

Thursday, September 26, 2024



Events

September 27th
**Plymouth Weekly
Club Meeting**

October 4th
**Plymouth Weekly
Club Meeting**

October 11th
**Plymouth Weekly
Club Meeting**

October 18th
**Plymouth Weekly
Club Meeting**

October 25th
**Plymouth Weekly
Club Meeting**

Club Leaders



James
Gietzen
President



Candice
Towers
President-
Elect



Daniel
Amos
Treasurer



Nancy Ann
Baldwin
Rotary
Foundation
Chair



Preston Gee
Membership
Chair



Denise King
Youth
Exchange
Chair



Chris
Porman
iPast
President



Marie A.
Morrow
Club
Executive
Secretary

Broadcaster September 20, 2023

By Albert Blixt

OPENING: President **James Gietzen** rang the meeting to order at 12:01PM and led us in the Pledge of Allegiance. **Kurt Heise** led the meditation.

Club members please sign up for lunch in advance. Sign up is important. If you can't sign up electronically, call or email Marie at 734-453-6879 x4 or Marie.morrow@pcuw.org. Chris reminded members to let guests go first to lunch.

UPCOMING EVENTS

- Joanne announced that the Detroit Rotary will host tour of Detroit's Corktown area on October 20th
- At our September 27, 2024, meeting, Rotary Memorial Scholarship beneficiary and Wayne State University medical student Anne Patterson will discuss the Street Medicine Detroit project, which benefits the city's homeless people. Anne would appreciate us bringing hygiene items and gently used clothing to donate.
- **Chuck Lang**'s friends at the American Red Cross are holding a blood drive at the Cultural Center 9:00 am to 3:00 pm on September 26. You can go to www.redcrossblood.org ahead of time to speed registration.
- Our October 4, 2024, meeting features a presentation about Plymouth's Old Village, where many improvements are underway.
- October 11, 2024, meeting: Henry Ford Health presentation.

Program

Plymouth Twp. Assistant Police Chief **Dan Kudra** introduced program speakers **Bruce Bender** and **Caleb Lohman** who spoke on Sudden Cardiac Arrest and the use of **AED's -Automated External Defibrillators**.

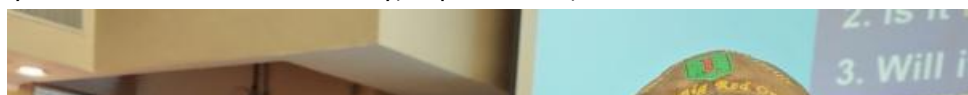
- **Bruce** is a survivor of sudden cardiac arrest in 2014 and described the impact of the incident. Bruce had been in very good physical condition as he was in training for a marathon. At a golf reception, he collapsed and his heart stopped. Two individuals administered CPR for 20 minutes until the ambulance arrived. He was placed in a hypothermia state for 36 hours before being brought out of this induced coma. Less than 10% of persons experiencing sudden cardiac arrest survive. Subsequently, Bruce has been an active advocate for education and is now the board chair of the American Heart Association.
- **Caleb** is a first responder and representative of Stryker, manufacturer of the leading AED devices. Caleb was injured by a roadside bomb while serving in Afghanistan in 2011. He was medivac'd for treatment. Caleb emphasized the importance of having the right equipment both in his case and in responding to sudden cardiac arrest. He described how the chances of survival decline rapidly for every minute that emergency treatment is delayed. Caleb noted the sophisticated AED's are now automated to ensure that bystanders - even elementary age school children - can operate the device without any training or prior instruction. Modern AED's are sophisticated enough to vary the strength of the electrical charge to match the patient's response. Caleb and Bruce both stressed the importance of educating the public so that people will act rather than remaining as bystanders.

The 50/50 of \$___ was won by _____ who was elated after nine years of trying.

The Four Way test was recited by all. President **James** dismissed the meeting at 1:00pm

Broadcaster September 13, 2024

By Arthur W. Gulick on Wednesday, September 18, 2024





President **James Gietzen** led us in the Pledge of Allegiance. **Chuck Lang**'s Meditation gave thanks for food, life and opportunity. We didn't have any guests to welcome today.

BBQ QUICK REPORT:

- **Eric Joy** reports that though we didn't sell out all our chicken dinners, we were able to donate the surplus to multiple charities around town. More barbeque details to follow.
- **Doug Willett** told about a desperate fellow that he gave a free dinner ticket to back at the 2023 barbeque who came back this year, said he was doing lots better, and donated a \$250 check.
- One of the things that the Barbeques let us do is renovate the baseball field for our local Miracle League kids. President **James** showed a photo of the new field.

UPCOMING EVENTS:

- At our September 20, 2024, meeting we'll learn about saving lives with Automatic External Defibrillators, those red boxes nowadays mounted up on the walls in lots of public buildings.
- There is a fund-raiser dinner to benefit The Rotary Foundation in Southgate on September 21, 2024.
- At our September 27, 2024, meeting, Rotary Memorial Scholarship beneficiary and Wayne State University medical student Anne Patterson will discuss the Street Medicine Detroit project, which benefits the city's homeless people. Anne would appreciate us bringing hygiene items and gently used clothing to donate.
- **Chuck Lang**'s friends at the American Red Cross are holding a blood drive at the Cultural Center 9:00 am to 3:00 pm on September 26. You can go to www.redcrossblood.org ahead of time to speed registration.
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MEMBER MOMENT:

Kirk and Debbie Sivic told us about their lives and their new business, a Steri-Clean franchise. **Kirk** was raised in Michigan and spent many years in the US Army before getting married to **Debbie** (an Eastpointe person who had worked in her family business). They have four kids in their blended family. In January 2024 they opened their Steri-Clean business, where they undertake tough cleanup jobs in situations such as crime scenes, suicides, unattended death, hoarding and severe odor. They currently are working in Michigan, Ohio, Indiana and Kentucky. Kirk and Debbie found it easier to start their business here in Plymouth than in nearby municipalities (ha!) and were steered to our club by a Rotarian named **Don Gilmartin**, who's with the Steri-Clean organization in Cucamonga, California.

FIFTY-FIFTY:

Lucky **Kirk Kohn** won \$52. Too bad for the absent **Liz Orbits**, who missed getting the Second Chance prize.

We closed by reciting the FOUR-WAY TEST. President **James Gietzen** led us in the Pledge of Allegiance.

Lunch ordering- Advance sign up is IMPORTANT!

Respond to the weekly email or Email Marie.morrow@pcuw.org or Call Marie - 734- 453-6879 X 4

Salad options available:

Maurice Salad

Cesar with or without chicken

Greek with or without chicken

Spinach with or without chicken

Mediterranean