

Rotary
Club of Louisville



SPARKS

Our Guest Speaker

Barry Barker,
President-Rotary
Club of Louisville
June 27, 2019

Muhammad Ali Center
View Pointe Hall
11:30 Buffet
12:05 Meeting

The Menu:

House Caesar Salad
Chili
Baked Potato Bar

Fresh Fruit
Cookies & Brownies
Iced Water/Iced Tea/Coffee



BRING A GUEST.

Email Us - Register Your Guest - [Click Here >](#)

#CONNECT4GOOD



ASK A QUESTION

LEARN
INSPIRE
SUPPORT

MEET
CONNECT
GROW



BE THE INSPIRATION

Shout Outs

Do you want to share a shout out with the club? Share your recognition (in the news or an act of service) of a fellow club member with our Rotary staff - which will be featured at our next club meeting!

**SUBMIT A
'SHOUT OUT'**

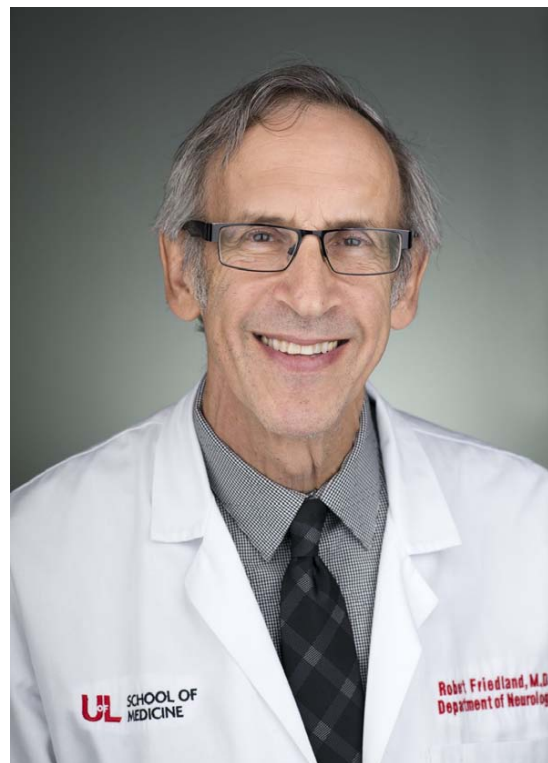
WELCOME NEW MEMBERS!

Click [HERE](#) to see the leaders that have recently joined our Club!

About the Rotary Leadership Changeover Meeting:

Barry Barker, retired Executive Director of TARC and the 2018-2019 President of the Rotary Club of Louisville, will provide a retrospective view of our Rotary Year during the June 27th Leadership Changeover Meeting. President Barry's remarks will revolve around this year's Club theme, "A Fellowship of Leaders." Join us as we acknowledge our outgoing Officers and Directors, welcome our incoming Board and Officers, and introduce our Club's President for 2019-2020, Luke Schmidt, President of L.B. Schmidt & Associates.

Dr. Robert Friedland, Rudd Professor of Neurology for the University of Louisville School of Medicine, delivered a provocative and motivating presentation of his research on prevention of Alzheimer's and general enhancement of aging. Dr. Friedland expressed his findings as the importance of different types of "interdependence". For example, the microbial populations living within our bodies can provide disease-preventing benefits to our body systems (from the nervous system, to digestive system, to endocrine system, etc.), but those benefits depend on the diet we give the microbes to eat ... which needs to be diverse in nutrients (i.e., mixture of vegetables and proteins), and low or absent of foods without nutritional value (such as soft drinks and processed sugar). Interdependences for improvement of quality of life also include how we manage the many interdependent lifestyle factors, Dr. Friedland explained, including physical and mental exercise, stress management and social activity. Dr. Friedland encouraged our "Declaration of Interdependence" in a timely fashion before the coming July 4th holiday.



CONNECT FOR GOOD.

Upcoming Meetings

- | | |
|--|--|
| June 27th
Rotary Club Lunch Meeting | July 4th
NO MEETING!!! Rotary Club of Louisville |
| July 11th
Rotary Club Lunch Meeting | July 18th
Rotary Club Lunch Meeting |
| July 25th
Rotary Club Lunch Meeting | August 1st
Rotary Club Lunch Meeting |
| August 8th
Rotary Club Lunch Meeting | August 15th
Rotary Club Lunch Meeting |
| August 22nd
Rotary Club Lunch Meeting | August 29th
Rotary Club Lunch Meeting |

Events & Opportunities

- June 26th
[Lifeline Committee - Rescue Mission Dinner](#)
- July 24th
[Lifeline Committee - Rescue Mission Dinner](#)
- August 11th
[Rotary Night with Louisville City FC](#)
- August 20th
[Business Synergy and Prospective Member Reception](#)

HEY ROTARIANS...

Birthdays



[Haldane Lamberton](#)
June 26th



[John Conrad](#)
June 27th



[Lynn Sanders](#)
June 27th



[Douglas H. McCall
D.M.D.](#)
June 27th



[Chester B. Diamond
D.D.](#)
June 27th



[Roland R. Blahnik](#)
June 28th



[Jeffrey A. Underhill](#)
June 28th



[Douglas E. Myers](#)
June 30th



[Henri Mangeot III](#)
June 30th



[Sam Gwathmey Tyler](#)
July 2nd



[Shahid Ikram](#)
July 3rd



[Rajah N. Karalakulasingam M.D.](#)
July 3rd



[Jacqueline Ford](#)
July 6th

INSPIRED BY LOUISVILLE.

Club Leaders



[J. Barry Barker](#)
President



[Luke B. Schmidt](#)
President-Elect



[John Jennings](#)
Secretary



[Karen Morrison](#)
Vice President



[John Joseph Ackerman](#)
Treasurer



[Ren Brown](#)
Club Director



[Steven A. Eggers](#)
Club Director



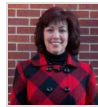
[Richard D. King](#)
Club Director



[Walter L. Kunau Jr.](#)
Club Director



[Kevin Lynch](#)
Club Director



[Maria A. Smith](#)
Club Director



[John T. Walczak](#)
Club Director



[Jean West Losavio](#)
Club Director



[Amy Luttrell](#)
Rotary Foundation
Chair



[Anthony R. Kemper](#)
iPast President



[Terri Prater](#)
Assistant Governor

ROTARY CLUB Links & Resources

After logging in to DacDB, click 'My Club' for these resources:

[Club Committees](#)

[Event Registration](#)

[Club Members](#)

[Club Calendar](#)

Executive Director

Alyssa Evans-Tourinho

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Executive Administrative Assistant

MacKenzie Stine

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