Dear Members of Rotary District 5030,
Thank you for your love and support during my year as the District Governor of this amazing Rotary District!

My favorite Rotary buzz words and phrases of 2021-2022: UBUNTU; PCWEEED; Break Down the Silos of Rotary Clubs.

We have been through another year of surviving the ongoing impact of COVID, yet have still grown and come together. Here are just a few examples:

- The Tiny Home Build Project at Hope Factory, with members from many clubs and forming new friendships. Thank you to several clubs, including the Lake Union Rotary Club, for starting the ongoing building project. Together, we are People of Action!
- The great response to Bold4Blood, headed by Beth Tesh and Sten Crissey, the project to donate your life saving blood – resulting in the very best way possible to give back to the community.
- Members from around the district joining together in our Annual Day of Service, headed by Erv DeSmet and Dave Spicer, to upgrade the Duwamish Preserve with wonderful new plantings of trees and bushes.
- Stepping up to assist Sea-Tac Tukwila’s President Paul Benton and his fellow club members to rescue displaced residents from the devastating apartment fire in that community.
- The joint District (5030 and 5020) RYLA Program, headed by our own Kate Matos.
- Coming together at Seattle Pacific Place theater to view the Jeffrey Robinson film, “Who We Are: A History of Racism in America”
- And more! If you have more to share, email me!

Welcome to our new clubs, Rotary Club of North Creek and Rotary Club of Southeast Seattle.

Congratulations to the Environmental Club of the Pacific NW and the Pacific NW Rotary Club Ending Sex Trafficking, headed by Kimberly Peterson and Virginia McKenzie, respectively, for their first very successful full year as our district’s newest clubs.

Hats off to Amy Huggins and her fellow Music Mends Minds project members for the front-page cover story of Rotary International’s April Magazine.

Congratulations to the highly successful first year of the District’s new DEI (Diversity, Equity and Inclusion) Committee, headed by Immediate PDG Cathy Gibson along with the Empowering Girls Committee headed by Suzanne Griffin, PhD. Check out the phenomenal new DEI Resource guide https://www.rotarydistrict5030dei.org/!

Thank you to District Foundation Chair Jeff Brennan and his fantastic team, to manage and coordinate the $135,474 in District Grants!

Thank you to Wendy Fischer, District Trainer, for making this year’s Festival of Training a success and to the District’s Visioning team as they worked tirelessly around the district.

Thank you to The District’s Public Image Committee, headed by Robin Roat and her very dedicated team. Great strides this year on bringing Rotary into the community through social media!

Thank you to my home club of the Emerald City Rotary Club for their outstanding support during my years of membership!

Thank you to so many truly dedicated Rotarians this year! All of the club Presidents and their boards; Assistant Governors; District Committee Chairs, PDGs and of course, the most important of all, YOU, the member of Rotary. We are a district of 2,300 members strong and I could not be prouder to be your DG!

A very special thank you to Connor Talbot for being our truly dedicated District COO (Chief of Staff) and to Rosemary Barker Aragon, PDG and this year’s Finance Chair. A heartfelt thank you to my fellow DG Line Partners: Kae Peterson (2022-23); Kaj Pedersen (2023-24) and Rachele Bouchard (2024-2025). Thank you, all!!!

Hats off to Carma McKay, the Editor-In-Chief of this very monthly newsletter! What a fabulous job Carma continues to do to bring you all the information and news from around the district! The readership has grown nicely over the past recent years! Please join me in thanking Carma for such an amazing job!

Finally, I want to thank my very close friend, Gino Reyes, a new Rotarian this year in the Summerlin (Las Vegas, Nevada) Rotary Club, for awakening in me an even greater passion to carry forward the most important message of Member Retention. Taking this year’s Rotary President Shekhar Mehta’s message of Member Retention, I challenge each club and member to follow “Each One, Bring One”. I challenge each club and member to reach out to each member (new and long-term) to find out what will keep their passion strong, feel a sense of belonging, to make a positive change in their community and to remain in Rotary! Thank you, Gino!

And now…. please join me in welcoming Kae Peterson as the new District 5030 District Governor starting July 1. This district will be in very good hands with this very talented and experienced Rotarian! Best of Luck, Kae! You will be amazing!

Once again, THANK YOU! ~ Howard
Congratulations to Jessie Perkins, a 10 year member of the University District Rotary Club and a Paul Harris Fellow. She is a Sr. Global Partner Marketing Manager at Impinj.

Jessie took this selfie at the District 5030 Day of Service at Duwamish Hill Preserve in April. Eighteen Rotary clubs from around D5030 participated in the event in honor of Earth Day, planting native trees and other plants. After many years of effort, the historical site was saved from industrial development and the Duwamish Hill Preserve was established in 2004. It opened to the public in 2010.
Trish Bostrom, 50th Anniversary of Title IX
June 15 at 12:30 PM
Seattle Rotary Online Program
https://us02web.zoom.us/j/259970584

Trish won the Pacific Eight Collegiate Singles Championship in 1972 while at the University of Washington. She is the only tennis player, male or female, at the University of Washington who has ever won this prestigious title. Trish was co-captain of the Junior Wightman Cup team with Ann Lebedeff during her collegiate years. During this time she won the U.S.T.A. National Amateur Grass Court Doubles Championships 1972 and the U.S.T.A. National Amateur Clay Court Doubles Championships 1972.

Trish so dominated women’s collegiate tennis in the Pacific Northwest that she sought greater competition and equality for women’s athletics by challenging the University of Washington to allow her to compete on the men’s tennis team and to create equal programs for women’s tennis. She was a pioneer for women’s collegiate sports and helped in changing the University’s support for women’s tennis and other sports.

Trish will be presenting on the 50th Anniversary of Title IX, the work that has been done, and the work that still needs to be done to bring gender equity to collegiate sports.

Past Seattle Rotary programs are available on their YouTube Channel https://www.youtube.com/channel/UCneh4po3btekzYiP-xBsfQ/videos

ENT/Audiology trip to Guatemala
Rotary Club of Mill Creek
June 22nd

Hear from Jeff Brennan, Dr. Mike Mallahan and Sid Siegal on their recent ENT/Audiology trip to Guatemala. Find out about the almost 500 children seen, including over 50 surgeries and a like number of hearing aid fittings. And, find out how many Mozas it took Dr. Mallahan to play “Bud Davis” on the wild bucking bull (don’t tell him it is a tame water buffalo)!

DISTRICT HIKE to Poo Poo Point on June 25th

Celebrate the end-of-the-Rotary year with a “District Hike” to Poo Poo Point via the Chirico Trail on Saturday, June 25th. It’s a 4.5 mile roundtrip on a moderately challenging trail topping out with great views where paragliders launch. Meet at the trailhead at 1PM. No parking pass needed. Dogs allowed if leashed. Hiking boots and trekking poles recommended. Bring water, snacks and a camera. Wear your Rotary hat and/or t-shirt. https://www.wta.org/go-hiking/hikes/poo-poo-point-chirico-trail

Questions? Contact Cathy Gibson dggibson2021@gmail.com

Rotary Kyiv International Charter President, Oksana Tyupa
Lake Forest Park Rotary
June 29th - 7:30-8:30 AM
Zoom https://us02web.zoom.us/j/85142410960, Meeting ID: 851 4241 0960.

Rotary Kyiv International Charter President, Oksana Tyupa, will be the special guest at the Rotary Club of Lake Forest Park’s June 29 Zoom meeting. The entrepreneur, volunteer, and proud Ukrainian will provide the latest news on the Russian invasion, will detail how her Club is supporting the cause, and then inform the audience on how they can help.

Tyupa’s accomplishments include being Ambassador at EuroAsian Startup Awards, President at Let’s do it Green Ukraine, Project Coordinator at Startup Network, and Fundraising Officer at Rotary International.

Chartered in 2019 many of Rotary Kyiv International’s 30 members are working first-hand to improve the quality of lives of people fleeing war. Some transport wounded and civilians from the combat zone to medical centers, while others are providing water filters that allow access to drinking water in remote locations and harsh conditions. Some portable and some large stationary filters are sent to hospitals, shelters and other institutions.
The Environmental Rotary Club of Puget Sound is delighted to present the movie *Spawning Ground* in a virtual screen on June 11th at 7:00 PM. Click this link to sign up and receive your email with the zoom information. [https://www.givsum.com/opportunities/june-virtual-movie-night-joint-fundraiser-741a1ea5d](https://www.givsum.com/opportunities/june-virtual-movie-night-joint-fundraiser-741a1ea5d)

The event is a joint fundraiser with the Environmental Rotary Club of Puget Sound and the Puget Soundkeeper Alliance.

Ticket sales are $5.00 and any additional funds you donate will help support these two great organizations.

The day of the movie night, ticket-holders will receive an email with the zoom information. Then you can pop some popcorn, sit in your comfy chair, cast the movie from your cell phone or computer to your big TV and enjoy an evening in to support a great cause!

About the film: In one of America's first urban wildlife refuges, the plight of a little-known land locked salmon called the Lake Sammamish kokanee, or 'Little Red Fish,' is bringing together a unique and unlikely partnership between Tribal leaders, local and state agencies, private landowners and conservation groups in Washington State. [Trailer](https://player.vimeo.com/video/321415261?h=d715dc8c4f)

**Moving American Communities from Diversity to Belonging**

Usha Srinivasan is a trained Bharatanatyam (Classical Indian) dancer, passionate about using the arts to strengthen community. She is a Knight Foundation Creative Community Fellow and a member of Multicultural Arts Leadership Institute Cohort in San Jose. She served on the Board of World Arts West, is producer of the famous San Francisco Ethnic Dance Festival, on City of Santa Clara’s Cultural Commission, and on the board of Wildlife Rescue, Palo Alto.

Usha is President of Mosaic, a nonprofit organization that strengthens communities, cultivates belonging, and catalyzes inclusion through inter-cultural and co-created art. Her presentation discusses the difference Mosaic is making in helping communities create a harmonious, vibrant, uniquely American multicultural society through cultural cohesion.

If you're interested in booking Usha for a virtual presentation, send an email to usha@mosaicamerica.org.

**Computers in Gambia**

Many years ago, our club helped a young girl named Maimuna Bah become an American citizen. She grew up to marry Nate McQueen and they are now members of our club.

The couple recently purchased a house in Gambia and spend part of the year living there with their children (pictured left). Nate and Maimuna also work on the upkeep of a local school that was part of the Computers for the World program several years ago.

Nate did a short program for our club with photos of the school and of Gambia, giving an update of how things are progressing. It was very interesting, and I highly recommend inviting Nate to your club for a short program. If you're interested in booking Nate, email nate.mcqueen@gmail.com.

**TIRELESS: Key Principles that Drive Success**

Kim Lorenz, 42-year Rotarian, Successful Business leader, Award winning Author of Tireless, a Best-Selling book available on Amazon as well as Kindle and Audible. All 5-star reviews. Kim Lorenz grew up in Bellevue, founded several large companies, sold them to Fortune 500 firms after many years of successful operations. A Rotary Benefactor, Bequest Society member, Major Donor. Currently in addition to multiple speaking engagements, Kim developed the 22-year long relationship between World Vision and Rotary, having now completed over $25 million in project collaborations across Africa and Central America, Asia bringing water, economic development, food, education and health to well over three (3) million people in developing countries.

To book Kim as a program speaker for your club, send him an email. Kim Lorenz kimsound@msn.com
Strength in times of crisis in Ukraine
Rotary responds to the war in Ukraine
Learn more

A girl on Top of the world is spreading the Rotary’s message of Empowering Girls. Piyali Basak, sponsored by Rotary India to climb Mt Everest, is a first girl to climb without oxygen. I am so proud to see this girl from my city reaching this height while also carrying Rotary Flag, The Theme Flag & Empowering Girls flag.
~ Shekhar Mehta, RI President 2021-22

Ukrainian clubs rise to the challenge
Rotary members in Ukraine are distributing supplies from other countries, organizing long-term aid, and helping their neighbors settle back into their homes – despite being affected by the war themselves. Ukraine District 2232 has received four disaster response grants of $50,000 each from The Rotary Foundation, which together will fund nearly 50 relief projects across Ukraine. Read more about their efforts in the face of adversity and learn how Rotary is responding to the war in Ukraine.

“Trees support all life on our home planet. As we breathe in oxygen and breathe out carbon dioxide; they breathe in carbon dioxide and breathe out oxygen. Plant more trees today!”
~ John Jacob Zucker Gardiner, PDG

RI Council on Legislation Takes Action
~ by Steven Lingenbrink, PDG 12-13 and COL Delegate 2016, 2019, & 2022.

The triannual Rotary International Council on Legislation was held April 10-14, 2022. COL22 was historical in many respects. Most notably, it was first time that a Council on Legation was conducted both in person and virtually. For 2022 we had 523 total delegates, of which 522 were credentialed. There were 325 “in person” in Chicago, IL, and 198 virtually via Zoom Webinar. Click here to view: https://www.dacdb.com/Rotary/Accounts/5030/Downloads/O/2022%20Council%20on%20Legislation%2enactments%20of%20import%20to%20District%205030%20Clubs.pdf

Learn more about Rotary’s DEI initiatives; take an online class; consider the practical applications for your club; access DEI resources; join the District 5030 DEI Committee.

Contact District DEI Committee Chair for more info: dggibson2021@gmail.com

Girls are half of the community, they should have half of the opportunity.
~ Shekhar Mehta, RI President 2021-22
Wendy Reilly, University District Rotary. On her way to donating 10 gallons!

Sten Crissey with a platelet machine at Seattle First Hill Donation Center.

Seattle #4 Rotarians Jann & Kirk Green. Blood donors Santa Barbara style!

Robyn Grad, Seattle #4 Rotary.

Debbie & Trond Bodal, Lynnwood Rotary & Emerald City Rotary

Bloodworks Bold 4 Blood District Project

Happy World Blood Donor Day June 14 & Bold 4 Blood Week starting June 25!

District 5030 Rotarians who donated blood in the past year, were recently thanked, with a letter, by Bloodworks NW CEO Curt Bailey. To continue their great work with research and blood products for our medical community they need donors. Let’s show our appreciation for them by signing up to donate blood & platelets. After all, it is a 5030 District project and projects do not fulfill their promise without volunteers. Thank you!

A small contingent of Lake Union Rotary members celebrate becoming one of the first—if not the first—Club in District 5030 to achieve their goal of Every Rotarian Every Year contributing to The Rotary Foundation. Achieving 100% was particularly significant because, every year since the Club chartered in 2007, Lake Union Rotary has been an EREY Club. As significant, this Club has also twice been a Paul Harris Club! In those 2 years, every member of the Club became a Paul Harris Fellow.

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Savor Life. Save a Life.

This wonderful campaign of local chefs and restaurants coming together to support blood donations continues through the end of June. Please check out all the participating establishments to visit. Donate at least once by June 30, and you may enter to win one-of-a-kind culinary experiences! Visit: bloodworksnw.org/savorlife. Share this short video: https://www.youtube.com/watch?v=nzvi8kQpEyk

Being Bold-4-Blood

You can celebrate your donation even more by taking a selfie with this sign while donating. If you do, please email the photo to Carma McKay at CarmaMcKay@gmail.com

Join us! Be Bold-4-Blood!
Wild n crazy Washington & Oregon Rotarians watch the Mariners take on the Astros during Houston RI Convention.

Getting ready for the opening session

Past, present and future District Governors of District 5030

Dr. Bill Hammond working at the International Malaria Partners booth.

Jean Withers, Martha Sidlow and IPDG Cathy Gibson

Open house party hosted by IPDG Cathy Gibson.

Happy to finally be together at an RI Convention

Thank you Rotary International President, Shekhar Mehta for your service and leadership this year.
How to Keep Your Club’s Graphics Up-to-Date

Montague M. Bear did not have it easy. A Chicago engraver, he created Rotary’s first logo in 1905 — a wagon wheel with 13 spokes. When members complained that it looked too static, he added what he intended to be clouds, but which his critics thought looked like dust, impossibly appearing on both sides of the wheel.

After the 1912 convention, Bear’s wagon wheel was replaced by the current, gear-like look, followed by a wide range of variations. The current design became standard in 2013: a simplified, monochrome wheel along with the Rotary wordmark, which reproduces well in different sizes across digital platforms. This new logo also provides space to add your club’s name.

While many Rotary, Rotaract, and Interact clubs have updated their logos, others have not, which harms the consistency of Rotary’s image across the world. "We need Rotary to speak with one voice," says Liz Thiam, Rotary’s brand specialist. As with major consumer brands, Rotary’s marks feature a standardized and specific font, color, and design that is legally protected, Thiam says, "just like the Nike Swoosh."

But have no fear: With these tips, within minutes any member can create a proper club logo for use on their website, social media accounts, or event signage by visiting the recently updated Brand Center at My Rotary. — JOSEPH DERR

FIND OUT THE LAST TIME YOUR CLUB UPDATED ITS LOGO. Was it before 2013? Does your logo’s wheel contain more than one color? If yes, then it’s time for a change.

DON’T SEARCH THE WEB to download the Rotary logo or other branding material. While Google may be your friend for many things, it’s also packed with off-brand Rotary logos.

INSTEAD, OPEN YOUR ACCOUNT on My Rotary and go to the Brand Center. There you’ll find the tools needed to create your own club logo, ads, and other club resources.

USE THE TEMPLATE IN THE BRAND CENTER to create your club’s new logo. Type in the name of your Rotary club, download the logo, and you’re done.

DON’T OBSCURE THE WHEEL or use it to depict another graphic element. "I’ve seen the Rotary wheel turned into sunrises and pancakes," says Thiam. "When a club logo is altered or used improperly, it can create confusion and mistrust."

UPDATE YOUR DIGITAL PRESENCE FIRST, such as your website and social media. Then set aside a budget and update printed materials, starting with signage, event banners, and clothing. After that, refresh Rotary business cards, club flyers, brochures, trading banners, and name badges.

PROVIDE YOUR CLUB’S UPDATED LOGO to project partners and outside organizations so they don’t search online — and potentially download an old wagon wheel.

RESOURCES
- Find official logo templates and graphics for clubs, along with brand guidelines, at rotary.org/brandcenter.
- To learn more about Rotary’s brand, take a quick course at rotary.org/learn.

YOU’RE INVITED
to the 2022 Rotary Institute in Salt Lake City
November 10 - 12, 2022

Rotary Institutes provide an opportunity to experience interactive discussions, hear from world-class presenters, socialize, and participate in fun service activities with Rotary members from throughout the zones. The Trails to Peace Institute will provide a special emphasis on promoting peace to compliment the topics from the People of Action Summits, while also celebrating the achievements of members and clubs throughout the zones.

All Rotary and Rotaract members are invited to attend. With participants from all 30 districts throughout the Western United States and Canada that make up Zones 26 & 27, you won’t want to miss out on this inspiring event! https://registrations.dacdb.com/Register/index.cfm?EventID=77565292&NoCaptcha

Attend a People of Action Summit
An Exciting New Initiative in Zones 26/27

Zones 26/27 is hosting a series of five People of Action Summits across the Big West on a variety of subjects. The People of Action Summits will provide an in-person and virtual opportunity for Rotary members to join forces with community members and industry experts to tackle some of the biggest challenges we face. It’s all about individuals identifying issues, solving problems and making a difference. LEARN MORE AND RESERVE AT https://rotarysummits.com/

The five People of Action Summits™ happening across the West are listed below. Click on the blue to learn more, click on green to register.

People of Action Summit: Food Security
Boise, ID – July 30, 2022
LEARN MORE REGISTER TODAY

People of Action Summit: Green Transportation and Clean Energy
San Jose, CA – September 10, 2022
LEARN MORE REGISTER TODAY

People of Action Summit: Water: From Source to Sea
Newport Beach, CA – September 10, 2022
LEARN MORE REGISTER TODAY

People of Action Summit: Healthy Soils
Fort Collins, CO (Virtual) – September 10, 2022
LEARN MORE REGISTER TODAY

People of Action Summit: Stop Human Trafficking
San Diego, CA – October 1, 2022
LEARN MORE REGISTER TODAY
Veterans Headstone Cleaning Service Project

In coordination with the staff at Evergreen Washelli, on May 25, 2022 Shoreline Rotarians started cleaning upright headstones and flat grave markers at the Veterans Memorial Cemetery. Evergreen Washelli staff gave instructions on the proper technique for using the power washers and in the space of about two hours, Andrea Corrales, Clarita Bhat, and Bill MacCully cleaned a total of 84 burial headstones and 12 grave markers (flat in the ground).

There are over 5,000 headstones and markers in the Veteran’s Cemetery, and in conjunction with the Shoreline Veterans Association, the American Legion, and the newly forming Veterans Rotary Satellite Club being sponsored by Shoreline Rotary, an ongoing service project will be starting in June to clean the rest of the headstones and flat grave markers at the Veterans Memorial Cemetery. Our intent is to play at least a small part in honoring and remembering those who sacrificed in defense of our country. We are the Land of the Free, because of the Brave.

For more information about this service project as well as information about the Veterans Rotary Satellite Club, please contact Bill MacCully at billmaccully@gmail.com.

Join Veterans Rotary Satellite Club

Do you know anyone interested in supporting Veterans? Potential members can be Veterans; family and/or friends of Veterans or supporters of Veterans. For further information, please email Rotarian Bill MacCully at billmaccully@gmail.com.

Woodinville Rotary’s 5th Tuesday Social was so much fun! It was great seeing everyone and having members from North Creek and Lake Forest Park Rotary join us.

Maple Valley Rotary: Tahoma Interact Club dedicated the 2021 Peace Poles at the Interact Garden/Maple Valley Food Bank. The Peace Poles are an internationally-recognized symbol for peace on earth, with messages on all four sides. Each side of the pole was designed and painted individually by the Interact students. Nice work THS Interact!!

University Sunrise Rotary collected clothing for Mary’s Place and delivered it all to their location. What a great project to combine with Spring Cleaning.

We at the Rotary Club of the Pacific Northwest Ending Sex Trafficking had a club visioning meeting where we laid out our three year goals. The District Visioning Team of: Leo Muller, Rachele Bouchand, Bill MacCully, and Lisa Fox Latchford is outstanding. If you have been thinking about calling on them, you totally should!! Two thumbs up. Would highly recommend.

~ Virginia McKenzie, PNWEST President
Rotary International is updating the club officer courses to incorporate legislation adopted at the 2022 Council on Legislation. They will begin posting the updated courses in the Learning Center in mid-June in preparation for 1 July. Courses that are out of date will be locked until they’re updated, but members will still be able to complete any courses in their learning plans that have not been locked.

The most significant changes are being made to the club president courses. RI is discontinuing the Lead Your Club: President manual and incorporating that information into courses for two learning plans: Club President Basics and Club President Intermediate. New links to these learning plans will be shared after 1 July. Please update any existing links to the club president learning plans on your club and district websites.

Rotary International Learning Center courses for new members

Looking for resources for new members? Include these courses in your new member orientation:

**Rotary Basics**
Learn more about Rotary in this course, which was designed for new members but can also be a great refresher for longtime members, or even for nonmembers who simply want to know what Rotary is all about.

**Rotary Foundation Basics**
Learn about the work of The Rotary Foundation, including grants, programs, and opportunities for giving.

**Committing to Diversity, Equity, and Inclusion**
We are committed to putting diversity, equity, and inclusion (DEI) at the core of the Rotary experience. Learn more about Rotary’s DEI statement, what DEI means, and how members can put it into practice to create positive experiences.

**Rotary’s Action Plan and You**
Learn how Rotary’s Action Plan can help your club increase its impact, expand its reach, better engage its members, and keep adapting to a changing world.

*Note: The links in this article may take you to the Learning Center course catalog instead of directly to a course. Use the Search bar to help find the specific course. This is a known problem that RI is working to address.*

Like the [Rotary Learning Center](#) on Facebook to get the latest updates to share with members.

Diane & Jerry Cohn, Trond & Debbie Bodal helped out May 15th at the Tiny House building a district community service project. Diane and Debbie painted the inside of 3 tiny houses. Jerry and Trond made 14 roof gables that will be used to build 7 houses. Each house will have 60 homeless people living in it over it's 20 year life span. That equates to taking 420 people off the streets. Diane & I were so impressed with the process of building the houses. Each house costs $4,200 to build all through donations. Lowes donates 90% of the building supplies. Rotary clubs can sponsor a house and build it as a Rotary Community Service project. Several of us got to visit a the newest Tiny House Community in S. Rainier Beach after we worked. It had 45 tiny houses with a community kitchen, bathrooms and laundry facility.

There were a total of 6 Rotarians, unfortunately there was no group photo. Other Rotarians were Suzanne James, Edmond, DG Howard Cohen Emerald City and Kai Peterson Bellevue Breakfast. ~ *Debbie Bodal*

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**The Red Door**

*by Fall Hyde,*

*Whittier Heights Village Resident*

See the red door to my tiny home
It stands there so tall and proud,
I can leave here on a floating cloud.
It has its own lock and key, don’t you see?
I can leave my treasures behind ever so safely.
Having to fear dying of cold
Because my blankets were stolen,
My tent could not hold back the thieves.
With my husband dead, I was no longer safe.
With threats of rape on the flap of my tent,
There was no sleep.
Now when I come home at night,
I can rest easy.
No more restless nights due to fright.
I am safe and sound behind my red door.
When I turn around and hit the lock,
Sit on the floor without even a sound
And thank God for my proud red door.
Lake Union Rotary’s Big Risk

Lake Union Rotary Club is relaunching a full slate of its popular Happy Hours for Good series. Described universally as “one of the really fun events in District 5030”, the abbreviated HH4G is a combination of good food, good music, and wonderful fellowship after work (from 6-8 PM) out on the dock at Lake Union’s Center for Wooden Boats, 1010 Valley Street. Less frequently understood is HH4G’s role raising funds for worthy non-profits. (See specific event dates in accompanying advertisement.)

Five HH4G events have been planned for the good weather summer months of May-September. “We used the May event to practice on ourselves,” said Club President Ruth Ann Halford. “After a two-year hiatus, we wanted to remember how to make all the moving parts of each HH4G work for our guests.”

In addition to food, fun, and music, Rotarians attending June’s HH4G will help raise funds for the Innocence Project, the 20-year-old non-profit dedicated to freeing innocent prisoners and preventing wrongful convictions through work guided by science and grounded in antiracism.

July will honor women in Rotary—including our new Rotary International President Jennifer Jones and new District Governor Kae Peterson. As important will be raising funds for the lantern project, which is dedicated to stopping sex trafficking—especially that broad-based project’s information directed to helping high schoolers spot the traffickers’ seductive practice of grooming young people for prostitution. The July event will spotlight our District’s new Rotary Club of the Pacific Northwest Ending Sex Trafficking.

August’s HH4G is also dedicated to older school children. The 37-year-old non-profit, Choices Education Group, works with middle-schoolers, helping them understand through interactive workshops the power of making positive choices about school and life.

September will raise funds to support the Club’s own foundation, Lake Union Rotary Foundation, helping to assure that the generous club will have funds available to support projects they focus on—at-risk youth, public health (especially clean water) and homelessness.

Random Observation

PDG John Enger noticed in the TV Weekly... this showing of Back to the Future.... Anyone remember the story of the Rotary “reference” behind Michael J Fox?
You never know who will show up at the 29th Annual Bellevue Sunrise Rotary Speed Croquet Tournament.

Some folks come just for the wine pull.

Fundraising Tournament is 8/10/22.

Save the Date!

Registration starts 6/1/22 at bellevuesunriserotary.org

* LIVE AUCTION * WINE PULL * FOOD TRUCK DINNER *

FREE, FUN, FAMILY EVENT

This FREE event is designed for the whole family to enjoy. Gravity car races allow kids with developmental disabilities (Co-Driver) the experience of a thrilling soap box derby-type race while riding in a car safely piloted by a typically developing peer (Driver). Two cars race down the course to the finish line. Lunch is provided and an awards ceremony completes a day full of fun and memories.

http://rotarycluboflynnwood.com/challenge-series-races/

Lynwood Elementary School
18614 44th Ave W, Lynwood WA 98037
Saturday, June 25th | 9:00 a.m. - 2:00 p.m.

Must be age 5 and older, and under 150 lbs in weight

FREE T-Shirt and Participation Medal for everyone! Snacks and lunch included!
FREE Raffle, Resource Fair and activities. Printable Event Photos will be available online!
GRIP AND DROP from Mr Kien Car wash & BLITZ from the Aqua Coos will be there to cheer the students on.
It was a beautiful day for the 2022 Woodinville Rotary Spring Fling Auction! Guests arrived in colorful Aloha attire and were greeted with leis at the door by our friendly Northshore Interact volunteers. The venue and room set up were gorgeous! Of special note were the unique one-of-a-kind centerpieces created by Carroll Harris. Guests could bid on any centerpiece throughout the room. They were all so pretty!

After checking in at the registration table, guests participated in the wine pull, selfie station and the silent auction bidding both in person and online. There were so many donated items to bid on and the baskets styled by Allison were simply beautiful.

As the evening progressed, all enjoyed a delicious dinner, won yummy desserts through a fun dessert dash and auctioneers David and Howard kicked off the live auction bidding. The competition was active and winners were thrilled to win the big items!

Thank you to all our generous donors and bidders, including those who were not able to join us in person this year. Auction Chair Marilyn McGill and her team worked hard to present a fun-filled evening for all participants. After all, Having Fun is Serious Business!

Success at the Woodinville Rotary Spring Fling Auction!

The Rotary LGBT+ Fellowship was officially recognized as a Rotary Fellowship on June 22, 2018. It is a group dedicated to promoting global friendships, service, and education for LGBT+ people and allies in the Rotary family.

Celebrating Sammamish PRIDE

The Rotary Club of Sammamish: June 1st marks the start of Pride Month and Sammamish Rotarians showed up to support Deputy Mayor Kali Clark in the raising of the Pride Flag.

"It’s important that every resident in our community knows they are safe, accepted, and supported. Raising the Progress Pride Flag at City Hall is an action that restates our commitment to residents – that we are an inclusive community, that we welcome everybody,” says Deputy Mayor Clark.

The month of June is Pride Month, commemorating the Stonewall Uprising (June 28, 1969) when police violently raided a bar in Greenwich Village and the patrons and neighborhood protested. This event served as a catalyst for the Gay Rights Movement.

The Progress Pride Flag, designed in 2018 by Danial Quasar, is an evolution of the classic six-colored Rainbow Pride Flag. Quasar added a five-colored chevron to the Rainbow Pride Flag to place a greater emphasis on “inclusion and progression.” The chevron includes the colors black and brown to represent marginalized LGBTQ+ communities of color, along with the colors pink, light blue, and white, which are used on the Transgender Pride Flag.
UNIVERSITY DISTRICT ROTARY CLUB
Benefit Lunch & Fundraiser
Join us outdoors on July 8th!

Honoring Son Michael Pham
Buy tickets at: https://fundraiser.support/UDRC2022

Online Auction on July 1-7, 2022
Silent and LIVE auction on July 8, 2022

Seattle NE Rotary and Metropolitan Music
Present: A Day on the Lake with Nick Milo
July 17th

Event begins 1pm on Big Lake in Skagit County with Hors d’oeuvres and activities, then dining at 5pm with Nick Milo live in concert!

But besides fundraising, come just to mingle lakeside with the gurus running our District Golf Tournaments, or simply relax into the live private concert with LA musician Nick Milo, music director/keyboardist for Joe Cocker and Tower of Power. Sample Nick’s music here: https://www.youtube.com/watch?v=P0AW9OFop9g

Seating is limited to 50 and selling fast. Tickets at www.RotaryClubofSeattleNE.org.

SATURDAY JULY 9, 2022
Snoqualmie Railroad Park 6-9 pm

Tickets
$30 Advance/$40 Door
$15 Charcuterie Trays
Provided by Snoqualmie Casino

The 6th Annual Snoqualmie SipFest features 20 local and regional wineries, breweries and cideries, live music and charcuterie from Snoqualmie Casino! Proceeds fund our local grant program. Bring Your Own Favorite Wine Glass

Tickets: www.sipfestssnoqualmie.com

2022 POVERTY BAY BLUES BREWS
8.27.22

Rotary
Des Moines & Normandy Park, WA

CLICK HERE for MORE INFO & TICKETS
Welcome to the Family of
Rotary

New Members: April 1 - April 30

Bellevue
Meena Diwan

Issaquah
Max Stemer

Puget Sound Passport
Sally McElroy

Duvall
Will Chapell
Natalie Engel

Kent
Hilary Okrent-Grilley
Barb Miller

Sammanish
Scott Boyles

Edmonds
Boden, Daina

Kirkland
Mekonen Giorgis
Rashmi Garimella
Doug Evanson

Seattle Northeast
Rhonda Tilford

Enumclaw
Dick Meyer

Seattle #4
Don Nielsen

Federal Way
Miguel Torres

University District
Caro Butler
Liz Causby-Miles
Patience Jaman

North Creek
Aimee Sharp

Global Climate Pledge

Did you miss the opportunity to take the Global Climate Pledge before December 31st? No problem – Rotarians worldwide continue to take action in support of our environment, and everyday more Rotarians and their friends are stepping up to make a difference individually. You can too!

Take the Individual Pledge today:
https://www.globalclimatepledge.com/individual-pledge/

Thank You for Your Service

Rotarians who passed away in May

Leslie Grace
1937-2022
University District Rotary
Member since 11/1/1988
Paul Harris Fellow

Neale Weaver
1934-2022
University District Rotary
Member since 8/9/1991
Paul Harris Fellow

From your Editor:
This wraps up another year of your District 5030 newsletter that started in 2013. That’s 108 newsletters! Our readership has grown, it’s often used as a recruitment tool, it gives us ideas we can use and it’s a chance to brag about our clubs. Most importantly it’s helped us stay connected during these years of Covid.

THANK YOU to our dozens of wonderful contributors from virtually every club in D5030! When it comes to putting this newsletter together, it really does take a village. Keep up the great work as we enter our 10th year. I’m proud of you all, so very, very proud! ~ Carma McKay

Download the Rotary themes here:

Two ways to give your members value through mentoring

A 2020 survey by Rotary reconfirmed that what our members value most are community service, friendship, and professional development. Creating a strong mentoring program can help you meet your members’ needs in two powerful ways. Mentoring relationships can contribute to a member’s individual growth by helping them reach goals, connect with valuable role models, and benefit from social and psychological support. Mentoring also allows members to use their skills and learn new ones. Learn more about these vital ways to keep your members engaged, one of the priorities of our Action Plan.