



University District Rotary Club Bulletin

Wednesday, November 29, 2023



PH: (206) 542-7070

PO Box 31125, Seattle, WA 98103

Lisa Edwards, President

Meeting Location

Seattle Yacht Club
1807 E. Hamlin St.
Seattle, WA 98112

To join via Zoom:

<https://us02web.zoom.us/j/88235453974>

When: Fridays

Business: 12:00-12:30 pm

Lunch: 12:30-1:00 pm

Program: 1:00-1:30 pm

VISITORS ARE WELCOME

Future Programs

Dec 8

Roger Millar-WSDOT

Dec 15

Holiday Party

Dec 22

No meeting

Dec 29

No meeting

Links

Club Photos

Club Facebook Page

Club Website

DACdb

District 5030 Website

Club Bulletin Deadline

Monday at 2:00 pm

Send ads & photos
in .jpg

Send material to:

paulalaschober@gmail.com

Program for December 1st

Son Michael Pham – The Rotary Foundation



The mission of The Rotary Foundation is to enable Rotarians to advance world understanding, goodwill, and peace through the improvement of health, the support of education, and the alleviation of poverty. [Donate | Rotary International](#). Reminder: Any club member who plans to sponsor a Community Service or International grant project for the next Rotary year (2024-25) must donate to TRF this year.

November 2023 Rotarian of the Month



Congratulations to Judy Lovelace, November 2023 Rotarian of the Month. Judy is the behind the scenes member who gets things done and makes sure that our meetings are set up, our club directories are updated and she is actively involved in numerous community service projects. Thank you, Judy, for all that you do to support our club. We appreciate you!



December 2023 University District Club Meetings

December 1st - Son Michael Pham, Rotary Foundation and Sheila Hosner, International Project

Wear Your Paul Harris Pin
Celebrate RISE graduates, Marisa Broggel and Michael Reid

December 8th - Roger Milar, WSDOT

Reese Reddemann, UDRC Intern will share his design work

December 15th - Holiday Party

Sing along with Lisa Fox and band
Seattle Prep Choir Members
Ugly Sweater Contest



International Service Committee Invites Additional Applications by January 5

The ISC, chaired by Sheila Hosner, started its application process early this year. So far it has had two rounds of application, in May and early September. The committee still has funds available to allocate to new projects, and invites all club members to apply. The application is available on our club website, [Rotary Club of University District, Seattle \(udrotary.org\)](http://Rotary Club of University District, Seattle (udrotary.org)); click on the Member Information tab. The deadline for receipt of electronic applications by Sheila, at breadpudding@aol.com, is January 5, 2024.



Rotarians with December Birthdays

(by Judy Lovelace)

Brenda Dimond	December 8
Linda Harris	December 14
Rosemary Aragon	December 24
Marella Alejandrino	December 30

Turkey Distribution a Gobbling Success!

On Tuesday the 21st, UDRC partnered with Women United and Maverick Cares to distribute Thanksgiving turkeys and sides to those in need. We gathered in the Roman Casino parking lot in south Seattle and helped to organize the parking lot traffic and to distribute the goods. Thanks to Afua Kouyate from our satellite club and Angie Jimenez for providing hands on assistance and to Vicki Robbins and Paula Williams for their service project coordination. This is such a worthwhile project - next year we hope to see more UDRC members spring into action!





District 5030 RISE professional development program for emerging Rotary Leaders graduates its inaugural class

RISE stands for **R**otarians **I**nspired to **S**ucceed and **E**ngage. The RISE program came about as a result of DGE Rachele Bouchand and Lisa Edwards attending a leadership development Seminar at the November 2022 Zone Institute in Salt Lake City, UT. Rachele was planning for leadership development to be her theme as 2024-25 District Governor for 5030 and Lisa was then President Elect at UDRC. Lisa was concerned about the retention of new members and was looking for a way to increase their “stickiness”. Together, they adapted a Servant Leadership curriculum created by Dr. Kent Keith and Past RI Director Jerry Hall from District 5190 (NV,CA). Over the past year, DGE Rachele and UDRC Lisa E. worked to design the 5 training sessions and recruited 5 facilitators, 17 mentors and 17 participants. Lisa facilitated the fifth and final session of RISE on November 9th. Her subject was Meaning and Motivation

UDRC sent Marisa Broggel and Michael Reid as participants in this inaugural RISE class. Marisa’s mentor was Kevin Klustner (PEN, Bellevue Breakfast RC) and Michael’s was PDG Bill McElroy (Mill Creek RC). University Rotary members of the Mentor Team were Rosemary Barker Aragon, Ezra Teshome and Tom Andrews.

On November 16, 2023, District 5030 recognized 16 graduates from the RISE program. Participant and mentor feedback from the program has been overwhelmingly positive with participants rating it as 4.8 out of 5 stars and 100% of participants recommending the RISE program for emerging leaders in clubs. *“The RISE program is an incredible opportunity for emerging leaders to broaden their horizons and learn from like-minded professionals. I am extremely grateful for this experience!”* remarked one participant.

There is an opportunity for interested University Rotarians. Two cohorts of RISE will be offered: April 2024 and September 2024. Club members are encouraged to nominate a member to participate in these upcoming cohorts as a participant or mentor. Please forward names of individuals to Club President, Lisa Edwards.





Here are a few more photos from the November 2023 Rotary mission to Viet Nam *by Son Michael Pham.*

Our team on the playground in the Hoa Phuong Orphanage (from right to left) Marilee Fuller, Betsy Amick, Liz Causby Miles, Russ Amick, Son Michael Pham, Angie Jimenez and husband John.

A special dinner prepared and served by the Cocoon Program students (hospitality/culinary training program for orphans and underserved youths). Represented at the dinner: our host Rotary Club of Danang; joining our University Rotary team are friends from Rotary Club of Spring Valley and Rotary Club of Liberty (both from New York).

Angie Jimenez shared new books with the children in the HIV Care Center.

More photos and stories can be viewed via our club Facebook page:

<https://www.facebook.com/UDistrictSeattleRotary/>





Washington-vs-Washington State game! ~ by Dale Hicklin

"So for two weeks the UW Huskies were able to sneak by both Oregon State and Washington State on back to back weekends, and accomplish something no Husky team has done since 1991! They won both games by a total of 5 points so not nearly the blowout some were expecting, especially against the WSU Cougars who actually outplayed the Dawgs in the stat column.

But somehow the Apple Cup ended by the Huskies kicking the winning field goal with less than 30 seconds remaining. The crowd stormed the field to celebrate with the team and it was a festive atmosphere that lasted long after the game ended.

We had a total of 14 ushers, a new high, for our effort. The 10 from our Club were Son Michael, Judy Lovelace, Jeff Werthan, Rick Jones, Suzanne Griffin, Rosemary Aragon, Angie Jimenez, Asha Lovan and Dale Hicklin. Four others who joined us were from the Tukwila Club-Katrina Dohn, Melissa Mclean, Justin Killingbeck and Rick Harwood.

I don't know yet what the total income to our Club will be from our Husky ushering efforts, but it was probably our highest amount of income thanks to several Club members who couldn't work as usher but donated to the cause anyway!

Thanks so much for all who ushered and donated to this annual fund-raising project for our Rotary Club! The Huskies now play Oregon this coming Friday in Las Vegas for the Pac-12 Championship! and if they win that game move into the National Football top 4 teams vying for the National Title! What a season to be a Dawg fan!



Nominating Committee Nominates Candidates for Club Offices and Board

~ by Lisa Edwards and Jeff Werthan

Pursuant to our Bylaws, the Nominating Committee has approved and put forward the following member for VP/President-Elect Nominee in 2024-25: Kirk Laughlin - Kirk will serve as club president in Rotary year 2026-27.

The Nominating Committee has also approved the following three members for a two-year Club Board term 2024-2026: Doug Frick, Sally Porter Smith and Michael Reid. Club members will have an opportunity to vote on the above at our Annual Meeting on December 8.

Club officers advancing automatically or continuing are:

- President-Elect (PE) Linda Fukuda advances as President in July 2024
- Vice President/PE Nominee Paula Day Williams advances as President-Elect in July 2024
- Kirk Laughlin will be both VP/PE Nominee and Treasurer for 2024-2025 (we will need to find another treasurer for 2025-2026 and thereafter)
- Marilee Fuller will continue as Secretary in July 2024



Kirk Laughlin, VP/PE-N



Doug Frick



Sally Porter Smith



Michael Reid



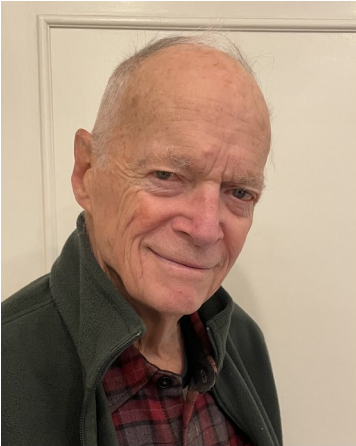
Linda Fukuda



Paula Day Williams



Marilee Fuller



Club Board Approves New Member Application at November Meeting

Dr. John EZ Caner was sponsored by Mark Plunkett. John is a retired physician. His practice was Internal Medicine and Rheumatology.

John graduated from Harvard in 1952 and Harvard Medical School in 1956. He was born in Philadelphia, Pennsylvania and came to Seattle in 1956 for an internship at King County Hospital.

His interest/hobbies include international politics, economics and music. He is a supporter of classical music and also enjoys chamber, dixie land, blue grass & barbershop music. He also is a barbershop singer! John lives in Seattle. His email is jezcnd@gmail.com and phone is 206-331-6995.



Ray Connel Keynote Speaker at ACAC

Past President Ray was the keynote speaker at the African Cultural Arts Center (ACAC) fundraiser. He spoke about the importance of culture & art in our communities.

ACAC is headed by SE Seattle Satellite Rotarian Afua Kouyate. The fundraiser was dedicated to building a home in the Rainier Valley to create a safe, communal space that connects African people with their roots.

For more information about ACAC, here's their link:

<https://www.africanculturalartscenter.com/>



Join Us for Hearts & Wine 2024

When: Friday, March 1st, 2024 6:00 pm to 9:00 pm

Where: Sodo Park by Herban Feast



Harvest Against Hunger's signature event is coming! Our 2024 event will be held at Herban Feast's beautiful Sodo Park venue. Once again, Hearts & Wine promises to be a festive evening of fun, fellowship, fundraising, and wine tasting (beer and spirits too!) and a delicious dinner. Join Rotarians, business owners, community leaders and concerned citizens who are passionate about reducing hunger and food waste and building healthier communities.

During the program, you will learn how hunger is affecting our community from different voices and the many ways Harvest Against Hunger is making connections to get healthy produce to people in need.

Darelle Holden: Singer

"If silk were a sound, it'd be Darelle Holden singing." – Jonathan Shipley

For more information click here: [Hearts & Wine 2024 - Harvest Against Hunger](#)



Upcoming Club Activities and Deadlines

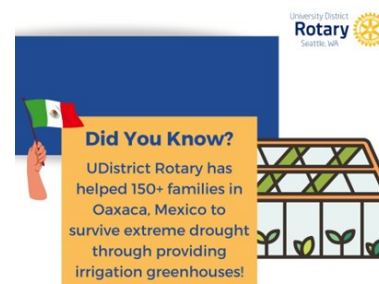
- Nov 30** 7:00 pm. Lisa Latchford show at Egan's, 1707 NW Market Street, Seattle. Tickets \$15 at the door.
- Dec 5** 5:30-7:00 pm. Service Fund Board meeting, Zoom. Club members welcome. For link, contact Paula Laschober, paulalaschober@gmail.com.
- Dec 8** 8:00-9:00 am. Membership meeting. Contact Lisa Latchford at lisa@foxassociatesllc.com.
- Dec 11** 4:00 pm. Club Board meeting, Zoom. Club members welcome. For link, contact Lisa Edwards at lisasimoneedwards@outlook.com.
- Jan 5** International Service grant applications due to Chair Sheila Hosner, breadpudding@aol.com. The application is available on the Club Website (link on page 1), Member Information tab.
- Jan 16** International Service Committee reviews applications. Contact: Sheila Hosner, breadpudding@aol.com.
- Mar 1** 6:00-9:00 pm. Harvest Against Hunger fundraiser, [Hearts & Wine 2024 - Harvest Against Hunger](#).
- Apr 25** SAVE THE DATE! Our 2024 fundraising event will be held this evening.
- May 25-29** 2024 Rotary International Convention, Singapore. Info and registration: [Convention \(rotary.org\)](https://www.rotary.org/en/convention).

Request from Reese Reddemann (UDRC Public Image Intern)

Dear Rotarians,

I need content for promotion of the club. At any event, please take vertical videos (while holding your phone upright). I have found that iPhones work best but I can work with video from Android phones as well. Short videos of people talking, working together and smiling/laughing and actually doing something (for example: Ushering at the Husky Game, making sandwiches, assembling hygiene kits, and clearing invasive plants) will help me tremendously. Pictures are also great but 10-15 second short videos have more impact. Please send them to me at reese.reddemann@gmail.com.

Thank you! Check out our Instagram page @udistrictrotary, which you can follow with this link - <https://www.instagram.com/udistrictrotary/>. The first campaign we are doing is the "Did You Know?" Campaign.



Show Your Rotary Spirit—Buy Rotary Clothing, Gifts, etc.

~ Betsy Amick

[Rotary Clothing & Apparel - RUSSELL-HAMPTON CO. - Rotary Club Supplies Since 1920 \(bestclubsupplies.com\)](#)



Notes from URSF Board Meeting Nov. 7 (by Paula Laschober)

The main topic on the agenda was whether to move \$115,000 of the Connie Sizemore bequest (last year) from the Unrestricted Fund to the Bayles Scholarship Fund. This was recommendation 1.6, under Fundraising and Fund Allocation, of the 2024-26 Strategic Plan. The SF Board, on recommendation of the Gift Acceptance Committee, voted not to make the move—consistent with



The Foundation of the Rotary Club of the University District is called "University Rotary Service Fund." It is a charitable organization with a 501(c)(3) tax-exempt status. The Service Fund's EIN, or tax ID, is 91-1123239.