

Rotary

Club of Creston Valley



Thursday, November 16, 2023

Club Leaders



[Jason Meidl](#)
Bulletin
Editor
Rotaract
Foundation
Chair
Club
Programs
Chair
President -
Elect
Webmaster



[Scott Veitch](#)
President



[Gin Bergman](#)
Club
Executive
Secretary
Secretary
iPast
President



[Richard Armando Minichiello](#)
Treasurer
Past
President



[Howard Colwell](#)
Club Admin
Chair
Club
Director
Webmaster



[Dennis Robert Francis](#)
Club
Director



[Garry Fuhr](#)
Attendance
Secretary

[Robert Geddes](#)

Bulletin November 14, 2023

November 14, 2023

National Anthem

Blessing

4 Way Test

Greeter

Controller

Attendance/Guests

Secretary

Michael Wigen

Bill Pfeifer

Rick Minichiello

None Today

Casey Messinger

11+ 1 Guest (Heather Young)

Garry Fuhr

4 Way Test - Of the things we say, think or do:

1. Is it the Truth;
2. Is it Fair to all Concerned;
3. Will it build Goodwill and better Friendships &
4. Is it Beneficial to all concerned?

Club Business:

1. *Christmas Social:* **Bill Pfeifer** on the possible venues that the committee had looked at, and the cost for each. The date that was looked at was December 14th. **Michael Wigen** also offered the use of his hanger along with an experienced BBQ'er. **Bill** also made a motion that the club pitch in \$500 toward this social. The executive will visit that motion. *Following this meeting*, the social committee re-visited the venues and made a firm decision to hold this social @ Ricky's All Day Grill (in the lounge area) - a traditional Christmas meal will be served on Saturday, December 16th. An email has been sent to all members and this will be followed up by a phone call on Tuesday, December 5th. to confirm attendance.
2. *November 11th Flags:* **Casey Messinger** visited the Forest Lawn cemetery to celebrate Remembrance Day. It was noted that the usual flags had not been in place this year. **Captain Gin Bergman** of the army cadet league responded that they had been unable to arrange for transportation to the cemetery this year to place the flags as they normally do.
3. *"Active Members" List:* **Rick Minichiello** suggested that it is time that we updated our "Active Members" list in order to make the correct annual payment to the District.
4. *Grant Committee:* **Howard Colwell** and **Rob Geddes**

Program: **Heather Young** was introduced by **Rob Geddes**

- **Heather** is Hearing Resource Teacher for School District #8
- What does hearing loss affect?
 - hearing and balance
 - communication
 - safety and learning
 - The impacts of hearing loss are broad and can be profound. They include **a loss of the ability to communicate with others delayed language development in children, which can lead to social isolation, loneliness and frustration**, particularly among older people with hearing loss.
- How does the ear work?
 - The outer ear collects sound waves and channels them into the ear canal.



Bulletin
Editor
Webmaster
Youth
Services
Chair



Verne Lee
Bulletin
Editor



Charles T. Messinger
Club
Director



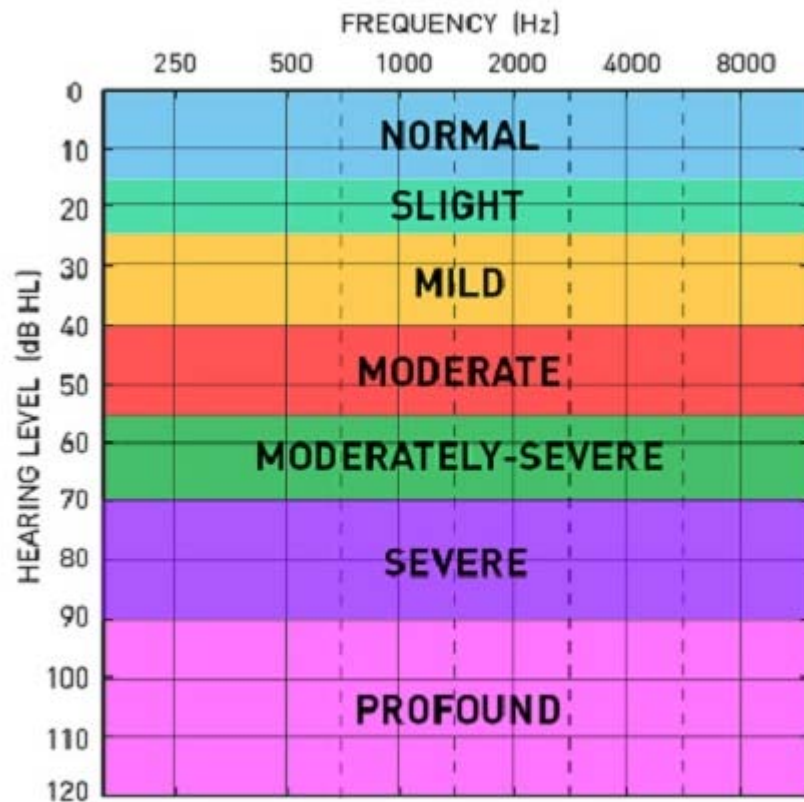
Brenda Van Der Meer
Bulletin
Editor
Club
Director

Club Meeting

Creston Valley Meets at Creston and District Community Complex Meeting held in the Ericson Room * one meeting a month is an evening meeting, t Creston and District Community Complex 312 19 Ave N. Creston, BC V0B 1G5 Time: Tuesday at 07:00 AM

The sound waves then travel toward a flexible, oval membrane at the end of the ear canal called the eardrum.

- o The vibrations from the eardrum set the ossicles into motion. The ossicles are actually tiny bones called the hammer, anvil, and stirrup.
- o The sound waves enter the inner ear and then into the cochlea, a snail-shaped organ.
- o The cochlea is filled with a fluid that moves in response to the vibrations from the oval window. As the fluid moves, 25,000 nerve endings are set into motion. These nerve endings transform the vibrations into electrical impulses that then travel along the eighth cranial nerve (auditory nerve) to the brain.
- o The brain then interprets these signals, and this is how we hear.
- What is hearing loss?
 - o a damaged cochlea (Rob)
 - o **Heather** gave us a test here where ten words were spoken and we were to mark down what we heard. Most of us scored zero because the words were somewhat mumbled or spoken softly.
 - o the general feeling was frustration, confusion. This is very familiar to what people with hearing loss go through constantly.
- **Heather** works with children in Creston who experience these symptoms which, of course, affect their learning and their social life. At this point it is obvious that they have already lost some language and communication.
- What is an audiogram?
 - o An audiogram is a graph that shows the softest sounds a person can hear at different pitches or frequencies. The closer the marks are to the top of the graph, the softer the sounds that person can hear. Where the patient's results fall on the audiogram indicate the different degrees of hearing loss.



- o The range for normal hearing is defined as hearing thresholds of -10 to 15 dB at all frequencies (0 to 20 dB when testing babies through the speakers).
- **Heather** meets monthly with hearing loss kids in Creston: David (grade 5) Garrett (grade 6) Rysha (grade 6) Sawyer (grade 5) and Sebastian (grade 3). They also make an annual trip to Castlegar where they are visited by an audiologist. The cost for transportation for this trip runs around \$500. A motion made for this will be sent to our executive.
- Locally most kids are screened for hearing loss in kindergarten.

Birthdays & Anniversaries:

- November 16 - **Greg Baker** celebrates his birthday
- November 17 - **Carole Francis** celebrates her birthday

Queen of Spades Draw: Verne drew the queen of clubs.

Happy Bucks: Casey collected today.

Adjournment: 8:08 AM

Some Brief Observations:

Due to my isolation, I finished three books yesterday. And believe me, that's a lot of colouring.

What did our parents do to kill boredom before the internet? I asked my 26 brothers and sisters and they didn't know either. I tried donating blood today...NEVER AGAIN! Too many stupid questions: Who's blood is it? Where did you get it from? Why is it in a bucket?

When I offer to wash your back in the shower, all you have to say is 'yes' or 'no'. Not all this "Who are you and how did you get in here?" nonsense.

Today, I melted an ice cube with my mind just by staring at it. It took a lot longer than I thought it would.

Just sold my homing pigeon on eBay for the 22nd time.

I grew up with Bob Hope, Steve Jobs, and Johnny Cash. Now there's no jobs, no cash, and no hope. Please don't let anything happen to Kevin Bacon.

Shout out to everyone who can still remember their childhood phone number but can't remember the password they created yesterday. You are my people.

One minute you're young and fun. And next, you're turning down the stereo in your car to see better.

Think you're old and you will be old. Think you are young, and you will be delusional.

There's nothing scarier than that split second when you lose your balance in the shower and you think, "They are going to find me naked."

Not in jail, not in a mental hospital, not in a grave—I say I'm having a very good day.

Events

November 21st, 7:00-8:00 AM

[Creston Valley Weekly Club Meeting](#)

December 5th, 7:00-8:00 AM

[Creston Valley Weekly Club Meeting](#)

November 28th, 7:00-8:00 AM

[Creston Valley Weekly Club Meeting](#)

December 12th, 7:00-8:00 AM

[Creston Valley Weekly Club Meeting](#)

Birthdays



[Greg Baker](#)

November 16th

Speakers