

SPOKES NEWSLETTER

DISTRICT 5300 * Rotary Club 794 * July 12, 2024 * #01-0028

www.pasadenarotary.com

STEPHAN MARGOLIS ***Crisis Decisionmaking From Terrorism*** ***to the Boardroom***

Introducer: IPP Justene Adamec



Stephan Margolis is an adjunct faculty member at CSU, Fullerton, Department of Psychology, where he teaches forensic psychology and critical thinking. He earned a double BA in Psychology and Philosophy, a Master of Arts in Philosophy, a Master of Arts in Behavioral Science, and a Master of Public Administration. He graduated from the FBI National Academy, West Point Leadership Instructors Course, and LAPD Command Officer Development. He worked and studied with Dr. Dame Jane Goodall for over 30 years. Mr. Margolis is currently the President/CEO of Margolis Solutions Inc.

Mr. Margolis retired as a lieutenant at the Major Crimes Division, LAPD, after 40 years in law enforcement. During his tenure, he headed the second-largest police anti-terrorist unit nationally and established the first transnational organized crime unit. He has concluded major investigations against international mafias, terrorists, narcotics traffickers,

and gangs.

Mr. Margolis consulted for and trained local and federal agencies, including the Federal Bureau of Investigation, Homeland Security Investigations, Department of Defense, Department of Energy, Secret Service, and Intelligence Community, and briefed the White House. He developed a crisis decision-making model used by the National Nuclear Security Administration and other agencies. Mr. Margolis has presented at international conferences, including the International Association of Chiefs of Police, Federal Emergency Management Issues/Special Interest Group (Keynote Speaker), President Gorbachev's State of the World Forum, Law Enforcement Intelligence Units, and televised press conferences.

Aside from national security issues, Mr. Margolis has conducted research and training on interrogation methods, detecting deception, and memory recovery. He received over 200 commendations and awards from community, academic, local, state, and federal organizations. Mr. Margolis is an Executive Board Member of the Los Angeles Police Historical Society, the Certified Fraud Examiners Association, and a Board member of the Jane Goodall Legacy Foundation.

WEDNESDAY – JuLY 17, 2024

UNIVERSITY CLUB OF PASADENA - 12:00 pm

175 N. Oakland Ave, Pasadena 91101

RSVP Deadline: 4:00 pm MONDAY

OVERFLOW PARKING: Pasadena Heritage Blinn House
Enter parking off Madison Ave. - Do not park in any reserved parking space

Reception: Jane Waas & Alan Schier aka Badge Master

Lunchtime Pianist: Ann Louise Christensen

Song Leader: Phil Miles

Inspiration: Nel Varenas

Scout Zone Reporter: Dean Billman

Photographer: Tammy Silver

Technical: Frank Fish & Scott Carlson

Sergeant At Arms: Robert Lyons

Non-members are welcome - \$45.00 includes lunch

ZOOM is back and opens at 12:15 pm

<https://us02web.zoom.us/j/86515101523?pwd=dHhNZnV5c2ZqbzNQbWthbDNhYTladz09>

Meeting ID: 865 1510 1523. - Passcode: 667356

UPDATE: EMAIL ADDRESSES

Justene Adamec - justene@gmail.com

Stephen Smith - President@pasadenarotary.com

Simply Stephen Smith's Spokes Speaks

As I have previously mentioned, the President of Rotary International for the 2024-25 Year is Stephanie Urchick. Here is a little information about our RI President. She grew up in western Pennsylvania, near the border of West Virginia, in the foothills of the Appalachian Mountains. Both her maternal and paternal grandparents moved here from Eastern Europe (Poland, Slovakia, and Ukraine).

Stephanie received her undergraduate degree in international

relations , with its focus on history, political science, and languages. She studied Russian, Polish, Serbian and Italian and received a master's in education and a doctorate in leadership studies.

She is an avid sports fan and once assisted with character analyses for Canadian Football League scouts, attending NFL training camps to watch for players who might be cut and would be a good fit for the Canadian Football League.

Stephanie believes that Rotary is at its best when we foster a sense of inclusion and belonging in our clubs and further says that belonging is "The Magic of Rotary" itself. We are all proud of her accomplishments and wish her nothing but continued success.

Stephen D. Smith
President 2024 - 2025
Rotary Club of Pasadena
Cell 310.908.1779



The Scoot Zone

By Past President Mary Lou Byrne, Bureau Chief

Photos by Hans Rosenberger & Tammy Silver



President Stephen Smith rang the bell at 12:30 and handed things over to **Past President Mary Lou Byrne**, who led us in singing You Gotta Have Heart, with harmonies by Music Committee Chair **Don Andruess** and piano accompaniment by Ann Louise Christansen. **Amanda Pumilia** gave the Inspiration, which was also heart-related and reminded us to “count our blessings in this age of medicine.”



Sergeant At Arms **Robert Lyons** facilitated the introduction of guests, including Paul Roach from HMRI (guest of our speaker), Don Schweitzer, who has applied for corporate membership,

Jenna Seabright, a visiting Monrovia Rotarian (both guests of **Howard Raff**), and **John Foulkes's** daughter **Debbie Foulkes**. **Tammy Silver** introduced Pasadena City College President and Superintendent **Jose Gomez**, who is a Corporate Member of our club attending his first meeting.

The Announcements today were presented by the A-Team of Amanda, Alex, and Alan:

Amanda Pumilia reminded everyone that the IMPACT Club is doing a service project at Eaton Canyon TOMORROW, July 13, and is hosting a Happy Hour on July 16th. Details below. You also have two more weeks to contribute school supplies for the IMPACT Club's School Supplies Drive. Bring them to Wednesday lunch.

Alex Oscoco announced that the President's Cocktail Party, welcoming our new **President Stephen Smith**, will be at Stephen's house in Pasadena from 3 to 6 p.m. on Sunday, August 18. Details to follow but mark your calendar now!

Alan Schier, the Badge Master, announced that shiny brass hang tags are ready for the new Board members and officers. If you are in need of a new hangtag, get your badge to Alan and he will fix you up!



President Stephen then presented some of his goals for the coming Rotary year, which left us all super excited:

1. He'd like to have a social event at a home he appraised in South Pasadena last year, which was owned by a car collector and contains 37 historic vehicles and 3,000 model cars. Stay tuned!
2. He wants to partner with the San Marino and South Pasadena Rotary Clubs for a fundraiser that involves showing a documentary about the great musician Herb Alpert.
3. His goal is for us to do THIRTY service projects this year: Two per month via the IMPACT Club, and six Done in a Day projects.
4. And what would be a great accessory when we're doing all those service projects? A Pasadena Rotary-branded popup tent to attract attention from passers-by. **Stephen** wants to procure one.
5. Some years ago, the University Club did an outing to Mount Wilson, where they had dinner and looked through the big telescope. It was so great that **Stephen** would like our Rotary Club to do a similar outing.
6. President Stephen is in negotiations with the City of Pasadena to get a Pasadena Rotary sign placed in at least one location in the City.
7. Remember when we did that fun rooftop fundraiser during President Frank Nicholas's year? Stephen would like to do something similar this year, in April or May. Stay tuned...
8. A social event at The Magic Castle! What fun!
9. And finally, those of you who were present for last year's A Rotary Carol holiday program know that **President Stephen** is a comedian at heart. He plans to do a quarterly comedy skit in the style of Johnny Carson's Carnac the Magnificent. Big fun!

Bill Opel introduced our speaker. Nicole Purcell is Associate Professor of Cardiovascular Research and Scientific Director of the Education Program at Huntington Medical Research Institutes.

Nicole began by saying "I am a cardiovascular researcher and I also do research on the brain. The takeaway from my research is this: Nicotine is bad."

Nicole explained that smoking has gone down but vaping is way up, and it is not a safe alternative to smoking because almost all vapes still contain nicotine. One in four high school students and



one in twenty middle school students have tried vaping, which is quite concerning. They even do it in school and it's hard to detect because the fumes smell like bubblegum or candy, and the vaping apparatus can be as small as a flash drive.



What's the problem with vaping? It's not just an addiction problem, said Nicole, but the nicotine is a chemical poison that causes health issues for both the heart and the brain – and at surprisingly small doses! And more worrisome, vapes are not regulated by the Food and Drug Administration so we don't even know how much nicotine is in them.

She gave us a lot of data that this reporter, for one, did not understand. But the bottom line is that young lab animals exposed to even low levels of nicotine suffer more injury from heart attacks than animals who had no nicotine exposure. And there are similar effects with the brain and strokes. So... yikes!

After a lively question and answer period (Q: Does quitting smoking/vaping mitigate the damage? A: Yes, of course!), **President Stephen** presented Nicole with her speaker gift and the meeting adjourned right on time.



L2R: Paul Roach, Curtis Smith, Colleen Carey, Bob Risley, President Stephen, Fred Findley, Desiree Alvarado, Bill Opel, Nicole Purcell

7-17-24 BUFFET MEAL PROVIDED BY

Chef Tony, The University Club

Caesar Salad with Croutons and Parmesan Cheese

Medallions of Beef with Mushroom Sauce

Pecan Crusted Filet of Sole

Rice Pilaf

Vegetables Medley

Fresh Rolls and Butter

Indicate if you'll be dining as Vegetarian only

**MEALS ARE PROVIDED BASED ON RSVP'S WE RECEIVE
PLEASE RSVP IF YOU ARE ATTENDING!**

Or office@pasadenarotary.com

**CLICK HERE TO
RSVP TODAY**



ROTARY VOLUNTEER OPPORTUNITIES & EVENTS

IMPACT CLUB EVENTS

SATURDAY

7/13

EATON CANYON TRASH PICK-UP

8 AM - Meeting at Mt Wilson/Pinecrest Gate, Mt Wilson Toll Rd · Altadena, CA (by bridge to the Falls). Street parking can be limited, so watch no parking signs and arrive early!

TUESDAY

7/16

SOCIAL MIXER/HAPPY HOUR

Bring prospective Impact Club members!
5 pm - 7 pm (Happy Hour prices until 6 pm)

Lucky Baldwin's Trappiste Pub
1770 E. Colorado Blvd.
Pasadena, CA 91106

WEDNESDAY

7/24

FINAL DAY FOR FRIENDS IN DEED SCHOOL SUPPLY DONATIONS

Donations will be taken to Friends in Deed on **Friday, 7/26, at 9 am** to help with sorting.

Contact Impact Club Chair Amanda Pumilia with any questions
apumilia@yahoo.com



STEPHEN SMITH'S

PRESIDENT'S WELCOME PARTY

18 AUGUST

3:00-6:00PM

TICKETS: \$50

JOIN US

PASADENA ROTARY

2087 N ALTADENA DR.
RSVP DETAILS COMING SOON

POLIO PIG & COMMITTEE ANNOUNCEMENTS AT WEDNESDAY MEETING

ALL ANNOUNCEMENTS MUST BE PRE-APPROVED!

Wish to "Show & Tell" us what you are up to or make an announcement (30 seconds) about your family, business or a favorite nonprofit or a Committee announcement? Email Wendy at office@pasadenarotary.com by Tues at noon. Minimum donation for Polio Pig Announcement: \$20 or for \$30+ which is billed to your account. Additional \$20 if you wish to leave flyers (in a stack on the table not individual) or a hand-out at end of meeting.

HAPPY BIRTHDAY!!

Sandi Mejia-Ramirez	July 16th
Jack Kozakar	July 17th
Chad Augustin	July 18th

ROTAVERSARY

Ross Jutsum	7/14/22	2 Years + 42 Yrs = 44 Yrs
David McAlexander	7/14/04	20 Years
Sarah Smith Orr	7/15/87	37 Years
Mark Waterson	7/16/14	10 Years
Sandy Goodenough	7/17/19	5 Years
Mic Hansen	7/18/06	18 Years

UPCOMING PROGRAMS

July 24 - Eddie Rivera, PasadenaNow.com - Heart Disease Doesn't Have to Kill You. Actual Save-Your-Own-Life Advice to Keep You Around a Lot Longer
July 31 - Deborah Ferrington, Doheny Eye Institute
August 7 - Tri Dam - US State Dept. Interpreter - From Vietnam to the US and Back Again
August 14 - Patrick Connor, Mixologist - Mai Tai Magic
August 21 - Jai Raquel Partida. IG Influencer - How I Have Over 643,000 Followers

**SPOKES is the weekly newsletter published by the
Rotary Club of Pasadena**

**Weekly Live Wednesday Meeting by RSVP
University Club Pasadena, 175 N. Oakland Ave.**

**Spokes Chair/Publisher/Editor: Wendy Anderson
Bureau Chief: Mary Lou Byrne**

Scout Zone Reporters: Mary Lou Byrne & Dean Billman

Photographers: Jonathan Edwards, Hans Rosenberger, Hillary Schenk, Tammy Silver, Matt Bookman, Ken Joe, Claudia Ponce de Leon, Desiree Alvarado, Mike Bernard, Dede Venkat & Gui Bittencourt.

Proofers: Mary Wilson & Kathy Meagher

Making Magic

by doing service

PROMOTING PEACE FIGHTING DISEASE

PROVIDING CLEAN WATER

SAVING MOTHERS AND CHILDREN

GROWING LOCAL ECONOMIES SUPPORTING EDUCATION

PROTECTING THE ENVIRONMENT.



Pasadena Rotary Club
Stephen Smith, President 2024-25

ROTARY CLUB OF PASADENA 2023-2024 BOARD OF DIRECTORS
MEETS the 3rd Thursday of every month at 5pm - University Club of Pasadena

PRESIDENT: Stephen Smith
PRESIDENT ELECT: Hillary Schenk
IMMEDIATE PAST PRESIDENT: Justene Adamec
SECRETARY: Wende Lee
TREASURER: Tony Phillips
CLUB DIRECTORS: Don Andruess, George Falardeau, Frank Fish, Sandy Goodenough, J.P. Harris, Debi Kroman, Robert Lyons, David McAlexander, Claudia Ponce de Leon, Nevino Rocco, Tammy Silver, Dede Venkat

Rotary Club of Pasadena

MAILING ADDRESS: 556 South Fair Oaks Ave., Suite 101, #379
Pasadena, CA 91105

Wendy Anderson, Administrator - 626-683-8243 - office@pasadenarotary.com

Sandi Mejia-Ramirez, Accountant - 626-272-3424 - sandimejia@sbcglobal.net

www.pasadenarotary.com

Pasadena Rotary Club | 556 South Fair Oaks Ave. Suite 101, #379 | Pasadena, CA 91105 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!