



University District Rotary Club Bulletin

Wednesday, April 14, 2021



PH: (206) 542-7070

PO Box 31125, Seattle, WA 98103

Brenda Dimond, President

Meeting Location

Join Zoom Meeting:

<https://us02web.zoom.us/j/87528482798?pwd=MINva2dodXZJM2NNZjZsbWhjYzNiZz09>

When: Fridays, log in 11:50

Business: 12:00-12:20 pm

Program: 12:20-12:50 pm

Wrap-up: 12:50-1:00 pm

Future Programs

April 23

Julie Fox: Earth Day 2021, "Restore Our Earth" and Wildfire Control

April 30

Alex Karlin: Outlook for the Current Supreme Court Session

May 7

Dow Constantine: Steps to Increase Social Justice in King County

Links

[Club Photos](#)

[Club Facebook Page](#)

[Club Website](#)

[DACdb](#)

[District 5030 Website](#)

Club Bulletin Deadline

Monday at 2:00 pm

Send ads & photos
in .jpg

Send material to:
paulalaschober@gmail.com

Program for April 16

Official Club Visit of District Governor Cathy Gibson *World of Rotary This Year*



DG Cathy will provide an update on the wider world of Rotary this year and engage UDRC members in Q&A.

Catherine Gibson's career spans 40 years. Beginning in 1980, in roughly 10-year increments she worked in corporate finance in New York, then managed international development projects across Africa, in the newly independent nations of the Soviet Union, and the South Pacific on behalf of U.S. and European development agencies, then helped build the business

consulting practice as a partner at Moss Adams LLP in Seattle, and since 2010, as Managing Partner, has led Evolve Partner Group LLC, a boutique mediation and family advisory firm. Catherine currently serves as an outside director on the board of Dick's Drive-In Restaurants.

Beyond her business career, Catherine has prioritized community service. She is a long-serving board member, and former board chair, at Seattle Goodwill, the West Seattle YMCA, and the United Negro College Fund. Catherine is a 20-year Rotarian, past president of her Rotary Club, and is currently serving as the Rotary District 5030 Governor in 2020-2021.

In tandem with her professional and community pursuits, Catherine is an avid mountaineer. In 2018 she successfully completed a 33-year quest to climb the highest mountain on each continent: the Seven Summits. Safety and success in the mountains re-inforced her sea-level leadership skills: vision, careful planning, clear communications and teamwork.

Catherine's most recent recognitions include the 2018 Individual of the Year Award from the United Negro College Fund, the 2018 "Brava! Award for Leadership Excellence" from the Women's University Club of Seattle, and the Girl Scouts of Western Washington's 2018 Gold Award Legacy.

Catherine earned her B.A. from Mount Holyoke College, an M.B.A. from the Johnson Graduate School of Business at Cornell University, and a Maitrise in Management from the Universite of Louvain in Belgium.

She and her husband of 31 years live in West Seattle.



Invitation to Join Rotarian Ad Hoc Social Justice Group *(by Jeff Werthan)*

Every Saturday morning, a group of Rotarians from several different clubs meets virtually to listen to a speaker and ask questions pertaining to various social justice issues. Our group has created a safe space, that allows everyone to speak his/her mind in a non-threatening environment. "Non-threatening" does not always mean comfortable and does often mean challenging. It's an opportunity to listen, learn, comment and play the devils advocate.



Our group is based upon a similar group in Portland, OR, that Sala Sweet has been attending every Saturday. Sala brought Portland to my attention, and I started attending as well. Their large group (usually 35-50 attendees) has been meeting for awhile and they have branched out to work with many Portland area based organizations. They have also broken down their Saturday group into several smaller groups that are able to concentrate on different aspects of social justice.

With Sala in the lead, we started a similar group here in Seattle. Since our first meeting last November 7th, our speakers have included a combination of educators, state representatives and other elected officials, community spokespersons/organizations, corporate spokespersons, and police and police reform advocates. On April 24 we'll host a representative of the Urban League of Metropolitan Seattle.

The Social Justice Group will not be meeting on April 17th, so those who are interested can attend the fourth "Race Matters to Rotary" forum sponsored by District 5030. The subject will be Diversity, Equity, Inclusion and the speaker will be Rotary International Director, Valarie Wafer. Q&A and break-out sessions will follow the speaker.

For a lively way to start your Saturday, visit us from 9:00-10:00. If you would like the link, please let me know (jmwdog@gmail.com or 425-802-1028). I can also include you on the Portland link if you would like.

Invitation to Join Duwamish River Cleanup to Celebrate Earth Day *(by Dave Spicer)*

On **Saturday, April 17**, from 10 am-1 pm, Rotarians are invited to gather and do important clean up and restorative work at the Duwamish River. This will help mark Earth Day that started back in April, 1970. This is the brainstorm of Linda Harris and Linda, Jeff Werthan, Bill Herkes and Dave Spicer scouted this opportunity out a couple weeks ago. The activity is sponsored by our Environmental Sustainability Committee.



This event will be in collaboration with the Duwamish River Cleanup Coalition and we will be working with them to remove invasive species and plant new trees and shrubbery along the banks of the Duwamish River. This is the location of a Superfund site that is being restored to the point that salmon, Great Blue Herons and other native species are just beginning to return and we can play a role to continue improving the habitat.

All you need to bring are good boots, leather gloves, masks and a water bottle. There will be porta potties on site. Tools will be provided along with the shrubbery and tree saplings we will be planting. We need a few Rotarians who are comfortable being in kayaks as well so we can do some cleanup on the river. Lunch will be provided at 1 pm.

We are hoping for 15-20 of our Club Rotarians. If you are interested, please contact Dave Spicer (dspicer@davespicerlaw.com or 206-229-7568) for more details. Children aged 10 or older are welcome to participate.

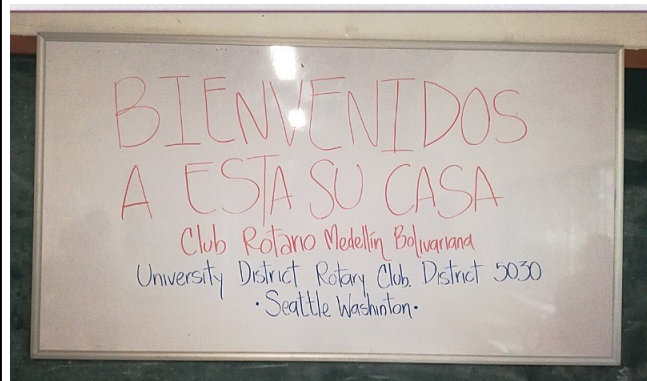
Free parking will be available at T107, 4500 West Marginal Way. We ask volunteers to arrive by 9:45 am sharp. Coffee and juice will be provided.



ISC Report: Colombia Rotary Club Holds Vision Screening Event

On March 27 the Medellin Bolivariano Rotary Club held a Vision Screening event at the parish of San Sebastian Martir in the Manrique Oriente area of Medellin. Rotaractors also participated. This event was part of a project funded by our club in the 2019-2020 year to conduct two health fairs to meet the needs of children in low-income communities in and around Medellin.

Due to COVID, the Medellin club found it could not carry out the more comprehensive health fairs that it normally conducts—with medical, dental and optometry professionals.

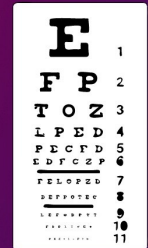


Our club is recognized at the vision event

Last July, the club contacted us

to ask if they could use the health fair funds just for vision screening and provision of glasses to children, along with personal protective equipment for eye doctors and masks for the children. When we approved, they conducted the first vision screening event in the town of Amaga last summer. The event on March 27 was the second.

Our club contributed \$4,610 to this project. Sponsors were George Mauer and Paula Laschober.



Rotary
Medellin Bolivariana

Minority Owned Business Initiative (by Jeff Werthan)

Our Minority Owned Business Initiative (MOBI) will focus this week on Peaceful Training, 947 NE Boat St., Seattle, WA 98105 in the University District. Peaceful Training emphasizes "Outer Fitness. Inner Peace". They specialize in combining strength training, with mindfulness and meditation, and with approach, their mission is to create a sustainable fitness model, that considers the whole person and not just the physical body. Mindfulness is integrated through the physical being, the nutritional being and the mental being.

The owner, Coach Kal (Kalpanatit Javon Broderick) has a background as a mid distance runner and competed professionally until 2010 when he founded Peaceful Training. He wanted to pass his knowledge and experience to others. Kal had a significant interest and ability in athletics from a very young age. Additionally, at the age of four, he began learning the art of Mindfulness and Transcendental Meditation. As he became older, he was inspired to combine the meditative discipline and athletic endeavors. That was really the inspiration for Peaceful Training. We welcome Kal to our club this Friday.



Climate Change Followup (by George Mauer)

Given the climate change presentation last week by Dave Spicer and Jeff Johnson.... I wanted to share with fellow members a reference to the scientific and economic analyses of this very complex issue of Climate Change by Dr. Bjorn Lombog, President of the Copenhagen Consensus Center and former Director of the Danish Government's Environmental Assessment Institute. A google search will offer you many publications by Dr. Lombog as well as numerous interviews, including by NPR, available via Google's social media platform, U-Tube. This reference is offered as a complement to Spicer and Johnson's presentation by providing additional insight into this very complex and important social and economic issue we all are wanting to help resolve.



The 2021 Rotary International Convention
will be held virtually.

Visit convention.rotary.org for more
information about refunds and the
upcoming virtual event.

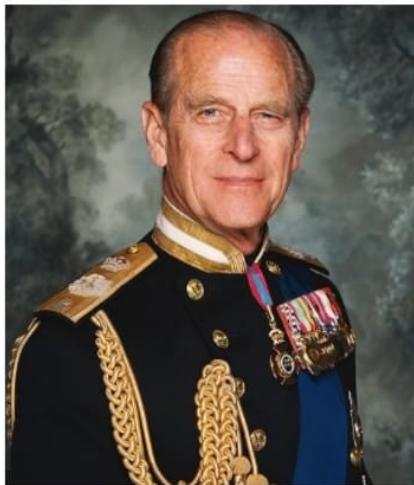
2021 VIRTUAL ROTARY INTERNATIONAL CONVENTION

#Rotary21

Rotary 

Famous Rotarians

Rotary 
Club of Morisset



HRH Prince Phillip
Queen Consort
Rotary Club of Edinburgh

A handsome, exiled Prince of Greece and Denmark marries a beautiful young British Princess in 1947 and supports her for the next 74 years as she reigns longer than any British monarch in history.

It is the stuff of fairly tales.
But sadly the fairy tale ended with the Prince's passing on April 9, 2021 at the age of 99.

ROTARY DISTRICT 5030



FESTIVAL OF TRAINING

Workshops are held the entire month of May. Open to all Rotarians! Click on the title for a description and to register.

		TUESDAY	WEDNESDAY	THURSDAY
WEEK ONE		May 4 th 5:00-6:00 District 5030 Rotary COVID Response, Vaccine and Volunteers	May 5 th 5:00-6:00 Rotary Wants YOU!	May 6 th 5:00-6:00 Global Grants: Passion, Action, Traction for Sustainable Change
		May 4 th 6:30-7:30 Go Fast Alone, Go Far Together! (Membership)	May 5 th 6:30-7:30 The Rotary Foundation: Giving and Sustainable Impact	May 6 th 6:30-7:30 Rotary Supporting the Environment: Solutions and Hope
WEEK TWO	MONDAY			
		May 10 th 5:00-6:00 Strengthening Your Club with Outstanding Programs	May 11 th 5:00-6:00 What Club Secretaries Need to Know	May 12 th 5:00-6:00 District Grants: The Process and Training
			May 12 th 5:00-6:00 District Grants: The Process and Training	May 13 th 5:00-6:00 International Service: Our District Resource Network
		May 11 th 6:30-7:30 Our District's Peace Initiatives	May 12 th 6:30-7:30 Social Media: Nuts and Bolts for Club Promotion	May 13 th 6:30-7:30 How DaCdb Can Be Your Good Friend!
WEEK THREE		May 18 th 5:00-6:00 New Member Orientation and Social (All are welcome)	May 19 th 5:00-6:00 Vocational Service: Because it Works!	May 20 th 5:00-6:00 Advanced Social Media to Help Your Club's Public Image
		May 18 th 6:30-7:30 Rotary's DEI Initiatives: What Could Your Club Do?	May 19 th 6:30-7:30 Our Rising Stars, Interact and RYLA	May 20 th 6:30-7:30 Global Grant Writer's Workshop
WEEK FOUR		May 24 th 5:00-6:00 In-Person and Virtual? How to Make Hybrid Meetings Work	May 25 th 5:00-6:00 Rotary and Toastmasters, a Great Partnership	May 26 th 5:00-6:00 Leveraging Rotary's \$2M into \$6M to Fight Malaria
		May 25 th 6:30-7:30 The Debits and Credits of Club Treasurer	May 26 th 6:30-7:30 Youth Exchange and Youth Protection	May 27 th 6:30-7:30 Wrapping Up Rotary's Pandemic Year and Looking Ahead



Upcoming Club Activities

- Sat.** 9:00-10:00 am. Rotarian Ad Hoc Social Justice Group. For link, contact Jeff Werthen: jmwdog@gmail.com.
- Apr 17** 10:00-1:00 pm. Celebrate Earth Day 2021 (April 22) by participating in Duwamish River Cleanup. Contact Dave Spicer: dspicer@davespicerlaw.com or 206-229-7568 for details.
- Apr 17** 9:00-3:00. District 5030 "Race Matters to Rotary" Forum. The speaker is Valarie Wafer, Rotary International Director. Register at: [Meeting Registration - Zoom](#)
- Apr 20** 12:00-1:00. DEI Task Force meeting. Join Zoom Meeting:
<https://us02web.zoom.us/j/83282853195?pwd=VEplQTJISVc0MGZnTHVVENmduZ29VQT09>
 Meeting ID: 832 8285 3195 Passcode: wU4wsT
- May 4-27** District 5030 Festival of Training. See courses and links on page 5 of this bulletin.
- May 10 and June 14:** 12:00-1:00. Peacebuilder Committee meeting. Join Zoom Meeting:
<https://us02web.zoom.us/j/82611326233?pwd=Rkd4M292dnA2R2pCMmt0Tkhdz09>
 Meeting ID: 826 1132 6233 Passcode: 9sd3fn
 One tap mobile: +12532158782,,82611326233#,,, *926552# US (Tacoma)
 +16699006833,,82611326233#,,, *926552# US (San Jose)
 Dial by your location: +1 253 215 8782 US (Tacoma) +1 669 900 6833 US (San Jose)
 +1 346 248 7799 US (Houston) +1 929 436 2866 US (New York)
 +1 312 626 6799 US (Chicago) +1 301 715 8592 US (Washington D.C.)
 Meeting ID: 826 1132 6233 Passcode: 926552
 Find your local number: <https://us02web.zoom.us/j/kc8GsuAQzL>
- Jun 12-16** Virtual 2021 Rotary International Convention. Information: https://convention.rotary.org/en/?utm_source=twitter&utm_medium=orgsoc&utm_profile=johnhewko&utm_campaign=



April 25-June 17, 2021

Do it your way

5K, 10K or 54 miles

Register at

<https://allinforautism.org>

#doityourway

Brought to you by



UDRC: Contact Lisa Latchford (lisaf98102@gmail.com) if you would like to join her in this activity.

Virtual Boiling Pot Available for Club Members *(by Kirk Laughlin, Club Treasurer)*

U. District Rotary members - A reminder that a way to support our club during this difficult time — especially if you are enjoying the camaraderie of the weekly online meetings — is with a small token of your financial appreciation. The virtual "Boiling Pot" link is: <http://bit.ly/UDRCboil>.



You can choose an amount of \$5.00 to \$25.00 (there is a \$5.00 minimum since this is a credit card transaction). And you can do so during the meeting or anytime! Thank you for your support.