to exchange ideas, and form friendships and professional connections while making a difference in their backyards and around the world.

We Transform Communities ~ 16 Million volunteer hours each year.

We take action locally and globally: Each day, our members pour their passion, integrity, and intelligence into completing projects that have a lasting impact. We persevere until we deliver real, lasting solutions.

We Solve Problems ~ 2.5 Billion children immunized against polio.

No challenge is too big for us: For more than 110 years, we've bridged cultures and connected continents to champion peace, fight illiteracy and poverty, promote clean water and sanitation, and fight disease.

Our Causes

- ◆ Promoting Peace
- ◆ Fighting Disease
- ◆ Supporting the Environment
- ◆ Savings Mothers & Children
- ◆ Supporting Education
- ◆ Providing Clean Water
- ◆ Growing Local Economies

Our Local Leadership:



Josephine Crenshaw
District Governor

6700 SW 105th Ave, Suite 314
Beaverton, OR 97008
Rotary District 5100



Doris Gene Towery,
Assistant Governor
<https://isrotaryforyou.com/>



Ramon Martinez, Club President
Monmouth-Independence Rotary Club
<http://mirotaryclub.org/>
<https://www.facebook.com/Monmouth-Independence-Rotary-Club>

20-21 THEMES: International = “Rotary Opens Opportunities”

M-I Rotary = “Unidos” [United/Together]

Jim Birken's Food Trivia Game – (if you're not on Facebook!): (1 point each for first 10 questions, 2 points each for last ten questions-30 points total; take maximum 20 seconds per question:

[Answers – don't PEEK till you've tried: 1c; 2b; 3-umami/savory; 4b; 5b; 6e; 7d; 8c; 9b; 10d; 11a; 12d; 13a; 14c; 15c; 16d; 17c; 18c; 19d; 20c.]

1. **Sauerkraut is fermented:**
 - a. Beets
 - b. Lettuce
 - c. Cabbage
 - d. Celery
2. **The deep fried potato known as "pommes frites" owes its origin to:**
 - a. France
 - b. Belgium
 - c. America
 - d. Spain
3. **There are five basic tastes: Sweet, sour, salt and bitter. Name the fifth:**
4. **Japanese sake is best described as:**
 - a. Rice wine
 - b. Rice beer
 - c. Rice whiskey
 - d. Rice soup
5. **Mexican Mole is:**
 - a. A small rodent
 - b. A complex sauce of chilis, spices and chocolate
 - c. A baked fish dish
 - d. A vegetarian dish of pumpkin
6. **A sandwich of meat and cheese on a foot-long French Bread is called a:**
 - a. Submarine
 - b. Hoagy
 - c. Hero
 - d. Grinder
 - e. Any of the above
7. **Risotto is usually made with the Arborio type of:**
 - a. Bran
 - b. Barley
 - c. Pasta
 - d. Rice
8. **When the recipe calls for a dish to be braised, it is:**
 - a. Roasted over hot coals
 - b. Baked in a slow oven
 - c. Simmered slowly in a cooking liquid
 - d. Toasted in an air fryer
9. **A Hawaii Imu is:**
 - a. A flightless bird
 - b. A baking pit in the ground
 - c. Used to make poi
 - d. Made from pineapple
10. **Novaks in Albany serves Hungarian food. What is the food most closely associated with Hungarian cooking?**
 - a. Garlic
 - b. Nutmeg
 - c. Cinnamon
 - d. Paprika
11. **Chevre is:**
 - a. A soft white cheese of goat's milk
 - b. A baked pasta dish
 - c. A firm cheese of cow's milk
 - d. A grated cheese of sheep's milk
12. **Profiteroles are found on the:**
 - a. Appetizer menu
 - b. Soup menu
 - c. Entrée menu
 - d. Dessert menu
13. **Sous vide cooking is:**
 - a. Cooking in a bag immersed in hot water
 - b. Browning beef before stewing
 - c. Roasting in an air fryer
 - d. Barbequing over hot coals
14. **If you are served a meal of King Salmon crusted with hazelnuts, served with marionberry coulis, you are most likely dining in:**
 - a. Anchorage
 - b. Paris
 - c. Corvallis
 - d. New Orleans
15. **1898 introduced the world to a "scientific food" that was advertised as it "Steadied the nerves" and "Makes the blood red". It is still with us today and is known as:**
 - a. Corn Flakes
 - b. Shredded Wheat
 - c. Grape Nuts
 - d. Graham Crackers
16. **Boston brown bread is baked in:**
 - a. A wood fired oven
 - b. A coal fired oven
 - c. An underground pit
 - d. A can
17. **Which of these is NOT a fruit:**
 - a. Bell peppers
 - b. Apples
 - c. Tomatoes
 - d. Pears
18. **This old cooking device is called a:**
 - a. A Leg Pan
 - b. A wok
 - c. A spider
 - d. A tall skillet
19. **In New Orleans, Monday's meal traditionally includes:**
 - a. Gumbo
 - b. Crawfish Etouffe
 - c. Shoofly pie
 - d. Red beans and rice
20. **The Oregon Wine most likely to be served with a steak dinner is:**
 - a. Chardonnay
 - b. Chablis
 - c. Pinot Noir
 - d. Pinot Gris



Interested in club flexibility? Here are some ideas/info to help you get started:

- ◆ [3 ways flexibility is paying off for clubs](#)
- ◆ [Satellite clubs thrive](#)
- ◆ [Rotaractors help Rotary clubs grow](#)
- ◆ [Online meetings draw younger members](#) (MI Rotary is seeing this already under Pres.Martinez!)
- ◆ [Corporate memberships add to club's roster](#)

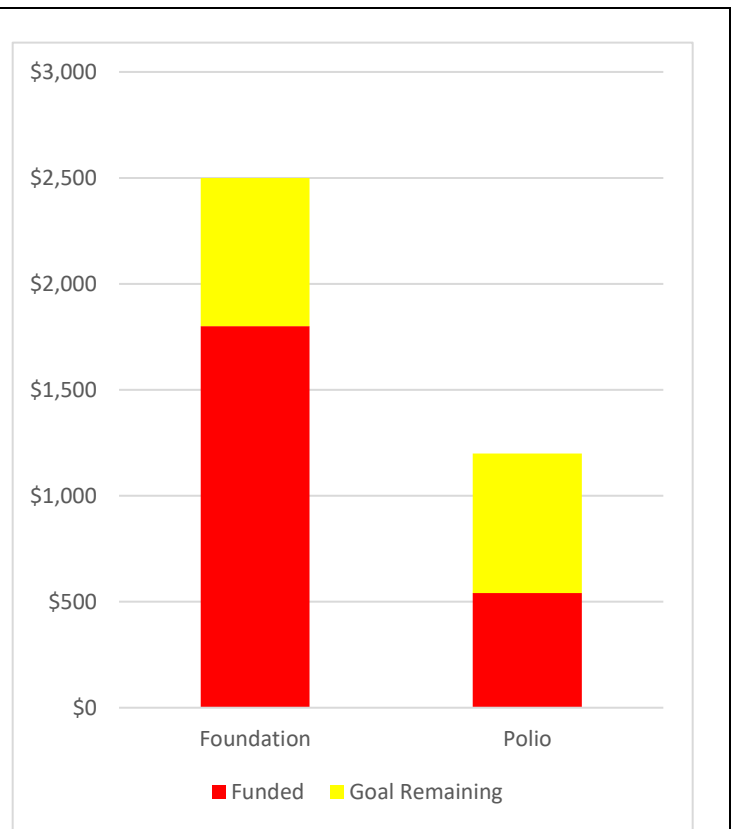
Go to the Rotary International website (Rotary International <https://www.rotary.org/>) for more info on how to grow our club

Rotary International Foundation 2020/21 Annual Goals

25 Members giving an average of \$100 per member equals \$2500 per year.

Received as of April 8th: \$1,900
Average per person ~ \$72

Rotary Foundation Stars 2019/20	Rotary Foundation Stars 2020/21
John Hasbrook	John Hasbrook
Karin Johnson	Karin Johnson
Sandy Newland	Sandy Newland
Ram Sil	Ram Sil
Ed Dover	Patty Nevue
Janet Chenard	Jayne Oppliger
Al Oppliger	Al Oppliger
Jayne Oppliger	Janet Chenard
Morris Johnson	Barbara Cronin
Bob Archer	Cornelia Paraskevas
Ben Stange	
Paul Sieber	
Jim Birken	



Polio Plus 2020/21 Goal

Goal: ~\$1,200

YTD = \$541/Avg per person= \$22

Polio Plus Stars

Laurel Sharmer	Bonnie Ross
Kati Weyer	Janet Chenard
Sandy Newland	Jim Birken
Al Oppliger	
Jayne Oppliger	

Peace Program

Year to date = \$0

Serving Our Club in the coming weeks

Date	Trade Talk and/or Programs	Flag Salute (?)	Invocation/ Inspirational Moment
Apr. 8	Rev. Jen Butler Tiny Houses - Corvallis	Barbara Cronin	Paul Doellinger
Apr. 15	Bob Archer Homeless Alliance - Video	Matt Henscheid	Ramon Martinez
Apr. 22	John Hasbrook – Eastern Oregon Outfitters	Tim Totte	Paul Doellinger
Apr. 29	Greg Willeford – Racial MicroAggressions	Sandy Newland	Janet Chenard
Anytime		Ramon Martinez	Paul Doellinger



The Four Way Test

of the things we think, say and do

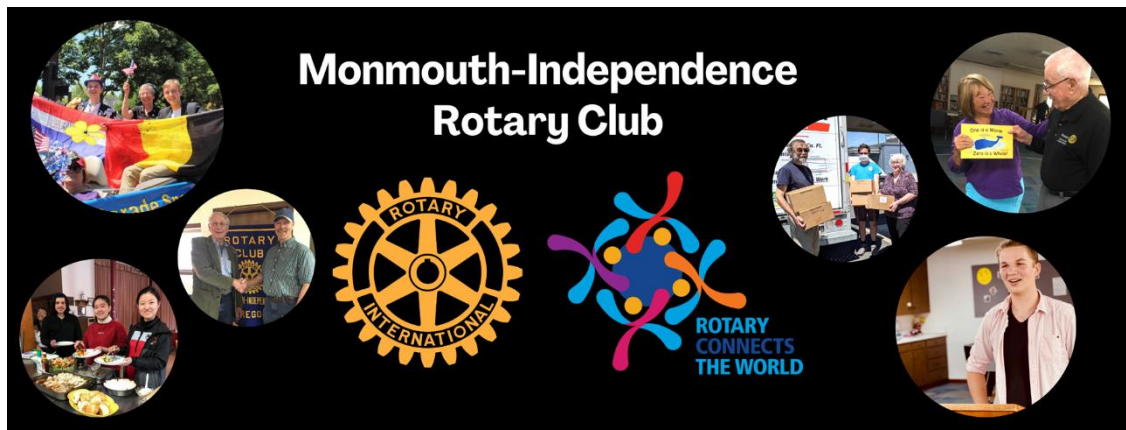
1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Program Coordinators

March 2021	Barbara Cronin
April 2021	Janet Chenard
May 2021	Volunteer Needed please
June 2021	
July 2021	
August 2021	

Event Calendar

- Apr. 10th, Rotary Spring Training Event, Virtual - Position Specific
- Apr. 17, 2021, Rotary Spring Training Event, Virtual - General Topics – Register for both/either trainings [HERE](#)
- Apr. 30-May 1, 2021, [D5100 Conference](#), **VIRTUAL – “Wandering through New Doors”**
- June 12-16, 2021, [Rotary International Convention](#), Taipei, TAIWAN



PO Box 383 Monmouth, OR 97361
503-581-1431

mail@mirotaryclub.org

monmouthindependence.rotary-clubs.org



IG: mirotaryclub



Monmouth-Independence-Rotary-Club