



The Gearshift

ROTARY CLUB OF TACOMA #8

We are bringing together business and professional leaders to provide humanitarian services, to encourage high ethical standards in all vocations, and to advance goodwill and peace around the world.

The Gearshift is a weekly publication to inform members of current events in the Rotary Club of Tacoma #8.

Vol. One Hundred-One | Issue No. 9



ROTARIANS ARE AMAZING

Rotary Club of Tacoma #8 meets weekly on Thursdays.

This week's meeting:

La Quinta Inn & Suites
1425 East 27th Street
Tacoma, WA 98421

WELCOME NEW MEMBER
TIFFANY WILLIAMS



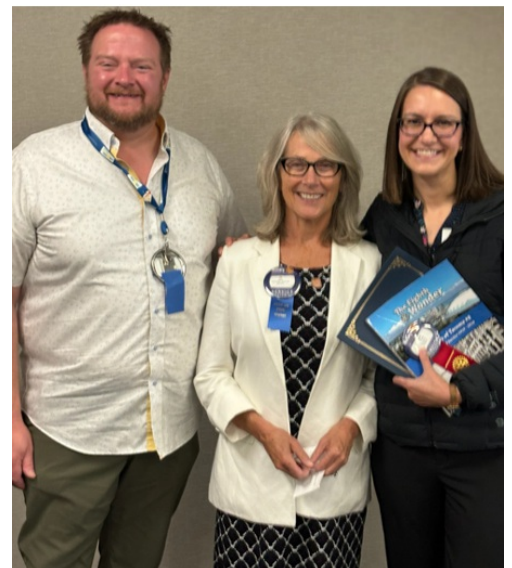
Less than a month ago our members received an appeal to support our Annual Giving Program, Project Greater Good. The response has been humbling as we already have over 60 members who have given over \$52,000. We are hoping to end the month by doubling that total! One of our new committee members has offered a challenge. Check out this photo with Andrew Sisolak, wearing a backpack, surrounded by other members of the PGG Committee.

You may be asking what is with that steel flywheel? Well, Andrew is undertaking a personal challenge and committing to each of you that for every \$1,000 raised for PGG by August 31st he will carry 1 pound for one mile for Rotary. That means he is already on the hook to hike for 52 miles carrying 52 pounds. Let's make it interesting and make sure he is hiking 100 miles with 100 pounds.

Remember it is up to you how much you wish to give and how you want to allocate your donation. Please use the link below to make your donation.

Thank you to the members below who have already turned in their pledge forms.

Jeff Albers	DeAnne Hamilton	Jim Merritt	Buck Thompson
Steve Bader	Dean Hanks	Don Meyer	Diane Tilstra
John Bailey	Don Hansen	Kathryn Nelson	Pamela Transue
Miriam Barnett	Lori Harnick	Peter Norman	Larry Treleven
Dan Bogart	Donna Haynes	Stacey Ogle	Alex Trettin
Jan Brazzell	Jim Henderson	Mary Lynn	Joy Vivar-Beeks
Marsha Burns	Rusty Hersey	Pannen	Carolyn Weyrick
Amanda Burrows	Corey Hjalseth	Harry Pritchard	Kirsten Willis
Libby Catalinch	Jennifer Jensen	Debbie Regala	Kathi Willis
Liz Collins	Michele Johnson	Greg Rolsma	
Cynthia Darland	Diane Kelleher	John Schneider	
Timm Dowling	Ali Kemp	Ray Schuler	



Michael Dunbar	Sherrana Kildun	Terri Scott
Brenda Gasper	Harrison Laird	Chris Serface
Jeff Gellert	Roger Lee	James Shoemaker
Sally Glover	Sally Leighton	Andrew Sisolak
Joe Gordon	Kathy Manke	Scott Sutherland
Whitney Grisaffi	Kathy Martin	Jim Tanasse
		Deb Tanasse

PLEDGE NOW



**COMPREHENSIVE
LIFE RESOURCES**

A Certified Community Behavioral Health Clinic

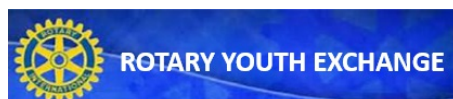
It is far beyond time for this country to embrace behavioral health as a critical component of a thriving society.

A recent op-ed by the CEO of the Legal Action Center advocated that mental health and substance abuse is infrastructure that deserves the same investment as roads, bridges, and airports. They rightly point out that our "human infrastructure" is in peril and that unless we shore up human beings nothing else will matter.

Almost one in four adults in the U.S. lives with a mental illness, substance use disorder or both. Suicide is the second leading cause of death for people ages 10 to 34, followed by homicide for ages 15-34. According to the CDC, in a 3-month period, patients with depression missed an average of 4.8 workdays – expand this out and it equals 200 million lost workdays each year at a cost to employers of \$17 to \$44 billion.

We have starved the behavioral health and safety net systems in this country for decades and we got what we paid for. Despite a vast number of effective treatments for behavioral health conditions, far too few of us get access to the best care, or any care at all, because there simply is not enough available. Less than 50% of those who experience a behavioral health issue receive any treatment.

Here at CLR we have never had better, more sophisticated treatment programs than we do today. New programs like First Episode Psychosis, Assertive Community Treatment and Mental Health Navigators in schools create opportunities for community-based care that have never existed before.



Exchange Students Arrived!

Our two exchange students have arrived and were welcomed at the airport with a Rotary #8 "Welcome to Tacoma" sign held by members of Rotary's Youth Exchange Committee (RYE). Emil, from Germany, and Ruth, from Africa, will complete a sports physical and enrollment process to attend Stadium High School. Through their months in the exchange program, each will stay with three families for around three months each, learning and exploring our Tacoma (American) life.

Do any Tacoma students participate in the RYE? Yes! Aliya is headed to Austria and Mikayle to Italy.

Do you go to Rainiers games? Go on hikes? Sail?
Visit the zoo? Please contact Zach Entwistle,
Entwistle Real Estate Team, zach@zachentwistle.com, to
learn about sharing that experience with an Exchange Student.

Rotary  **MEMBERSHIP
PROPOSAL**

Comments may be submitted to the board within **7 days** of this posting, as to the membership of:

JENNI WARREN

CLASSIFICATION
Symphonies

SPONSER
Linda Kaye Briggs

**rotary
youth
exchange**

Let's fill the calendar!

Sign-up now to show our new Rotary Youth Exchange
Students the time of their lives while visiting.

We want to fill up the exchange students' first couple of months with great summer activities. Here are some ideas below:



- Visit the State Fair (Aug 30-Sept 22)
- Camping
- Bowling
- Attend a Sounders Game
- See a Play (Tacoma Little Theater)
- Visit the Northwest Trek
- Rock Climbing
- Hiking
- Paddle Boarding
- Sea Kayaking
- Golfing
- Horseback Riding
- Fly Fishing
- Zip lining
- Flying (private plane ride)
- Your Idea Here!!!



Virtual streaming of Tacoma Rotary Club #8 meetings is now **only** available on

facebook

Need to join us virtually? Please join us on **FACEBOOK** by clicking the "Join Now" button.

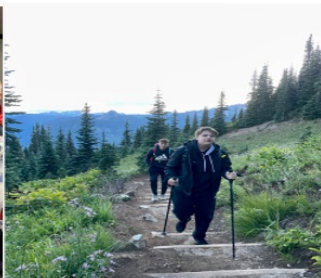
Next Broadcast
Thursday, August 29th
12 – 1pm



Story Writer - Jim Henderson
Program - Rebuilding Together South Sound



Ruth greeted at airport by Rotary #8 Members and friends



Emil hiking in Washington State with Luke Entwistle (Zach's son)



HANDS FOR PEACEMAKING & ROTARY GUATEMALA MISSION TRIP

Funded in part by Tacoma #8, members of four Rotary Clubs participated in the mission to assemble and install 110 Aller clean-air wood-burning stoves and water filters in a remote village in the Mayan Highlands.

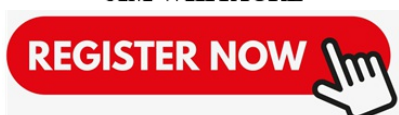


Following graduation from the UW School of Business, David Snow served as a Peace Corps Volunteer in Guatemala then embarked on a career focusing on regional, national and international sales management. He joined Tacoma #8 in 2003 and served two terms as Vice President of the Foundation. He and his late wife, Barbara, traveled to Ethiopia on a PolioPlus mission to vaccinate children against polio and visited Kenya with Rotary. While with World Vision in the early 2000s, David co-lead a Rotary/World Vision task force seeking a partnership alliance with Rotary International. In the process they met with Rotarians such as then RI President Carl-Wilhelm Stenhammar and twice with

Past RI President Jim Lacey. This effort paved the way for Rotary-World Vision Collaborations, which today has reached \$60 million in completed, underway or planned projects. David was involved in the early years of LeMay-America's Car Museum and Franciscan Health System during the construction of St. Anthony (Gig Harbor) and St. Elizabeth (Enumclaw) Hospitals. His decade-long work with Wesley Community Foundation led to his transfer to Renton Rotary in 2018.



JIM WHITACRE



Russian Rotaractor Seeking Marketing Internship

Several years ago, Rotary #8 had a visit from a lovely 18-year-old Russian Rotaractor, Alisa Sokolova, who had recently traveled to the US to begin her freshman year at Pacific Lutheran University. She even joined us for a food repack. Alisa is now entering her junior year looking for an internship in marketing. She would be excited about market research, marketing strategy development, market analysis, or creative conceptualizing. In other words, she's open to anything marketing-related.

Alisa is an outstanding student, a member of the PLU swim team, and has worked an on-campus job for the last two years. She would be a great addition to any team. In a perfect world, Alisa would like a paid internship, but, depending on the opportunity, she would be okay with an unpaid internship.

Please contact me if you know of anyone who would like to support this wonderful young woman, and I will connect with you.

- Stacey Ogle



Saturday Sept 7, 2024
10:00am – 1:00pm
4009 South 56th Street
Tacoma, WA 98409

President Chris Surface called the weekly meeting of the Rotary Club of Tacoma #8 for August 22, 2024, to order at 12:04pm. The meeting was held at the LaQuinta Inn in Tacoma, Washington, and was live on the Club's Facebook page. President Chris led everyone in the four-way test.

Board member Brenda Gasper, from Lindquist Dental Clinic took the roving microphone around to members who had guests. Community Volunteer Carol Webster had a number of Rotary Youth exchange guests including our two new inbound students. Ruth from Uganda and Emil from Germany. PP Greg Rolsma introduced the new Tacoma Sympathy ED who will soon become a member of Tacoma, #8.

We were reminded about the Santa for Seniors project from Lutheran Community. Services after the regular meeting. Liz Collins, the University of Puget Sound, introduced Tiffany Williams, Program Manager for Community Based Learning at Puget Sound as our newest member. She is the liaison to the new Rotaract Club at Puget Sound and connects students as volunteers in the community. She lives in Lakewood. President Chris presented her with her name badge, Rotary pin and Liz with her sponsor pin.

Andrew Sisolak, Boy Scouts, and PGG Committee member came forward to update everyone on the progress for our Project Greater Good Campaign. Over \$48,000 pledged so far and Andrew had his backpack on and challenged everyone that he will carry that backpack if goals are met for PGG.

PP Brien Elvins introduced from Habitat for Humanity, Sheranna Kildrun. Today's meeting sponsor was Sound Outreach, paid for by Kathi Willis. Kirsten Willis talked about Sound Outreach annual luncheon on September 17th. Michael Holloway reminded everyone about the upcoming Thirsty Thursday on August 29th at McDuff's at the Highlands Golf Course.

Carol Webster had Ruth RYE student from Uganda present her club's banner. Carol then introduced today's program and speaker Rachel Lehr from Rebuilding Together for South Sound. It opened in 2001 and has rehabilitated over 1200 homes. It leverages resources where they are offered at no charge to get safe and healthy homes. Work is done in Pierce County and Federal Way and Auburn.

Home repair is done at individual homes like making it accessible. She talked about some typical clients where aging in place, home remodeling for mainly seniors. We were told we can support the efforts in many ways: donations, paying for contractors. Permits are required and were told they have 9 full-time staff.

Then was time for some true confessions. PP Carolyn Weyrick trip to Spain and Croatia to visit former Exchange daughters; PP Mike Dunbar visiting his son in South Carolina, LA for a Rolling Stones concert and caregiver for Liz recovering from hip surgery; PE Whitney Grisaffi




paying her birthday fine, and Dean Hanks now in Philanthropic Management, doing a capital campaign for the Boy Scouts.

The meeting was adjourned at 12:52 pm to do the Santa for Seniors project.



Happy Anniversary!

KATHY MARTIN	35 YEARS
RICK OLDENBURG	22 YEARS
JOE MISSEL	18 YEARS
ELLIOT STOCKSTAD	17 YEARS
DIANE TILSTRA	12 YEARS



Happy Birthday!

ZACH ENTWISTLE	AUGUST 27TH
JEREMY SIMLER	AUGUST 27TH
ALECIA CUNNINGHAM	AUGUST 30TH
SCOTT SUTHERLAND	AUGUST 31ST

Fellowship, Leadership, and Service Above Self since 1910