

# THE STAFFORD ROTARY HIGHLIGHTER

September 13, 2023



Rotary Club of Stafford **People of Action**

## September 13 Program - Master Shu Amun



Master Shu Amun and I am legally blind. He was born with a condition referred to as Stargardt disease which he didn't know about until he was an adult. It made major changes and challenges to his life. As he learned more about his blindness his views of the world changed. In the background he was learning Martial arts. It was the Way of the Warrior that helped him to embrace the loss of vision and all the changes it made to his life. Today, he is a certified Master Instructor of Jeet Kune Do that was created by Bruce Lee. Which means... "The way of the Intercepting Fist."

He is also a practitioner of Combat Hapkido, Ground self-defense, and weapons. Through this art he has learned to find his true-self and how to express himself as a human being to the maximum, and also, how to find peace in his surroundings while being prepared for conflict.

His goal is to use the way of the warrior way as a tool to restore the identity and life conditioning of the individual. Helping to reduce fear, anxiety, uncertainty, and embrace the unknown and the warrior within.

## Club Calendar September Is Basic Education and Literacy Month

- ❖ September 13 – Master Shu Amun
- ❖ Sept. 15 – Board Meeting - Noon
- ❖ September 20 – Via Colori Information Program
- ❖ September 22 – Via Colori Setup
- ❖ September 23 & 24 – Via Colori, Stafford Regional Airport
- ❖ September 27, 6 pm – Social – Labeling dictionaries
- ❖ September 30 – District 7610 Foundation Seminar
- ❖ October 3 – National Night Out
- ❖ October 4 – Board Meeting 10:30 – Regular Meeting - Noon
- ❖ October 11 – Dr. Kahn on Alzheimer's Disease
- ❖ October 25 – Annual Club Chili Cookoff
- ❖ November 4 - District Rotary Foundation Seminar and Celebration Luncheon
- ❖ November 15 – Common Man for Ukraine
- ❖ Feb. /March 2024 -District Grant Seminar - Feb/Mar 2024
- ❖ District Training Assembly - April 2024
- ❖ May 25-29, 2024 -Rotary International Convention in Singapore
- ❖ Fall, 2024 – District Conference

## September 6 Meeting

President Jamie presided.

- The Maui fundraiser netted \$1,618, plus donations given directly to the Maui Rotary.
- All club members now have Stafford Rotary email addresses.
- President Jamie displayed the QR code to download the handy new Stafford Rotary app.
- The September board meeting will be held on Friday, September 15. After that board meetings will be held at the Paradise Diner before the first Wednesday meeting, at 10:30
- The potential member event went well. There is one real possible new member.
- Our club calendar is updated in real time. Let President Jamie know when there are new items to add.
- The District Foundation Seminar is scheduled for September 30.
- DG Rene will be holding Rotary information Zoom meetings throughout the year.
- Molly discussed upcoming programs and the possibility of a club project preparing a club book on good mental health habits.
- In months when we have a 5<sup>th</sup> Wednesdays, these meetings will be special fellowship activities.

### Committee Reports:

- Community Service - we will be working on a Thanksgiving project.
- Treasurer - We were reminded that September 30 is the last day to receive a discount for paying the full year's dues.
- Youth Service - We'll put bookplates in dictionaries and assign schools for dictionary delivery. The Interact Club is active for the new school year. We are exploring the possibility of sponsoring a Scout troop.
- Leigh Ann reported on membership leads. We need volunteers to staff the Rotary at Via Colori to tell people about Rotary. We will be selling coat cutouts at Viia Colori to raise money for Operation Warm.\

**Volunteer for Via Colori - Sign up Now -**

**<https://www.signupgenius.com/go/10C0849AEAC22A7F5C25-viacolori#/>**



**Let's Discover the Power of Rotary Together!**

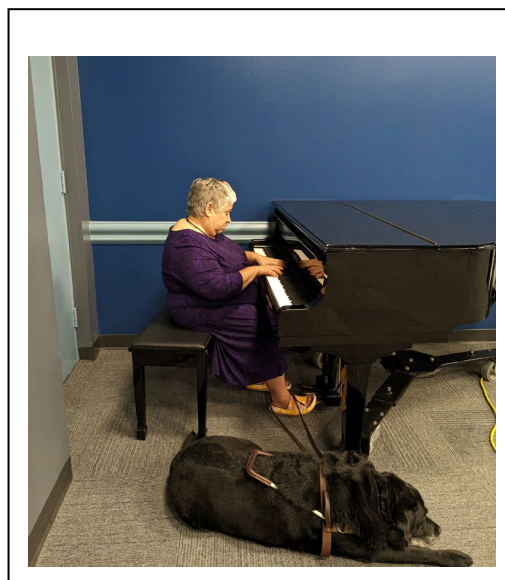
Join us for Rotary 101, a series of engaging sessions designed to learn more about Rotary International, Zones, District, Clubs, and how we collaborate to make a meaningful impact!

## Dates & Times

1st Tuesday of each month at 7PM

3rd Thursday of each month at 12 Noon

## Holly playing the piano during the Volunteers for the Blind Yard Sale



## Fundraising with Shirts

District Governor Rudy Garcia (7600) and Dave Furia (Wingman for Amelia) are modeling shirts they purchased at the RI Convention in Houston, from the Rotary Club of Livingstone-Zambia. The club sells these shirts (lots of designs) to raise money to fight human trafficking.

[https://clubrunner.blob.core.windows.net/00000006774/en-ca/files/homepage/the-kwenuha-women-s-association-rotary-shirt/Rotary-Livingstone-Catalogue.pdf?fbclid=IwARONkCwG32qX1D-HCdNmfvZbb60oPBRLujsc2NlisCO\\_1zwAp3bH\\_vhHbr4](https://clubrunner.blob.core.windows.net/00000006774/en-ca/files/homepage/the-kwenuha-women-s-association-rotary-shirt/Rotary-Livingstone-Catalogue.pdf?fbclid=IwARONkCwG32qX1D-HCdNmfvZbb60oPBRLujsc2NlisCO_1zwAp3bH_vhHbr4)



**The Rotary District 7610 Membership Summit 2.0** in Fredericksburg, VA, was a triumph! It was a weekend filled with inspiration, education, and camaraderie, thanks to the dedicated



efforts of District Membership Chair Eileen Curtis, Membership Summit Chair Earl Baughman, District Governor René Wild Laws, and the entire membership team.

RI Director-elect Patrick Eakes and Assistant Rotary Coordinator Hugh Dawkins took the stage and shared invaluable insights into various membership topics. The summit covered everything from setting ambitious goals to exploring innovative clubs and Rotaract concepts. The discussion on membership leads, engagement strategies, and a deep dive into Rotary's rich history and promising future were inspiring.

The lunch break was a pause and an opportunity for Rotarians to lead dynamic discussions at table talks. These sessions delved into essential areas like marketing, public image, and engagement, equipping attendees with practical strategies to strengthen their clubs. DMC Eileen's interactive discussion of case studies targeting membership challenges was a highlight, offering tangible solutions and sparking creativity. Another highlight was the panel discussion featuring Rotarians Amelia Stansell of the Rotary Club of Warrenton VA, Rich Irons of the Rotary Club of Vienna Virginia, Cal Ewing of the Rotary Club of Orange, Va, Peter Anderson of the Crystal City-Pentagon Rotary Club, Joe Nam Do of Annandale Rotary Club, and Martha Heric of Rotary Club of Middlesex County, VA. Their diverse perspectives and experiences added depth to the summit's discussions.

Our heartfelt gratitude to District Membership Chair Eileen Curtis, Membership Summit Chair Earl Baughman, District Governor René Wild Laws, and their incredible team, Leigh Ann Poland, Grace Mukupa, Barry Gordon, Donna Almborg, and Chris Robinson, who worked tirelessly to craft a fantastic event that left a lasting impact on Rotarians. Our special thanks to PDG Sheila Crown Brennan and District 7610 Administrative Assistant Connie Corwin.

Patrick Eakes' rallying cry, "Everything good is at the club level," resonated deeply. His call to action to continue growing Rotary was a powerful reminder that as we expand and evolve, we create more opportunities for service projects, leadership, and most of all, lasting friendships.

For those who couldn't attend or want to relive the magic, [www.RIZones33-34.org](http://www.RIZones33-34.org) offers a treasure trove of videos and information on Discover Rotary. Please mark your calendars for Monday, September 25 at 6:00 p.m., where we'll share the best ideas shared at the Summit. In conclusion, the Rotary District 7610 Membership Summit 2.0 was a resounding success that inspired everyone to make a significant impact. As we continue to grow clubs and diversify formats, we're not just building Rotary; we're building a brighter, more connected world filled with hope. Thanks to everyone who attended!

