

# Rotary

## Club of South Cowichan (Mill Bay)



### June 14 & 21 Bulletin

By Hilary Abbott

#### June 14 & 21, 2023 Bulletin

Hello Fellow Rotarians,

This should be the last bulletin created and sent through Club Runner - as our Club has decided to migrate over to the DACdb format. I am remiss in not having a bulletin out last week after our guest speaker, Marie Dai, presented.

#### Club News, Program and Business

##### June 14 (Zoom) Meeting

A great turnout of 11 members, 2 guests and visiting Rotarian, Ed Kisling.

Roger and Gay reported on the successful Frances Kelsey Awards Night, where a Rotary Interact Award was handed out as well as (5) \$1,000 bursaries from our Club. The deserving students were most appreciative.

David Dai introduced our Guest Speaker and his daughter - Marie Dai - currently a Student Pharmacist at Island Pharmacy in Duncan.

We learned that Marie was born in Beijing 22 years ago. She shared news about her father – without a car David ran throughout the neighbourhood in search for a taxi to get to the hospital – as it was in the middle of the night when there were no buses running. David probably covered 10 kms to find a taxi.

Marie was raised by her grandparents – while her mother searched for work in Canada. Marie's mother, Sandy Sun, found work at Shawnigan Lake School. In due course this allowed Marie to attend Shawnigan. As she approached graduation from Shawnigan – her Tennis Coach and French Teacher encouraged her to attend McGill, where she roomed with (3) French speaking roommates. Marie has mastered at least (3) languages. After a successful career at McGill with a Major in Science and Minor French – Marie was ready for post-grad studies. She was accepted into UBC's Pharmacy program – which she commenced while finishing her final semester at McGill – oh the benefits of Zoom Studies and incredible personal academic drive on the part of Marie.

Marie described the growing importance and expanded roles of your local Pharmacist including:

- They are available and keen to share their knowledge and healthcare expertise.
- They can prepare blister and bubble packs – which are great way to manage complicated healthcare regimens.
- They can potentially save you a trip into town – encourages us to ask about medication delivery.
- If you are unsure about your medications, ask for a medication review.
- Prescribing for minor ailments is now available on a rolling out, limited basis. We are encouraged to call locations for more information.

Marie kept her audience captivated – and prompted many questions.

## **June 21 - In Person Visit to the Mill Bay Historical Society Museum**

Ten members of the Club and one guest were treated to a morning tour of the Mill Bay Historical Society Museum. Our appreciation goes out to Louise Patterson - who coordinated with volunteers of the Society to be available at 6:45am to give us a very interesting walk through history. Thank you Helen Pool - and ??? Louise help us here, who was the other early morning volunteer?

If you are looking for things to do with visitors this summer - check out the Museum's website for hours. There are lots of interesting exhibits to keep all ages engaged:

<https://millbaymalahathistory.com/>

Hilary reported that the June 17th Bottle Drive generated approximately \$620. Thank you to all the volunteers who showed up to help and the many cans and bottles supplied by fellow Rotarians and the Cobble Hill Hall.

### **Repeat News:**

The following is reprinted to serve as a reminder - here are some of the findings we discussed and shared at our May 18th planning session meeting:

- Return to Wednesday Morning Meetings.
- Provide consistency in meeting day and time.
- A meal is not necessary but leave open a simple solution to be considered.
- Any food and beverage option introduced will apply to all members.
- Become active with a local community service project – “get doing”.
- Finish on time.
- Consider one Zoom Meeting per month.
- Focus on Fellowship.
- Attract good speakers – therefore – ensure good technology to allow remote speaker attendance.
- Commitment – all members must be prepared to commit, even if it's just once a week.
- Membership – all current Rotarians need to become active recruiters.
- Strive for program balance and quality – this in turn will drive attendance.
- Strive for Community Service that is fun.
- Enhance enthusiasm.
- Reduce the number of changes in Club operations.

President Gay reminds us that we now meet regularly on Wednesday Mornings at 6:45am according to the following format:

1. First Wednesday of the Month - in person
2. Second Wednesday of the Month - via Zoom
3. Third Wednesday of the Month - in person - Club Business/Planning
4. Fourth Wednesday of the Month - Club Social.
5. IF - there is a fifth Wednesday in a month - NO MEETING.

### **Announcements and Upcoming Events:**

#### **June 24**

Installation BBQ Social @ Gay's Home in her Garden - 2:00 pm until whenever.

This will be a casual daytime affair - when in addition to Installing the New Directors - we will also be honouring the late Brian Keple - who generously left a gift to the Club in his will. Truly an inspirational Charter Member of our Club.

More details to follow.

## July 5 - In Person

Meeting at Kerry Park Centre

## July 8 - At Cobble Hill Hall - 9:00am

Saturday morning clean and prepare the Cook Cart for active service

## July 12 - Zoom

Guest Speaker - *Rory Sinden* - Former Interact Member and Rotary Bursary Recipient

## July 19 - In Person

Program to be advised

## July or August - Youth Program

Hilary Abbott to organize a Club Meeting focusing upon our Youth who have been recipients of Club support - particular attention on the vibrant Interact Clubs and this year's bursary recipients

## September 9 - Rotary Friendship Exchange (RFE) from Turkey.

Working with the Up Island and Victoria Host Clubs - we plan to host a luncheon or dinner for the delegates. The Cowichan Valley is where the host groups will exchange responsibility for the RFE delegates.

More details to follow.

## Fine Master Comments

There was no time left for the fine master, however, if you missed the chance to share - please see the following instructions for making a contribution to the Club

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It's possible I have made some errors – I'm not perfect – as I am often reminded. If I have overlooked fining you – please charge yourself.

A few Housekeeping Rules:

1. Please Set-up an online email payment system for our Rotary Club with your banking institution
2. The email address to send money to for weekly fines is: [clubacct@southcowichanrotary.org](mailto:clubacct@southcowichanrotary.org)
3. The Security Question is not critical – but as an example, I might suggest: "Where do my Rotary fines go?"
4. The Answer is VERY CRITICAL!!! It must only be: **SouthCowichan** exactly !!!
5. I suggest you leave a message like – "*Fine Pot Contribution – Name the Month*".
6. Consideration – you might like to make a monthly contribution in advance to cover all potential fines?? Just saying – it will assist the Treasurer.

That's it – thank you for reading and following the above instructions - Shirley Franklin thanks you too, as it makes her job as Treasurer infinitely easier.

Yours in Rotary,

Hilary S. Abbott,

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