

University District Rotary Club Bulletin

Wednesday, March 3, 2021



PO Box 31125, Seattle, WA 98103

Brenda Dimond, President

Meeting Location

PH: (206) 542-7070

Join Zoom Meeting: https://us02web.zoom.us/ j/87528482798? pwd=MINva2dodXZJM2N NZjZsbWhjYzNiZz09

When: Every Friday

Business: 12:00-12:20 pm Program: 12:20-12:50 pm Wrap-up: 12:50-1:00 pm

Future Programs

March 12

Jeff Burkey: Using Rainfall Projections in Stormwater Management

March 19

TBD

March 26

Club Fundraiser

April 2

Shannon Huffman Polson: The Grit Factor

Links

Club Photos
Club Facebook Page
Club Website
DACdb
District 5030 Website

Club Bulletin Deadline Monday at 2:00 pm Send ads & photos in .jpg

Send material to: paulalaschober@gmail.com

Program for March 5

Steve Swenson Karakoram, Climbing Through the Kashmir Conflict



Program description: This illustrated program is about climbing mountains in the Karakoram Range of Northern Pakistan, a politically sensitive area in south Asia that contains several of the world's highest mountains, including K2. The program touches upon team building to meticulous planning, followed by effective implementation on the ground. In addition to mountaineering stories, Steve will talk about his relationship with the local people and their way of life, as well as the politics of this mountainous region where

control is disputed between India, Pakistan, and China.

Steve Swenson has been climbing for over 50 years. With 20 expeditions to mountains in South Asia alone, he has made ascents of the North Ridge of K2, and a solo ascent of the North Ridge of Everest—both without supplementary oxygen. In 2012 he and his partners made the first ascent of Sasser Kangri II (7518 meters), the second highest unclimbed mountain in the world and in 2019 he and his team made the first ascent of Link Sar (7041 meters), another unclimbed peak in the Karakoram. For each of these latter two climbs, Steve and his partners were awarded the prestigious Piolet d'Or – the international mountain climbing equivalent of an Oscar. Before retiring in 2010, Steve worked for 35 years as a consultant to municipalities and counties on engineering, design, project management, utility finance, and policy making projects related to water resources. He is also a past president of the American Alpine Club.

BE A HERO. TAKE ACTION!

You don't have to be Superman or Wonder Woman to do great things. Every day, ordinary people and fellow Rotarians make a difference.

Join your fellow University District Rotarians on March 26 @ 11:45 AM to raise funds to support our vital work in the community and the world.

Buy your ticket at

Spring 2021 Fundraiser (auctria.com)



Ezra Teshome, Honoree



Dr. Vin Gupta , UW Institute for Health Metrics & Evaluation, Honoree & Speaker



Penny LeGate, Emcee



Our Donations Alleviate Hunger and Promote Food Security

Over the past several weeks, we've highlighted projects our club has funded in the areas of addressing homelessness locally and providing clean water abroad. Today we're looking at another area of emphasis for our club—hunger and food security. Four of our long-standing programs are described below.

Harvest Against Hunger (by Neale Weaver)



The long term Harvest Against Hunger Program, started by our Rotary Club in 1982, has surpassed the collection of 235 million pounds collected and distributed to those in need. The original name was Operation First Harvest, and the impetus was from Mike Shanahan and Norm Hillis. The name was later changed to Rotary First Harvest and rebranded in 2020 to Harvest Against Hunger (HAH). The majority of perishable food collected is donated from farmers and orchardists from the State of Washington. After receiving the donation, HAH arranges the transportation from farms to food banks. A large percentage of the food is delivered to Northwest Harvest and Foodline for distribution to smaller food banks throughout the state. The average amount of perishable food collected in the 38 years of

operation has varied but has been up to 10-13 million pounds per year.

Harvest Against Hunger has evolved into a program recognized throughout the Rotary World as a premier program. David Bobanick has been the Executive Director for almost 20 years with lots of support from University Rotary Club. HAH operates with a minimal staff but assistance from volunteers. David is known for his dedication and knowledge throughout Rotary, King County, and National food relief programs. Funding is provided by various means - a large amount from District Rotary Clubs, individual Rotarians, Corporations, Trusts, and dedicated citizens. UDRC has donated a minimum of \$5,000/year for many years to HAH. This year we're donating \$7,000.

Volunteering at the food banks has always been an important activity for our Club to support the hunger relief programs. We have missed this past year because of the Covid shutdown. Harvest Against Hunger, because of the uncertainty, is looking at alternate volunteering methods. These would be available with social distancing methods, smaller groups, and harvesting at smaller farms throughout the area. This will fit into HAH's "from farms to communities" program. David Bobanick continues to be very creative.

The annual "Hearts & Wine" fund raiser for HAH was a virtual event held on February 5. The report from HAH is that it was successful financially, as in the past. Our Rotary Club continues to support HAH as we do as individuals. David Bobanick sends his wishes and thanks for our continuing support.

ROOTS (by Marella Alejandrino)

Our club has had the opportunity to work with ROOTS (Rising out of the Shadows), Seattle's first overnight shelter designed to meet the needs of homeless young adults ages 18-25, for many years.

ROOTS was the recipient of a 2015 UDRC Community Service grant that provided \$5,000 to replace boarded up windows in the basement kitchen at University Temple United Methodist Church where the shelter was located. The new windows provided much needed light and ventilation.





ROOTS (continued)

In establishing this relationship, we realized this could be a wonderful hands-on service opportunity for the club and we started volunteering at ROOTS serving breakfast that same year. Our club typically volunteers to prepare and serve breakfast 6 times a year—about 45 breakfasts each morning. This year we've allocated \$650 to this project.

We look forward to serving breakfast again once ROOTS moves into their new permanent location on March 15th and volunteers can safely return and interact with the shelter guests. Their new location is 4541 19th Ave. NE in Seattle.

Mexican Greenhouse Project Provides Lifeline during COVID (by Susan Sola)

URotary has been collaborating with Mexican Rotary clubs to provide family greenhouses with drip irrigation to subsistence farmers in arid, rugged Oaxaca state. These can produce enough vegetables for a rural family all year round. The high demand for these greenhouses underscores the dire economic situation in many parts of rural Mexico. Our Club's ISC has allocated \$5,750 to the project this year and another \$26,000 since 2016.

In mountainous Huajuapan de León, Oaxaca, about 150 family greenhouses have been constructed, providing an invaluable food lifeline during the pandemic, when mountain villages have had to try to isolate themselves to keep out the coronavirus. Poor roads and scarce medical services force them to depend on their own resources. To be self-reliant in food is critical at this time.

The goal of establishing a replicable, sustainable model that would spread to other disadvantaged areas has begun to show success. Based on the same model, larger greenhouses are being built in Chapantongo, Hidalgo state, by the Bellavista RC, aimed at providing income to six families each, and the Plateros RC is pursuing a similar initiative in a marginalized semi-rural area of southern Mexico City.



There is great collaboration and synergy among the three projects. URotary, the Mexican Rotary clubs, the Clinton, lowa RC and the family of project founder Claudio Cruz, who died of COVID last month, are determined to carry on this project now that it is more needed than ever.

Ronald McDonald House Dinners

For many years, Rick Reimer has been organizing dinners served by our club members to families whose children are being treated at Seattle Children's Hospital, while they stay at Ronald McDonald House.

While we have been unable to serve meals in person during the last year due to COVID, our club has allocated \$1,300 to continuing the tradition during 2020-21. Rick has ordered dinners to be delivered, until we can once again serve them in person.



These are examples of our club's food-related projects. You can be a hero in our quest to provide food to those who need it. Your contribution at our March 26 fundraiser will make a big difference! **BE A HERO. TAKE ACTION!**



Check out the auction items when you register for our March 26 fundraiser!

Just click on <u>Spring 2021 Fundraiser (auctria.com)</u> and look for the Online Auction button on the upper right corner!

Cabin near Lake Wenatchee State Park

Check out some exquisite jewelry made by our emcee
Penny LeGate from beads and stones from Ethiopia. Golf
at Glendale Country Club is back, and there's a plethora of new
tantalizing opportunities awaiting you. New items are being added each

few days! Bidding will open at 12 noon on March 25. Be sure to check in often to build your shopping list!



June Baby gift card & wine

We can use more auction items. If you have something you'd like to donate, please fill out the procurement

form at the end of this bulletin and send it to President-Elect and Fundraising Event Chair Ray Connell (Raymond@connelllawoffice.com).







Fundraising Website and March 26 Event Notes



You have probably already visited <u>Spring 2021</u> <u>Fundraiser (auctria.com)</u> to check out the fabulous auction items and to buy tickets for yourself and guests for our March 26 "Heroes" event. The names

and email addresses of your guests should be added, so they will be able to view auction items, bid on them, and get a link to join the meeting at 11:45 am on event day. Adding cell phone numbers for you and your guests will allow text messaging for a fun auction experience.

Bidding will open at noon on March 25. For bidding, the Auctria app on your smartphone is a great way to do it—go to your app store to download it and link to UDRC2021.

Now, you might be wondering how things will work on the day of the event. You will join the program via Zoom webinar. For bidding on auction items and donating to our Service Fund, the webinar will have a link to the auction site (or you can use the mobile Auctria app).

If you choose to donate by check, please make it out to "University Rotary Service Fund" and send it to: University District Rotary Club, P.O. Box 31125, Seattle, WA 98103.

Status of reservations for event as of February 28, 2021: 57 in all, 20 are club members.



Virtual Boiling Pot Available for Club Members (by Kirk Laughlin, Club Treasurer)

U. District Rotary members - A reminder that a way to support our club during this difficult time - especially if you are enjoying the camaraderie of the weekly online meetings - is with a small token of your financial appreciation. The virtual "Boiling Pot" link is: http://bit.ly/UDRCboil.



You can choose an amount of \$5.00 to \$25.00 (there is a \$5.00 minimum since this is a credit card transaction). And you can do so during the meeting or anytime! Thank you for your support.

Changes in World Fund Matching (by Larry Logue, District 5030 International Service Chair)

<u>The Rotary Foundation</u> (TRF) has recently introduced additional changes to how World Fund matching will be implemented, and these will have an effect on how we fund our Global Grants. Following is a summary of those changes and some suggested steps you can take.

These are the decisions TRF has made to give as many folks as possible funding for their Global Grants without running out of money.

- 1. For GGs submitted before May 31 and <u>approved</u> by July 1, TRF will continue to match our DDF (District funds) at 1:1 as you would normally budget, so getting proposals in as soon as possible is to your advantage.
- 2. Proposals sent in after May 31 will be funded under the new rule for next Rotary year. That new rule is TRF will match the DDF at 80% instead of 100%. Proposals sent in before May 31 but not approved until after July 1, will be matched at 80%.
- 3. TRF will not be matching the Club's donations next year, the same as this year.

Example 1: Submit before May 31 AND approved by TRF by July 1

Clubs contribute \$10,000 DDF match \$10,000 TRF match \$10,000 Total \$30,000



Example 2: Submit before May 31, but not approved by July1, or submitted after May 31:

Clubs contribute \$10,000 DDF match \$10,000 TRF match \$8,000 Total \$28,000

Next steps:

Once you have a funding plan for at least 3/4 of your funding, completed your budget and answered the proposal questions, send your proposals to Kathleen Davis so the GG Committee can review them and recommend the requested DDF. They will also give you advice to help get through the TRF evaluation. The Committee goal is to get back to you within a week.

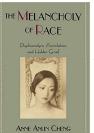
Please remember that the maximum DDF is \$15,000/Club/project and \$22,000/project. You can raise more than that, but that is the maximum 5030 DDF match this Rotary year.

All grants requesting DDF need to be reviewed by the 5030 Global Grant Committee, even if you are partnering on an out of District grant. If you are asking for a \$5,000 DDF match or less, it can be quickly evaluated as a "fast track".

Note that if you don't submit until May, TRF may not have time to approve your project by July 1. Then you will have to redo your budget with 80% TRF match instead of 100%.



Civics: Lessons Learned Resources



Here are a few of the books, information, and resource links that speaker Tracy Reilly Kelly offered in her program on Civics on Feb 26:

Anlin Cheng, Anne, *The Melancholy of Race* DiAngelo, Robin, *White Fragility* Ijeoma, Oluo, *Can We Talk About Race?*

McGee, Heather, The Sum of Us: What Racism Costs Us and How We Can Prosper Together Wilkerson, Isabel, Caste: The Origin of Our Discontents

Speak Up Schools

Across the state trainings will be offered to help citizens cultivate strong testimony to the WA Redistricting Commission, which will probably meet in a Zoom format, most likely in May. The goal is to begin a career of speaking up and get the tools for effective activism. For more information about statewide trainings visit the League of Women Voters at: https://lwvwa.org/speakup

Training dates: Seattle/King, Sat., April 17 & 24

Register: https://us02web.zoom.us/meeting/register/tZMlcuyrrjspGdTWEZVxX5xcSRoUglko2osH Vancouver, WA: Sat., Mar ch 6 & 20, 10am – 2pm FREE! Register at tinyurl.com/378n m6wf

Your Gifts/Donations to The Rotary Foundation at Work - Rotary Peace Centers

The Rotary Peace Centers program develops professionals or practitioners to become experienced and effective catalysts for peace. The fellowships cover tuition and fees, room and board, round-trip transportation, and all internship and field-study expenses.

Since the program began 19 years ago in 2002, the Rotary Peace Centers have trained more than 1,400 fellows who now work in more than 115 countries. Many serve as leaders in governments, NGOs, the military, education, law enforcement, and international organizations like the United Nations and the World Bank.

Each year, of the 130 fellowships awarded by <u>The Rotary Foundation</u>, 50 fellowships are for master's degrees and 80 are for certificate studies at premier universities.

TO LEARN MORE:

https://www.rotary.org/en/our-programs/peace-fellowships? utm_source=linkedin&utm_medium=orgsoc&utm_profile=rotary+international&utm_campaign=

Want to find out if you are qualified? Take the Eligibility Quiz: https://rotary.qualtrics.com/jfe/form/SV bxsthkafvzV5aRv?Q JFE=qdg

March Birthdays (from Judy Lovelace)

Happy Birthday to the following Rotarians:

March 3 Mark Plunkett

March 12 Christopher Giles

Dale Smith

March 13 Wes Uhlman

March 5

March 14 Rick Jones, Lisa Latchford March 16 Lael Ross, Neale Weaver

March 19 Ellen Ferguson



March 21 Marisa Broggel

March 23 Ellen Frick



Upcoming Club Activities

NOW Register today for our March 26 fundraiser: Spring 2021 Fundraiser (auctria.com).

Mar 8 Apr 12, May 10, June 14: 12:00-1:00. Peacebuilder Committee meeting. Join Zoom Meeting: https://us02web.zoom.us/j/82611326233?pwd=Rkd4M292dnA2R2pCMmt0TkhDaXhldz09

Meeting ID: 826 1132 6233 Passcode: 9sd3fn

One tap mobile: +12532158782,,82611326233#,,,,*926552# US (Tacoma)

+16699006833,,82611326233#,,,,*926552# US (San Jose)

Dial by your location: +1 253 215 8782 US (Tacoma) +1 669 900 6833 US (San Jose)

+1 346 248 7799 US (Houston) +1 929 436 2866 US (New York)

+1 312 626 6799 US (Chicago) +1 301 715 8592 US (Washington D.C)

Meeting ID: 826 1132 6233 Passcode: 926552

Find your local number: https://us02web.zoom.us/u/kc8GsuAQzL

Mar 16 Apr 20: 12:00-1:00. DEI Task Force meeting. Join Zoom Meeting:

https://us02web.zoom.us/j/83282853195?pwd=VEpIQTJISVc0MGZnTHVVNmduZ29VQT09

Meeting ID: 832 8285 3195 Passcode: wU4wsT

One tap mobile: +12532158782,,83282853195#,,,,,0#,,544570# US (Tacoma)

+16699006833,,83282853195#,,,,,0#,,544570# US (San Jose)

Dial by your location: See city numbers above. Meeting ID: 832 8285 3195 Passcode: 544570

Find your local number: https://us02web.zoom.us/u/kbthpaOrZz

Mar 25 12:00 noon. Bidding opens for Club Fundraiser Auction. Click on Spring 2021 Fundraiser (auctria.com) and

look for the Online Auction button on the upper right corner.

Mar 26 11:45 am. Club Fundraiser. Register and donate at Spring 2021 Fundraiser (auctria.com).

LUNAR NEW YEAR 2021

THE BUFFALO (OX) 1949, 1961, 1973, 1985, 1997, 2009, 2021

Low and steady marks the ox's character. Bona fide leaders, they are grounded, determined and highly dependable. They have the ability to motivate and inspire confidence in others as well. Those born under the sign are meticulous, systematic and real sticklers for details. They can be straight-laced and prefer routine, aiming to thrash things out in a methodical manner till it bears fruit. Simplicity and straightforwardness govern their personality. However, the ox has a temper and it's wise to get out of its way when it rears it horns. It is also a signs that it's overly proud, refusing to seek assistance. The ox chooses to depend on its head to reason things and finds it



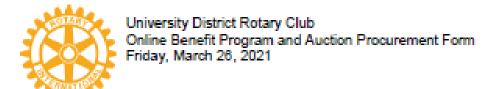
hard to tolerate the week. Chauvinistic and even tyrannical, the ox is often grumpy, bigoted and refuses to forgive or forget for that matter.

There are five types of Ox, each with different characteristics:

(Provided by Son Michael Pham)

Type of Ox	Year of Birth	Characteristics
Wood Ox	1925, 1985	Restless, decisive, straightforward, and always ready to defend the weak and helpless
Fire Ox Earth Ox Gold Ox Water Ox	1937, 1997 1949, 2009 1961, 2021 1913, 1973	Short-sighted, selfish, narrow-minded, impersonal, but practical Honest and prudent, with a strong sense of responsibility Hardworking, active and always busy, and popular among friends Hardworking, ambitious, tenacious, able to endure hardship, with a strong sense of justice and keen observational abilities





Donated Item Information			
Item Name			
Item Description:			
Expiration Date (if applicable) Restrictions			
Donor Stated Value \$			
Raffle Item Live Auction Item			
Donor Information (as it should appear in event program)			
Company			
Name			
Contact			
Name	Phone		
Donor	The little		
Address			
City, State, Zip	_Donor Email		
Signature	Date		
Pick-up Instructions / Pick-up Date & Time			
	1		

Thank you for your donation to support the work of the University District Rotary Club

The University District Rotary Club, EIN # 91-1123239 is a non-profit charitable organization is a 501(c)3 charitable organization. This donation is tax deductible to the extent allowed by law.

University District Rotary, PO Box 31125, Seattle, WA 98103, (206) 542-7070