

Monday, June 17, 2024

Events

June 18th <u>Cranbrook Sunrise</u> <u>Weekly Club Meeting</u> **Speaker:** Iris -Vocational June 25th <u>Cranbrook Sunrise</u> <u>Installation Evening</u>

Birthdays

No Birthdays Found

Wedding Anniversaries

No Wedding Anniversaries Found

Years of Service

No Years Of Service Found

Meeting Notes for June 11th, 2024

By Dennis Parsons on Sunday, June 16, 2024 **Guests:** Davina Merritt (Rotoract Club of U of A), Moyind Olabode (Youth Ambassador), Ray Miller (Mazatlan)

Inspiration: Noa:

Wabi-sabi is a Japanese expression referring to an aesthetic concept of perceiving beauty in imperfection. Wabi and sabi, the compounds that make up this word, were originally used as separate concepts.

The former word (wabi) denotes the beauty of the simple and the rustic, while the latter (sabi) holds the meaning of deterioration by the passing of time. Both terms were used in relation to living a reclusive life in the countryside. Together, however, they indicate a concept of appreciation of the simplistic and impermanent aspects of life.

Kintsugi, literally meaning "to mend with goldâ€, is the practice of repairing broken ceramics with lacquer dusted with gold powder. This process highlights and showcases all the places the piece was damaged, instead of hiding them as would usually be expected when repairing something. In fact, the idea of kintsugi is that there is beauty to be found in an object's damage. The practice finds its origin in Zen Buddhism and embodies wabi-sabi ideals profoundly.

Sakura is also a great example of wabi-sabi today. For two precious weeks, the sakura trees bloom, covering the country in a blanket of pink and white. The Japanese flock to parks and river banks to marvel at the flowersâ€[™] beauty before they vanish not to appear for another year.

The same sort of ritual occurs in autumn when the leaves change color. The transient nature of these phenomena is said to remind one of the fleeting nature of life itself.

Let wabi-sabi inspire you to embrace humility, simplicity and impermanent natural occurrences, just as it continues to inspire the Japanese in countless ways.

Our notions of beauty and interests arerelative and open to change andimprovement. With the ideals of wabi-sabi in mind, we may learn to find greater satisfaction in the humber moments.

l'm sure a lot of people can understand this "Wabi-Sabi†concept, and in that way, we can also appreciate being ourselves as human beings because the older and the more imperfect you are, you are better.

Club Reports:

Steve Weatherall:

- 1963 John F. Kennedy proposed the Civil Rights Act in a speech from the Oval Office. The act revolutionized American society by guaranteeing equal access to public facilities, ending segregation in education and guaranteeing federal protection of voting rights. Sadly, JFK was assassinated on November 22nd the same year.

- 2008 Steven Harper made a historical official apology to Canada's First Nation in regard to abuses at residential schools.

- Grad parking is on June 28th and 6-8 volunteers are required. A sign up sheet is going around. Put your name and phone number on it for easier contact.

Mel McFarlane:

- Go By Bike week - the schools haven't tallied up the winning elementary school yet. It was a good turn out. A bike draw was done with a Kindergarten student from Highlands winning and a Grade 12 student at Mt. Baker won a bike.

- We Bike session was held at Aqam, and they did a bike ride from Mission Hills to Aqam with 60 students taking part in the ride.

We Bike was also held at the COTR Girl Guides. We were a station at the gathering and the girls had passports they had to get stamped by participating at each station. The girls ages 5 - 18 years old were all very enthusiastic.
This week We Bike is at Amy Woodland and Aqam on Thursday, and next week they are doing a Cubs and Beavers session.

Ursula - Installation night is June 25th, cocktails at 5:30pm and dinner at 6. We are going to have an amazing Inspirational Speaker . Sign up sheet is going around. \$45/person, no host bar, soup, salad, main and desert, Mediterranean meal. **There is not a morning meeting on June 25th.**

Also, the weekly Inspiration sign up sheet going around up to July.

Darcy - The budget draft was reviewed so watch for it in your email. You can call or email Darcy is you have any concerns or questions. The budget will be voted on at our Installation Evening. We will be increasing semi-annual dues from \$145 to \$160, and fundraising activities will go directly to projects.

Iris - If you are taking part in the parade float decorating, let Iris know by Thursday. It will take place at the curling rink. Come and join them at the parade, as Joao will be riding in the Iron Lung.

Colleen - the Group Friendship Exchange will see 4 couples and 1 single arriving. We need hosts and drivers for September 12th to pick them up in Bonners Ferry, Idaho.

Penny - The Ambassador Dessert Auction was held and Moyin did an excellent job on her impromptu speech. Her dessert raised the second highest amount at \$1065.

Read More

Noa's Departure

By Steve Weatherall on Sunday, June 16, 2024

On Friday morning, a group met out at the airport to send Noa off on her return to Japan! I have since received a letter from Noa's father which I will share with all at the bottom.



Dear Cranbrook Sunrise Rotary Club Members,

I hope this letter finds you well.

My name is Takeshi Natsumi. My daughter, Noa Natsumi, had the privilege of being a long-term youth exchange student under your care. As a member of the Sakura Rotary Club in Japan, I am writing to express my heartfelt gratitude for the tremendous support and kindness extended to my daughter during her approximately ten-month stay in Cranbrook.

Recently, my daughter returned to Japan safely, bringing back four large suitcases and a beaming smile. Noa has shared numerous joyous experiences from her time in Cranbrook. Although she initially felt anxious about living abroad for the first time, your warm support and thoughtful care allowed her to focus on her studies and daily life without worry.

I am especially grateful to the four host families who welcomed Noa into their homes with such warmth and hospitality. Her time in Canada has become an invaluable experience for her. Exposure to a different culture has broadened her horizons, taught her many things, and nurtured her independence. Additionally, she has come to appreciate both the unique qualities of Japan and Canada.

Upon her return, Noa promptly had her hair color restored at a salon and has started her new journey as a third-year high school student in Japan. While she now faces the busy days of preparing for university entrance exams, the memories of Cranbrook will remain a lifelong treasure. I am confident that during challenging times, she will cherish the experiences she had with all of you and strive toward her future goals.

Once again, I extend my deepest gratitude to everyone who warmly welcomed and supported Noa. She is already looking forward to revisiting Canada. Next year, we plan to attend the international conference in Calgary, and we look forward to seeing you there. Additionally, if the opportunity arises, please visit Japan. We would be delighted to show you around.

In closing, I wish you all health, happiness, and continued success for the Cranbrook Sunrise Rotary Club.

Sincerely,

Takeshi Natsumi

Meeting Presentations

By Dennis Parsons on Sunday, June 16, 2024



Moyin started out the presentations by giving her impromptu speech about chocolate, saying it tastes so good, with a smooth, bitter-sweet texture. Love for chocolate can be compared to Taylor Swift's love for red lipstick.

She really enjoys chocolate raspberry muffins.

Chocolate is one of her comfort foods as it tastes so good. Live it, share and mostly enjoy it.

Our second presentation was by Sunrise Rotarian Carol Westcott about the Document Management Project.

The club needed a single data repository for our documents. A committee was formed consisting of Carol, Dave, Ursula and Al Davis in 2023.

This year they are working on being able to scan and add photos. The club management has been uploading documents to the project.

Club members can upload their documents to this project at. https://cp.sign.com/login

It is set at a default for 8 terabytes of storage. **Do not** set up your own account, just use the master account. The program defaults to wanting you to set up your own account, but they will charge the club for every account in use.

President Steve is going to forward the User Guide to you for this program.

Golf Social

By Steve Weatherall on Monday, June 17, 2024

We had about 15 people out for the golf social last Tuesday! All had a great time, but none more than Darcy, who got a Hole In One!!!



Spirit of The Rockies Parade

By David B Savage on Sunday, June 16, 2024

On Saturday morning, all the work done the night before was proudly on display as the three floats were towed by three new vehicles along the parade tour route. Thanks to Cranbrook Dodge and North Star for the loan of the vehicles. This year we had Mel's granddaughter in the Iron Lung, and several "We Bike" riders joining us on decorated bikes at the rear! Thanks to all who participated. Thanks to Iris for all the organizing that went into this.



Happy Dollars & Sgt. at Arms

By Dennis Parsons on Sunday, June 9, 2024 **Sgt. At Arms:**



The Sgt at Arms was Rotarian Exchange Student Joao Compelo.

Maggie - was fined for ruining Joao's plan

Bob - was fined for asking Joao if he was excited about going home

Dave - was fined for pouring water for Ray, and filling his glass with ice.

Steve - was fined for being skeptical all day. Also, because Darryl was trying to take a picture of a slide during the presentation, but Steve changed them too quickly.

Helen - was fined for giving Joao instructions on being the Sgt, and she should have made things up. She was also fined because Joao and Noa operated the video camera for so long while being here, and they never heard a Happy Dollar about it.

Closing Comments

By Steve Weatherall on Sunday, June 16, 2024

Happiness is not by chance, it is by choice.



To President Steve Weatherall for a fun dedicated year of Service Above Self!