



**SERVE TO
CHANGE LIVES**

University District Rotary Club Bulletin

Wednesday, July 6, 2022



PH: (206) 542-7070

PO Box 31125, Seattle, WA 98103

Jeff Werthan, President

Meeting Location

Seattle Yacht Club
1807 E. Hamlin St.
Seattle, WA 98112

To join via Zoom:

[https://us02web.zoom.us/j/87528482798?](https://us02web.zoom.us/j/87528482798?pwd=MINva2dodXZJM2NlZjZsbWhjYzNiZz09)

[pwd=MINva2dodXZJM2NlZjZsbWhjYzNiZz09](https://us02web.zoom.us/j/87528482798?pwd=MINva2dodXZJM2NlZjZsbWhjYzNiZz09)

When: Fridays

Lunch: 12:00-12:30 pm

Business: 12:30-1:00 pm

Program: 1:00-1:30 pm

Future Programs

July 15

District Governor Kae Peterson

July 22

Ellen Frick: Oly Wise documentary film

July 29

Era Schrepfer: FIUTS

Aug 5

No meeting—Seafair

Links

[Club Photos](#)

[Club Facebook Page](#)

[Club Website](#)

[DACdb](#)

[District 5030 Website](#)

Club Bulletin Deadline

Monday at 2:00 pm

Send ads & photos
in .jpg

Send material to:

paulalaschober@gmail.com

Program for July 8

Spirit of Rotary Benefit Lunch and Fundraiser



UNIVERSITY DISTRICT ROTARY CLUB

BENEFIT FUNDRAISER

Honoring Son Michael Pham

Friday, July 8, 2022 at 11:45 AM

Online and Live at Seattle Yacht Club



Dinner and cocktails for 4 on Whidbey

The Auction Catalog can be viewed on the website homepage at [UDRC 2022 BENEFIT FUNDRAISER \(auctria.com\)](https://udrc2022benefitfundraiser.auctria.com). Or, you can hover over this QR code with the camera on your smart phone to open the page.



Payments by Check: Now that we are in the home stretch before the fundraiser, please note that if you are making any payments by check from this point forward, please mail your check directly to our club's post office box:

P.O. Box 31125
Seattle, WA 98103



UNIVERSITY ROTARY SPIRIT OF ROTARY BENEFIT LUNCH and FUNDRAISER

July 8, 2022
Seattle Yacht club
West lawn
11:30-1:30

PROGRAM

WE'RE BACK TOGETHER --- socializing 11:30-11:55

Silent Auction 11:30-12:15

WELCOME & LUNCHEON 11:55-12:15

MC Immediate Past President Ray Connell & President Jeff Werthan

OUR STORIES 12:15-12:50

OUR WORK IN THE UNIVERSITY DISTRICT & NE SEATTLE

Marella Alejandrino

SPIRIT OF ROTARY AWARD TO SON MICHAEL PHAM

A conversation between Son Michael Pham and PDG Cathy Gibson

RAISING FUNDS FOR HUMANITARIAN WORK 12:50-1:20

LIVE AUCTION

Purchase experiences with Auctioneer Rick Jones and Carma McKay

BE PART OF ROTARY'S GOOD WORK --- Make a donation

Kirk Laughlin

THANK YOU'S & CONCLUDING REMARKS 1:20-1:30

MC Ray Connell and President Jeff Werthan



**Download the Auctria App
to view the auction
catalog and bid with your
smart phone or tablet.
Online bidding starts July
1st at 10 AM**



To bid from your computer, go to:
<https://fundraiser.support/UDRC2022>





Past President Ray Connell's Kick-Out Event—June 24 *(by Brenda Dimond)*

Reggae music provided by “The Chris Patin Trio” greeted Rotarians and guests upon entering the Heritage Room of the SYC. With enthusiasm, our greeters, Felicia Cross and Liz Causby-Miles, met President Ray and his lovely wife, Anita, with their adult offspring, Ray Connell and Bianca Connell Flint, and escorted them to their table.

To maintain the event's “Jamaican” theme, Chef Alex Gonzales prepared a menu of Jamaica's favorites: jerk chicken, coconut rice and greens. The “Taste of the Caribbean” restaurant provided a Jamaican favorite dessert, rum cake.

Introducing visiting Rotarians and guests of Rotarians, Linda Fukuda proceeded to provide the microphone to President Raymond. He introduced his family and friends seated at his table, in addition to his Jamaican friends on Zoom.

Linda Fukuda then presented a question: “Who is the real Consul of Jamaica? Is it really our President Raymond? Or...?” Three candidates presented themselves as the real consul. Suddenly, Sgt. Melford Peterson of the Canadian Mounted Police appeared at the door! He then asked questions of Julius Debro, Ezra Teshome and Ben Abe to verify if one of them was the true Jamaican consul. The audience broke out in laughter at their respective responses. By the way, President Raymond affirmed he was



Sgt. Melford Peterson to the rescue

answering the question, “What is the population of Kingston?”

Following the consul skit, Bianca spoke about her father's life as we learned more about our 84th President. Then Ray, his son, presented a humorous side to his Dad. It was truly special for the family members to share memories of their Dad.

A special video prepared by Son Michael Pham and presented by Marilee



Prez Raymond receives his Rotary plaque

Fuller followed. Ezra Teshome shared detailed international projects with Raymond's participation in Ethiopia and Jamaica. With assistance of The Rotary Foundation, our club and private donors, President Raymond was able to fund a Jamaica Boys Town water and sanitation project to improve the lives of many in the Kingston community.

In closing, Lisa Latchford and Dale Hicklin entertained us with a sing-along: “Jamaica Farewell.”



Anita and Raymond Connell



3 suspicious consul candidates



Bianca and Ray II present “Dad”



Introducing our 2022-23 Club President, Jeff Werthan

It is an honor to serve as your club's president for 2022/23. I will do my very best to earn your trust and respect. If you have any ideas, questions, concerns, etc., please do not hesitate to reach out to me - I want to hear from you.

I was born in Santa Monica, California, and lived the first thirty-eight years of my life in Hollywood and other Southern California locales. Yes, I spent a great deal of time at the beach. Somewhere along the way, I found time to become involved with various political campaigns, volunteered with several non-profits, had three children, graduated from both UCLA and law school. For eleven years, I worked as International Accounting Manager for a large hair care and cosmetics company, and after passing the California bar exam, I hung out my shingle as a sole practitioner. My thirty-four year practice was almost exclusively in the estate planning and probate arena.

I moved to Seattle in 1989 for a change of scenery. I love it up here, but for those of you who know me, "you can take the boy out of California, but you can't take California out of the boy." I still love hot weather and miss the sun for what seems like months on end. After passing the Washington bar exam, I practiced law throughout the Puget Sound area and was based in Issaquah for most of my Washington practice. I retired December 31, 2018 and haven't missed it for a moment. All three of my terrific kids live in the Puget Sound area, and I have one granddaughter, Lillian, who is soon to be nine years old. My partner Liz, a Board Member of the Rotary Club of Seattle, and I have been together for ten years.

My goals for this Rotary year are quite simple. I want to encourage your involvement. Every Rotary club is a team, and every team member has responsibility for some level of engagement. Even with your busy work, school, care-giving and other activities, you have the ability to carve out time for some club participation. Pick two committees to join and attend. Hang out at our social events. Participate in a work party. If you have an idea for something new, let's hear about it. You will benefit, our club will benefit and those we serve will benefit.

This year we are also introducing the concept of leadership continuity. Lisa Edwards is your President-Elect and Linda Fukuda is your Vice-President/President-Elect Nominee. The three of us are a team and our intention is to work together to provide leadership continuity.

Thank you to all of you who have helped me get to this point. It should be fun.



Lunch and a Movie *(by Ellen Frick)*

Oly Wise(1934-2020) was an extraordinary Rotarian and friend. His life and his Rotary Service were driven by his tremendous generosity and keen imagination. We have made a documentary film about his inspirational story. Please join us on Friday, July 22, for lunch and screening at noon.

If you are NOT a University District Club member, RSVP to Judy Lovelace, judyll555@aol.com.

Deadline: July 15, 2022 (UDRC members do not need to RSVP)

We look forward to seeing you!

Jeff Werthan, President, University District Rotary Club
Dave Spicer, past President University District Rotary Club

Kaler Wise, representing the Wise family
Ellen Frick, Filmmaker





Mousakka Recipe and Invitation to August 13 Event *(by Paula Williams)*

At the New Members Party, I was asked for a recipe that's creamy on the inside and crunchy on the outside ("kinda like Eggplant Parm"). This is one of my girls' favorites. Please keep in mind that every recipe I share uses approximations; I'm one of those a-little-of-this-and-a-smidge-of-that cooks; I rarely follow a recipe.



You can enjoy this and many other dishes shared by our **University District Rotary Foodies** at one of our upcoming events. The first party is scheduled for 08/13/2022, time and place to be determined. The theme is: Your Roots Are Showing—bring a dish from your childhood/background. You don't have to be able to cook; you can buy something; bring wine or join our clean-up crew. You just have to love food. Please email me at pdawms@gmail.com as soon as possible and make your reservations. See you there!

Paula's Kinda-Sorta Moussaka Recipe (That She Borrowed and Modified the Heck Out of)

1½ pound **Lean Ground Beef** (or you can substitute **Lamb**)

1 cup **Pureed Tomatoes**

1 cup **Beef Stock**

½ cup **Dry Red Wine**

¼ cup finely diced **Fresh Parsley**

2 heaped tbsp **Tomato Paste**

1 tbsp finely diced **Fresh Thyme Leaves**

1 large **White Onion**, *finely diced*

2 cloves of **Garlic**, *finely diced*

2 small or 1 large **Bay Leaf**

¾ tsp **Salt**, *or to taste*

½ tsp **Sugar**

¼ tsp **Black Pepper**

1 tbsp **Olive Oil**

4 oz **Unsalted Butter**

4 oz **Flour**

4 cups **Milk**, *at room temperature*

1 cup **Pecorino** (*freshly grated; you can sub Parmesan*)

2 Egg Yolks

½ tsp **Salt**

¼ tsp **Ground Nutmeg**

¼ tsp **White Pepper**

2 large **Baking Potatoes** (about 1½ pounds)

4 small **Eggplants** (about a pound)

2 cups **Flour**

3 **Eggs**, *beaten*

1½ cups **Panko Crumbs**

¼ cup **Pecorino**

Olive Oil Spray

2 medium **Zucchini** (about a pound)

2 cups **Vegetable Oil**

Extra Pecorino (to sprinkle between layers)

Salt & Pepper to taste



1½ cup **Panko Crumbs**, slightly browned in **Unsalted Butter**

½ cup **Pecorino**

Veggie Prep: Slice the eggplant into ½ inch rounds. Sprinkle both sides with salt and let sit 1 to 2 hours.

Pat the eggplant slices dry. Combine 1½ cups of panko crumbs with ¼ cup of Pecorino. Dredge eggplant in flour, then beaten egg, then panko crumbs. Place on oiled cookie sheet. Spray a little oil on top.



Mousakka Recipe (continued) ... *(by Paula Williams)*

Bake @ 425 for 18 to 20 minutes, turning halfway through. Set aside.

Slice the potatoes into ½ inch rounds. Pat off moisture. Fry the potatoes until golden brown. Set aside.

Slice the zucchini lengthwise into 1/3 inch slices. Pat off moisture. Fry until golden brown. Set aside.

Béchamel Sauce: In a suitably sized pot over medium heat melt butter. Stir in flour to create a paste then gradually begin whisking in your milk. Once you've poured in all the milk and the sauce is thick, stir in salt, white pepper and nutmeg. Take the pot off heat and stir in pecorino until the sauce is lump free, then quickly whisk in the egg yolks.

Meat Layer: Heat 1 tbsp olive oil in a large pan or pot over medium heat. Add onion and fry until it begins to soften/brown, then add in garlic and fry for 1-2mins longer. Add in beef and break up with a wooden spoon until fully browned. Stir in tomato paste and cook for a couple of mins, then pour in wine. Deglaze the pan if needed, then pour in canned tomatoes and beef stock. Add in parsley, thyme, cinnamon, salt, sugar, pepper & bay leaf and stir. Keep on a gentle simmer for around 30 mins, stirring occasionally until thickened.

Assemble: Add a layer of potato to the baking dish (overlapping as needed) and sprinkle over a hefty pinch of parsley, pecorino, salt & pepper. Follow with zucchini and parsley/pecorino/salt/pepper, then half the eggplant with a pinch of salt and pepper. Try and close all the gaps and make it all nice and compact. Pour on beef layer, top with the rest of your eggplant then top with the Béchamel sauce. Finally, top with 1 ½ cups panko crumbs mixed with ½ c pecorino.

Bake: @ 350 for 25 to 35 minutes. Let sit for at least 10 minutes to firm up.

Invitation to Attend/Volunteer at UHeights Summer Park Pop-Ups *(by Maureen Ewing)*

Hello Rotary Friends!



I want to invite you to our Summer Park Pop-ups, featuring and supporting Seattle musicians and artists. It's a free outdoor community event in our south plaza during Farmers Market (at 5031 University Way, Seattle). This is our first year bringing them back since the pandemic, so we are ready to celebrate.

Please join us for food, fun and sun, and if you are so inclined, we need help with the event if you'd like to volunteer.

The events are the third Saturday of each month from 10:30am to 1:30pm—July 16, August 20 and September 17. We'd love for you to come and join us!

We have additional volunteer opportunities at the events available too. Details at: <https://www.uheightscenter.org/volunteer>

Happy Birthday to Rotarians with Birthdays in July *(by Judy Lovelace)*

| | | | |
|---------|------------------|---------|-----------------|
| July 1 | Bayo Babatola | July 16 | Sabah Al-Haddad |
| July 3 | Son Michael Pham | July 21 | David Black |
| July 5 | Louise Leader | July 29 | Joel Napp |
| July 6 | Jeff Nemitz | July 30 | Lisa Edwards |
| July 14 | Alex Shimizu | | |





UNIVERSITY DISTRICT ROTARY IS SUPPORTING THE SOUTHEAST ROTARY CLUB RE-BIRTH. PLEASE JOIN US TO WELCOME OUR NEW SATELLITE MEMBERS AND ENJOY A PICNIC. RSVP TO MARILEE FULLER AT marileefuller@yahoo.com (by Sala Sweet)



CREATING A SOUTHEAST SEATTLE ROTARY CLUB

PLEASE JOIN US

Southeast Seattle is a vibrant, multicultural community offering unique opportunities to thrive and enjoy a variety of events, experiences and life perspectives. We invite you to add your voice and service to support our community.

As a member of Southeast Seattle Rotary you can help create and participate in new projects addressing youth, health care access, safety, community development and other issues important to you. We invite you to join us and learn more about how to be involved.

The **Southeast Seattle Satellite Rotary Club** is making a fresh start, with energy and a strong commitment to serve our community. This club will partner with the University District Rotary Club to learn about and access all the resources Rotary offers. We will give you information on that evening about what Rotary can offer.

Come and learn more on **July 12 at 5:30**. We will be hosting a barbecue at Seward Park. No need to bring anything. Just your hunger and your curiosity. And your interest in serving our community.

SE Seattle Satellite Rotary Club Informational Meeting

Seward Park, Picnic Shelter #1

Food provided by 2 Cousins Catering.

Outdoor venue. Social distancing observed.

STEP UP AND MAKE A DIFFERENCE



BREAKING NEWS!

Rotary
District 5030



Tiny
Homes



Building Community

IMPORTANT ANNOUNCEMENT!

Let's Build More Tiny Homes this year!!!
The third Sunday has been a traditional Rotary District 5030 build day. Beginning this month (July), we will add an additional build day-- the fourth Saturday of each month!

We also have a new website and sign up process. Thank you to the District Public Image Committee, signing up is easy. Click the following link and start signing up for our builds. Thank you to all of you who have turned out to build our tiny homes and I encourage you to join us if you have not done so yet!!

Click here to Register: [Givsum | Rotary 5030 Home Build > Rotary District 5030](#)



Baseball! Fireworks! Sing-along with Rotarians!

Los Angeles Angels vs Seattle Mariners
Friday, August 5th
7:10 pm

\$35.00/ticket. Seating in Section 147
Along the third-base line.

Share the Love! Bring Your Friends!

To purchase tickets click here: [Purchase Tickets](#)



GLOBALWA EVENT

Effective Partnership In Global Health

Join us in person in Seattle on **July 13** to learn about effective partnerships to improve global health outcomes around the world.

SPEAKERS (alphabetical)

Bill Feldt
Malaria Partners International

Jennifer Jones
President, Rotary International

John Hewko
CEO, Rotary International

Sandil Lwin
Bill & Melinda Gates Foundation

April McCoy
World Vision US

Kammerle Schneider
PATH

GLOBALWA
connect. strengthen. promote.

Rotary 

BILL & MELINDA
GATES foundation

PATH
10::A0♦//200

World Vision® 

 **Malaria
Partners
International**

COST: Free (registration required)

WHEN: July 13, 2:30pm—4pm

HOW: bit.ly/GWAEPGH

[Click Here to Register](#)



Upcoming Club Activities and Deadlines

Saturday 9:00-10:00 am, Rotarian ad hoc Social Justice Group, all invited. Contact Jeff Werthen, jmdog@gmail.com.

July 12 5:30 pm. SE Seattle Satellite Rotary Club barbecue at Seward Park. RSVP marileefuller@yahoo.com.

July 14 4:30 pm. Club Happy Hour at Ivar's Salmon House, 401 NE Northlake Way, on Lake Union.

July 15 9:00 am. Membership Committee meeting. Contact Lisa Latchford, lisa@foxassociatesllc.com.

July 21 6:00-8:00 pm. Lake Union Rotary Happy Hour 4 Good. Tickets are \$40 and benefit The Lantern Project: [Happy Hour 4 Good Tickets, Multiple Dates | Eventbrite](#)

Aug 13 UDRC Gourmet Cooking Club. To make your reservations, email Paula Williams (pdawms@gmail.com) and let her know what you're bringing.

Invitation to Join New Committee to Provide Thanksgiving Dinner *(by Paula Williams)*

NEW PROJECT: Looking for Committee Members

MMM...yummy turkey with stuffing, cranberry sauce and other assorted goodies. Oh, and the dessert...



Thanksgiving is not only the holiday at which we give thanks, it's also the holiday at which we stuff ourselves silly. But many Seattle families won't have that opportunity—unless we don our Rotary aprons and make it work.

This project is to provide Thanksgiving dinner fixings for approximately 100 Seattle area families in need. Our plan is to assemble boxes of holiday dinner fixings (turkeys, sides and desert; there's no cooking on our part) for Seattle area families in need who have access to a kitchen.

We are currently looking for committee members who can help us make this happen. If you'd like to be involved, please contact Paula Williams at

805-660-3658 or at pdawms@gmail.com.

Thanks much!

Invitation to Join Rotarian Ad Hoc Social Justice Group *(by Jeff Werthan)*

Every Saturday morning 9-10 a.m., a group of Rotarians from several different clubs meets virtually to listen to a speaker and ask questions pertaining to various social justice issues. Our group has created a safe space that allows everyone to speak his/her mind in a non-threatening environment. We learn in depth about the social justice issues facing our community and also learn from those who are taking action to address injustice.



Our speaker this Saturday is Michael McPhearson, the newly appointed Executive Director of the daily online newspaper, *South Seattle Emerald*. Michael has been a leader and advocate for many years, including as Executive Director of Veterans for Peace and a co-coordinator of the Ferguson/St. Louis Don't Shoot Coalition, which worked closely with diverse organizations to demand changes in law enforcement after the police shooting of Michael Brown Jr. He will be talking about the role of community-based media, his past experiences as a social justice advocate and what he sees as the most important issues going forward.

You will have an opportunity to participate on July 9th. Zoom link: <https://us02web.zoom.us/j/82810325887>, pwd=NDVoSG9Fc2d5cGtuaG1udWg0bUIzUT09.