

Rotary

Club of Pasadena, CA



SPOKES NEWSLETTER

DISTRICT 5300 * Rotary Club 794 * May 19, 2023 * #23-119

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THIS WEEK'S PROGRAM

Dr. Caroline Heldman

"Women's Political Power"

Introducer: George Falardeau



Dr. Caroline Heldman is a professor of Critical Theory & Social Justice at Occidental College in Los Angeles. She is also Executive Director of The Representation Project and a political commentator for Spectrum and CNN International.

Dr. Heldman has published seven books on gender justice and politics, and her work has been featured in numerous documentaries, including Miss Representation and The Mask You Live In.

She co-founded the New Orleans Women's Shelter, the Lower Ninth Ward Living Museum, End Rape on Campus (EROC), Faculty Against Rape (FAR), and led the End Rape Statute of Limitations (ERSOL) that successfully abolished

the time limit on prosecuting rape in California. She is the Board President of the TEP Center, the first Civil Rights museum in New Orleans, and the Chair of the Board of Alturas Institute, a non-profit fighting for stronger democracy.

May 24th Meeting

12:00 pm - RECEPTION & LUNCH BYRSVP ONLY

President Justene Adamec Presiding

Lunchtime Pianist: Ann Louise Christensen

Song Leader: Eric Olson

Inspiration: Armida Baylon

Scout Zone Reporter: Mary Lou Byrne

Photographer: Hillary Schenk & Tammy Silver

Sergeant At Arms: Robert Lyons

Tech: Frank Fish & Scott Carlson

To attend LIVE - RSVP Below
Non-members are welcome - \$40.00 includes lunch

Or by the One-way "Zoomcast"
Zoom opens at 12:15 pm - Meeting begins at 12:30 pm - Speaker at 1:00 pm
<https://us02web.zoom.us/j/86515101523?pwd=dHhNZnV5c2ZqbzNQbWthbDNhYTladz09>
Meeting ID: 865 1510 1523
Passcode: 667356

IF LINK doesn't work, cut and paste link in your browser



IMAGINATION
By President Justene Adamec

Some of you will hear me refer to myself as Chief Cook and Bottle Washer. I don't know how many people use that expression anymore. It's very apt for a Rotary President. In a volunteer organization, some tasks just don't fall in anyone's job description. So, to use another expression, the buck stops here.

We have a great tech team. Frank Fish and Scott Carlson work hard to run the Zoom and get the sound right and the mikes working. Often, the speaker brings their own laptop and runs the program. When there's no one else to do it, I become the bottle basher.

Until a couple of weeks ago, it was plug and play. Suddenly, it's not. I practiced before I got to the Club. All looked great. Then --- What appears on my laptop screen isn't exactly what you see on the big screen. So this week, I will practice hooking it up to an outside monitor in my house. That's not the only little detail that needs fine tuning but so far, it's the only one you see. Here is the picture of Hassan's new place which you should have seen at this week's meeting. (See Polio Pig Announcement by Bob Risley below in the Scoot Zone)





The Scoot Zone

By Staff Reporter Dean Billman

Photographers: Jonathan Edwards & Tammy Silver

Past President Jim Graunke (2001-2002) rang the gavel and we all stood up – and then he told us to sit down. The song, the invocation, everything, would be at the end of our speaker's presentation, as Dr. Mark Schuster, MD, PhD, was also scheduled to speak to the First-Year students at Kaiser Permanente Bernard J. Tyson School of Medicine. Introduced by our own Helen Baatz, "62 years as a nurse, educated in 1961 at Montreal Hospital", Dr. Schuster spoke to our club four years ago when the Kaiser School of Medicine was first announced to be built in Pasadena, and then it was a video of the new modern building with the other fantastic announcement – they would accept new medical students for a free four-year medical education, and when they graduated, they could practice anywhere they wanted, even though Kaiser Permanente paid for their entire education. Too good to be true?



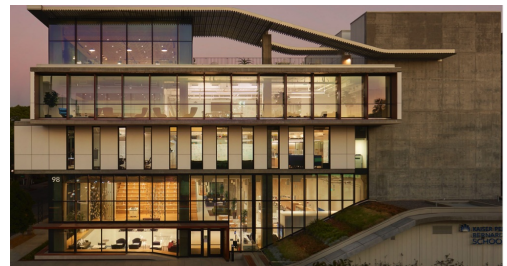
Dr. Schuster is the founding Dean and CEO of the school, this is their third year of being open as an educational center, and everything he declared in 2019 has come true – today's presentation was titled, "Update: Year 3" and it is amazing. Kaiser Permanente realized that they were hiring great doctors, but that many physicians lacked the whole-person method of healthcare that Kaiser realized was needed in today's medical society.

They enroll 50 students a year, and the students are chosen from a variety of educational and financial backgrounds, all with the desire to be outstanding medical doctors that will serve the community that they alone will chose. While many will be primary care doctors, that is not required, as they can go on to other specialties, other higher educational fields (like UCLA or USC in

public health administration master's and doctorate degrees) in conjunction with their medical education.

One of the challenges of a new school is accreditation, and they have three organizations they are working with for certification, which takes years and lots of work for final determination, hopefully just in time for the first-class graduation next May 2024.

What makes Kaiser School of Medicine unique is the emphasis on the whole patient, with small group learning, clerkships within the Kaiser Medical clinics and hospitals by their third year, and a focus on inclusive diversity from all demographics to all demographics. Instead of dissecting human cadavers and analog classes that emphasize organs and function individually, they are so advanced that they don't use cadavers, but virtual simulations, plasticized humans (like those traveling exhibits of human bodies seen on tour), and being assigned to real-life student run clinics, called Chap-Care.



Dr. Schuster and the whole board of both the school and medical organization feel that training the medical students as a group, using real team experiences and peer support, will make better doctors for the community, and a support group to avoid the inevitable stress of process of becoming a doctor. And the students' only obligation "is to be outstanding physicians –

anywhere they chose to practice. We hope Kaiser, but that will be their choice.”

Start the meeting (again) – “President for a Day”
PP Jim returned to the lectern and introduced **PP Cory Brendel** who led us in his medically focused song, from Mary Poppins, “With a Spoonful of Sugar” and it lightened our day, accompanied by our featured piano musician, Ann Louise Christensen. **Pushpa Nagaraj** provided our inspiration from Nicola Tesla, where he thought that everything had energy, frequency, and vibration – and Pushpa felt that it was always good energy to smile.



Announcements were kicked off by **PP Mary Lou Byrne**, who was giddy at our club receiving many awards at the annual District 5300 Conference in Las Vegas. While she announced that six club members attended, some were in official capacity (**Fred Findley** as District Treasurer, **PP Phil Miles** as District Finance, **Justene** as Club President, **PP Mary Lou** as a Judge who swore in next year’s District leaders, and **Hillary Schenk** on a panel on leadership) she highlighted that her Il Sposo **Gary Kearney** had the award for highest bar tab as he celebrated the group from Pasadena.

Bob Risley offered \$100 to the Polio Pig to honor **Hassan Kheradmandan**, who developed, built and owns two commercial properties in San Marino at 2461 Mission Street, a Pizza Shop and Coffee Shop. Bob asks us to support Hussan and give them a try – and **President Justene** promised to put the photos in Spokes so we can support awesome pizza. Let’s do a Happy Hour! (see photo above).

Ellen Simon offered a Super Tyros Mixer to make up for May and June Tyros meetings in one fantastic event on June 1st. Please RSVP so we can show the love to our Tyros members.

PP Cory told us to mark the date for another shing-ding, a non-Demotion party at Altadena Country Club on June 28th, to celebrate **PP Mary Lou** and **President Justene** in “a non-Demotion like no other” (this is a double negative, but why not?).

Dean Billman gave \$100 to the Polio Pig to celebrate his interior designer wife Karen Billman, who ends her month of hosting her powder room at the Pasadena Showcase House, ending this Sunday. Scalamandre wallpaper and a Sherril Wagner vanity are the highlights of the space this year. **Tickets:** <https://pasadenashowcase.org/tickets/>

Guests today were Shammah Waller, who was introduced to our club by **PP David Mans**, from the North Carolina club where David is now; **Barbara Bishop** brought Nancy Villaserer who is a senior healthcare marketing leader interested in joining ; **PP Howard Raff** introduced an incoming potential new member Claudia Ponce de Leon, a banker for Citizens Bank in Pasadena.



PP Jim ended the meeting with a recollection of his Rotary Presidential year (2001-2002) which included several highs and lows, including a local Rotary President meeting on the morning of September 11th, 2001, where they sat horrified by the terrorist attacks that day. His highs were the friends he made that year, including inducting the first husband and wife couple to the club (**Marilyn** and **Gene Buchanan** – women had just been accepted for membership), **PP Kathy Meagher** who organized a wine and food weekend, and in the name of transparency, his year the Board elected the president elect **Rob Fisher**, president elect elect the late

Roger Adams, president elect elect elect **David Mans** and president elect elect elect elect **John Foulkes** in chairing a more transparent process of choosing leadership. **PP Jim** then rang the Rotary Bell, and we enjoyed the sunny spring sunshine.



Left: Bob Risley, Rob Fisher, Kathy Meagher, Marilyn Buchanan, John Cushman, Jim Graunke, Helen Baatz, Dr. Mark Schuster



REMYINGTON SAYS:

**IMPORTANT:
Please RSVP!**

**CLICK HERE TO
RSVP TODAY**

MENU:

- **Salad Lyonnaise** (a la Bouchon) – Bistro Salad with Frisee, Lardon, Crouton, and Poached Egg, Dijon Vinaigrette
- **Chicken Marsala**- rice pilaf, broccolini and baby carrots, mushroom Marsala sauce
- **Tempura Avocado Bowl**- Brown rice & quinoa, pico de gallo, cabbage slaw, pepitas, chipotle crema (Vegetarian)

MEETING & EVENTS CALENDAR

You Are Invited

**TYROS CELEBRATION NETWORKING MEETING
THURSDAY, JUNE 1st
4:30 pm to 6:30 pm**

**CALIFORNIA PIZZA KITCHEN (CPK)
Appetizers - Cash Bar - Networking - Fun**

**The R2R Committee (Rotarian 2 Rotarian)
will join the celebration!!**

Tyros Co-Chairs: Ellen Simon & Judy Taylor

PLEASE RSVP to Ellen at ellensimon@hearcenter.org



Done in a Day

June 17th 2023

9am-2pm



Painting Project



Casa

Hope | Transformation | Recovery



**No experience needed. We'll teach you
what you need to know.**

Contact:

PE Stephen Smith or John Burt

SAVE THE DATE

Details to follow

WEDNESDAY

JUNE 28, 2023

WEDNESDAY, JUNE 28, 2023

COCKTAIL HOUR BEGINS AT 6 PM



Appreciation Extravaganza!

The Rotary Club of Pasadena invites you to save the date for an evening of gratitude and fun at the Altadena Country Club, honoring our co-Presidents Mary Lou Byrne and Justene Adamec for their joint Presidential coverage during Rotary year 2022-2023.

The cost will be \$110 per person. RSVP NO LATER THAN June 7th to Armida Baylon at armidabaylon@gmail.com



Pasadena Rotary
Past President Mary Lou



President Justene

POLIO PIG & COMMITTEE ANNOUNCEMENTS AT WEDNESDAY MEETING

Wish to "Show & Tell" us what you are up to or make an announcement about your family, business or a favorite nonprofit or a Committee announcement? Email Wendy at office@pasadenarotary.com by **Tues at noon**. Minimum donation for Polio Pig Announcement: \$20 or for \$30+ you receive a special sticker, which is billed to your account. Additional \$20 If you wish to leave flyers (in a stack on the table not individual) or a hand-out at end of meeting.

7-Day Notice

Claudia Ponce de Leon

Vice President, Relationship Manager, Citizens Business Bank
Sponsor - Howard Raff

Happy Birthday!

Rabbi Joshua Levine Grater	May 20th
Frank Waterman	May 23rd

UPCOMING PROGRAMS

May 31st - Jens Weiden, CEO Rose Bowl

June 7th - Dr. David Emmanuel Goatley, President, Fuller Theological Seminary

June 14th - Cynthia Kurtz - Chasing the Eclipse

June 21st - Storytelling In Film by Documentarian Hrag Yedalian

June 28th - DARK - No Lunch Meeting

June 28th - 6:00 pm - Appreciation Extravaganza! Altadena Country Club

**SPOKES is the weekly newsletter published by the
Rotary Club of Pasadena**

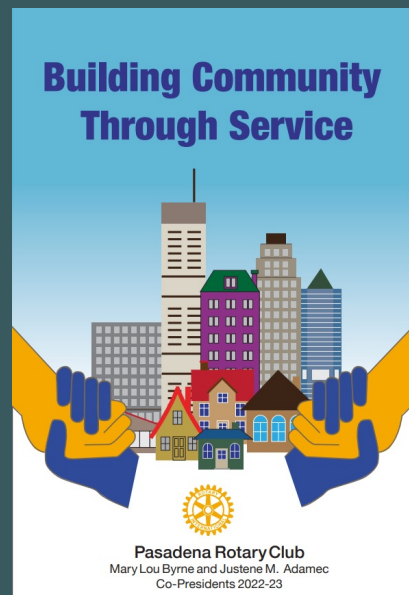
Weekly Live Wednesday Meeting by RSVP at 12pm
The University Club Pasadena
175 N. Oakland Ave., Pasadena, CA 91101

Scoot Zone Reporters: Mary Lou Byrne & Dean Billman

Proofers: Mary Wilson & Kathy Meagher

**Photographers: Jonathan Edwards, Wende Lee, Hans
Rosenberger, Hillary Schenk & Tammy Silver.**
Back-up: Desiree Alvarado & PP Ken Joe

Publisher/Editor: Wendy Anderson
Bureau Chief: Justene Adamec
Bureau Chief Emeritus: Mary Lou Byrne



ROTARY CLUB OF PASADENA 2022-2023 BOARD OF DIRECTORS
MEETS the 2nd Thursday of every month at the University Club Pasadena at 5pm

PRESIDENT: Justene Adamec
IMMEDIATE PAST PRESIDENT: Cory Brendel
SECRETARY: Michele Ferroni
TREASURER: Tony Phillips

PRESIDENT ELECT: Stephen Smith
PRESIDENT EMERITUS: Mary Lou Byrne

**CLUB DIRECTORS: Desire Alvarado, John Burt, Lisa Cavelier, Mary Chalon, Sandy
Goodenough, Mic Hansen, J.P. Harris, Wende Lee, Hillary Schenk, Tammy Silver,
Cyril Vergis, Mark Waterson.**

Rotary Club of Pasadena

MAILING ADDRESS: 556 South Fair Oaks Ave., Suite 101, #379

Pasadena, CA 91105

Wendy Anderson, Administrator - 626-683-8243 - office@pasadenarotary.com

Sandi Mejia-Ramirez, Accountant - 626-272-3424 - sandimejia@sbcglobal.net

www.pasadenarotary.com

Pasadena Rotary Club | 556 South Fair Oaks Ave., Suite 101, #379, Pasadena, CA 91105

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