



University District Rotary Club Bulletin

Wednesday, January 31, 2024



PH: (206) 542-7070

PO Box 31125, Seattle, WA 98103

Lisa Edwards, President

Meeting Location

Seattle Yacht Club
1807 E. Hamlin St.
Seattle, WA 98112

To join via Zoom:

<https://us02web.zoom.us/j/88235453974>

When: Fridays

Business: 12:00-12:30 pm

Lunch: 12:30-1:00 pm

Program: 1:00-1:30 pm

VISITORS ARE WELCOME

Future Programs

Feb 9

Emily Jones: NEST

Feb 16

No meeting:
President's Day

Feb 23

Ken Workman:
Duwamish Tribe

Links

[Club Photos](#)

[Club Facebook Page](#)

[Club Website](#)

[DACdb](#)

[District 5030 Website](#)

Club Bulletin Deadline

Monday at 2:00 pm
Send ads & photos
in .jpg

Send material to:

paulalaschober@gmail.com

Program for February 2

Rick Lawrence

Guatemala Water Projects

Rick received Bachelor of Building Science and Bachelor of Architecture degrees from Rensselaer Technical Institute in Troy, NY. He was a practicing architect in Manchester, Connecticut, for 46 years until his retirement in 2015.

He joined the Manchester Rotary Club in 1978 and in 2000 received the first of eight Paul Harris Fellow awards. For the past nine years he has served as District 7890 Chair for Water and Sanitation Projects. In 2014 Rotary International presented him with the "Service Above Self" Award, Rotary's highest honor and awarded annually to a maximum of 150 individuals.

While vacationing in Guatemala in 2006, Rick attended a meeting of La Antigua Rotary Club, making the connections that have resulted in 30 sustainable clean water and sanitation projects, completed 2007-2023. In the last 10 years, he has written and completed 12 Global Grants to support these projects.

His presentation to our club will show the history of these projects, the four basic components, and how they improve the lives of the indigenous Mayan recipients.



Hands-On Opportunity at Magnuson P-Patch *(by Wendy Reilly)*

Our Community Service Committee and Service Fund Board recently approved a \$4,344 grant to both repair and add wooden ADA-format raised bed garden boxes for gardeners with mobility challenges at the Magnuson P-Patch.

An opportunity for Rotarians to volunteer to help with the work is coming up February 10 (rescheduled from January 27), 9:00 am-1:00 pm. Work will include moving wood and dirt, as well as some drilling.

The P-Patch is located at 7400 Sand Point Way (Seattle). See additional directions on the last page of this bulletin.

Wendy Reilly, the project sponsor, requests that club members who plan to participate send her an email at wendreil@msn.com.





February 2024 UDRC Meetings

February 2nd - Rick Lawrence, Guatemala Water Project

**Classification Talk, Julius Debro & Dave Spicer
Harvest Against Hunger, David Bobanick**

February 9th - Emily Jones, Executive Director of NEST

**New Member Induction, Eric Parsons
Rotarian of the Month
February Birthdays**

February 16th - No Meeting - President's Day Weekend

February 23rd - Ken Workman, Duwamish Tribe

Classification Talk, Russ & Betsy Amick

Update on Club Meeting Task Force—Next Meeting February 13

The task force that is working on options for our club lunch meetings will meet again on Zoom at 4:00 pm on February 13. The task force is looking for venues where we might be able to meet in person and pay less than the Yacht Club's \$40 for lunch.

As noted by Kirk Laughlin, our club treasurer, in our January 17 bulletin, many clubs in our area are facing this challenge. Some have changed venues, scaled back meals or are not holding in-person meetings every week.



Application of New Club Member Approved by Club Board

The application of **Eric Parsons** was approved by our Club Board at its first meeting of 2024 (January 8). His sponsor is Jeff Werthan.

In his application Eric wrote: "I was born in Ohio but grew up in Wisconsin and have had the good fortune to have lived all over this country - Washington, D.C., New York City, Miami Beach, Oakland, and, of course, Seattle. I have 30+ years of experience in the non-profit and government arenas on issues related to municipal policy planning, juvenile justice, health care, welfare reform, workforce development, and arts and community engagement. I have served in the public sector at a high level, including Chief of Staff to a New York City Commissioner, and five years as a chief legislative aide to a Seattle City Councilmember. I managed a national education reform program for the National Urban League, and in Miami Beach, was part of a team that raised \$45 million towards the construction of a new symphony hall. Currently, I am the Director of Partnership and Advancement for the Urban League of Metropolitan Seattle. I serve on the boards of Arte Noir and Seattle Arts and Lectures."

Eric has an M.A. in Urban Affairs and Policy Analysis from The New School for Social Research, New York, New York; and a B.A. in Print Journalism from Howard University, Washington, D.C.

As a hobby, Eric enjoys tennis. He lives in the Capitol Hill neighborhood of Seattle. His email is egerardparsons@gmail.com, and his cell phone is 510-435-1577.



January 2024

University District Rotary Club

ROTARIAN OF THE MONTH

Dale Hicklin

Dale has been a member of our club since 1984. Over many years he has led our Husky football ushering effort, a hands-on project in which many club Rotarians have participated, that has raised thousands of dollars each year to support our community and international service projects. Dale frequently sings at our Friday meetings, for which he takes a lot of ribbing. He is also well-known for his sense of humor, both in song and word, so he gets in lots of ribbing on fellow club members himself.



Ronald McDonald House Thanks UDRC Rotarians *(by Son Michael Pham)*

From: Dylan Carson

Sent: Friday, January 26, 2024 4:21 PM

To: sonmichael.kwb@gmail.com

Subject: Thank You University District Rotary Club

Hello Son Michael, Judy, Dave, Judy, Ling, Rosemary, Stephanie and Angie,



Thank you for another wonderful afternoon shared in the kitchen.

Sarah and I always enjoy our time spent working alongside and getting to know you all.

You all did an amazing job cutting all those perfectly uniform onions and peppers, portioning the almost infinite amount of sour cream, pico de gallo, tortillas, tortilla chips, grapes, and cookies. We were so impressed with how well you all worked together, and how each of you supported each other and the attention to detail given to each task. The fajita meal was a huge success as almost all the meals were gone by the morning. A wonderful job by the best group ever!!

Thank you for your continued support. It means the world and we could not have done it without you. We look forward to the next time the U. District Rotary Club will be with us.

Gratefully,

Dylan, Sarah, Marla, and the staff and families of the Ronald McDonald House

Dylan Carson

Kitchen Coordinator | Ronald McDonald House Charities of W. WA & Alaska

We offer the comforts of home and support services to families of seriously ill children near the medical care they need.

One of our club's longest ongoing hands-on projects is the Family Meal Program at the **Ronald McDonald House Charities of Western Washington & Alaska**. Yesterday (Jan. 25) our team of volunteers prepared and packed 150 meals for the children and families staying at our favorite House. Funding for this project is made possible by funds raised at our Annual Benefit Event (coming this April 25, 2024). This year our Service Fund budget includes \$3,000 for this project.



Stephanie Feldt, Judy Lovelace, Angie Jimenez, Son Michail & Judy Pham, their friend Dave, Rosemary Aragon and Ling Chinn



Rotary Work Party in lieu of a Meeting!

February 16, 2024, 10am – 1pm, Furniture Repair Bank

The Furniture Repair Bank rescues worn and broken furniture from the landfill, restores its value, and provides it to people in need. No prior experience or skills are required to volunteer

- PPE such as masks, goggles, and gloves are provided
- We work in a warehouse environment and sometimes work outside in covered areas, so please dress for the weather
- Activities may include painting, staining, and sanding wood, so please dress accordingly for potentially messy work
- Closed-toe shoes are required!
- We have light snacks and refreshments available for volunteers and a water cooler if you would like to bring a refillable bottle.
 - **RSVP to Brenda Dimond, brndadimond8@gmail.com**

**volunteer
with us**



**help reduce furniture waste
while supporting refugees
and people emerging
from homeless situations**

no furniture repair
skills required, but
you will gain some!

LEARN MORE

ABOUT US

The Furniture Repair Bank rescues worn and broken furniture from the landfill, restores its value, and provides it to people in need. Join our community of empathic, creative, and handy individuals!



Rotary Work Party Invitation (by Sally Porter Smith)

The Environmental Sustainability Committee invites you to participate in refurbishing furniture for use by immigrant families and families in transition. The Furniture Repair Bank is a program of *Zero Waste Washington*, and a recipient of a \$4,151 Community Service Committee grant and a \$500 Environmental Sustainability Committee grant this year. You will have a hands-on experience and see your money at work.

Location: 1914 Occidental Ave. S, Unit C, Seattle WA, 98134 --*Carpooling encouraged.*

A no-host lunch at Derby Restaurant is planned following the work party. Please include in your RSVP.

Please RSVP your reservation and if you are willing to carpool/drive to **Brenda Dimond**, brendadimond8@gmail.com.

Questions? Sally at sallypor789@gmail.com.





Terry F. and Terry V. Cicero

Sad News

Member Terry F. Cicero has let us know that her husband— and former member of our club for many years—Terry V. Cicero, is now in hospice care at their home.



Our club's President-Elect, Linda Fukuda, just lost her husband. He passed away last week. Please offer her condolences and support during this difficult time.



Linda Fukuda

Thank You to UDRC Received from ReWA

"Thank you for your gift to Regugee Women's Alliance! We are grateful for the heart you have for our refugee and immigrant families and your partnership in our shared work. It takes a community coming together to ensure our newest neighbors have the resources needed on their journeys to self-sufficiency in their new chosen home..."

With deep gratitude,

Mahnaz Eshetu, Executive Director"



Our Community Service Committee allocated \$5,975 to ReWA this year, to fund a security gate at the organization's domestic violence program building. Project sponsors were Kirk Laughlin and Suzanne Griffin.

Thank You to UDRC Received from Seattle Children's

"...Your gift of \$4,000.00 to the Alyssa Burnett Adult Life Center Fund furthers the Seattle Children's mission to bring hope, care and cures to each kid who walks through our doors today, tomorrow and for generations to come.

Thank you for your commitment to helping kids in our community live healthy and happy lives.

Sincerely,

Jeff Sperring, MD, Chief Executive Officer"



John Wennberg, former student, now trainer

Our Community Service Committee's allocation of \$4,000 to the Alyssa Burnett Adult Life Center this year will fund a new commercial refrigerator for the Center's classroom kitchen, where adults with intellectual and developmental disabilities receive training. The classes teach nutrition/healthy eating and independent living skills, as well as build cooking and kitchen skills that provide opportunities for employment. Bill Kauppila is our club's sponsor for this project.



SAVE
THE
DATE!

University District
Rotary
Seattle, WA



*Change
Lives*

Fundraiser & Dinner

THURSDAY, APRIL 25TH, 2024
5:30 PM

*Nile Shrine Center
6601 224th St SW
Mountlake Terrace, WA*

2024 Annual Fundraising Dinner and Auction

University District
Rotary
Seattle, WA



*Change
Lives*

Current Updates about our upcoming fundraising event, January 15, 2024

1. We are actively seeking procurement items (Jeff Werthan) for our silent and live auctions, commercially prepared desserts for the Dessert Dash (Judy Lovelace/Terry Cicero). Procurements may be submitted electronically, mailed or turned into the Club. Instructions are on the form.
2. Procurement, Sponsorship and Angel Donor forms are available at Club Meetings (on table by name tags) and our UD website, under Club Documents @ <https://www.udrotary.org/index.php?s=documents&folder=2024%20Fundraiser%20Forms>
3. Sponsorships and Angel Donations may be turned in at the Club, mailed to address on the form or paid online at <https://auctria.events/udrc2024fundraiser>
4. Individual dinner tickets, table tickets and 4 ticket packages will be available starting February 9



2024 Annual Fundraising Dinner and Auction

SPECIAL PROCUREMENT ITEM REQUEST #1



Imagine winning 2 Round Trip, 1st Class Alaska Airlines tickets to anywhere Alaska Airlines flies. Sound good?

This is the item the 2024 Fundraising Committee would like to offer as a raffle ticket this year.

Vicki Robbins has spoken with Alaska Airlines and we would need **360,000 miles** to accomplish our goal.

Using miles is tricky and Vicki will help us navigate this process. She will help the winning bidder book the flights using donated miles. Good to have a professional on board.



We are seeking one of the following:

- 4 people donating 90,000 miles each or
- 2 people donating 180,000 miles each or
- 1 person donating 360,000 miles or
- 2 people donating 90,000 miles and 1 person donating 180,000 miles.

If you have 90,000 or more Alaska Airlines miles please email sallypor789@gmail.com.

Thank you for considering our "Ask."

2024 Annual Fundraising Dinner and Auction

SPECIAL PROCUREMENT ITEM REQUEST #2

We want your unused or unwanted Gift Cards for the 2024 Fundraiser. Our goal is to create a Mystery Wall of Gift Cards for a Raffle.

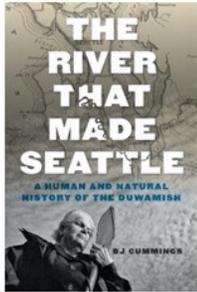
Minimum value: \$25, or if you have multiple gift cards from one business, such as a coffee shop, we will accept a packet that amounts to \$25.

Turn in at our Weekly Meetings: Jeff Werthan or Sally Porter Smith can take your donation. Please put in an envelope with your name on it and we will credit your donation for the Fundraiser.





Meet BJ Cummings, Author of The River That Made Seattle



Tuesday, February 13, 2024

- | | |
|-----------------|--|
| 12:00 PM (Noon) | Fellowship & Lunch - \$25.00 |
| 12:30 PM | The Rotary Club of West Seattle meeting
Guest Speaker BJ Cummings |
| 1:30 PM | Book Discussion led by the Author |

Sponsored by the Seattle #4 Rotary and the Rotary Club of West Seattle Peacebuilder Committees and the District 5030 DEI Committee and the District 5030 Peacebuilder Committee

Location: West Seattle Golf Course

4470 35th Avenue S.W. Seattle, 98126

(just across the West Seattle Bridge; ample free parking)



Invitation to Host Foodies *(by Paula Williams)*

UROCK Foodies – noun – friends bound by a love of food and an open-minded hunger for knowledge of different cultures and cuisines.

It's not necessary that you be a gourmet or that you have kitchen skills that would impress even Gordon Ransey. What does matter? The love.

You love food,
You love to explore, and
You love a good time with friends.

How does one become a UROCK Foodie?

Show up for dinner with your dish,
Uh, that's it...



Stay tuned. In addition to dinners, upcoming events include: cooking classes and demonstrations, restaurant visits, special holiday events, et al. We'll announce our February event here in the bulletin.

Also, we're currently seeking volunteers to host upcoming events. Members have hosted parties in houses and apartments, on rooftops, in community rooms, et al. You provide a place. We bring EVERYTHING else, including a clean-up crew. Email me, Paula Williams, at PDayWms@gmail.com or Asha lovin at Asha.lovin@gmail.com to get on our calendar. Grab your preferred month before it's gone.

Bon Appetit!



Invitation to Join 2024 Rotary Mission to Viet Nam *(by Son Michael Pham)*

ROTARY MISSION The 32nd HumaniTour Viet Nam May 15 – May 24, 2024



Option to continue on to Rotary International Convention in Singapore May 24-29, 2024



A combination of 'humanitarianism' and 'tourism', the Rotary HumaniTour offers a unique opportunity to go on a vacation and change lives. Started in 2001, the HumaniTour is a project of Kids Without Borders (KWB).

About ...

- The 32nd mission: 8 nights in Viet Nam with stops in Hanoi, Hai Phong, Ha Long, and Saigon.
- Option to continue on to the Rotary International Convention in Singapore.
- Opportunities: experience the beauty of the country and people of VN, and connect with Viet Nam Rotary and Rotaract Clubs. Visit ongoing Rotary supported projects.

- Kids Without Borders: an all-volunteer international non-governmental organization based in Sammamish, WA. Over the last 20+ years, KWB has partnered with Rotarians & Rotary clubs in projects in Viet Nam.

Limited space. For information and trip reservation:
Son Michael Pham, Rotary Club of the University District Seattle (206) 484-4830 sonmichael.kwb@gmail.com



Join Us for Hearts & Wine 2024

When: Friday, March 1st, 2024 6:00 pm to 9:00 pm

Where: Sodo Park by Herban Feast



Harvest Against Hunger's signature event is coming! Our 2024 event will be held at Herban Feast's beautiful Sodo Park venue. Once again, Hearts & Wine promises to be a festive evening of fun, fellowship, fundraising, and wine tasting (beer and spirits too!) and a delicious dinner. Join Rotarians, business owners, community leaders and concerned citizens who are passionate about reducing hunger and food waste and building healthier communities.

During the program, you will learn how hunger is affecting our community from different voices and the many ways Harvest Against Hunger is making connections to get healthy produce to people in need.

Matt Lorch: Auctioneer and Event MC

Having worked as a news anchor and reporter for 26 years in some of the country's largest markets including Seattle, Boston, Miami, and Baltimore, Matt developed an audience engagement style all his own.

Darelle Holden: Singer

"If silk were a sound, it'd be Darelle Holden singing." – Jonathan Shipley

For more information click here: [Hearts & Wine 2024 - Harvest Against Hunger](#)



SEPTEMBER 2024



JOIN US | SEPTEMBER 11-14 2024
IN THE HEART OF THE **BIG WEST** | DAVENPORT GRAND
SPOKANE WASHINGTON

BIG WEST | BIG IDEAS promises the fusion of groundbreaking ideas with energetic networking in the timeless spirit of the West.

Dive deep into meticulously crafted sessions and hands-on workshops that challenge the status quo, inspire innovative thinking, and transform perspectives, all while being set against the breathtaking scenic backdrop of Spokane's unparalleled natural beauty.

REGISTRATION COMING SPRING 2024
LEARN MORE AT WWW.ZONEINSTITUTE.ORG





Upcoming Club Activities and Deadlines

- Feb 6** 5:30-7:00 pm. Service Fund Board meeting, Zoom. Club members welcome. For link, contact Paula Laschober, paulalaschober@gmail.com.
- Feb 8** 7:00-8:30 pm on Zoom. Fundraiser Committee meeting. To participate, contact Sally Porter Smith at sallypor789@gmail.com. Next meetings: Mar 14, Mar 28, Apr 4, and Apr 11.
- Feb 10** 9:00 am-1:00 pm. Volunteer to help repair and build ADA raised bed garden boxes for gardeners with mobility challenges at the Magnuson P-Patch: 7400 Sand Point Way (Seattle), just north of NE 74th Street and east of 63rd Avenue NE. After turning into Magnuson Park at the 74th Street entrance, go to the stop sign, make a left and go about 1/4 mile to a T, turn right and see the P-Patch. To use a GPS to find it, put in "Magnuson Community Garden." Lots of parking. Please RSVP to Wendy Reilly at wendreil@msn.com.
- Feb 12** 4:00 pm. Club Board meeting, Zoom. Club members welcome. For link, contact Lisa Edwards at lisasimoneedwards@outlook.com.
- Feb 13** 4:00-5:00 pm, Zoom, <https://us02web.zoom.us/j/88300786710>. Task Force on lunch meeting options.
- Feb 16** 10:00-1:00. Work party at Furniture Repair Bank, 1914 Occidental Ave. S, Unit C. RSVP Brenda Dimond, brendadimond8@gmail.com.
- Feb 16** 7:00 pm, doors open at 6:00. Rotarians invited to Lisa Latchford performance at Egan's Ballard Jazz House, 1707 NW Market St., Seattle. Reservations: email to reservations@ballardjazzhouse.com or call 206-789-1621. Tickets, \$15, sold at the door. Seating is limited to 40.
- Mar 1** 6:00-9:00 pm. Harvest Against Hunger fundraiser, [Hearts & Wine 2024 - Harvest Against Hunger](#).
- Apr 25** 5:30 pm. Our 2024 fundraising event, Nile Shrine Center, 6601 24th St. SW, Mountlake Terrace. If you would like to offer an item or activity for auction, please fill out procurement form at end of bulletin.
- May 15** Join 32nd Rotary HumaniTour to Viet Nam, with option to continue on to RI Convention in Singapore. The tour itself will end May 24. Contact/reserve: Son Michael Pham at sonmichael.kwb@gmail.com.
- May 25-29** 2024 Rotary International Convention, Singapore. Info and registration: [Convention \(rotary.org\)](https://www.rotary.org/convention).
- Sept 11-14** Rotary Zone Institute (Zones 26 and 27) in Spokane. Registration info to come.

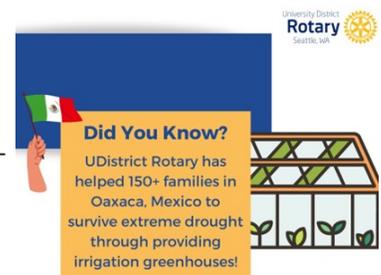
Donate to The Rotary Foundation

Donate at: [Donate | Rotary International](#). Reminder: Any club member who plans to sponsor a Community Service or International grant project for the next Rotary year (2024-25) must donate to TRF before June 30, 2024.



Request from Reese Reddemann (UDRC Public Image Intern)

I need content for promotion of the club. At any event, please take vertical videos (while holding your phone upright). I have found that iPhones work best but I can work with video from Android phones as well. Short videos of people talking, working together and smiling/laughing and actually doing something (for example: Ushering at the Husky Game, making sandwiches, assembling hygiene kits, and clearing invasive plants) will help me tremendously. Pictures are also great but 10-15 second short videos have more impact. Please send them to me at reese.reddemann@gmail.com. Thank you!



Check out our Instagram page @udistrictrotary, which you can follow with this link - <https://www.instagram.com/udistrictrotary/>. The first campaign we are doing is the "Did You Know?" Campaign.

The Foundation of the Rotary Club of the University District is called "University Rotary Service Fund." It is a charitable organization with a 501(c)(3) tax-exempt status. The Service Fund's EIN, or tax ID, is 91-1123239.



University District
Rotary
Seattle, WA



**Change
Lives**

Procurement Form

University District Rotary Club's

2024 Fundraiser & Dinner

April 25, 2024 • 5:30 PM

Nile Shrine Center, Mountlake Terrace,
WA

The University District Rotary Club invites you to donate an item for our silent or live auction. We believe it will increase the visibility of your company while supporting funding for local community service projects as well as international projects in developing countries. Your donation will be recognized in our online preview catalog and print materials at the auction.

Donated Item Information – As appropriate, Check, Circle or Highlight Correct Answer

Item Name:

Certificate Only?

Physical Item?

Certificate and Item?

Item Description including terms and conditions: *(please see back of form for submittal instructions and if you need additional space to describe item)*

Donation Photographs/logos appreciated (jpegs or pngs): email dugfrick70@gmail.com

Expiration Date (if applicable):

May this item be sold more than once, if so how many times:

Donor Stated Value \$

Type of donation (designation may be adjusted by Fundraising Committee):

Raffle Item Silent Auction Live Auction Dessert Dash *(must be prepared in commercial kitchen)*

Delivery Options: Please indicate preference and Rotarian will contact you to arrange transfer.

Mail to Club Request pickup by Rotarian Donor to deliver a mutually agreed time

Donor Information (as it should appear in event program)

Company Name:

Contact Name:

Phone:

Email Address:

Donor Address:

City, State, Zip:

Donor Website URL:



Company Logo: please send an electronic png of Logo with form to dugfrick70@gmail.com

Signature:

Date:

Thank you for your donation to support the work of the University District Rotary Club and Service Fund. The University Rotary Service Fund, EIN # 91-1123239 is a non-profit 501(c)(3) charitable organization. This donation is tax deductible to the extent allowed by law.

Submit forms by:

Email to: contactudrc@gmail.com (may send scan, saved word or pdf document)

Mail: University District Rotary, Attention Procurement Committee, PO Box 31125, Seattle, WA 98103

Hand Delivery at Club Meetings: Give to Doug Frick or Sally Porter Smith

Questions, call Doug at 206-595-9068 or email dugfrick70@gmail.com