

Wednesday, August 21, 2024

Club Meeting

Vancouver Sunrise Meets at Bleu Door Bakery and Cafe 2411 Main St Vancouver, WA 98660 Time: Friday at 07:00 AM

Speakers

August 23, 2024 <u>Off-site: Mountain</u> Peaks Therapy Llamas & Alpacas

Birthdays

François R Wevers September 9th

Years of Service

Katherine H. Morris 04-07-2017 8 Years Aliana S. Doar 05-02-2022 3 Years Chelsea Stearns 04-22-2023 2 Years

Club Leaders



Todd A. Holterman President-Elect Club Programs







<u>Parcher</u> President-Nominee

Our meeting this week: Offsite at Mtn. Peaks Therapy Llamas/Alpacas

Wednesday, August 21, 2024



We're on the road a bit for our program this week, but it will be well worth the trip, as we travel to Mountain Peaks Therapy Llamas and Alpacas in Ridgefield. We'll be meeting at the usual time, 7 a.m. Friday, August 23, so plan ahead for the drive to 33005 NW 31st Ave, Ridgefield. That's just south of Paradise Park, and across I-5 from Ilani Casino. And fairly close to Katherine's house!

About Mountain Peaks:

"Since 2007, our therapy teams have averaged over 300 therapeutic and educational visits each vear throughout the Portland, OR and Vancouver, WA area, and have touched the lives of hundreds of thousands of children and adults.

"During a typical therapy visit, our animals might take a walk with an adolescent child struggling with difficult issues, or motivate a patient recovering from a stroke to reach farther, or calm a child with autism so they can focus, and achieve new goals. By offering friendship and warm touch, our llamas and alpacas help alleviate loneliness, lower blood pressure, and reduce stress- their presence can bring a sense of normaky to institutional settings.

"Our beloved â€~Rojo the Llama' inspired our therapy program, and captured the hearts of countless fans throughout the Portland area, and beyond, during his 17 years of life. Ranked as the #1 $\hat{a}\in\tilde{a}$ Beyond the Showring' PR llama in the world for most of his career, Rojo traveled off the farm thousands of times for therapy visits and special events during his career and was featured in numerous publications, including Unlikely Heroes, by best-selling author Jennifer Holland, on the cover of the 2019 Scholastic World Book of Records, and featured on the Nat Geo Wild television show, â€~Unlikely Animal Friends, â€~Huffpost Live, <u>CNN's â€~Vital Signs,'</u> and was featured in an article about our therapy program in â€~O, the Oprah Magazine' (April 2015 issue)! On Nov. 6th, 2019, we sadly lost Rojo from cancer, just after celebrating his retirement in style at Pioneer Courthouse Square in the heart of Portland with hundreds of his favorite animal and human friends! Rojo's legacy lives on, as we continue to serve our community with our other 13 special llamas and alpacas. We are very blessed by all the love that has been expressed for our animals throughout the Portland area, and around the worldwide internet community.â€

Come dressed in weather-appropriate clothes along with close-toed shoes as we will be engaging with big critters. If the fields are wet, they can be quite muddy, so bring appropriate shoes.



President's Corner

By Robert W. Ives on Wednesday, August 21, 2024

Hello!



Brian Holmes International Service Chair

Alison

Johnston



Club Foundation President Rotary Foundation Chair Immediate Past President Interact Chair Youth Services Chair The Rotary Club of Vancouver Sunrise is on the road this week, headed to Mountain Peak Therapy Llamas and Alpacas (33005 NW 31st Ave., Ridgefield, Washington) to mingle with the camelids. See you there.

Our club has enjoyed visiting local businesses and other enterprises (The Mt. St. Helens Volcano lab visit is memorable to me) located in Clark County. The off-site meetings not only introduce local businesses and the people involved to our club, but gives us a chance to get an inside look at some of the dynamic facets of our local economy.

All members are welcome to suggest an off-site location. If you have a business name and location and a contact person at the business, please let us know. We can see if a visit from a curious Rotary club is possible at a business location and work out logistics for a future visit. One of the best ways to understand what a business does and how it does it is to visit during an off-site and get to know the people who do that for a living. Also, it gives us a chance to meet and invite folks to our meetings.



See you on Friday.

Read More

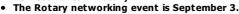
Popular Rotary acronyms you should know



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Vancouver Sunrise Rotary To-Do List

• Did you know there is a Rotary club in every country? If you did, thanks for your optimism, but though we're close, we only have 189 of the 195 member and observer members of the United Nations. (The CIA lists 237 countries in total.)



Please pass on any program ideas to Bob or Todd.



Read More

August is Rotary Membership and New Club Development Month

 $\hat{a} \in \mathbb{C}$ There is a southern African philosophy called $\hat{a} \in \mathbb{C}$ ubuntu $\hat{a} \in \mathbb{T}$ that says, $\hat{a} \in \mathbb{C}$ I am because you are. $\hat{a} \in \mathbb{T}$ Every intervention I make to change the ordinary citizen $\hat{a} \in \mathbb{T}$ soutlook toward human rights is a good contribution. If we have a number of people doing that, we can bring about significant change.

â€″ Catherine Baine-Omugisha



UPCOMING EVENTS

- August 23, 7 a.m. â€" Offsite: Mountain Peaks Therapy Llamas and Alpacas. <u>33005</u> <u>NW 31st Ave, Ridgefield</u>.
- August 30, 5 p.m. â€" Social gathering, Thirsty Sasquatch, <u>2110 Main Street</u>, <u>Vancouver</u>.
- September 3, 6â€[™]8 p.m. â€[™] All-Rotary social gathering/networking, Clark County History Museum, 1511 Main St, Vancouver, hosted by Greater Clark Rotary.
- September 6, 7 a.m. â€" Red Sweater Project, <u>Bleu Door Bakery, 2411 Main Street.</u> Greeter: Michelle Howell; Moment of Inspiration: Todd Holterman. Join on Zoom: <u>https://us02web.zoom.us/j/83268428716?</u> <u>pwd=L1JKVFU0Y3YzY1Y4bDFzeTV0MXRvdz09</u>

Meeting ID: 832-6842-8716 Passcode: 180320

 September 11, 5 p.m. â€" Club and Foundation Board Meetings. Join Zoom Meeting <u>https://us02web.zoom.us/j/84311794022?</u> <u>pwd=ZIF3eERubUc2cEIIdi9KdmtVU1NLUT09</u>

Meeting ID: 843-<u>1179-4022</u> Passcode: 748611

September 13, 7 a.m. â€" "This is what I do," <u>Bleu Door Bakery, 2411 Main Street.</u> Greeter: Bob DeWeese; Moment of Inspiration: Also Bob D. Join on Zoom: <u>https://us02web.zoom.us/j/83268428716?</u> pwd=L1JKVFU0Y3YzY1Y4bDFzeTV0MXRvdz09

Meeting ID: 832-6842-8716 Passcode: 180320

 September 20, 7 a.m. â€" Program to be arranged, <u>Bleu Door Bakery, 2411 Main</u> <u>Street.</u> Greeter: Corina Maser; Moment of Inspiration: Kristen Parcher. Join on Zoom: <u>https://us02web.zoom.us/j/83268428716?</u> <u>pwd=L1JKVFU0Y3YzY1Y4bDFzeTV0MXRvdz09</u>

Meeting ID: 832-6842-8716 Passcode: 180320

 September 27, 7 a.m. â€" Program to be arranged, <u>Bleu Door Bakery, 2411 Main</u> <u>Street.</u> Greeter: Kelly Bachelder; Moment of Inspiration: TBA. Join on Zoom: <u>https://us02web.zoom.us/j/83268428716?</u> pwd=L1JKVFU0Y3Y2Y1Y4bDFzeTV0MXRvdz09

Meeting ID: 832-6842-8716 Passcode: 180320

 October 19, 6â€"8 p.m. â€" Shoot for the Moon, District 5100 dinner event, Evergreen Aviation and Space Museum, McMinnville, Ore.

KRUSE WAY ROTARY

2nd Annual

GOLF TOURNAMENT

 September 6, 2024
 Rose City Golf Course

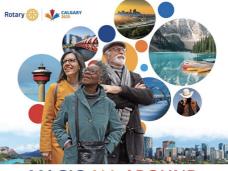
 Friday
 2200 NE 71st Ave, Portland, OR 97213

 12:00 pm Shotgun
 Nine Holes

 One Player \$75
 Rotary Foundation Donation to Kruse Way Includes greens fees, cart







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