



The Gearshift

ROTARY CLUB OF TACOMA #8

We are bringing together business and professional leaders to provide humanitarian services, to encourage high ethical standards in all vocations, and to advance goodwill and peace around the world.

The Gearshift is a weekly publication to inform members of current events in the Rotary Club of Tacoma #8.

Vol. One Hundred-One | Issue No. 4



Rotary Club of Tacoma #8 meets every Thursday.

This week's meeting:

**La Quinta Inn & Suites
1425 East 27th
Tacoma, WA 98421
12 - 1pm**

Virtual streaming of Tacoma Rotary Club #8 meetings is now **only** available on



Need to join us virtually? Please join us on **FACEBOOK** by clicking the "Join Now" button.



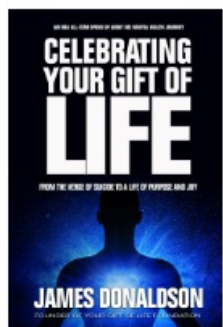
Shellie Willis is the Founder & CEO of Redefining You Foundation a nonprofit organization that supports and empowers transitioning servicewomen, women veterans, and military spouses redefine their lifestyles and perspectives following military service. She is a 25-year veteran of the US Army and holds a master's degree from the University of Maryland.

Mission

Empower service women, women veterans, and military spouses to no matter when you transitioned while completely redefining their lifestyles and perspectives following military service.

Vision

Be the primary resource and first national model to concentrate on the concerns specifically connected to servicewomen, woman veterans, and military spouses when leaving military service.



James Donaldson is a Washington State University (WSU) graduate class of '79. After an outstanding basketball career with WSU, he went on to play professionally in the NBA with the Seattle SuperSonics, San Diego/L.A. Clippers, Dallas Mavericks, New York Knicks, and Utah Jazz. He also played for several teams in Spain, Italy, and

Next Broadcast:
Thursday, July 25th
12 - 1pm



In Service Project



Thursday July 25th

**Please plan to come early
OR stay late to assist in
putting 150 hygiene kits
together.**



ANDREA GROSSO

CLASSIFICATION

Financial Services - Consultant

SPONSOR

CAROLYN WERICK



Greece under the European Leagues. To wrap up his athletic career, James toured with the Harlem Globetrotters.

James was an NBA All-Star in 1988 while playing center for the Dallas Mavericks. In 2006, James was inducted into the Pac-10 Sports Hall of Fame as well as the WSU Athletic Hall of Fame.

The foundation will give James a platform from which he can continue his advocacy. Scheduled professional speaking engagements around the United States is one of his main tasks, with the goal being to bring about awareness to various groups of students, student-athletes, athletic teams, businesses, and associations.

To learn more, click [here](#).



PAT STEEL	JULY 23RD
PETER CARLSTROM	JULY 23RD



A NIGHT AT THE BALLPARK
PIERCE COUNTY ROTARY CLUB
8TH ANNUAL
MANDATORY FUN NIGHT

Presented by current and former Assistant Governors of Pierce County
 Linda Kaye Briggs, Tracy Cannata, Cindy Minton, Kathryn Nelson, Bill Patten, Katrina Thompson

Join us on the law with your fellow Rotary members & family. Start off with tailgating in the parking lot followed by an evening of baseball in covered seats. This event is open to anyone that wants to have great time. RSVP by August 1st.

Scan the QR code to register for this event or enter this address in your mobile browser:
<https://Registration.PCCRC.com/RegistrationIndex.cfm?eventID=7754279&loc=apchc>
 The Tacoma Rainiers take on the Sugar Land Space Cowboys.

Tailgate or Game only: \$16 per Person Tailgate and Game: \$22 per Person Tailgate Dinner/Rainier Hat: \$38 per Person	
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EVENT DATE: Wednesday, August 14
Tailgate: 4:30PM
FIRST PITCH: 7:05PM
RAINIERS vs. Sugar Land Space Cowboys

Event Photos:

Event Sponsors:

Quantity Contact: ...
 Tracy Cannata: tracy_cannata@gmail.com (253) 993-4666
 Cindy Minton: cindy_minton@gmail.com (253) 677-1415

Save the Date

Tacoma Police Department's
Kids Health & Safety Fair
 Focusing on Back-to-School Readiness

Saturday, August 24, 2024
10 am - 1 pm

Eastside Community Center
 1721 E. 56th St, Tacoma, WA 98404

FREE!

- Free Bike Helmets (Includes Fitting)
- Bike Checks
- Backpacks & School Supplies
- Haircuts
- Ask a Doctor or Nurse
- Health Screening (Including Dental & Vision)
- Immunizations Available
- Mental Health Resources
- Games & Entertainment
- Personal Care Bags (Toiletries, Toothpaste, Band-Aids, etc)
- And much more!

For more information, contact Sarah Smith, Community Engagement Manager, Tacoma Public Department (252) 240-8076, or saarah@tacoma.gov



Happy Anniversary!

DEB ROBINETT	33 YEARS
BECKY FONTAINE	32 YEARS
MADDIE MERTON	6 YEARS



President of the Day, **Carol Duris (Timberland Bank)**, opened the meeting and led Rotary in the 4-Way Test. **Miriam Barnett** (Retired) read the Land Acknowledgement. President Carol welcomed visiting Rotarians and members with quests. **Kirsten Willis**, Sound Outreach, took the microphone to **Randy Kinnamon**, Salvation Army, who announced no Rotarians online.

President Carol noted that July is Maternal and Child Health Month. Every day mothers risk their lives giving birth and millions of children die each year from treatable, preventable causes. At least 7 million children under the age of five die each year due to malnutrition, poor health care, and inadequate sanitation. To help reduce this rate, Rotary provides immunizations and antibiotics to babies, improves access to essential medical services, and supports trained health care providers for mothers and their children. Rotary's projects ensure sustainability by empowering the local community to take ownership of health care training programs.

Member Anniversaries: **Ray Schuler**, Kidder Mathews (38 years), **Maureen Fife**, Habitat for Humanity (23), **Carol Webster**, Ret., (16), **Donna Haynes**, Ret., (16), **Bruce Dammeier**, Pierce County Executive (7), **Alecia Cunningham** Palmer Scholars, (5)

Kathi Willis, Ret., invited July birthdays to the podium and asked them to prepare in recognition of National Ice cream month and National Listening Day. **Jim Henderson**, Ret., and **Dean Hanks** share the same birthday! **Deb Brazzel**, Ret., **Doug Paige**, **Brien Elvins**, Tacoma Investment Group.

President Carol introduced Commissioner of Public Lands, **Hilary Franz**. She provided a reminder that there is a statewide burn ban effective. 90% of fires are caused by humans. A homeowner can create ten-foot barrier as a precaution. The department receives over \$500 million from the many leases on public land and the dollars go to schools, fire district, and more

Donna Ponepinto, United Way, introduced **Annie Frisbie**, United Way. Originally from Nairobi, she is adjusting to Tacoma life exceptionally with new friends, connections despite the cultural differences, including learning American English words from her upbringing in British English to American English.

Amanda Burrows, Financial Insights, new Rotary business cards to provide to potential members. **Kathi Willis** won a gift card from the Membership Committee drawing for inviting quests to a club meeting.

Kathryn Nelson, Ret., reminded members of next week's Raising Girls Service Project, at the Thursday July 25, packing hygiene kits for young woman needing the basics.

Kathryn Nelson provided a paid sponsorship to introduce **Ingrid Mcleod**, Pierce County Cour Commissioner running for Pierce County Superior Court Judge, and has over 200 endorsements, including from every Pierce County Superior Court judge, she encouraged Rotarians to read the voter's pamphlet and vote. (Rotary #8 offers a three-minute or less, sponsorship at meetings to promote a business, political candidate or issue. Not available at every meeting)

Diane Tilstra, Ret., introduced **Lori Tsugawa Whaley**, Author of *Let the Samura Be Your guide*. Whaley is a two-time TEDx Talks speaker, author, and descendant of a Samurai warrior. Her grandparents and parents were placed in Japanese internment camps during WWII. She was not taught the Japanese language as a child. Yet she wanted to know about her heritage and selected Japanese as a language requirement in college. Later, she was rear ended twice that resulted in a dramatic brain injury and loss of reading skills back to a seventh-grade level. To move forward in all parts of life, she followed the Code of Bushido, The Way of the Warrior, a pathway to personal success in courage, integrity, benevolence, respect, honesty, honor, and loyalty. She gave

several examples of others who live the Bushido Way: Chiune Sugihara who gave visas to over 2,000 Lithuanian Jews during WW2, 100/442nd Regimental Combat Team, a segregated Japanese American unit, which is the most decorated unit for its size and length of service.

President Carol thanked Lori and gave her a book to autograph for one of our little libraries.

In confessions, **Dan Bogart**, Banner Bank announced a new grandson. **Dean Hanks** announced his new position with L.Arche. **Doug Page**, PLU noted it was his 63rd marriage anniversary and his 37th birthday—Rotarians caught the humor, and he confessed the numbers need to be switched.

President Carol thanked meeting volunteers then closed the meeting.

Technical Support – Randy Kinnamon
Land Acknowledgement – Miriam Barnett
Board Greeter / Mic Mover – Kirsten Willis
Birthday Celebration – Kathi Willis
Program Intro – Diane Tilstra
Story Writer – Barbara Wyatt
Member Induction – Dona Ponepinto
Membership – Amanda Burrows
Raising Girls Announcement – Kathryn Nelson

Fellowship, Leadership and Service Above Self since 1910