

Rotary

Club of Pasadena, CA



SPOKES NEWSLETTER

DISTRICT 5300 * Rotary Club 794 * March 17, 2023 * #23-109

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Four-Way Test Speech Contest

Chair: Mary Lou Byrne

Co-Chairs: Michele Ferroni, J.P. Harris, Robert Lyons



Four-Way Test Speech Contest - Group Level Round

Together with our partner Clubs, Altadena and San Marino, Pasadena Rotary hosts the Group Level Round of the Four-Way Test Speech Contest 2023 on March 22, 2023.

Preliminary rounds have already been held in February and on March 1, and you will be seeing the best and the brightest. Each of this week's speakers have competed in at least one, or as many as two, previous Club Level rounds.

Our three student speakers will present their original speeches embracing this year's Rotary International theme, "Imagine Rotary," and incorporating the 4-Way Test:

Of the things we think, say, or do:

- Is it the **TRUTH**?
- Is it **FAIR** to all concerned?
- Will it build **GOOD WILL** and **BETTER FRIENDSHIPS**?
- Will it be **BENEFICIAL** to all concerned?

One of these students will progress to the Regional Level Round in April and, with luck, compete at the District Level Round in May at the District Conference in Las Vegas, with a chance to win a \$5,000 college scholarship!

We are fortunate to have three distinguished judges joining us this year:

Glenn Bowie has spent the past three decades in the wireless industry as a sales consultant and is now paying it forward with Glenn Bowie Speaks, Inc.



GBS is a motivational and inspirational company that helps businesses and organizations reach their goals and initiatives. Glenn is currently on a book tour promoting his book "The Art of Speaking Into Existence". He serves on the Board of Directors for the Tournament of Roses Foundation and Pasadena City College Foundation.

Eric Duyshart supports companies and institutions with government relations and strategic real estate reviews. Eric is currently supporting the Carnegie Institute for Science with efforts to consolidate operations in Pasadena and is advising other organizations with facility planning. Previously a part of Pasadena City Hall's executive staff, he spent nearly two decades managing economic development activities for the City and was a member of Pasadena Rotary.



Abraham Meltzer is a Superior Court Judge here in Pasadena. Before his appointment to the bench he served in the U.S. Attorney's Office for the Central District of California, as a Deputy District Attorney in Los Angeles County, and as a civil litigator in private practice. He won first place in the Four Way Speech Contest at the Rotary Club of Beaumont, California, in 1982 (see photo above).

March 22nd Meeting

Meeting starts at 12:20 pm

11:45 pm - RECEPTION & LUNCH BY RSVP ONLY

12:20-1:30 pm - Angela Hawekotte Presiding

Song Leader: Phil Miles accompanied by Don Andruess on guitar

Inspiration: Mark Waterson

Scout Zone Reporter: Dean Billman

Photographer: Wende Lee & Tammy Silver

Sergeant At Arms: Robert Lyons

Tech: Frank Fish & Scott Carlson

To attend LIVE - RSVP Below

Non-members are welcome - \$40.00 includes lunch

Or by the One-way "Zoomcast"

Zoom opens at 12:30 pm - Program begins at 12:50pm

<https://us02web.zoom.us/j/86515101523?pwd=dHhNZnV5c2ZqbzNQbWthbDNhYTladz09>

Meeting ID: 865 1510 1523

Passcode: 667356

IF LINK doesn't work, cut and paste link in your browser



IMAGINATION
By President Justene Adamec



Some of our efforts to do service have been thwarted! Union Station had to cancel our March 4 Done In a Day project. RYLA had to be postponed because of the weather. That makes what we can do even more special.

Here's to Read Across America, organized and led by **Tammy Silver** and **Dede Venkat**, was a success. Tammy, Dede and their cast of thousands went into Washington Elementary to read to students. The kids get a kick when community members show how much they love books. (see photos below of Dede and Tammy reading).

Teachers of Excellence, chaired by **Lisa Cavelier** and **Sandy Goodenough**, has had a great response. There are 21 applicants for 5 awards. They need 2-3 more people to read through nomination essays and do 1-2 (30 minutes) classroom

observations.

In 2 weeks, we'll award Community Grants to local non-profits.

There's always something going on and a new way to serve. Contact me if you haven't seen anything that matches your interest.



The Scoot Zone

By Staff Reporter **Dean Billman**

Photos: **Jonathan Edwards & Tammy Silver**

PP Mike Farrand, "President for a Day", rang the big brass Rotary Bell and started the meeting early because we had so much on the agenda for today. Our speaker, **Dean K. Thompson**, was both a



professor of several Presbyterian theological seminaries and a Pastor of several congregations throughout the United States, but his most moving experience was leading a single half-day seminar on mentoring (based on his book "Mentoring: Biblical, Theological, and Practical Perspectives") at the maximum-security correctional facility in Ossining, NY (known as Sing Sing Prison). Dean Thompson sat front and center on our stage during our entire (and long) meeting, and we hope he enjoyed the experience of Rotarians celebrating comradery, celebrating service, and celebrating with song.

PP Mike introduced **PP Cory Brendel** on ukulele, and Cory challenged us with a Music Quiz: Who was Frank Sinatra's most admired woman singer? Answer: Ella Fitzgerald, who enjoyed the success of "I'm Beginning to See the Light" (Don George, and others) in 1957.



Previous First Husband (PFH) Gary Kearney also had a history quiz: "What is special about the Ides of March?" and of course, it was the murder of Julius Caesar in 44 BC, which started the Roman Civil War. Reflecting on the quote by Omar Khayyam, "Be happy for this moment; this moment is your life", we are sure that Caesar would agree up to the Ides of March.

A moment of silence was observed for the passing of Rotarian **Deborah Lewis'** husband, Boyd Lewis, whom she described as "an amazing companion and a great photographer."

Announcements:

PP Mary Lou Byrne passed out ballots to elect three people to be on the Nominating Committee to select candidates for next year's Pasadena Rotary Board of Directors. She asked us to write in three fellow Rotarian names to add to the existing committee of past presidents and future presidents (**PP Mary Lou**, **PP Scott Vandrick**, **PP Ken Joe**, **PP Cory Brendel**, **President Justene Adamec**, and **President Elect Stephen Smith**). **Robert Lyons**, **JP Harris** and **Diana Peterson-More** (with the help of **Wendy Anderson** on Zoom) tallied the votes and at the end of the meeting **PP Mary Lou** announced that the club elected: **Hillary Schenk**, **Catherine Haskett-Hany**, and **PP Phil Miles**, with a four-way tie for alternates: **Jonathan Edwards**, **Michele Ferroni**, **Fred Findley**, and **Gary Kearney**.

Hillary Schenk announced a Polio Pig announcement that she was hosting a Spring Fling Sale at the University Club of Casa Treatment Center.

PP Ken Joe announced the upcoming Rotary Business Alliance Meeting at the Langham Tap Bar on March 29th from 4:30 – 6:30 pm. Great location, sign up and join us!

Guests:

- **PP Mike Farrand** introduced his wife Terrie Farrand
- **Rebecca Thompson**, wife of speaker Dean Thompson
- **Guest of Helen Baatz**, **Kurt Knop**, CEO of the Pasadena/Sierra Madre YWCA
- **PP John Cushman's** wife Ginny
- **Guests of PP Ken Joe**, **Brandon Kamei** - Bartender/Server at Houston's and currently studying for his real estate license and **Francine Ayala** - Women Empowerment Coach & Speaker and Founder of WEWLA, a nonprofit organization focusing on women in business, leadership, and mental health/self care.
- **John Foulkes** brought his daughter Debbie Foulkes
- **Lynne Sullivan** will be inducted next week as a new member
- Friends of **Marsha Rood** Charla Bolton & Lynese Pearson
- **PP Cathy Simms** brought her husband Garrett Bell

Paul Harris Fellowship Awards – The founder of Rotary, Paul Harris, inspired an award to those in Rotary, or honored by Rotarians, of a gift of \$1,000 or more to the Rotary International (RI) Foundation. Each \$1,000 level of gifts receive a pin with several jewels to signify the awards, but the true reward is the good works of Rotary Worldwide each year.

PP Mike, wearing his snappy bright green coat (a tradition from previous Paul Harris Chair **George Cassatt**, who was the Rotary International Paul Harris fellow and posthumously gave \$50,000 to the RI as an estate gift) announced the newest Paul Harris fellows. And then Mike announced all the multi-time fellows who receive their awards.

First Time PHF award recipients: Desiree Alvarado, Shirley Burton, Lisa Cavelier, Mary Chalon, Richard Cornfield, Phyllis Crandon, Jonathan Edwards, George Falardeau, Michele Ferroni, Megan Foker, Sandy Goodenough, John Howell, Ken Joe, Wende Lee, Brian McDonald, David Minasian, Anne Miskey, Phyllis Mueller, Pushpa Nagaraj, Hillary Schenk, Elaine Silberman, Tammy Silver, Howard Smith, Cyril Vergis, and David Weidert.

Multiple PHF award recipients: Justene Adamec, Cyrus Afshin, Wendy Anderson, Armida Baylon, Dean Billman, Sheri Bonner, Cory Brendel, Mary Lou Byrne, Shel Capeloto, Colleen Carey, Mel Cohen, Phyllis Currie, Mike Davis, Ariel Drachenberg, Robert Earnest, Fred Findley, Marshall Fuss, Akila Gibbs, Russ Guiney, Jim Graunke, Mic Hansen, J.P. Harris, Catherine Haskett Hany, Ken Hill, Jane Imai, Gary Kearney, Hassan Kheramandan, Charles Kiu, Robert Lyons, Hank Maarse, Pierre Mainguy, Paul Martin, Kathy Meagher, Phil Miles, Bob Monk, Eric Olsen, Jim Osterling, Jeff Palmer, Diana Peterson-More, Howard Raff, Hans Rosenberger, Diana Sedenquist, Julia Shih, Cathy Simms, Ellen Simon, John Tegtmeyer, Scott Vandrick, Jane Waas, Frank Waterman, Kelly White and Grant Willcox.

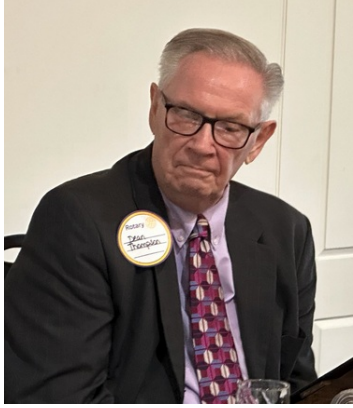


Craziness ensued... PP Mike had to clang the bell to restore order because all the tables were excitedly congratulating all the new awardees, which seemed to be at all the tables, all at once. **PP Mike** then gave a very plaid review of his life, and why he loved numbers so much, counting all the pictures with him wearing plaid through the years. He explained that he received his first calculator in high school and since it was so precious to an aspiring accountant, he inscribed his initials (MF - for Michael Farrand) on the outside of the calculator for everyone to see. Well, that became his moniker throughout high school (including the basketball team he was on) to which he was mortified that two letters could be interpreted by mean high schoolers in imaginative ways. He now spells out his name everywhere, including his name tag at Rotary, but I think we should bring back his high school traditions, starting with MF – Mighty Fine Past President!

Helen Baatz introduced our speaker today, a fellow Monte Vista Grove Homes resident (where she lives, too), who just became the new CEO of the Pasadena YMCA, with a history of Pasadena civic involvement, including the Pasadena Aquatic Center, and local pastoral mentoring. He is finishing his latest book, Profiles in Prophetic Leadership, based on the lives of “five great 20th century visionaries: Mohandas K. Gandhi, Dietrich Bonhoeffer, Pearl Buck, Reinhold Niebuhr, and Martin Luther King, Jr.”



His current talk today was about how, after a long career in counseling and mentoring, writing books on active listening, and leading church congregations and teaching seminary students, his most impactful experience was an chance half-day meeting in an upstate New York prison.

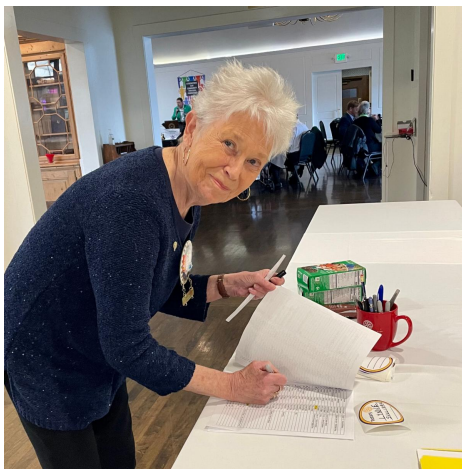


Sitting in a room with thirty inmates working on their master's degrees, they discussed with the pastor his book and the impact of mentoring on both their lives and the lives of fellow prisoners. They were studying to become counselors and mentors to the outside world once they were freed, and the impact of mentoring to help others avoid their fate of being incarcerated. Dean Thompson was profoundly impressed that these men were learning to be sensitive and better listeners, and yet had to be strong and physically defensive while still serving their sentences in a very violent prison. How to be a good and active listener while not succumbing to the terror of angry inmates – this must have been a tense life to live while learning – yet they were committed to change their local world, both in prison and later in the Real World.

We left with the impression that if these men in the worst situation could learn to listen and help others, perhaps those of us who seem to be too busy in our lives can learn to also stop – listen – and actively listen to others. As one inmate told Dean Thompson, “Thinking Before Acting” would have changed his life, and he encourages others to learn the lesson these inmates learned the hard way – Thinking Before Acting.



L: Ginny Cushman, Rebecca Thompson, PP Cathy Simms, Garrett Bell, Kurt Knop, Lynese Pearson, Marsha Rood, Charla Bolton



Jane Waas at Reception

Join Us Wednesday!

**CLICK HERE TO
RSVP TODAY**

**To attend the 3-22-23 meeting
RSVP by 5:00 pm MONDAY**

MENU:

- **Beef Shepard's Pie** with Mixed Green Salad
- **Cobb Salad** with choice of Blue Cheese or Italian Vinaigrette

MEETING & EVENTS CALENDAR



Garbis Der-Yeghian
33rd Annual Peace Conference
Richard Nixon Presidential Library and Museum
March 18, 2023

Live Session—8:00 a.m.—12:00 p.m.
18001 Yorba Linda Blvd, Yorba Linda, CA

Tickets: Contact Hussan Kheradmandan - hassank@sbcglobal.net

A poster for a "Cocktail Networking Hour" event. The background is a faded image of the Langham Hotel in Pasadena. Overlaid on the image is the text "Cocktail Networking Hour" in a curved, black font. Below it, "You're Invited!" is written in a large, pink, cursive font. To the right, "JOIN US!" is in bold black, followed by "Wed. 3/29/23" in a larger bold black font. Below that, "Langham Hotel Pasadena" is in bold black, followed by "4:30 pm - 6:30 pm" and "Light Appetizers" in bold black. At the bottom right, "Private Tour: 4:00 pm" is in bold black. On the left side, "Rotary Club of Pasadena Business Alliance Committee" is in bold black, followed by "RSVP a must!" in bold black. At the bottom left, "office@pasadenarotary.com" and "626-683-8243" are in bold black.

Cocktail Networking Hour
You're Invited!
JOIN US!
Wed. 3/29/23
Langham Hotel Pasadena
4:30 pm - 6:30 pm
Light Appetizers
Private Tour: 4:00 pm

**Rotary Club of Pasadena
Business Alliance Committee**
RSVP a must!
office@pasadenarotary.com
626-683-8243

2022-23
Annual Rotary District
5300 Conference



May 5-6, 2023
Horseshoe Las Vegas
 Horseshoe Las Vegas (formerly Bally's)
<https://district5300.org/>

POLIO PIG & COMMITTEE ANNOUNCEMENTS AT WEDNESDAY MEETING

Wish to "Show & Tell" us what you are up to or make an announcement about your family, business or a favorite nonprofit or a Committee announcement? Email Wendy at office@pasadenarotary.com by **Tues at noon**. Minimum donation for Polio Pig Announcement: \$20 or for \$30+ you receive a special sticker, which is billed to your account. Additional \$20 If you wish to leave flyers (in a stack on the table not individual) or a hand-out at end of meeting.

Happy Birthday!

Wendy Anderson	March 17th
Cyrus Afshin	March 21st

Happy Rotaversary!

Frank Waterman	3/10/10	13 Years
Cyrus Afshin	3/11/09	14 Years

UPCOMING PROGRAMS

March 29th - Dan Stover Music Contest - Co-Chairs: PP Ken Hill & Fred Findley
April 5th - Community Grants - Co-Chairs: PP Cathy Simms & Akila Gibbs
April 12th - Author Peter Dreier - Jackie Robinson
April 19, 2023 - Shelley Miles, CEO, Singleton Foundation for Literacy &

April 26, 2023 - Chuck Jones, General Manager, Jones Coffee Enterprise
Great ready for a "Coffee Tasting"

SPOKES is the weekly newsletter published by the
Rotary Club of Pasadena

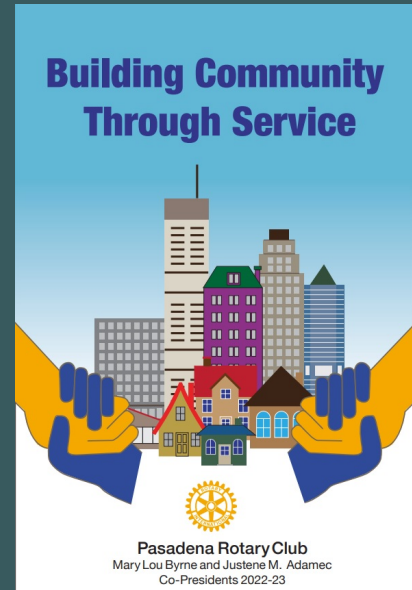
Weekly Live Wednesday Meeting by RSVP at 12pm
The University Club Pasadena
175 N. Oakland Ave., Pasadena, CA 91101

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Bureau Chief Emeritus: Mary Lou Byrne



ROTARY CLUB OF PASADENA 2022-2023 BOARD OF DIRECTORS
MEETS the 2nd Thursday of every month at the University Club Pasadena at 5pm

PRESIDENT: Justene Adamec
IMMEDIATE PAST PRESIDENT: Cory Brendel
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PRESIDENT ELECT: Stephen Smith
PRESIDENT EMERITUS: Mary Lou Byrne
**CLUB DIRECTORS: Desire Alvarado, John Burt, Lisa Cavelier, Mary Chalon, Sandy
Goodenough, Mic Hansen, J.P. Harris, Wende Lee, Hillary Schenk, Tammy Silver,
Cyril Vergis, Mark Waterson.**

Rotary Club of Pasadena

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