



# University District Rotary Club Bulletin

Wednesday, July 17, 2024



PH: (206) 542-7070

PO Box 31125, Seattle, WA 98103

Linda Fukuda, President

## Meeting Location

Seattle Yacht Club  
1807 E. Hamlin St.  
Seattle, WA 98112

To join via Zoom:

<https://us02web.zoom.us/j/88235453974>

When: Fridays

Business: 12:00-12:30 pm

Lunch: 12:30-1:00 pm

Program: 1:00-1:30 pm

**VISITORS ARE WELCOME**

## Future Programs

### July 26

Jeannett Charles: DADS

### Aug 2

Seafair: no meeting

### Aug 9

Elizabeth Manthei: WSU  
Community Health

### Aug 16

Blair Payson: Space  
Needle Transformation

## Links

[Club Photos](#)

[Club Facebook Page](#)

[Club Website](#)

[DACdb](#)

[District 5030 Website](#)

## Club Bulletin Deadline

Monday at 2:00 pm

Send ads & photos  
in .jpg

Send material to:

[paulalaschober@gmail.com](mailto:paulalaschober@gmail.com)

## Program for July 19

**Gary Olson**

***Thornton Creek Alliance***



Gary received degrees in Chemistry from Wayne State University and the University of Michigan.

He retired after thirty two years at Eastman Kodak where he held positions as a chemist in product development, product formulation and manufacturing process control and supervision.

For ten years Gary was a contractor with the Environmental Protection Agency, working on air quality on Indian Reservations in Region 10.

He has been married for 56 years and he has three children and six grandchildren.

Gary has been the Treasurer of the Thornton Creek Alliance for over 12 years. He is the lead for their Community-based monitoring program and the chair of their DEI committee. He also has a lead role in their effort to put signs in our natural areas, in arranging summer festival events, and in their video efforts.

## Rotary Happy Hours are Back! (by Marella Alejandrino)

Please join us for our 1<sup>st</sup> Happy Hour of the New Rotary Year on Thursday, August 1, from 4:30 to 6:30 at the beautiful new Aegis Senior Living in Laurelhurst. A special thank you to our newest member David Watkins, Senior General Manager at Aegis Laurelhurst, for hosting this event.

The address is 3200 NE 45<sup>th</sup> St. Seattle, 98105. There is street parking as well as their parking garage.

The event will be held in their Skyline Lounge and heavy appetizers, beer, wine & non-alcoholic beverages will be served.

Please email or call in your RSVP to Marella Alejandrino by Monday, July 29 so we can get a head count. Marella's email is [m.alejandrino@windermere.com](mailto:m.alejandrino@windermere.com) and phone is 206-914-9989.

We hope to have a happy hour every other month so the next one will be in October. If you have any suggestions on where we could meet, please also send your ideas to Marella.





URock Foodies

## **Go Team USA!!**

Come cheer on our favorite team as they kick butt in Paris!

Watch the events on the big screen! There'll be contests, drawings and more!

Following are sources for a few distinctly American dishes:

<https://www.foodnetwork.com/topics/american>

<https://www.allrecipes.com/recipes/236/us-recipes/>

<https://www.thespruceeats.com/american-4162675>

<https://www.realsimple.com/food-recipes/recipe-collections-favorites/american-recipes>

**When: Sunday July 28, 3:00 PM to 6:00 PM**

**Where: Lisa Edwards Stadium**

**(Consider carpooling from the Northgate light rail station)**

**Cuisine: American**

Please e-mail your reservation to Asha Iovin ([asha.iovin@gmail.com](mailto:asha.iovin@gmail.com)). \*\*Let her know how many of you there will be AND what you plan to bring.\*\*

**Good Eats**

**Note date and time change from last week's bulletin ad. Thanks.**




## Rotary Night at the Mariners *(from Kaj Pedersen, past DG)*


A wonderful fellowship opportunity has been organized by District 5030 to enjoy a Rotary Night at the Mariners at T-Mobile Park. We have secured seats in an ideal location and a decent price with tickets at \$52 each. Learn more and buy tickets at [Event Tickets - Rotary District 5030](#). We expect that ticket sales will experience heavy demand, so do not delay in ordering yours **today!**

The poster features a night-time photograph of T-Mobile Park with a large, colorful drone light display in the shape of a person. The text 'Rotary Night at the Mariners' is written in yellow on a blue banner at the top. The bottom section has a dark blue background with white and yellow text, including the Rotary logo, the event details, and the Seattle Mariners logo.

**Rotary Night at the Mariners**

**Rotary** 

**Drone Night  
Phillies v Mariners  
Friday August 2, 2024  
T-Mobile Park  
\$52/ticket**







## Community Service Projects Completed 2023-24 (by Carol Butler)

<b>2023-2024 UDRC CSC</b>	
	<b>Budget</b>
Service Fund 2023-2024	\$57,000.00
Partners for Work 4/8/2024*	\$ 2,700.00
President's Discretionary Fund email	\$ 390.60
President's Discretionary Fund 6/10/24*	\$ 5,000.00
UHeights District Grant 6/18/2024	\$ 750.00
Zero Waste District Grant 6/18/2024	\$ 613.00
<b>Total</b>	<b>\$66,453.60</b>
*UDRC Board decision Reflected in Board minutes	

Students use  
temperature  
gauge:  
Thornton  
Creek  
science  
project



Non-Profit	Grant	Equipment Funded	Individuals Impacted
Magnusen P- Patch	\$ 4,344.00	ADA raised garden boxes	150
Zero Waste	\$ 4,151.00	Furniture Repair Bank Equipment	480
Thornton Creek	\$ 773.00	Equipment for student projects	1,000
REWA	\$ 5,975.00	Safety Gate	3,000
Solid Ground 1	\$ 5,000.00	Matresses, housewares, bedding	100
Solid Ground 2	\$ 5,000.00	Sports Equipment and scholarships	60
Seattle Childrens	\$ 4,000.00	Adult Center refrigerator	250
Ronald McDonald House	\$ 3,538.12	2 front load washers & 2 front load dryers	1,000
Elizabeth Gregory House	\$ 10,000.00	Bathroom sinks, shelving & storage	200
UDistrict Partnership	\$ 8,342.85	Snowblower & commercial litter vaccum	50,000
YMCA	\$ 700.00	Youth presents	7
Uheights	\$ 2,421.95	Storage shelving	50
Zero Waste	\$ 986.47	Repair equipment	480
YMCA	\$ 1,713.22	Refrigerator	2,050
Udistrict Food Bank	\$ 3,144.96	Raised garden bed wood	109,000
Family Works	\$ 2,000.00	Children's clothing	400
Duamish Youth	\$ 2,554.00	Outdoor gear	20
Magnuson P-Patch	\$ 719.00	Tree trimmer & retaining wall material	150
UHeights VRO	\$ 1,000.00	Batteries for RVs	8
<b>Total</b>	<b>\$ 66,363.57</b>		<b>\$ 168,405</b>



URDC Rotarians  
building P-Patch  
garden boxes

Rotarians who  
recently made  
dinners for  
Ronald  
McDonald  
House families





## Rotarians Attend Abel Mengetstu's Citizenship Ceremony *(by Son Michael Pham)*



Abel Mengetstu became a U.S. Citizen on July 11. His ceremony was attended by Dale Hicklin and his wife, Jean Moran, club President Linda Fukuda, Ezra Teshome and Son Michael Pham.

Abel is from Ethiopia and a UDRC scholarship recipient.



## Plan to support UDRC and Husky Football. For free! *(by Rick Jones)*



Every year UDRC members support Husky Football and our club by serving as ushers at home games. When the season ends, the Husky organization writes a check to the club for the hours invested by club members. This income is a significant part of our yearly fundraising, and flows directly through to our service projects and scholarship support.

Because of the conference change, this year's home game schedule is extra-busy on the front end with 4 games between August 31<sup>st</sup> and October 5<sup>th</sup>. It is a great way to spend a Saturday! Excellent people

watching, helping guests where help is needed, prime viewing position and a VERY FUN group of UDRC folks!

**Dates for home game are 8/31, 9/7, 9/21, 10/5, 11/2, 11/15. We need your help staffing them. Maybe you can plan on 2 of these dates? Stay tuned for sign-up details!**





# SPOKANE BECKONS

SEPTEMBER 11-14 2024

WHERE BIG WEST MEETS BIG IDEAS

**Rotary**  
Zone 26 & 27



Register: [Zones 26 & 27 Rotary Institute](https://www.rotary.org/zone26and27) | [zoneinstitute.org](https://www.zoneinstitute.org)

**Zone Institute—  
All Rotarians Invited**



**ROTARY MISSION**  
**The 33<sup>rd</sup> HumaniTour Viet Nam**  
**October 17-28, 2024**



A combination of 'humanitarianism' and 'tourism', the Rotary HumaniTour offers a unique opportunity to go on a vacation and change lives. Started in 2001, the HumaniTour is a project of Kids Without Borders (KWB).

About ...

- The 33<sup>rd</sup> mission: 10 nights in Viet Nam with stops in Hanoi, Hai Phong, Ha Long, Danang/Hoi An and Saigon.
- Opportunities: experience the beauty of the country and people of VN, and connect with Viet Nam Rotary and Rotaract Clubs. Visit ongoing Rotary supported projects.

- Kids Without Borders: an all-volunteer international non-governmental organization based in Sammamish, WA. Over the last 20+ years, KWB has partnered with Rotarians & Rotary clubs in projects in Viet Nam.

Limited space. For information and trip reservation:  
Son Michael Pham, Rotary Club of the University  
District Seattle (206) 484-4830  
[sonmichael.kwb@gmail.com](mailto:sonmichael.kwb@gmail.com)







## Rotarians at Seattle Playgarden *(by Rick Jones)*

On Monday, July 15, Rotarians gathered at the Seattle Playgarden and enjoyed a good look at the grounds while a very busy summer camp was going on all around us. We met the bunnies, ducks and chickens. We toured both buildings and the "farm wing" that UDRC funded with a CS grant in 2022. Then we made around 50 unique glass tiles that will go off to a kiln and, once fired, they will be added to the band of tiles encircling the wheelchair basketball court on July 24. Ling Chinn joined us but successfully dodged the camera. Doug Frick, Vickie Robbins, Marella Alejandrino and Rick Jones were too slow.



## Thank You to Rotarians from Ronald McDonald House *(via Son Michael Pham)*



Hello Son Michael, Judy, Stephanie, Terry, Wendy, Marilee, Doug, Kathy, Betsy, and Asha:

Thank you for a lovely Tuesday afternoon shared in the kitchen. Sarah and I always enjoy our time conversing and working alongside the University Rotary Club.

You all did a dynamic job chopping all the chicken, making the filling, then rolling and baking the flautas. You breezed through the quesadillas, diced a ton of vegetables to make a bright and beautiful corn and black bean salad, portioned five huge bags of tortilla chips, and bagged Special K bars. We were so happy with the enthusiasm and compassion you all

demonstrated and how delicious the dinner turned out. The flauta meal was a huge hit with the families as almost all were gone by the morning.

Thank you for the continued support The University District Rotary Club gives to the house. It means the world and we could not have done it without your help. We look forward to the next time we can cook a meal together.

Gratefully,

Dylan, Sarah, Marla, and the staff and families of The Ronald McDonald House



## UDRC to Participate in Solid Ground's Day of Service, Friday, August 23! *(by Marella Alejandrino)*



Roll up your sleeves and join us Friday, August 23, from 9am-noon for Solid Ground's **Day of Service Celebrating 50 Years!** You'll be in good company with 300+ Solid Ground community members as we gather across five Seattle volunteer sites to plant and tend to garden beds, beautify parks, clean up our Solid Ground Transportation's ACCESS bus fleet, and more!

Our Club will be volunteering at the Magnuson Park site. Solid Ground houses 400+ people at the Sand Point Campus at Magnuson Park. The campus provides permanent supportive housing, affordable permanent housing, and onsite support services for formerly homeless families and individuals. Since 1999, several thousand people have stayed at Sand Point Housing in their journeys from homelessness to stability. Folks who sign up for this project will meet at a location in the Sand Point neighborhood near campus (exact location TBD) for coffee and pastries, then get to work beautifying Magnuson Park. Seattle Parks and Recreation will have all the tools and instructions we need to complete our jobs.

Please RSVP to Marella Alejandrino by Friday, August 16 so she can give Solid Ground a head count. We can head over to the Seattle Yacht Club after for our regular Friday meeting.

Marella's phone is 206-914-9989 and email is [m.alejandrino@windermere.com](mailto:m.alejandrino@windermere.com).

*Editor's note: Our club has supported Solid Ground with several Community Service grants, the most recent being two this past Rotary year: \$5,000 for mattresses, bedding and housewares, and \$5,000 for sports equipment and scholarships.*

## Community Service Committee Invites New Applications by October 15 *(by Carol Butler)*

Community Service grants for Rotary year 2024-2025 are due October 15th. Anyone having questions or requesting assistance should contact Carol at [peabody087@gmail.com](mailto:peabody087@gmail.com) by September 30th.

Applications can be found on DACdb. Click on My Club, then the Club Files icon. The Public site will come up. On that site look for "CSC Application for funding 2024-2025." Click on it, then click on Open File and Enable Editing. At that point, you will be able to add the required information to the form.

Send the completed form to Carol at the gmail address shown above by October 15.





## Invitation to Support U District Food Bank *(by Marella Alejandrino)*

Our club has supported the Food Bank in the past, through the District's Hunger Strike bowling event (a fundraiser), as well as a Community Service grant of \$3,145 for wood for a raised garden bed this year.



# University District Food Bank

**REMINDER,  
OUR FUNDRAISER STARTS SOON!**



From Sunday, July 14, to Thursday, July 18, dine on pizza and pasta at your neighborhood Tutta Bella and they **will donate 20% of sales to the University District Food Bank!**

**Use code EasyAsPieUDFB** at checkout for dine-in or order delivery, takeout, or curbside from [Tutta Bella | Pizza Restaurant in WA](#).

Please note the code cannot be used on 3rd party delivery sites (UberEats, DoorDash, etc). And for orders at Kirkland and University Village grocery store kiosks, orders must be placed from [Tutta Bella | Pizza Restaurant in WA](#) – not the registers in QFC.



## Invitation to Rotarians-West Africa Project Fair *(submitted by Rosemary Aragon)*

# Rotary



WEST AFRICA  
PROJECT FAIR

Districts 9101, 9103, 9104,  
9111, 9112, 9126, 9127,  
9141, 9142

**October 29 -  
November 5, 2024**

Includes Full Day  
Participation in  
Family Health  
Day Camp!

**8 Days • Land Only**

**\$1,789 Per Person**  
**Single Supplement \$625**  
**Double Occupancy, Land Only**  
(Round trip airfare not included.)



This week-long trip is a hands-on experience in working with the local Rotary clubs to participate in a full day at in Family Health Day activities, project visits, friendships and learning how to support the Rotary projects of West Africa.

**We spend** two days in the field connecting with the local communities, including: immunizations of the children of Ghana, and a second day of visits to Rotary club project sites.

**We attend** **The West Africa Project Fair**, which showcases Rotary projects from 15 West African nations. It will be a time to learn, experience and see how you and your club can be a part of "Doing Good" in Africa.



### Howard Tours

526 Grand Ave. Oakland CA 94610 USA  
Tel: 800-475-2260; 510-834-2260  
Fax: 510-834-1019  
Info@HowardTours.net  
www.HowardTours.net







## Upcoming Club Activities and Deadlines

- July 14-18** Support University District Food Bank by dining at Tutta Bella. **Use code EasyAsPieUDFB** at checkout for dine-in or order delivery, takeout, or curbside from [Tutta Bella | Pizza Restaurant in WA](#).
- July 27** 7:00 pm. Lisa Latchford and her musical group will perform at North City Bistro. Tickets can be purchased at [SATURDAY - July 27th - The Lisa Fox Group – North City Bistro and Wine Shop](#).
- July 28** 3-6 pm. Celebrate the US Olympic team with the URoCk Foodies at Lisa Edwards' stadium. RSVP to Asha Iovin at [asha.iovin@gmail.com](mailto:asha.iovin@gmail.com), with your American food contribution and number in your party.
- July 29** RSVPs due to Marella Alejandrino for Aug. 1 Happy Hour. Please let her know if you plan to attend at 206-914-9989 or [m.alejandrino@windermere.com](mailto:m.alejandrino@windermere.com).
- Aug 1** 4:30-6:30 pm. Rotary Happy Hour at Aegis Senior Living in Laurelhurst, 3200 NE 45th St., Seattle. RSVPs due to Marella Alejandrino by July 29 at 206-914-9989 or [m.alejandrino@windermere.com](mailto:m.alejandrino@windermere.com).
- Aug 2** 7:10 pm. Rotary Night at the Mariners, T-Mobile Park, \$52/ticket: [Event Tickets - Rotary District 5030](#)
- Aug 5** 5:30-7:00 pm. Service Fund Board meeting via Zoom. Contact Paula Laschober at [paulalaschober@gmail.com](mailto:paulalaschober@gmail.com)
- Aug 12** 4:00-5:30 pm. Club Board meeting via Zoom. Contact Linda Fukuda, [lindaeli@aol.com](mailto:lindaeli@aol.com).
- Aug 10** 6:00 pm. Lisa Latchford and her musical group will perform at the San Juan Winery. Tickets can be purchased at [Lisa Latchford — San Juan Vineyard](#).
- Aug 16** RSVPs due to Marella Alejandrino for participation in Solid Ground's Day of Service. Please let her know if you plan to attend at 206-914-9989 or [m.alejandrino@windermere.com](mailto:m.alejandrino@windermere.com).
- Aug 23** 9:00-12:00. Rotarians invited to participate in Solid Ground's Day of Service. Contact: Marella Alejandrino, 206-914-9989 or [m.alejandrino@windermere.com](mailto:m.alejandrino@windermere.com).
- Sept 11-14** Rotary Zone Institute (Zones 26 and 27) in Spokane. More info and the link for registration can be found at: [Zones 26 & 27 Rotary Institute | \(zoneinstitute.org\)](#). All Rotarians are invited.
- Oct 15** CSC applications, for funding for local service projects, are due in typed form to CSC Chair Carol Butler at [peabody087@gmail.com](mailto:peabody087@gmail.com).
- Oct 17-28** Join 33rd Rotary HumaniTour to Viet Nam. Contact/reserve: Son Michael Pham at 206-484-4830 or [sonmichael.kwb@gmail.com](mailto:sonmichael.kwb@gmail.com).
- Oct 29** To Nov 5. Rotarian visit to West African Project Fair. More info: See ad in this bulletin.

## Notes from July 1 Service Fund Board Meeting *(by Paula Laschober)*

The Board noted that the ESG portion of the Bayles Fund investment will be reviewed for performance as of June 30, 2024, as agreed in December 2022, when the Board at that time made the investment at the request of several club members.

The Board confirmed Marisa Broggel as Board Secretary, to take the place of Jane Wiegenstein.

The final grants from the 2023-24 budget were approved:

U Heights: vehicle batteries for RVs of homeless families - \$1,000

Duwamish Youth Corps: outdoor gear for environmental cleanup - \$4,054

Magnuson P-Patch: tree trimmer and repair materials for retaining wall - \$719

Family Works: Children's clothing - \$2,000

Auburn Rotary GG project, solar/water for Nepal - \$1,000



The Foundation of the Rotary Club of the University District is called "University Rotary Service Fund." It is a charitable organization with a 501(c)(3) tax-exempt status. The Service Fund's EIN, or tax ID, is 91-1123239.