Welcome, Rotarians, to Water and Sanitation Month,

During the 2007-2008 Rotary year, then District Governor Don Gregory came to my home club of Queen Anne Rotary to share with us his annual District Governor visit and talk. DG Don’s message was short, concise, and went straight to my heart!

His message was (paraphrasing) “I have a dream, that one day, every mother around the world will be able to wake up each day and give her children a clean glass of water and be able to write their names!” That statement changed my life and my focus!

Speaking of the Queen Rotary club, which I have since moved to my current home club of Emerald City Rotary, I ran into a longtime friend and former Queen Anne Rotarian, Doug Taylor, outside Costco. Doug now works for World Vision. Doug introduced me to Brian Gower, a member of the Federal Way Rotary club and Senior Director, Foundations & Partnerships at World Vision. Wow! Brian connected the dots between Don’s 2007-2008 speech and the world concerning water, as it continues, today! Meeting Brian was a life changing moment!!!

Here is one story that Brian offered to share with you: Two years ago, a 16-year-old girl named Carolyne used to walk 1.8 miles every day from her school to a dry riverbed to gather water from a hole for drinking. Carolyne attended Kalapata Primary School in Turkana, Kenya and it was the school’s only source of water for years. Carolyne described the water as “dirty and salty” because the shallow wells were left open. She used to share the water with both domestic and wild animals. Carolyne fell sick from typhoid and intestinal infections due to the water she consumed and ended up in hospital clinging to stay alive. Thankfully, Carolyne’s world changed. She recovered and now has piped water directly to her school. Our Rotary district 5030 is committed to help girls like Carolyne get access to clean water and we are working with World Vision to make a large-scale, sustainable impact in the developing world.

I encourage you to share and discuss this story at your club. Let’s work together to bring drinkable water all over the world. For more information and ongoing water projects, please contact Brian Gower at bgower@worldvision.org or at (425) 281-8429.

As for Carolyne, we BREATHED IN HER SUFFERING and BREATHED OUT OUR COMPASSION! Let’s work together to witness Don’s dream becoming reality as we Serve to Change Lives!

Howard Cohen
District Governor

District Governor’s Message

Links

Websites:
- District 5030 Website
  (members)
- District 5030 Website (public)
- District Conference Website
- LinkedIn Page (members)
- DACdb
- Rotary International
  Zone 26/27
  End Polio

District Projects:
- Harvest Against Hunger
- Partners for Work
- Music 4 Life
- Music Mends Minds
- Bloodworks NW

Misc.
- D5030 Facebook Page
  (general public)
- D5030 Facebook Page
  (members only)
- Past District Newsletters

Newsletter Deadline

Articles & Club Ads
Send to:
carmamckay@gmail.com
Deadline: 1st of each month
Submit Email or Word.doc
Limit to 300 words or less.
Font: Calibri 10 pt.
Ads: .jpg format.
Many of us remain shocked and saddened by the unprovoked Russian invasion of the Ukraine. The onslaught has been devastating on many levels as we are left standing on the sidelines watching the suffering being endured by the Ukrainian peoples. It is a dramatic shift from the previous week, where some of us were collaborating and working with our Ukrainian colleagues in support of our businesses. We did not think that Putin would pursue such an extensive and senseless campaign, so we adjusted ourselves to seeing the risk in a lesser light. What a tragic mistake this decision became, as we now try to find ways to secure the safety of these same colleagues and their families. They certainly did not deserve this breakdown in their personal security, but their courage has been nothing short of miraculous, inspiring, and incredible.

Rotary International has taken note with their February 25th statement on the Ukraine conflict:

*It is a tragic and sad time for the people of Ukraine and the world.*

*At Rotary, we are deeply concerned by the deteriorating situation in Ukraine and the escalating loss of life and humanitarian hardship there.*

*Continued military action against Ukraine will not only devastate the region, but also risk spreading tragic consequences across Europe and the world.*

*As one of the world’s largest humanitarian organizations, we have made peace the cornerstone of our global mission. We join the international community in calling for an immediate cease fire, withdrawal of Russian forces, and a restoration of diplomatic efforts to resolve this conflict through dialogue.*

*In the past decade, Rotary clubs in Ukraine, Russia and nearby countries have transcended national differences and have actively engaged in peace-building projects to promote goodwill and to marshal assistance for the victims of war and violence.*

*Today, our thoughts are with our fellow Rotary members and others in Ukraine coping with these tragic events. Rotary International will do everything in its power to bring aid, support, and peace to the region.* To this end, we have provided some links to charities that are working to make a difference in the Ukraine. They have been vetted and we look to each club in District 5030 to choose the charity that best serves its mission to respond to the dire situation in the Ukraine.

Furthermore, the Rotary Foundation has created an official channel for Rotary members around the world to contribute funds to support the relief efforts underway by Rotary districts and has designated its Disaster Response Fund as the main avenue for contributions.

- **Disaster Response Fund** - Rotary International
- **Catholic Relief Services**
- **Direct Relief**
- **Global Giving - Ukraine Crisis Relief Fund**
- **International Rescue Committee**
- **Operation USA**
- **Save the Children**
- **United States Association for UNHCR**
- **Responding to the Conflict in Ukraine**
- **Project Hope the People-to-People Health Foundation Inc**
- **Support UNICEF’s response in Ukraine**

**Rotary members in the Ukraine**

- There are more than 1,000 Rotary members in Ukraine.
- The Ukraine has 53 Rotary clubs.
- Kyiv has 9 clubs.
- There are 24 Rotaract Clubs in 10 cities representing more than 300 Rotaractors.
- There are 6 Interact clubs.
**District Wide Service Project**

**Help clean up the Duwamish River**

**Saturday, April 16**

**Limited to 50 Participants**

Let’s Do This!!!

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**April 16 Duwamish River Restoration Day of Service—Sign up Now!**

The Rotary District 5030 Environmental Sustainability Committee and the Environmental Rotary Club of Puget Sound are proud to offer a volunteer opportunity to improve the land near the Duwamish River. This river is the largest river in Seattle and one of the most polluted sites in all of Washington State. It has also been a Superfund site since 2001. We will work with the Duwamish River Community Coalition, a local nonprofit, to remove invasive species and plant native trees and shrubs in its place. This area is about 5 feet in width along a fence and goes about 250 yards or so. The Coalition selected this site as one of its priority restoration efforts and is near the Duwamish River.

**NPR did a story last year** on DRCC and its efforts to lobby the EPA about keeping its commitments in cleaning up the Duwamish River Superfund site.

**Please join us on Saturday, April 16, by 9:45 am sharp for orientation at the project site.**

Lunch will be provided. We will have a special guest named James Rasmussen join us over lunch. He is the Duwamish River Community Coalition Superfund Manager and member of the Duwamish Tribe. He will share with us some of the history of the Duwamish people and their legacy and an update on the Superfund efforts. The Duwamish people have lived on this land for several thousand years.

If you cannot attend on April 16, you are welcome to donate money for the trees and shrubs that will replace the invasive species we pull up.

There is a [volunteer information and sign up page here](https://www.harvestagainsthunger.org/positions-available/) (We can only take the first 50 volunteers.)

**LOCATION**

Duwamish Hill Preserve  
3800 S 115th ST  
Tukwila, WA 98188

**DATE and TIME**

Saturday, April 16, 2022  
10:00 AM to 1:00 PM  
(includes served lunch)

Please note: Parking is limited so please carpool!

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Harvest Against Hunger is Hiring!

HAH - A program of Rotary District 5030 is looking for a new Development Director to join its team to help advance its work of reducing hunger and food waste through building and expanding innovative programs that connect farmers and food sources with hunger relief partners. The Development Director serves as Harvest Against Hunger’s lead staff person for fundraising. Position responsibilities include individual giving, grant writing, event planning and implementation as well as public speaking. The Development Director also plays a key role in supporting HAH’s relationships with Rotarians and Clubs across District 5030.

To learn more and apply, please visit the HAH website: [https://www.harvestagainsthunger.org/positions-available/](https://www.harvestagainsthunger.org/positions-available/)
Join Us at the Hope Factory

A Partnership

Build TINY HOUSES with fellow Rotarians every 3rd Sunday from 9 AM to 2 PM. Maximum limit of 15 people*. To sign up, email DG Howard Cohen hcdg2122@gmail.com or select Tiny House Signup (google.com).

*Must be vaccinated and wear a mask.

Watch Howard Cohen talk about the IMPACT of building tiny homes.

Attend a People of Action Summit
An Exciting New Initiative in Zones 26/217

Zones 26/27 is hosting a series of five People of Action Summits across the Big West on a variety of subjects, including food security, clean water, green transportation and clean energy, healthy soils, and stopping human trafficking. The People of Action Summits will provide an in-person and virtual opportunity for Rotary members to join forces with community members and industry experts to tackle some of the biggest challenges we face. It’s all about individuals identifying issues, solving problems and making a difference. LEARN MORE AND RESERVE AT https://rotarysummits.com/

Past, Present and Future Governors of District 5030 met for their Annual Luncheon on March 6th

The University Sunrise Rotary Club builds more tiny homes for the homeless
Some Upcoming Speakers

Monday, March 14 at 5 pm

Is Russian invasion of Ukraine a sign of the Cold War or of a madman with nukes?

Join Puget Sound Passport Rotary Club for an up-to-the-minute ZOOM discussion of this with General Barry McCaffrey of NBC & MSNBC News on No registration required. Click here to attend.

Wed. Mar 16, 2022 at 12:30 pm

Women's Panel hosted by Beth Knox
Women Blazing Trails in Rotary
Westin Hotel, 1900 5th Ave. and Zoom

In the short time women have been eligible to join Rotary, they have left their mark in our Club. Moderator Beth Knox will lead a panel conversation with Rotary Leaders on the role women can and will have in Rotary to create the most impact in our community.

Fri. March 18 at 12:30 pm

New to Rotary?

Join us for the Member Orientation and Social Tuesday, March 15th from 5:00-5:45pm

Learn more about the big world of Rotary and meet fellow Rotarians from across the district.

Click here to register.

Our Newest Cause Based Rotary Club is Forming Now

Do you know anyone interested in supporting Veterans?

Potential members can be Veterans; family and/or friends of Veterans or supporters of Veterans.

For further information, please email Rotarian Bill MacCully at billmaccully@gmail.com.

“WHO WE ARE: A Chronicle of Racism in America”

Rotarians gathered on February 19th to view this powerful documentary and discuss it with Jeffery Robinson, the narrator. All Rotarians are encouraged to view the “Who We Are” Documentary while it is in movie theaters or coming soon to NETFLIX.

In April, the District DEI Committee will host an online discussion forum with Jeffery Robinson for all interested Rotarians. Details coming soon.

Carmen Best, former Seattle Police Chief talks about Lessons Learned

Best is author of Black in Blue: Lessons on Leadership, Breaking Barriers, and Racial Reconciliation. To learn more about best, go to https://www.amazon.com/Black-Blue-Leadership-Breaking-Reconciliation-ebook/dp/
D5030 International Service Committee (ISC) Chairs and Friends Zoom meeting March 15, 2021

Have you ever wanted to participate in an international project but don’t know where to start?

Come hear about some projects being developed by D5030 clubs in Tanzania, Guatemala, Uganda, Ghana and other countries; and learn about technical and financial support available for projects.

Do you already have an international project but need to find additional partners to help fund it? Come and share your project with like-minded Rotarians who may be willing to support you.

Does your club have some funds available to help another worthy project? Bring your pocket book - there are several great projects for you to choose from.

Interested Rotarians and Rotoractors are invited to join our D5030 ISC Chairs Zoom meeting on March 15, from 5:30-7:00pm. In addition to hearing from projects seeking financial support, we will review the status of the Rotary Foundation matching funds (World Funds) and District Matching Funds (DDF). Contact Larry Logue at ltilarry@gmail.com to receive a Zoom link for the meeting.

Global Climate Pledge

Did you miss the opportunity to take the Global Climate Pledge before December 31st? No problem – Rotarians worldwide continue to take action in support of our environment, and everyday more Rotarians and their friends are stepping up to make a difference individually. You can too!

Take the Individual Pledge today: https://www.globalclimatepledge.com/individual-pledge/

Support a path to prosperity for poor families in Guatemala!

Healthy Start
Global Grant 2232330

Join these Rotary Clubs
Sammamish Shoreline
Des Moines Normandy Park
Renton
Oklahoma City
Del Valle de Guatemala
Palo Alto

Contact Cary.Young@SammamishRotary.org

Wellspring Family Services hands-on project
**Persevering in the Face of Sorrow**  
~ by Erv Desmet, Chair Environmental Sustainability Committee

At a time when our natural world needs healing and restoration, it’s tough to witness hostilities breaking out between Russia and Ukraine. Our planet needs us all to learn how to cooperate better for the good of us all.

Rotarians have always done their best to help the peoples of the world live better as indicated in Rotary’s seven areas of focus. The novel work of Rotary International, its 30,000 clubs and its million plus difference makers worldwide has continued for over 100 years through the joys and sorrows of history, and we will certainly persevere through these current tough times.

Our District Environmental Sustainability Committee continues to be committed to helping all the clubs and our wonderful Rotarians in our District to take action to sustain and regenerate our natural environment.

We still encourage all Rotarians to take the global climate pledge. We are planning an amazing day of service on April 16 to restore some important habitat in the Duwamish River area. Many Rotarians have already volunteered, and there is still room for more of you to volunteer. Details are on page 3.

Another big district wide event is coming September 17 when the Woodinville Rotary Club will have an environmental fair in which the entire community will be involved. It will show how an entire community can move forward together to help restore the balance in our natural world, where humans can co-exist with all other living beings on our beautiful planet.

In my 14 years as a Rotarian, I am continually overwhelmed by the ongoing perseverance of Rotarians to make a difference in the world, in good times and in bad.

Let us all continue to persevere in taking actions to help support our natural environment.

**Need a Speaker for Your Club?**

**Compassion Amidst the Chaos: Tales Told by and ER Doc**

Colorful stories from a great ER physician’s career journey. Dr. Davis speaks with authority, competence and empathy, providing good insights into why many consider emergency medicine the toughest, but also the most rewarding of medical specialties - Amazon review

Not only is Chris Davis a mesmerizing story-teller, he is also a Rotarian! As a member of Rotary Club of Ballard, he definitely knows his audience. My club loved him. I think he can come in person and he is great on zoom. If you’re interested in booking Chris, email chrisdavismd@gmail.com

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**Seattle International District Rotary:** Great turnout for the Little Saigon Monthly Street Clean Up with Friends of Little Saigon, Seattle Public Utilities, Seattle PD, The Mission Continues

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**All Trails Lead to Salt Lake City, Home of the 2022 Rotary Zones 26/27 Institute**

You can now reserve your room at the Institute venue, the all-new Hyatt Regency Salt Lake City! This fabulous new hotel will feature technology-forward conveniences with modern craftsmanship and design. Rotary members wishing to make their reservations now are able to call 1-888-591-1234 to reserve a room. Ask for the Rotary International rate or use promo code G-ROTA in order to receive our special group rates. Get an early jump and lock-in your room today!

Rotary statement on wild polio case in Malawi

As an imported case from Pakistan, this detection of type 1 wild poliovirus in Malawi does not affect the WHO African region’s wild polio-free certification status.

As a result of ongoing disease surveillance, the Global Polio Eradication Initiative (GPEI) has confirmed a case of type 1 wild poliovirus (WPV1) in a child suffering from paralysis in Malawi. Analysis has shown the virus is genetically linked to WPV1 that had circulated in Pakistan’s Sindh province.

The GPEI is supporting health authorities in Malawi to conduct a thorough assessment of the situation and begin urgent immunization activities to mitigate any risk of spread.

Environmental surveillance measures are also being expanded in Malawi and neighboring countries to detect any other potential cases.

Detection of WPV1 outside the world’s two remaining endemic countries of Pakistan and Afghanistan is a serious concern and underscores the importance of prioritizing polio immunization activities in countries such as Malawi to prevent future instances of importation. Rotary has continued strong financial support to Africa since the most recent previous case in Nigeria. During the last two years, 54% of the Rotary PolioPlus budget has supported disease surveillance, outbreak response, the purchase of vaccines and operational expenses throughout Africa.

While the news from Malawi is disappointing, the polio program has seen importations from endemic countries to regions that have been certified wild polio-free in the past, and has moved quickly to successfully stop transmission of the virus in these areas. As an imported case from Pakistan, this detection of WPV in Malawi does not affect the WHO African region’s wild polio-free certification status.

In the more than three decades since Rotary launched its PolioPlus program and formed the GPEI, we have repeatedly stressed that polio anywhere is a threat to children everywhere. The case in Malawi imported from Pakistan underscores the importance of that statement. Now is the time for all parties – Rotary members, communities, government leaders, and global partners – to recommit to ending all forms of polio for good. As Rotary members, it is critical that we ramp up our efforts to raise awareness for the importance of reaching all children with polio vaccines, and continue raising the funds necessary to carry out critical eradication activities to protect vulnerable children and prevent further outbreaks.

To District 5030 Rotarians from Bloodworks NW

Thank you for your efforts in supporting the Rotary Blood Drive and helping to boost local blood supplies in January. Rotarians have continued to keep the blood supply strong in our community! We trust this experience was rewarding for you and made it easy to participate. Overall, Rotarians contributed to 41 donations throughout the month of January!

The registrations were broken down by districts as such:
- District 5030 – 29 Donors
- District 5020 – 7 Donors
- District 5050 – 3 Donors
- District 5100 – 1 Donor
- District 5110 – 1 Donor

We couldn’t fulfill our mission without the help of people like you, so thank you again!

Your support means more than a four-leaf clover! Let’s make March a lucky one for our community. After a Northwest rain, a rainbow appears. For our community, the pot at the end of the rainbow becomes fuller with each donation. Your support encourages our local community to step up and donate blood every 56 days. Find a Bloodworks Location to book your appointment.

March 26 is the first day of our Bold 4 Blood Week. Donate on behalf of Rotary District 5030 and be sure to mention the code 5030 on the day-of your appointment, upon arrival for your donation.

COVID-19 Notice. Appointments and masks required. There is no deferral from donating if you receive the COVID vaccine. See our COVID-19 safety measures for more information.
OR... Click on this link for info and tickets: https://www.tickettomato.com/event/7405/the-big-taste

**The Big Taste**

**Food • Wine • Beer • Spirits**

**Saturday March 26**

**5 PM - 8 PM**

Taste Wines, Beers, Ciders & Spirits from around the Pacific Northwest at THE BIG TASTE! Tasty noshes available from Carolina Smoke.

Magnuson Park, Hangar 30
7400 Sand Point Way NE, Seattle

Advance Tickets $35 at USRotary.org
Admission $45 after March 1st

OR... Click on this link for info and tickets: https://www.tickettomato.com/event/7405/the-big-taste

**All In For Autism:**

Join the Bellevue Breakfast Rotary Club Sunday, April 24th for the All In for Autism 10K, 5K, Family Fun Run. This will be an in-person and virtual event, so you can #doityourway. Watch the video to learn more or go to allinforautism.org to sign-up to run/walk or volunteer.

**Green River Auburn Campus beginning at 5:00 pm. This year Escapades will be both virtual and in person. If you would like to purchase a ticket(s) please visit www.kentrotary.com**
Hearts & Wine 2022 Proud Participants

The Rotary Club of Kirkland Downtown (RCKD) participated in the Hearts & Wine 2022 fundraising event February 25, in support of Harvest Against Hunger. Following current COVID protocols, this year’s event included entertaining speakers, fellowship, a fabulous auction, and opportunities to learn about how hunger is affecting our community after many months of pandemic closures. We also learned about how Harvest Against Hunger is adapting to meet those changing needs. To participate in next year’s fundraising event, email: contact@harvestagainsthunger.org.
We hope you can join us next year!

The Issaquah Interact Club created paper roses and hand-made cards to spread the love to the elderly communities of Timber Ridge, Spiritwood, and University House!

Brain Day International March 20, 2022
On several continents

Liliana Alberto, MD, a Rotarian in Argentina, and Joyce Shaffer, PhD, a Bellevue Rotarian, are organizing this as part of an international project to prevent, delay onset, and/or reverse dementia. Music and dance can enhance neuroplasticity from the first moments of life. Thus, efforts are intergenerational.

Here are some suggestions in recognition of Brain Day International:
Your musical Event that can be as simple as listening to music as background on the job. Play background music tailored to the audience, such as a Neonatal Intensive Care Unit (NICU) which might shorten the time in NICU, while learning a new skill could enhance learning, promote prosocial behaviors even with 6-month-old children or provide elders in cognitive decline might improve function. People hearing music tend to move. Music and dance enhance brain performance, architecture, and chemistry. It addresses 3 of the Rotary Areas of Focus: Peace and Conflict Prevention, Disease Prevention/ Treatment, and Basic Education.

Need more information? They are eager to help you enjoy music & dance for the health of it!! DraLilianaCristina@yahoo.com and/or DrJoyce@IdealAging.com.
Thanks to Our Donors for the Tremendous Success of the Rotary Scholar Program!

Since January 2021 the program has raised more than $31,000, exceeding the $25,000 needed to endow the scholarship, thanks to the generosity of donors. We hope to surpass $50,000 in 2022, so a second 4-year Rotary Scholarships can be awarded. The level of medical care in the underserved communities of Washington is appalling, and the need is beyond urgent. More Rotary Scholars will help improve the level of medical care in underserved communities of Washington [Please visit our donor portal if you wish to donate now.]

We are delighted to announce that the first scholarship was awarded to Britta Bunnel from Sammamish. Bellevue Sunrise Rotary members were pleased to meet Britta when she joined our last meeting of 2021. People of the community that Britta ultimately serves will have someone who indeed has their best health interests continually at heart and in mind. Learn more about Britta by visiting her featured page.

The Rotary Scholar program was initiated by Bellevue Sunrise Rotary Club in partnership with the Elson S. Floyd College of Medicine at WSU. This program is being promoted to Rotary clubs in Districts across Washington to provide awareness of the issue and the opportunity to support this project. We are extremely grateful for all the support we have received to date from individuals, corporate entities and other Rotary clubs. Your financial help is funding medical students’ education and enabling fulfillment of the Rotary tenet of “Taking Action.”

Bellevue Sunrise Rotary Club Thanks All Our Donors for the Tremendous Success of the Rotary Scholar Program!

<table>
<thead>
<tr>
<th>Donations by Rotary Clubs</th>
<th>Donations by Individuals</th>
<th>Donations by Individuals</th>
<th>Donations by Individuals</th>
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<tbody>
<tr>
<td>Bellevue Sunrise</td>
<td>Nancy Bittner</td>
<td>Sandy &amp; Laura Denser</td>
<td>Robert Kearns</td>
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<td>Kent</td>
<td>Jeffrey Brennan</td>
<td>Cory Duskin</td>
<td>Bill McElroy</td>
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<td>Lake Union</td>
<td>Kaitlin Brown</td>
<td>David Duskin</td>
<td>Dave Mincks</td>
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<td>Seattle Northeast</td>
<td>Claudina Campbell</td>
<td>Brietta Easterlin</td>
<td>Clifford Ridgeway</td>
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<td>University Sunrise</td>
<td>Chris &amp; Geri Carlson</td>
<td>Beverly Harrington</td>
<td>Russell Taylor</td>
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<td>District 5030 Matching Grant</td>
<td>Marina Cofer-Wildsmith</td>
<td>Sterling Johnston Real Estate</td>
<td>Janet Thompson</td>
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Enhancing Rotary's Public Image Webinar

Dear Rotary public image champions,

We’re so glad you attended the Enhancing Rotary’s Public Image Webinar! Your experience makes you and Rotary’s 1.4 million members the best brand ambassadors for our organization. If you couldn’t attend the webinar or would like to share it with your network, please find the downloadable recording here. The panelists provide real-world examples of how our People of Action videos can be used for a successful paid digital campaign, how district collaboration can lead to a successful local PSA campaign, and how to engage local media outlets.

Since March 2020 Rotary’s current public service announcement campaign has generated over $11 million in donated media value and over 726 million impressions across radio and video broadcast and print.

As people of action, you can help continue that momentum and spread Rotary’s message by finding resources to create local TV, radio, and digital campaigns on the Rotary Brand Center, as well as other materials, to maintain awareness and increase understanding of the Rotary brand.

Email us at PR@Rotary.org for questions about Rotary’s brand resources, for more information from the presenters, to subscribe to Brand News, or to tell us about your local marketing campaign. To see the Q&A response sheet click here.
Rotary District 5030 Selfie Competition

The rules are simple:
• Take a selfie of doing something that serves your community.
• Post it to our Rotarians of District 5030 Facebook page.
• The deadline is June 1st.
• Winner is the selfie with the most likes or comments.
• Winner will be announced in our June District Newsletter.
• Prize: 2 tickets to our District Year-end Event on June 27th. (value $200)

Click here to reach D5030 Facebook Page

Need some coaching on how to take a selfie? Click this link, but beware… humor is intended: https://www.dropbox.com/s/b3uehknob4x0z71/Selfie.mp4?dl=0

Online District 5030 Diversity, Equity, and Inclusion Guide Now Live

The District 5030 Diversity, Equity, and Inclusion Committee has completed work on District 5030’s new online DEI Resource Guide to assist you in your exploration of issues related to Diversity, Equity, and Inclusion, both from your computer https://www.rotarydistrict5030dei.org/dei-resource-guide and your smartphone. The Guide currently has over 300 resources including Videos, Ted Talks, Books, Opinion Pieces, Websites and more. And it is searchable.

You can search by the type of resource, your level of study, the general subject area, and the specific topic that interests you. When you find a resource of interest, a link will take you directly to that resource. We will be adding DEI related resources to the Guide on a regular basis. You can send suggestions to stankehl@outlook.com.

Warning. You may find exploring the Guide addicting. You may want to read or view in depth (or even purchase where necessary) resources you find.

Coming Soon: The District DEI Committee is developing our District 5030 DEI Hub which will contain all sorts of great information about District DEI activities and materials. It’s currently in draft form and we will let you know when it is live.

New members from different groups in our communities bring fresh perspectives and ideas to our clubs and expand Rotary’s presence. Invite prospective members from all backgrounds to experience Rotary.
Days for Girls Eswatini Global Grant
A success story of empowering girls in Eswatini (formally Swaziland)
By Debbie Bodal, Lynwood Rotary Club

This is one example of how clubs can promote and empower girls around the world. In February, the Rotary Club of Lynnwood completed their final report for our 2-year GG project to sew and distribute washable menstrual hygiene kits to girls and women in Eswatini communities. The three goals of our grant:

- To train women to become Ambassadors of Women’s menstrual Health, which includes reproductive health for both women and men, how to care for & use the washable menstrual kits, about human trafficking, sexually transmitted diseases, HIV and how to support women.
- To educate the women and girls (this is done by the Ambassador women) about their menstrual health when distributing the washable menstrual kits to girls and women in Eswatini.
- To train the women to sew the washable menstrual hygiene components that make up a kit and to contract with them to sew the kits.

We had covid challenges, but we were able to pivot and made great progress towards sustainability.

Our Successes

- We distributed 9,041 Kits with training
- Directly benefited 14,373 people
- We did 943 trainings for kits that were purchased by NGOs
- The women sewed and distributed 19,888 masks
- We trained an estimated total of 4,355 boys on the Men Who Know program
- We continued to contract with 20 sewers, 9 ambassadors and 2 men who know
- We sold $7,709 worth of kits and masks
- Contracted with two more women sewers through the US Embassy

Director, Lindiwe Dladla of the newly established DfG Eswatini Sewing Center joined the Rotary Club of Manzini after we took her to a meeting while we were there. Director Lindiwe is very active in the new Rotary Action group Women’s Menstrual Health and Hygiene. She has been a big part of their presentations around the world!

A sewer with her children. She earned enough money to build this sewing room.
Welcome to the Family of Rotary

New Members: Feb 1 - Feb 28

Bellevue
Regina Glenn
Cathy Kimball
Jerimy Kirschner

Bellevue Breakfast
Mike Hyodo

Bellevue Eastside
Mike Smith

Bellevue Sunrise
Kristopher Day

Edmonds
Elise Hegrat
Brad Vercoutere

Edmonds Daybreakers
John West

Enumclaw
Chief Tim Floyd
Sara Stratton

Environmental Club of Puget Sound
Cindy Thompson
Timothy Leadingham

Issaquah
Sean Skow
Kirk Albrecht

Kent
Monica Rangel

Lynnwood
Mike Miller

North Creek
Aimee Sharp

Northshore
Connie Jones
Carmin Dalziel

Sammamish
Doug Nelson
Kali Clark

Seattle #4
Steve Brum
Robert Gilmore
Reece Johnson
Shelby Leyson
Harisa Paco
Kim Romano

Seattle-International District
Terrance Stevenson

Sea-Tac Tukwila
Hamdi Mohamed

University District
Wendy Reilly
Ruben Rivera-Jackman

University Sunrise
Victoria Wenick

West Seattle
Kristy Haro

Thank You for Your Service

Rotarians who passed away in February

Sharalyn Ramm
1940-2022
Edmonds Rotary
PHF - Paul Harris Fellow

John Townsend
Feb 15, 2022
Mercer Island Rotary
President 2001-02

Bruce Peters
1939 - 2022
Mercer Island Rotary