



University District Rotary Club Bulletin

Wednesday, August 7, 2024



PH: (206) 542-7070

PO Box 31125, Seattle, WA 98103

Linda Fukuda, President

Meeting Location

Seattle Yacht Club
1807 E. Hamlin St.
Seattle, WA 98112

To join via Zoom:

<https://us02web.zoom.us/j/88235453974>

When: Fridays

Business: 12:00-12:30 pm

Lunch: 12:30-1:00 pm

Program: 1:00-1:30 pm

VISITORS ARE WELCOME

Future Programs

Aug 16

Blair Payson: Space
Needle Transformation

Aug 23

Gross Family: five
Generations of Rotarians

Aug 30

No meeting: Labor Day
weekend

Links

[Club Photos](#)

[Club Facebook Page](#)

[Club Website](#)

[DACdb](#)

[District 5030 Website](#)

Club Bulletin Deadline

Monday at 2:00 pm

Send ads & photos
in .jpg

Send material to:

paulalaschober@gmail.com

Program for August 9

Susan Sola

Our Club's Project in Oaxaca, Mexico



Cistern inauguration: Two farmers (left), UDRC members Paula Laschober, Doug Frick and Susan Sola (center) with Bellavista Rotarians

For over seven years University District Rotary, along with various U.S. partner clubs, has collaborated with the RC of Bellavista Atizapán outside Mexico City to bring assistance to subsistence farmers of the Mixtec Region of N. Oaxaca State. Some of our

members have visited this project and have invariably come away with great admiration for the small, remote farm families that are trying to survive increasing drought and unpredictable rains to support their families, mostly without aid from outside sources.

As water became scarcer, the Bellavista RC stepped in to help--the farmers' self-reliance, hard work and grit could only go so far. Many men were having to leave their farms to look for work elsewhere, a hard blow to the families and the communities. The drip-irrigation greenhouses that Rotary has helped to install can supply an entire family with vegetables all year round—if sufficient water is available. With the increasing drought, larger, in-ground cisterns are now needed to feed the greenhouses, and this year our International Service Committee has approved our participation in a larger Rotary Global Grant with Bellavista RC.

It has been a privilege for us to help to preserve a beautiful but threatened way of life that keeps farm families together on their ancestral land. In April 2024 Doug Frick, Paula Laschober and Susan Sola travelled with some of the Bellavista Rotarians to visit the newest Rotary-funded cisterns. Our visual presentation will show our trip, the cistern inauguration and our celebration with the farmers.



A generous donation creates a special opportunity to own or give a unique bracelet

Enter for a Chance to Win

One of a kind, 14-karat gold bracelet

University District
Rotary



A gift from our Mexican Rotary partners, Jesús Hernandez and Juana Aguilar
Learn more:
<https://auctria.events/UDRC2024Raffle>

Tickets go on sale this Friday, August 9 – online and at noon at our meeting

Learn more about the Raffle on our Webpage:
<https://auctria.events/UDRC2024Raffle>



The Purpose of the Donation and How the Raffle Will Work

Purpose:

The donation by jeweler Juana Aguilar and Jesús Hernandez, both members of the Bellavista Atizapan Rotary Club, was to help fund the service the work of the University District Rotary Club.

The Raffle proceeds will be deposited into our UDRC Service Fund.

We are grateful for the generous donation to our Club's service work.

How Tickets May Be Purchased:

Raffle tickets may be purchased online by credit card, at a meeting by check or credit card, or by mailed check. Scroll down to buy a raffle ticket online by credit card or print the form to pay by check.

Raffle Drawing Date and Location:

The Raffle drawing date is to be determined but will be no later than October 11, 2024.



Photos: our Oaxaca project



Order by Mail with Check Written to University District Rotary Club, Bracelet Raffle

Paid by Check Raffle Ticket Order Form– mail check with this completed form to:
UDRC, Raffle Team,
PO Box 31125, Seattle, WA 98103

Name: _____

Address: _____

Email: _____

Phone: _____

of tickets: _____



Created by Mexico City jeweler Juana Aguilar and donated by Juana with Jesús Hernandez to help University Rotary raise money at our annual fundraiser.

- 14-karat gold, weight 17.1 grams (Ben Bridge, Seattle)
- Handmade, chain link
- 9 inches in length
- Length adjustable by local jeweler
- May be worn by man or woman (Jesús in photo is wearing a similar bracelet made by Juana)
- Dual security clasp





New Member Application Received

Samuel Frigo has applied to join our club, sponsored by Ling Chinn. Sam is a Sr. Account Manager with TK Elevator Corporation, where he manages a portfolio as a sales executive.

Sam was born and raised in the Midwest and, prior to moving to his new industry (elevators) last year, spent more than 10 years in leadership roles in multi-state car dealerships.

He attended Augsburg University and lists his hobbies as cycling and snowboarding. He is actually a competitive bicycle racer.

Sam lives in Kirkland. His cell phone number is 314-943-0561 and his email is Samuel.Frigo@gmail.com.



We Need Your Help!!

When a restaurant donates a portion of its profits to charity for a specific period, it's called a restaurant fundraiser. What happens is our club works with a restaurant to select a period and invite community members to dine at the restaurant during that time. The restaurant then donates a percentage of its sales during that period to us.

If you know of a restaurant that offers such fundraisers, please drop an e-mail to me, Paula Williams, at pdaywms@gmail.com or to Sally Porter Smith at sallypor789@gmail.com. Thanks so much!

Plan to support UDRC and Husky Football. For free!

(by Rick Jones)

Every year UDRC members support Husky Football and our club by serving as ushers at home games. When the season ends, the Husky organization writes a check to the club for the hours invested by club members. This income is a significant part of our yearly fundraising, and flows directly through to our service projects and scholarship support.



Because of the conference change, this year's home game schedule is extra-busy on the front end with 4 games between August 31st and October 5th. It is a great way to spend a Saturday! Excellent people watching, helping guests where help is needed, prime viewing position and a VERY FUN group of UDRC folks!

Dates for home game are 8/31, 9/7, 9/21, 10/5, 11/2, 11/15. We need your help staffing them. Maybe you can plan on 2 of these dates? Stay tuned for sign-up details!

Rotarians with August Birthdays

(by Judy Lovelace)

George Mauer	August 4
Brian Ho	August 4
Verle Bleese	August 6
Betsy Amick	August 7
Jo-anne Shanahan (Honorary Member)	August 7
Sala Sweet	August 8
Shelby Tarutis	August 22
Leroy Johnson	August 27
Tony Ives	August 29



Happy Birthday, Rotarians!



URock Foodies

THEME: NORDIC!



FINLAND



NORWAY



SWEDEN



ICELAND

Come enjoy Nordic Heritage inspired food along with great roof deck music from Anjunadeep open air concert at Gas Works Park!

Swedish dishes: We all know Swedish popular dishes are meatballs, lingonberries (IKEA shopping trips, hello!) and pickled herring. Other dishes welcome

Norway dishes - the national dish is fårikål (mutton and cabbage stew)

Iceland dishes - Iceland's national dish is Hákarl, a fermented shark dish. Yes, we know shark dishes will be difficult

Finland dishes - Karelian stew has been voted as the national food of Finland. Salmon soup is also popular!

WHEN: Saturday, August 24th 3-6pm

Where: Merilee Fuller's House

Please send RSVP to Asha Iovin at asha.iovin@gmail.com with #of guests & dish (or the type of dish)





Hike to Annette Lake with Dave Spicer and Jeff Werthan

August 22 – Only 4 Tickets Left for Personalized Tour



Join a small group of Rotarians and friends for a 7.5-mile out-and-back trail near Snoqualmie Pass, Washington. Generally considered a moderately challenging route, the elevation gain is 1,800 feet. The group will also do the Nature Trail, a 1-mile walk through a magnificent old-growth forest. Bring your packed lunch to enjoy at Annette Lake, one of Washington's most beautiful lakes. More information will be provided before hike.

\$50. Person. Contact: Jeff Werthan, jmwdog@gmail.com



UDRC to Participate in Solid Ground's Day of Service, Friday, August 23! *(by Marella Alejandrino)*



Roll up your sleeves and join us Friday, August 23, from 9am-noon for Solid Ground's **Day of Service Celebrating 50 Years!** You'll be in good company with 300+ Solid Ground community members as we gather across five Seattle volunteer sites to plant and tend to garden beds, beautify parks, clean up our Solid Ground Transportation's ACCESS bus fleet, and more!

Our Club will be volunteering at the Magnuson Park site. Solid Ground houses 400+ people at the Sand Point Campus at Magnuson Park. The campus provides permanent supportive housing, affordable permanent housing, and onsite support services for formerly homeless families and individuals. Since 1999, several thousand people have stayed at Sand Point Housing in their journeys from homelessness to stability. Folks who sign up for this project will meet at a location in the Sand Point neighborhood near campus (exact location TBD) for coffee and pastries, then get to work beautifying Magnuson Park. Seattle Parks and Recreation will have all the tools and instructions we need to complete our jobs.

Please RSVP to Marella Alejandrino by Friday, August 16 so she can give Solid Ground a head count. We can head over to the Seattle Yacht Club after for our regular Friday meeting.

Marella's phone is 206-914-9989 and email is m.alejandrino@windermere.com.

Editor's note: Our club has supported Solid Ground with several Community Service grants, the most recent being two this past Rotary year: \$5,000 for mattresses, bedding and housewares, and \$5,000 for sports equipment and scholarships.

Community Service Committee Invites New Applications by October 15 *(by Carol Butler)*

Community Service grants for Rotary year 2024-2025 are due October 15th. Anyone having questions or requesting assistance should contact Carol at peabody087@gmail.com by September 30th.

Applications can be found on DACdb. Click on My Club, then the Club Files icon. The Public site will come up. On that site look for "CSC Application for funding 2024-2025." Click on it, then click on Open File and Enable Editing. At that point, you will be able to add the required information to the form.

Send the completed form to Carol at the gmail address shown above by October 15.



UDRC Members Enjoy Lisa Latchford's Music

Our long-time club member Lisa Latchford sings with her jazz group in Seattle and beyond. Rotarians, family and friends are invited to enjoy her music on many occasions. Lisa's most recent performance was at the North City Bistro on July 27. Not only did Rotarians and guests enjoy the event, but Lisa even invited Bev Fogle's grandson, Alex, to play with her group of musicians.



Carma McKay & Cheryl Jones



Lisa Latchford performs with the band



Sala Sweet and Bev Fogle



Judy Lovelace



Greg and guest. Greg came to our recent meeting with the DADS speaker and came to hear music and support our club.



Bev's grandson, Alex, center



Marilee Fuller and friend Nancy from Ballard Rotary Club



Rocky Silverman, George Mauer and Vicki Robbins



SPOKANE BECKONS

SEPTEMBER 11-14 2024

WHERE BIG WEST MEETS BIG IDEAS

Rotary
Zone 26 & 27



Register: [Zones 26 & 27 Rotary Institute](https://www.rotary.org/zone26and27) | [zoneinstitute.org](https://www.zoneinstitute.org)

**Zone Institute—
All Rotarians Invited**



ROTARY MISSION
The 33rd HumaniTour Viet Nam
October 17-28, 2024



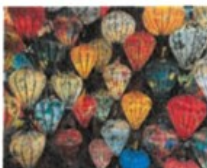
A combination of 'humanitarianism' and 'tourism', the Rotary HumaniTour offers a unique opportunity to go on a vacation and change lives. Started in 2001, the HumaniTour is a project of Kids Without Borders (KWB).

About ...

- The 33rd mission: 10 nights in Viet Nam with stops in Hanoi, Hai Phong, Ha Long, Danang/Hoi An and Saigon.
- Opportunities: experience the beauty of the country and people of VN, and connect with Viet Nam Rotary and Rotaract Clubs. Visit ongoing Rotary supported projects.

- Kids Without Borders: an all-volunteer international non-governmental organization based in Sammamish, WA. Over the last 20+ years, KWB has partnered with Rotarians & Rotary clubs in projects in Viet Nam.

Limited space. For information and trip reservation:
Son Michael Pham, Rotary Club of the University
District Seattle (206) 484-4830
sonmichael.kwb@gmail.com





First UDRC Happy Hour of 2024-25

Last Thursday, Rotarians gathered at the new Aegis Senior Living facility in Laurelhurst to raise a glass and enjoy good fellowship. Our host, new club member and Senior GM David Watkins, unfortunately couldn't join us due to a cold, but his staff did a great job, both with the food and drink and introducing us to the different living and dining options at Aegis. Rotarians and family who got happy were: Omara Abe, Marella Alejandrino, Betsy Amick, Russ Amick, Rosemary Aragon, Stephanie Feldt, Linda Fukuda, Linda Harris, Angie Jimenez, Rick Jones, Bill Kauppila and wife Mary, Paula Laschober, Judy Lovelace, George Mauer, Carma McKay, Son Michael Pham and wife Judy, Mark Plunkett, Andrea Suarez (University Sunrise Rotarian and prior speaker at our club), Sala Sweet and Ezra Teshome.





Invitation to Rotarians-West Africa Project Fair *(submitted by Rosemary Aragon)*

Rotary



WEST AFRICA
PROJECT FAIR

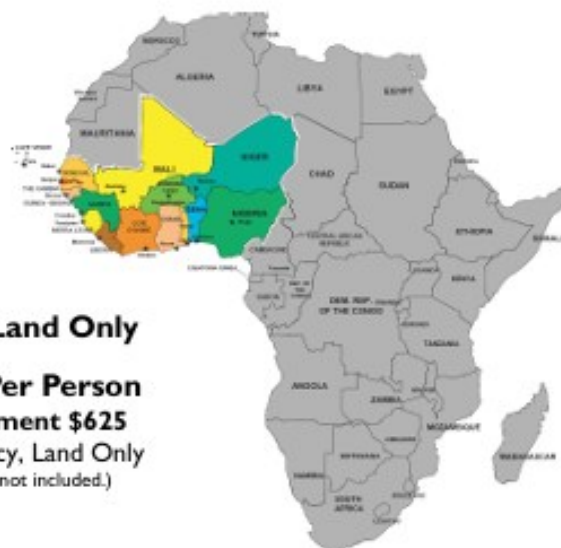
Districts 9101, 9103, 9104,
9111, 9112, 9126, 9127,
9141, 9142

**October 29 -
November 5, 2024**

Includes Full Day
Participation in
Family Health
Day Camp!

8 Days • Land Only

\$1,789 Per Person
Single Supplement \$625
Double Occupancy, Land Only
(Round trip airfare not included.)



This week-long trip is a hands-on experience in working with the local Rotary clubs to participate in a full day at in Family Health Day activities, project visits, friendships and learning how to support the Rotary projects of West Africa.

We spend two days in the field connecting with the local communities, including: immunizations of the children of Ghana, and a second day of visits to Rotary club project sites.

We attend **The West Africa Project Fair**, which showcases Rotary projects from 15 West African nations. It will be a time to learn, experience and see how you and your club can be a part of "Doing Good" in Africa.



Howard Tours

526 Grand Ave. Oakland CA 94610 USA
Tel: 800-475-2260; 510-834-2260
Fax: 510-834-1019
Info@HowardTours.net
www.HowardTours.net





Upcoming 3rd Sunday YMCA BBQ! *(by Rick Jones)*

Hey Rotarians,

This month's 3rd Sunday Grab n Go meal at the YMCA will be upgraded to a Sit n Stay BBQ, presented by the U District YMCA. We'll meet at 10:30 the morning of August 18th to start slicing tomatoes, pickles, and lettuce. Then we'll set up the Y's canopies and fire up their gas grill. We will cook and serve between 12:30 and 2:00.



It will be VERY FUN, and even better if YOU JOIN US! Call Rick Jones to sign up: 206.284.1888!

International Service Committee Meeting August 3



Marilee Fuller, Rosaemary Aragon, Susan Sola, Sala Sweet, Sally Porter Smith, Paula Laschober and Liz Causby Miles. ISC Chair Sheila Hosner was the photographer.

Members of our club's ISC met last Saturday for the first round of discussions on project applications that were received by June 30.

Projects were proposed for Ethiopia, Jamaica, Mexico, Uganda, Viet Nam, The Gambia, and Cameroon.

Project themes included education, training for job skills, health, clean water, food security, and peace.

The ISC plans to meet again in early September.



A Celebration of Consuelo Corbett's Life will be held from 2:00 to 5:00 on Sunday, August 25, at the Seattle Tennis Club. We invite to the Celebration all Rotarians who knew her. Please let Gary know at his roster email address if you plan to attend.



Rotary Foodies Celebrate Olympics

On Sunday, July 28, Foodies gathered at Lisa Edwards' house to watch Olympic matches on TV, conduct three of our own (darts, 4-to-score, and cornhole toss), and enjoy good USA food—since we were trying to root for USA athletes. Who knew the women's rugby 7 team was so good? Attendees included: Carol Butler, Terry Cicero, Lisa Edwards, Sam Frigo, Linda Fukuda, Dale Hicklin, Asha Iovin, Angie Jimenez, Paula Laschober, Judy Lovelace, Mark Plunkett and Paula Williams.



Winners of "local Olympics" Dale Hicklin, Angie Jimenez, Sam Frigo and Asha Iovin





Upcoming Club Activities and Deadlines

- Aug 12** 4:00-5:30 pm. Club Board meeting via Zoom. Contact Linda Fukuda, lindaeli@aol.com.
- Aug 10** 6:00 pm. Lisa Latchford and her musical group will perform at the San Juan Winery. Tickets can be purchased at [Lisa Latchford — San Juan Vineyard](#).
- Aug 16** RSVPs due to Marella Alejandrino for participation in Solid Ground's Day of Service. Please let her know if you plan to attend on Aug. 23 at 206-914-9989 or m.alejandrino@windermere.com.
- Aug 18** 10:30-2:00. Volunteers needed for YMCA Sit n Stay BBQ. Call Rick Jones at 206-284-1888.
- Aug 22** Personalized tour/hike to Annette Lake with Jeff Werthan and Dave Spicer. See ad in this bulletin.
- Aug 23** 9:00-12:00. Rotarians invited to participate in Solid Ground's Day of Service. Contact: Marella Alejandrino, 206-914-9989 or m.alejandrino@windermere.com.
- Aug 24** 3:00-6:00 pm. URock Foodies, Nordic food theme, at Marilee Fuller's house. RSVP to Asha Iovin, asha.iovin@gmail.com.
- Aug 25** 2:00-5:00 pm. A Celebration of Consuelo Corbett's life. Seattle Tennis Club. All Rotarians who knew her are invited. If you plan to attend, please let Gary Corbett know at his roster email address.
- Sept 2** 5:30-7:00 pm. Service Fund Board meeting via Zoom. Contact Paula Laschober at paulalaschober@gmail.com.
- Sept 11-14** Rotary Zone Institute (Zones 26 and 27) in Spokane. More info and the link for registration can be found at: [Zones 26 & 27 Rotary Institute | \(zoneinstitute.org\)](#). All Rotarians are invited.
- Oct 15** CSC applications, for funding for local service projects, are due in typed form to CSC Chair Carol Butler at peabody087@gmail.com.
- Oct 17-28** Join 33rd Rotary HumaniTour to Viet Nam. Contact/reserve: Son Michael Pham at 206-484-4830 or sonmichael.kwb@gmail.com.
- Oct 29** To Nov 5. Rotarian visit to West African Project Fair. More info: See ad in this bulletin.

Notes from University Rotary Service Fund Meeting August 5, 2024 (by Paula Laschober)

The Service Fund (Foundation) keeps its long-term investments in Vanguard accounts. There are two primary accounts: the Permanent Fund and the Bayles Fund. The latter is dedicated solely to scholarships. In December 2022, at the request of certain club members, the Service Fund Board voted to move the stock portion of the Bayles Fund from a total stock market index fund to a social index (ESG) fund. Since the Board had no prior experience with an ESG investment, they voted to examine it after 18 months (June 30, 2024) to see how it was doing. Since the ESG investment has had higher returns than the total stock market index fund (26.2% vs 21.8%) over the 18-month period, the Board decided to leave the ESG investment as is. However, they also voted to check it again at June 30, 2025.

The Board also examined the returns for both the Permanent Fund and the Bayles Fund in light of the Service Fund's investment policies and determined to use \$50,000 from the former and \$30,000 from the latter for this year's Service Fund budget that funds our club's service projects. Thanks to Gary Corbett, chair of the Service Fund's Investment Committee, for making the relevant calculations. Given that the Bayles Fund had a surplus over the amount planned, the Board added \$29,000 from that fund for scholarships. Our 2023-24 fundraising and remainder in our bank account after liabilities (at 6/30/24), less a buffer of \$5,000, added \$106,900 available for our service projects. Therefore, the Board approved the total of \$215,900 for this year's Service Fund Budget. Per the bylaws, President Linda Fukuda will develop the line item and committee budget for the year.

Finally, the Board approved Angie Jimenez as a new member, to finish the two-year term of Jane Wiegenstein.

The Foundation of the Rotary Club of the University District is called "University Rotary Service Fund." It is a charitable organization with a 501(c)(3) tax-exempt status. The Service Fund's EIN, or tax ID, is 91-1123239.