



Rotary Club of Coeur d'Alene



Rotary Bulletin 07/29/22

NEXT MEETING August 5, 2022

Dr. Nick Swayne, incoming North Idaho College President

Presided.....PRESIDENT CANDACE GODWIN

Invocation.....ANN JOHNSON

Greeter.....MARK OLSON

Sergeant at Arms.....JIM COLEMAN

GUESTS

Rod Price, Visiting Rotarian-Spokane 21

JODY AZEVEDO introduced Linda Coppess

MIRANDA HAMILTON introduced Greta Gissel

BARBARA MAY introduced niece and nephew Katie and Steve

LES ATCHLEY introduced his sister Penny and husband Jim

ANNOUNCEMENTS

MATT LYMAN announced the CDA Rotary Foundation "Legacy Society" yearly party will be held at his house on Thursday, August 18th at 6pm. If you are interested in naming our club in your estate plan, you can reach out to Matt at mattlyman@ramondjames.com or Chris Cheeley at ChrisCheeley@Gmail.com to learn more.

Our local club's foundation received a generous donation from "Ignite the World Ministries" and is looking for the member that organized this. It is likely a Centennial Sponsorship and the board would like to acknowledge the gift. Please contact Sue Thilo at suethilo@hotmail.com.

JODY AZEVEDO announced the Orchard Ridge Senior Living Butterfly Event will be held Tuesday, August 2 from 5-8pm. A CDA cruise boat will transport you to the home of John Swallow in Casco Bay on Lake Coeur d'Alene. If you are interested in learning more click [HERE](#) or contact Jody at

Speakers

August 05, 2022

[Dr. Nick Swayne, President, North Idaho College](#)

August 12, 2022

[TBD](#)

August 19, 2022

[Jon Ness, CEO, Kootenai Health](#)

August 26, 2022

[Roger Powell Jr., Gonzaga Assistant Coach Zag's Basketball](#)

Club Leaders



[Candace Louise Godwin](#)
President



[Doug Rupiper](#)
President - Elect



[Daniel Schreiber](#)
Secretary

[Michael Nail](#)
Treasurer

208-699-4579 or Ann Johnson at ajohnson@theorchardcda.org.

BIRTHDAYS

7/29 Steve Childers

8/3 Clint Schroeder

HAPPY DOLLARS

CARYL JOHNSTON gave \$25 to thank her "back fence neighbor" and club member DAN CRAWFORD for taking good care of her and helping to cut her weeds down!

MICHELE DIRKS gave \$20 to thank club members for choosing her host/sponsor student from Honduras for a Rotary scholarship.

PROGRAM

LINDA OLSON introduced Joni Kindwall-Moore, a thought leader and activist in the regenerative agriculture movement. Kindwall-Moore is also focused on integrating ancient grains back into the American diet for health benefits. She is a registered nurse, ethnobotanist, and woman-owned, small business owner of [Snacktivist Foods](#).

BACKSTORY

According to the Snacktivist website, "over the past 50 years, domestic farming approaches have changed radically. The shift away from smaller, family-owned and operated farms growing "sovereign" varieties of landrace and heirloom food crops has given way to more extensive, high-yield, petrochemical intensive, monocrop farming techniques. These farming techniques contribute to rapid loss of topsoil, increased chemical pollution from pesticide and herbicide runoff, and reduced variety.

Today, most of our primary food staples are now grown from proprietary seeds. These seeds are owned by large, multinational corporations like DuPont, Syngenta (ChemChina), and Monsanto (Bayer). These seeds are expensive and must be repurchased every year. Many are genetically modified. We have seen a dramatic loss in seed natural genetic diversity over the past 60 years.

Along with the "advancements" in farming, we have also seen an epidemic of food allergies and other diet-related diseases in the global population. Simply put, these new crops and the processed foods that are made from them are making us sick."

SOLUTION

Regenerative agriculture is a system of farming principles and practices that seeks to replicate nature instead of trying to overpower it. The farmers view their farming system as a living organism, rather than a business of throughputs. It increases overall biodiversity, enriches soils, decreases carbon in the atmosphere, improves watersheds and enhances ecosystem services. The five main principles are minimal tilling of the soil, diverse crop rotation, integrated cover cropping, compost and manure application and animal integration. Diversity drives regenerative systems. Regenerative farmers are currently receiving "carbon credits" for pulling carbon out of the atmosphere and bringing it into the soil. This is revolutionizing farming!

SNACKTIVIST FOODS

In response to consumers demanding something different and more healthy, the company's focus is on using ancient, heirloom, and landrace grains because they are: delicious, nutritious, genetically independent, sustainable, and profitable for farmers. Many of these ancient grains are gluten-free, have a lower glycemic index, and contain unique phytochemicals and antioxidants.

PROGRAMS FOR AUGUST

8/12 TBD

8/19 Jon Ness, Kootenai Health CEO

8/26 Roger Powell, Jr., Gonzaga Men's Basketball Assistant Coach

In Service,



[Julie Amador](#)
Club Director



[Dan Crawford](#)
Club Director
International Service
Chair



[Rebecca Ruth Eyman](#)
Club Director
Membership Chair



[Miranda Hamilton](#)
Club Director



[Ashley Lenz](#)
Club Director



[Mark Olson](#)
Club Director



[Larry Riley](#)
Public Relations Chair



[Steven Roberge](#)
Club Director



[Ann Thomas](#)
Club Director



[Britt Towery](#)
Bulletin Editor
Club Director



[Hank Martin](#)
Rotary Foundation
Chair



[Ed Bejarana](#)
Webmaster



[Emily Moses](#)
Community Service
Chair

[Wanda Chillingworth
Quinn](#)

BRITT TOWERY



Club Programs Chair



Claudia Jean Brennan
iPast President



Kimber Gates
Club Executive
Secretary