

SPARKS



Next Meeting: February 13, 2014

Guest Speaker: Carol Gunderson

Title: Executive Director, Food Literacy Project

Topic: *Growing Healthy Communities, The Farm-to-Family Initiative*

Introduced by: Alice Bridges

Buffet Opens: 11:30 am / Meeting Begins: 12:10 pm

Galt House West, Third Floor, Archibald Room



Carol Gunderson has spent the past 13 years working to build a just and sustainable local food system as a community organizer in rural Kentucky, vegetable farmer, and environmental educator. As founder and Executive Director of the Food Literacy Project since 2006, Carol has transformed eight acres of vegetable fields at Oxmoor Farm into a dynamic outdoor classroom where over 18,000 children, families, teachers, and underserved teens have had positive, life-changing experiences with healthy food and farming. A broad diversity of groups – from public and private school students to immigrants and refugees to the United States Department of State – have accessed this working farm to explore the story behind their food. The Food Literacy Project reaches youth most at risk of obesity, engaging their minds, bodies and taste buds in planting, harvesting and cooking with fresh vegetables.

Carol's work has been featured by local and national media outlets – from Louisville Public Media and the Courier-Journal to Bon Appetit magazine – and recognized by the Mayor's Healthy Hometown Movement and the U.S. Conference of Mayors. The Food Literacy Project has also been honored with a Congressional Hunger Award and a 2013 Award of Excellence from the Kentucky Association for Environmental Education.

Carol's participation in the 2013 Bingham Fellows program – along with Rotarian Alice Bridges and community partner Karyn Moskowitz from the New Roots Fresh Stop Project – resulted in the development of the Farm-to-Family Obesity Prevention Initiative, which recently received grants from the District Rotary grant and the Johnson & Johnson Community Healthcare Program. Known to her students as Carol "Cauliflower," she is grateful for the opportunity to share her passion for growing and eating fresh vegetables with her hometown. Visit foodliteracyproject.org for additional information. See **Volunteer Opportunities** article below.

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Volunteer Opportunities

You'll be inspired when you hear about the Food Literacy Project from the founder, Director Carol Gunderson, at Thursday's meeting on February 13.

There are several ways, dates and times to become involved with this project. Sign up to volunteer at the meeting on February 13, or read all the volunteer opportunity details and sign up online at [THIS LINK](#). Join other Rotarian volunteers in this rewarding, stimulating and fun project!



The Sports Committee has selected Saturday, March 1st from 12 noon to 3:00 pm for the next Bowling Event. The location is KINGPIN Lanes at 9525 Taylorsville Road, one mile east of Hurstbourne Parkway in the Jeffersontown Commons.

Mark your calendar for Saturday, March 1. Details to come! Questions? Contact Jeff Hadley at 458-1171.



Birthday Table

John Gregory	Feb 13
Michael Tague	Feb 13
Joe Tolan	Feb 14
Lukas Dwelly	Feb 16
David Reed	Feb 16
Mitch Rue	Feb 17
Doug Kottke	Feb 18
Bob T. Maddox	Feb 18
Gary Ulmer	Feb 18

Please sit at the Birthday Table on February 13.



PROGRAM SCHEDULE

February 20 — Eli Capilouto, Ph.D., University of Kentucky President

February 27 — Ted Bishop, President of PGA of America

March 6 — Craig Greenberg, 21C Hotels President

March 20 — Roberto Bolli, M.D., UofL Director of Division of Cardiology and Institute for Molecular Cardiology

March 27 — Unsung Heroes Program

April 17 — Dr. Michael B. McCall, President of Kentucky Community & Technical College System

May 8 — Meeting off-site at historic TARC building

May 15 — Rotary Speech Contest

May 22 — Meeting off-site at the University Club

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Glenn Price
at 779-8511.

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March — Toyota Tour! Details to follow.

March 1 — Bowling Event at KINGPIN Lanes! 12:00-3:00

**Who have YOU invited to Rotary lately?
Invite someone to join you this Thursday!**



WELCOME TO ROTARY

We are neighbors, community leaders, and global citizens uniting for the common good. With you, we can accomplish even more.

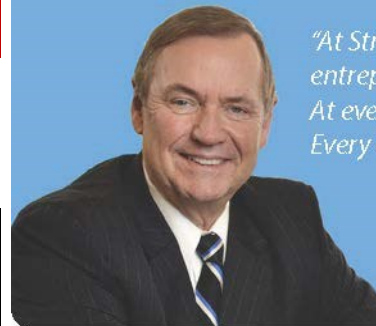


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3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



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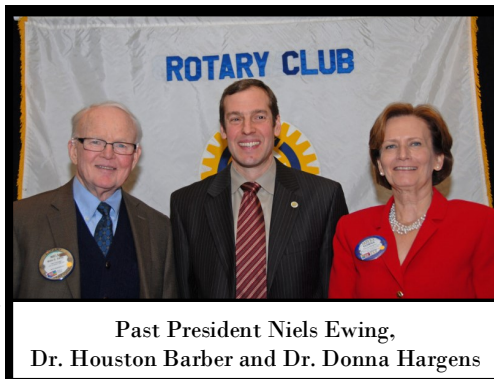
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February 6, 2014 Rotary Meeting

Past President Niels Ewing rang the bell promptly at 12:10, calling the meeting to order. Kathy Evitts (Dehoney Travel, Inc. and Paul Harris Fellow) offered the invocation and David Roth (Kentucky Opera) led us in the Pledge of Allegiance. David then introduced very special entertainment from the Kentucky Opera. Jasmine Habersham sang "Summertime" from Porgy and Bess, accompanied by Corey Battey.

Past President Niels made a few personal remarks, comparing the Louisville Rotary Club of today with the club that existed when he was President in 1986-1987. He then invited members to introduce guests. Tony Kemper (The DePaul School and Paul Harris Fellow) introduced the birthday table with Charlie Castner (2008-09 Lifetime Service Award and Paul Harris Fellow) accompanying the group singing Happy Birthday. Other announcements included the next meeting, Thursday, February 13 in the Archibald Room with speaker Carol Gunderson, Director of the Food Literacy Project.



Past President Niels Ewing,
Dr. Houston Barber and Dr. Donna Hargens

Rotarian Dr. Donna Hargens, Superintendent of the Jefferson County Public Schools, introduced the guest speaker, Dr. Houston Barber, Principal of The Academy @ Shawnee. Dr. Barber was recently named to this position after seven years of successful leadership at Fern Creek High School. Dr. Barber shared his thoughts regarding success in education, and the need to focus on individual student's needs, providing each student "Equitable Opportunity" and the opportunity to have pride in themselves and their school.

He began his remarks with two stories supporting his philosophy providing the support people need to overcome barriers to success and life itself. Dr. Barber shared his story of meeting Wilma Rudolf, the three-time Olympic Champion, at the Capitol in Frankfort. Ms. Rudolf had been a childhood victim of polio. She had tried to work through the system to find appropriate support, but without needed advocacy, she may have never overcome polio and been the athlete she ultimately became.

The second story involved Dr. Barber's own son, who was diagnosed with a rare form of blood cancer. The doctors felt the only real chance at overcoming the cancer was a bone marrow transplant. Thankfully, they were able to find a suitable donor and now the child is 100 percent cancer-free. The point being, we must get each child the support they need. In this case, it was finding the donor.

His goal as Principal is to create structures and processes that allow innovation that is focused on the needs of individual students, which must begin with listening to kids and their personal needs. The solution to better education is not new schools, but rather it is getting the right teachers in the right spot. "Hope is oxygen to the soul", and Dr. Barber's work is focused on building hope within each student. He closed by encouraging Rotarians to take a stand for quality education, to invest in the community's children and in public schools.

- Alan Singleton

BOS TODD

Best Dressed Fundraiser

Along with 100 others last week, Bos climbed 39 flights of stairs for a fundraiser. Everyone dressed in running gear, but Bos was in his usual business attire. He never broke a sweat!



Blessings in a Backpack

CLICK HERE to help!

Questions?

Contact Karen Morrison:

Karen@

gildasclublouisville.org

371-3054

Invite a friend to lunch and introduce them to Rotary!

Do you know someone who would ...

- Like to serve the community through Rotary
- Enjoy hearing fascinating speakers
- Want to be part of meaningful service projects
- Want to join the 10th largest club in the world
- Enjoy meeting other business leaders

They can't join unless YOU invite them!

Their lunch will be free when they attend a "What is Rotary?" session (11am on 1st & 3rd Thursdays in Rotary office conference room). Questions? Contact rotary@rotary45.org.



Welcome to Rotary!

Our club is proud to be part of a global network of business and professional leaders who are engaged in their community.

What Does Louisville Rotary Do?

- Encourage ideals of service that match your vocational skills in the Louisville area.
- Assemble weekly to hear leaders in the community discuss important issues affecting our area and the world.
- Educate and inform our members on local and global challenges.
- Develop new fellowships through our weekly meetings, projects and events.
- Engage, create and participate in civic and philanthropic activities in the Louisville community and throughout the world.

Rotary Leadership Institute (RLI) is designed for Rotarians who have the potential and willingness to engage in future club leadership (not as Club president) to provide them with a quality education in Rotary knowledge and leadership skills so important in voluntary organizations. The leadership skills you will obtain at an RLI event will help you not only in your Rotary career, but will apply to your leadership efforts professionally as well.

RLI sessions are a sequence of three one-day sessions held regionally several times per year. The Rotary Club of Louisville will pay the registration fee for members to attend sessions. Upcoming sessions and registration information listed below:

February 15, 2014 (8:30a-3:00p) — RLI Sessions I, II & III in Lexington, View more details about the Lexington RLI at [THIS LINK](#).

February 22, 2014 (8:30a-3:30p) — RLI Sessions I, II & III in Carmel, IN View more details about the Carmel RLI at [THIS LINK](#).

Contact Nancy Jo Trafton at 765-532-8129, or rotary@rotary45.org.



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