

# Rotary



## Club of Federal Way

### Club Meeting

Federal Way  
Twin Lakes Country Club  
Thursday at 12:00 PM

### Events

No Events found

### Birthdays

Christine Katayama  
March 9th

### Wedding Anniversaries

Dale Peterson  
February 17th  
Jodi Robinson-Cody  
February 19th  
Phil Wamba  
February 29th

### Years of Service

Mark L Sims  
10-31-2013  
10 Years

## This Week's Speaker...

A blue rectangular graphic with a yellow gear logo in the top right corner. The text "This Week's Speaker" is in white. Below it is a circular photo of Dr. Stephen Ball, a man in a suit, sitting with a beagle dog. To the right of the photo is a yellow box with the text "Dr. Stephen Ball" in white. Below the photo, the text "Owner and Clinical Director" and "Ball Chiropractic Center" is displayed in white and yellow. At the bottom, the date "February 16, 2023" and the location "Twin Lakes Country Club" are listed in white.

This Week's  
Speaker

**Dr. Stephen Ball**

Owner and Clinical Director  
**Ball Chiropractic Center**

*February 16, 2023*  
*Twin Lakes Country Club*

### Education:

- Graduate of the University of Nevada-Reno with Bachelors of Science in Pre-Physical Therapy May 1993.
- Graduate of Palmer College of Chiropractic with Doctor of Chiropractic degree in February of 1997, and have been in constant clinical practice to present.
- Honors Graduate of Palmer College of Chiropractic in Clinical Competency and Clinical Diagnosis.
- Completion of National Board of Chiropractic Examiners Parts I, II, III, IV and Physical Therapy.
- Board Eligible for Diplomate American Chiropractic Rehabilitation Board.
- Holds Malley Certification in the Assessment, Treatment, and Prevention of Orthopedic Sports Injuries and extremity manipulation.

### Background/Experience:

- Four Years clinical experience in physical therapy and rehabilitation at St. Mary's Hospital, Reno, Nevada.
- Two weeks internship with Rancho Los Amigos rehabilitation teaching

hospital, brain injury unit.

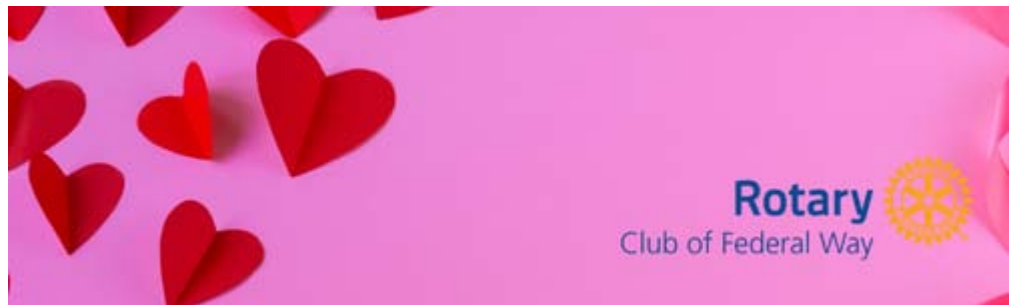
- Four Years clinical experience Highline Physical Therapy and Sports Clinic Burien, Washington. 1992-1996 Working with orthopedics and stroke rehabilitation.
- Development and implementation of the Back Injury Prevention Program at Riverton Hospital, Riverton Washington 1995.
- Chiropractic practice management consultant with Five Star Management. October 1999 to 2002.
- Owner and Clinical director of Ball Chiropractic Center of Federal Way, April 1998 to present.

### Membership and Associations

- Washington State Chiropractic Association 1997 to present
- President of the Federal Way Chiropractic Society 2009-2011
- Rotary Club of Federal Way 2011 to present
- All things considered, I'm a "good guy".

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## Join us weekly for Rotary fellowship!



**When:** Thursday, February 16, 2023 | 12pm - 1pm \*Doors open at 11:30am\*

**Where:** Twin Lakes Country Club | 3853 SW 320th St. | Federal Way, WA 98023 \*Enter through the door near the putting green\*

**Zoom:** Click [here](#) to join the meeting!

or copy and paste this link into your browser:  
<https://us02web.zoom.us/j/86736091623>

**No RSVP necessary!**

- Lunch is \$25 per person, which includes tax and tip.
- You will have a choice of several healthy and delicious lunch items.
- There will be several to choose from on a rotation each week.

**Call a fellow Rotarian and encourage them to attend.** We always enjoy our fellowship with one another!

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## Hearts & Wine



Harvest Against Hunger's signature fundraising event, [Hearts & Wine](#), is a live event this year and we are thrilled! After two years of holding it virtually, it's time to bring back the real thing. It will be a festive evening of fun, fellowship, fundraising and wine tasting while savoring generous appetizers. Join 200 to 300 concerned citizens who are passionate about reducing hunger and food waste in our community.

**Date:** Friday, February 24, 2023 at 6pm

**Location:** The Foundry by Herban Feast, 4130 1st Ave S, Seattle

**Ticket Price:** \$100 until 2/10/23; \$125 starting 2/11/23

**Do you want to know more about hunger relief?** Donna Moodie, owner of Marjorie Restaurant in Seattle, will talk about building community around food, how the pandemic has transformed the way we approach feeding people in need, and how food is a component of social justice.

**Do you love wine?** There will be 16 wineries each pouring three fine wines. Your ticket includes 15 wine tasting tokens.

**Do you enjoy networking with like-minded people?** This is an event you don't want to miss.

Find out more about the exciting program and buy your tickets at [Hearts & Wine](#).

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**Fun Events in Federal Way**



Multi-Service Center's Crab Feed is going by a new name! Save the date for the Spring into Action Dinner & Auction on May 20, 2023.

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**CENTERSTAGE!  
THEATRE**



Become a [Centerstage Theatre](#) season subscriber! 2022 - 2023 tickets are available now!

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FEDERAL WAY **Season 40**  
*Symphony*  
EST. 1983



**Enjoy the classic sounds and exquisite playing by the Federal Way Symphony celebrating its 40th season this year!**

**Tickets**

- Sunday, March 5th "Words and Music"
- Sunday, April 16th "Masterpieces from 3 Centuries-40th Anniversary Celebration"



## [Event Calendar](#)

Federal Way Performing Arts and Events Center  
31510 Pete von Reichbauer Way South

[www.fwpaec.org/](http://www.fwpaec.org/)

Box Office 253.835.7010

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## Speaker Suggestions

**HELP  
NEEDED!**

**Have a speaker suggestion for our  
weekly meeting? Please send ideas and  
contact information to Sallye or Kim!**

**sallye.lindsay@superiorsupportsrvs.com  
kimegge@cbdanforth.com**

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## FW Rotary Board Meetings

**Rotary**  
Club of Federal Way



## **Board Meetings**

**Second Tuesday of the month  
7:30am on Zoom  
click the link below to join!**

**All members are welcome.**

Click [here](#) to join the board meeting!

Or copy and paste this link into your browser:  
<https://us02web.zoom.us/j/87952402382>

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**Follow us on Facebook!**



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federalwayrotary/](http://www.facebook.com/federalwayrotary/)

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**Have a wonderful week, Rotarians!**

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Club of Federal Way

