

SPOKES NEWSLETTER

DISTRICT 5300 * Rotary Club 794 * April 28, 2023 * #23-115 Stay up-to-date at **www.pasadenarotary.com**

THIS WEEK'S PROGRAM JIM GRAUNKE

"Jim Graunke's Retirement Home Hall of Fame"

Introducer: Tammy Silver



since 1984.

Jim was born in Nebraska and raised in Denver, Colorado. He received a B.A. Degree at Knox College and a Master of Public Administration Degree with a specialty in Gerontology from The University of Arizona. Following Graduate School, he was hired by the Scripps Home in Altadena first as as Assistant Administrator, then as CEO from 1981 until 2006. Jim served as Vice President for Operations for Episcopal Communities and Services for three years, Executive Director for Lake Park Retirement Community in Oakland for three years, and returned to Southern California to serve as CEO of Solheim Senior Community in Los Angeles for seven years until his retirement in January of 2020.

The primary focus of Jim's career was providing a home, health care and financial security for middle and low income seniors. HIs professional service for 43 years has given him many rich memories of the people served by the organizations for which he worked. Some highlights from that career will be the subject of his talk.

Jim served his profession in a variety of leadership capacities at the State and National Level. He has served on the Boards of several local charities. He joined the Rotary Club of Pasadena in 1985 and served as its President in 2001-2002. He has been married to Judy MacConaghy Graunke

12:00 pm - RECEPTION & LUNCH BYRSVP ONLY 12:30-1:30 pm - PP Mel Cohen Presiding Lunchtime Pianist: Ann Louise Christensen

Song Leader: PP Cory Brendel
Inspiration: Jim Osterling
Scoot Zone Reporter: Dean Billman
Photographer: Tammy Silver

Sergeant At Arms: Robert Lyons Tech: Frank Fish & Scott Carlson

To attend LIVE - RSVP Below Non-members are welcome - \$40.00 includes lunch

Or by the One-way "Zoomcast"

Zoom opens at 12:15 pm - Meeting begins at 12:30 pm

https://us02web.zoom.us/j/86515101523?pwd=dHhNZnV5c2ZqbzNQbWthbDNhYTladz09

Meeting ID: 865 1510 1523 Passcode: 667356

IF LINK doesn't work, cut and paste link in your browser



IMAGINATION

By President Justene Adamec

Seven leaders in Pasadena Rotary attended the District Assembly on April 22, 2023. Past Treasurer **Fred Findley**, now District Treasurer; Past President **Phil Miles**, now chair of the District Finance Committee; President Elect **Stephen Smith**; Secretary **Michele Ferroni**, Board members **John Burt** and **Hillary Schenk**, and yours truly.

Bad news: The District once had over 3000 members. It's down to under 2000. If worldwide membership decreases at the current rate, Rotary will cease to exist in 2072. Good news: The last wild polio case was in August. If there are no cases of wild polio for 3 years, it will be declared eradicated.

Next year, the District Conference will be on a Royal Caribbean cruise ship! It will include a day long service project in Ensenada. So watch for those emails in the next couple of weeks. You can put down a \$50 deposit for the buses to the service project. Then your name will be given to the cruise line and you can book and pay directly.

If you wish to contact me, you can do so by calling 626-806-2529 or emailing me at *president@pasadenarotary.com* or catch me before or after a meeting.

The Scoot Zone

By Past President Mary Lou Byrne, Bureau Chief

Photos by Jonathan Edewards and Tammy Silver



Past President Diana Peterson-More (2012-2013) rang the bell (a special bell, about which more below) at 12:20 because we had an extra special big program planned. Music Committee Chair Don Andrues, accompanied by his own guitar, Ann-Louise Christensen on piano, Past President Cory Brendel on percussion, and Past President Mary Lou Byrne on vocals, led us in singing Jimmy Buffet's Margaritaville. Everybody got so excited with singing along that we almost forgot to say the Pledge of Allegiance! Hillary Schenk gave the inspiration (pinch-hitting for Past President Phil Miles, who is laid up with a broken finger) -- some thoughts on coffee including this from David Letterman: "If it weren't for the coffee, I'd have no identifiable personality whatsoever."



Our announcements were short and sweet: **Jan Sanders** re: Rotary Readers; **Tammy Silver** re: Denim Day, dedicated to raising awareness of violence against women; **Lisa Cavalier** re: Teachers of Excellence in two weeks, and **George Falardeau**, who needed two more Rotarians for a table at the Mayor's Prayer Breakfast on May 4 and managed to snag one from the floor immediately. If you are the second, please contact **George**.



PP Diana then gave a brief autobiography, including the fact that her father was the past president of the Rotary Club of Westwood, California, and it was his bell that she rang today and at every meeting during her presidential year. Her motto for the year was "make a difference, one act of kindness at a time," and she was lucky enough to attend the Rotary International Convention in Thailand! Among the many accomplishments of which she is proud is that the Club raised \$150,000 from a Gala to Make a Difference during her year, which was split between local and international projects.

PP Diana was also our introducer this week, and in keeping with her trademark "Rule of Three," we had three speakers from the Jones Coffee Company: Former Pasadena Rotarian Chuck Jones and his parents Mireya and Larry (photo right). First, Mireya explained how she ended up from her native Guatemala to the University Club in Pasadena – it was because her greatgrandmother, an indigenous woman in Guatemala, was given a plot of land in the highlands and decided to join the German settlers who were growing coffee in the region. "She literally

tripped over it and it grew from there!" said Mireya.





Chuck then took over and explained that the five dishes of coffee beans on each of our lunch tables represented the various stages from green to dark roast, and we all passed them around and used all of our five senses to explore the differences among them. He also shared some fun facts including the requirements for growing good coffee (altitude, good seeds, volcanic soil, patience, water, skilled labor, and a tropical climate), the characteristics of coffee from various parts of the world (Africa fruity and bright; Indonesia earthy,

chocolatey, heavy; the Americas mild/balanced, nutty, spicy, mild acidity – basically the broadest appeal), and the fact that 99% of all coffee sold is a blend.

Chuck turned the proceedings over to his dad, who told us about his introduction to the family business and said "it's a women's world now" and he's glad of it!



Back to Chuck: After explaining a bit about the process of growing and harvesting and roasting coffee ("there's just a 15 second difference between light, medium, and dark roasts"), he served everyone present a small cup of light, medium, and dark roast and had us taste for ourselves. (While we were waiting for the coffee to be distributed, **PP Diana** introduced our guests including Bader Shamin, President Elect, Rotary Club of Brampton, Southern Ontario, Canada.) What should we be looking for? Aroma, acidity, body, balance, complexity, and finish. A show of hands revealed that the majority preferred medium or dark roast (with the plurality preferring dark), and Chuck said that is consistent with the overall market.

After a Q and A session that revealed some fun roasting developments on the horizon for Jones Coffee, **PP Diana** rang her grandfather's bell to ring us out in honor of her father, Rotarian David Lewis More, and her mother, "Rotary Ann" Eleanor McCullough More. "Go out and do good in the world," she exhorted as we wrapped up right on time at 1:30.



L2R: Larry Jones, PP John Cushman, Ginny Cushman, PP Ken Hill, PP Diana Peterson-More, Sara



RECEPTION

Jane Waas & Alan Schier greet Deborah Lewis, David McAlexander & Sandy Goodenough

RSVP by 5:00 pm MONDAY

RSVP TODAY

MENU:

- Chicken Schnitzel w/ spaetzle and braised red cabbage
- Beef Stroganoff w/ spaetzle and mushrooms
- Spring vegetable salad w/ snap peas, asparagus, heirloom tomatoes, beet Hummus, baby spinach, radish, Lemon Vinaigrette (Vegetarian)

MEETING & EVENTS CALENDAR

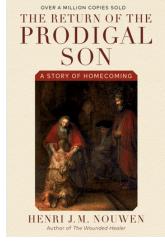
PHOTO OF THE WEEK

Visting Rotarian Bader Shamin, President Elect, RC of Brampton, Southern Ontario, Canada with President Justene and Dean Billman



ROTARY READERS

6 pm - Monday May 1, 2023



The Return of the Prodigal Son

by Henri Nouwen
Bob Risley will lead the discussion

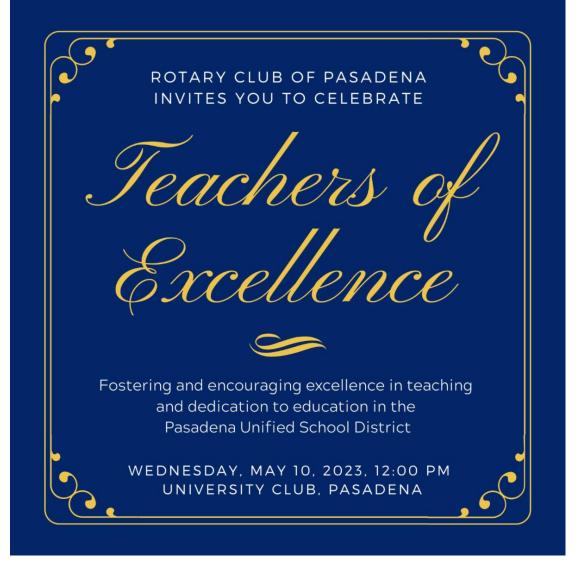
If you wish to attend in person or on zoom, please contact Jan Sanders janinpasadena@gmail com or Cathy Simms simmsie1@pacbell.net



2022-23 Annual Rotary District 5300 Conference

May 5-6, 2023 Horseshoe Las Vegas Horseshoe Las Vegas (formerly Bally's

https://district5300.org/



TYROS COMMITTEE

ANNOUNCEMENT: The Tyros Meeting for May 1st is cancelled

SAVE THE DATE!

NEXT MEETING IS A TYROS CELEBRATION MEETING

THURSDAY, JUNE 1ST - 4:30 pm to 6:30 pm CALIFORNIA PIZZA KITCHEN (CPK)
Appetizers - Cash Bar - Networking - Fun

The R2R Committee (Rotarian 2 Rotarian) will join the celebration!!

Tyros Co-Chairs: Ellen Simon & Judy Taylor R2R Co-Chairs: Cyril Vergis & Wendy Anderson (formerly the Business Alliance Committee/R2R)



Appreciation Extravagauza!

JUNE 28, 2023

BEGINNING AT 6PM

THE ROTARY CLUB OF PASADENA INVITES YOU TO SAVE THE DATE FOR AN EVENING OF GRATITUDE AT THE UNIVERSITY CLUB FOR PAST PRESIDENT MARY LOU BYRNE & CURRENT PRESIDENT JUSTENE ADAMEC.

MORE EVENT INFORMATION TO FOLLOW SOON.
MARK YOUR CALENDARS!

POLIO PIG & COMMITTEE ANNOUNCEMENTS AT WEDNESDAY MEETING

Wish to "Show & Tell" us what you are up to or make an announcement about your family, business or a favorite nonprofit or a Committee announcement? Email Wendy at office@pasadenarotary.com by Tues at noon. Minimum donation for Polio Pig Announcement: \$20 or for \$30+ you receive a special sticker, which is billed to your account. Additional \$20 If you wish to leave flyers (in a stack on the table not individual) or a hand-out at end of meeting.

Happy Birthday!

Pat Wright	May 4th
Lynne Sullivan	May 4th

Happy Rotaversay!

Diana Peterson-More 4/22/98 25 Years

UPCOMING PROGRAMS

May 10th - Teachers of Excellence - Co-Chairs: Lisa Cavelier & Sandy Goodenough

May 17th - Dr. Mark Schuster - Kaiser Permanente Bernard J. Tyson School of Medicine Update. Dr. Schuster's presentation starts at 12:30 pm

May 24th - Dr. Caroline Heldman, Professor, Critical Theory and Social Justice, Occidental College, "Impact of Women in Politics"

May 31st - Jens Weiden, CEO Rose Bowl

June 7th - Dr. David Emmanuel Goatley, President, Fuller Theological Seminary

June 14th - Cynthia Kurtz - Chasing the Eclipse

SPOKES is the weekly newsletter published by the Rotary Club of Pasadena

Weekly Live Wednesday Meeting by RSVP at 12pm The University Club Pasadena 175 N. Oakland Ave., Pasadena, CA 91101

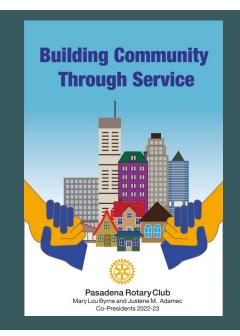
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Bureau Chief Emeritus: Mary Lou Byrne



ROTARY CLUB OF PASADENA 2022-2023 BOARD OF DIRECTORS
MEETS the 2nd Thursday of every month at the University Club Pasadena at 5pm

PRESIDENT: Justene Adamec
IMMEDIATE PAST PRESIDENT: Cory Brendel
SECRETARY: Michele Ferroni
TREASURER: Tony Phillips
PRESIDENT ELECT: Stephen Smith
PRESIDENT EMERITUS: Mary Lou Byrne

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Rotary Club of Pasadena

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