

# SPARKS



**Next Meeting: Thursday, February 7, 2013**

**Guest Speaker: Les Waters**

**Artistic Director - Actors Theatre of Louisville**

**Introduction: Barbara Sexton Smith**

**Buffet Opens: 11:30 am / Meeting Begins: 12:15 pm**

**Galt House West, Third Floor, Cochran Room**



A cornerstone of Louisville's cultural landscape and a nationally and internationally recognized force in American Theatre, Actors Theatre of Louisville is celebrating its 49<sup>th</sup> season under a new Artistic Director, Les Waters. Originally hailing from England, Obie award-winning director Les Waters was appointed Artistic Director of Actors Theatre in January, 2012. With more than 30 years of experience in theatre, Waters has forged a formidable career and is recognized as one of the most important directors working in America today.

A champion to some of theatre's most important and prominent playwrights and a strong proponent of contemporary work and adaptations of classic material, his shows have garnered great critical acclaim, routinely ranking among the year's best named by critics in *The New Yorker*, *New York Times*, *Time Out New York*, *Time Magazine*, and *USA Today*. In 2009, Waters made his Broadway debut with renowned playwright Sarah Ruhl's *In the Next Room (or the vibrator play)*. Prior to taking up the position at Actors Theatre, Mr. Waters spent eight years as Associate Artistic Director at Berkeley Repertory Theatre in California, and previously led the MFA directing program at University of California, San Diego.

As Actors Theatre of Louisville looks forward to its 50<sup>th</sup> Anniversary season, learn more about Kentucky's State Theatre and hear from its new Artistic leadership as he speaks about his commitment to the next phase of Actors Theatre's organizational and artistic excellence. More info at these sites: <http://actorstheatre.org/learn/about-actors-theatre/leadership> and [www.actorstheatre.org](http://www.actorstheatre.org)

**NOTE:**  
Location Change!  
The Rotary meeting on **March 7<sup>th</sup>** will be held in the ballroom at the **Kosair Shrine Club** located at **812 South Second Street**. Free/convenient parking!

## Strategic Plan Mid-year Update

The mid-year update to our Club's first Strategic Plan in 25 years shows encouraging progress with significant achievements still possible before the end of the Club year on June 30. The Plan will be reviewed, refreshed, and renewed in the spring by the new officers, Board, and chairs.

Thanks to the Strategic Planning Committee: Randy Coe (Chair), Maynard Stetten (Co-Chair), Kevin Connelly, Mary Michael Corbett, Karen Dahlem, Mike Kull, Ken Middleton, David Ratteman, and Nancy Jo Trafton.

The report is available online at: <http://www.tinyurl.com/ClubPlan-Midyear>



**SAVE THE DATES!**  
**May 17-18, 2013**

## Birthday Table

Joey Bailey	Feb 7
Ray Schlader	Feb 7
Kristin Willard	Feb 7
Stew Byrne	Feb 9
Gordon Brown	Feb 10
Rick King	Feb 10
Mike McCall	Feb 11
Darin Smith	Feb 11
John Gregory	Feb 13
Michael Tague	Feb 13

*Please sit at the Birthday Table on February 7.*



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## Congratulations!

The Rotary Club of Louisville was honored in this month's District Newsletter for achieving 'Star Club' status! Giving to TRF makes a difference around the world! Check it out here: <http://tinyurl.com/6710-Feb2013>

## Feb. 13 ROTARY NIGHT OUT

5:30 pm—The Bristol / 7:15 pm—Kentucky Center Lobby

Dinner at the Bristol followed by Broadway play *'Million Dollar Quartet'* at the Kentucky Center. Meet the cast/crew afterwards for a private Q&A! (Bristol dinner only: \$31.00)

Show Only    Show & Dinner

Orchestra Rows D-F:	\$59.75	\$90.75
Grand Tier Rows G-H:	\$38.00	\$69.00

**For tickets, contact Chris Schneider at:**

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**[CLICK HERE](#) for more details!**

**PROGRAM SCHEDULE**

- February 14** — Bruce Broussard, President, Humana, 'Humana: Simplicity to Achieve Sustainability'
- February 21** — Christen Boone, Director, Greater Louisville Project '2012 Competitive City Update Report'.
- February 28** — Greg Heitzman, President Louisville Water Company, Executive Director MSD, 'One Water - Consolidation of MSD & LWC'.
- March 7** — Julie LaValle 'Valle' Jones, CEO of Mayin LLC, 'Whiskey Row Lofts & Main Street Revitalization' **(MEETING LOCATION: Kosair Shrine Club, 812 So. 2nd Street)**
- March 14** — Christopher 2X, Community Leader & Anti-Violence Advocate, 'Metro Violence; Healing & Rebirth'.
- March 21** — Unsung Heroes Program.
- March 28** — Dr. Lyle Roelofs, President of Berea College
- April 4** — Fr. Clyde Crews, Bellarmine University Historian & Archival Coordinator 'Religious History of Louisville'.
- April 11** — Terry Brooks, Executive Director of KY Youth Advocates, 'National Child Abuse & Awareness Month'.
- April 25** — Mitch Nichols, President of UPS Airlines
- May 2** — John Asher, Vice President, Racing Communications of Churchill Downs
- May 9** — Rotary Speech Contest District Finals
- May 16** — Rotary Promise Scholarship Fund Program
- May 30** — Jeff Bringardner, Humana KY President, and Steve Hester, Norton Healthcare Chief Medical Officer; 'Update on Health Reform & The Affordable Care Act'
- June 6** — Charlie Mattingly, President & CEO, BBB of Louisville, Southern Indiana & Western Kentucky, 'BBB 100th Anniversary and Update'
- June 13** — Maria Hampton, Co-Chair Vision Louisville & Federal Reserve Bank Vice President, 'Vision Louisville'
- June 20** — Craig J. Richard, CEO of Greater Louisville, Inc.

**UPCOMING EVENTS**

- February 13** — **Rotary Night Out - Dinner at the Bristol & The Kentucky Center "Million Dollar Quartet."** To purchase tickets, contact Chris Schneider (317-632-7469, Ext 103)
- April 30** — **48th Annual 'Rotary Day at the Downs'.**
- May 17** — **Spring Fundraiser - Gheens Building at The Parklands.**
- May 18** — **Family Picnic at The Parklands!**
- June 26** — **Rotary Day at the BATS game.**

Annette Grisanti

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## January 31, 2013 Rotary Meeting

President Stuart was "missing in action" ... something about business out of town. President Elect Randy Coe opened the meeting with Allan Morris, President/CEO of Burdorf's Furnishing and Flooring, offering the invocation. We remembered the passing of Rotarian George C. Barnum. Gordon Costley, Attorney at Law, led the pledge and singing with Charlie Castner, Railroad Transportation, at his usual perch on the piano bench. It was interesting that NO ONE ... not a single person was at the birthday table ... perhaps out celebrating for making it through another year.

After welcoming a few guests, Randy Coe offered the "joke du jour" with less than thrilling positive response. Something about building a wall with four guys in eight hours and then building it again with eight more ... well ....

Several announcements followed from Michael Shackelford, Managing Principal of IKM Capital Management, concerning the well-attended 3<sup>rd</sup> Annual Billiards Tournament at the Pendennis Club (thanks to John Johnson). Jeff Hadley, CEO of Boys and Girls Haven, reported the results of the recent Bowling Event. Ken Middleton, President of Middleton Consulting, LLC, presented the Club's Strategic Plan Mid-year Progress Report. To access the report, [CLICK HERE](#).

Charlie Oberst introduced our speaker, Dr. Robert Friedland, from the Neurology Department at the University of Louisville. His well researched talk on Alzheimers, Dementia, and Aging brought us "up to speed" with the very latest developments on treatment AND prevention of these problems. He cautioned us to AVOID: high fat diet, smoking, obesity, hypertension, heart disease, diabetes, and head injuries. Dietary inclusions should include Omega-3 (fish oil), B vitamins, and daily flossing. He also recommended high levels of mental and physical activity along with antioxidants in fruits and vegetables, as well as fish. To access Dr. Friedland's handout, [CLICK HERE](#).

After a lively period of questions and answers, Present Elect Randy adjourned the meeting. - Otto Feddern



Dr. Charles Oberst,  
Dr. Robert P. Friedland, and  
President-Elect Randy Coe

### Jan. 23rd Event - Meet @ MEAT



### Jan 22 New Member Celebration



### Feb 2 BILLIARDS Tournament



Pictured: Tournament winner Patrick Just, Pres. Stuart Alexander, Jeff Hadley and Michael Shackelford.

**Congratulations Patrick!**



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