



# Newsletter

## District 5230 Newsletter March 2024 - Water and Sanitation Month

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## Water, Water Everywhere But Not a Clean Drop to Drink

By Debbie Hale



District 5230 Governor 2023/24

Buenos dias! As I write this article I'm sitting on the patio in the Hotel Posada in Cobán Guatemala, water bottle by my side, enjoying the pleasant evening. A bottle of water also sits on the sink for me to use when brushing my teeth. I haven't eaten a salad for a week because we have been warned not to eat raw vegetables, or fruit that hasn't been peeled, because they may have been rinsed in contaminated tap water. Most of us in the United States take for granted the ability to turn on the tap to get a glass of clean water to drink whenever we want. Here it's not a myth, it's a real threat. A third of our group has experienced mild to severe gastrointestinal distress and one even had to go to the hospital to be rehydrated.

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## Update from Your Communications Team: March Elevator Speech, Email Signature, and District Hashtags!

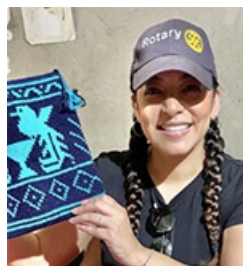
By: Lynda Patrick, Communications Chair  
Nick Grim, Webmaster, Newsletter Co-Editor  
Merritt Wiseman, Newsletter Co-Editor, Engagement Chair

Please set your calendars to update your email signatures, and familiarize yourselves with our District 5230 Elevator Speech in keeping with the March Rotary theme of Clean Water and Sanitation!

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## Collaborative Service Projects Provide A Sustainable Initiative in Guatemala



Rotary Club of Visalia Sunset

Scholarships, school supplies, machetes, and hand-woven bags—what do these all have in common? Rotary, of course! For quite a few years Rotarians from Tulare Sunrise, Tulare Noon, and Visalia Sunset have joined forces to make multiple service projects in Guatemala come to fruition. Rotarians taking part in the projects for the first time, current and past Youth Exchange students, and seasoned project veterans share a long day of travel to arrive at the beauty of Guatemala; the sights, smells, and dramatic changes from past visits are always awe-

inspiring.  
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For more information about the newsletter issue or to submit an article, contact Nick Grim and Merritt Wiseman at [editor5230@gmail.com](mailto:editor5230@gmail.com).

Please note all articles or event info must be submitted by the 20th of each month to make next month's issue.

## Voice of Inspiration: Jenét DeCosta of Driscollâ€™s Our Rotary District 5230 Conference Keynote Speake

By Lynda L. Patrick  
District 5230 Communications Chair

In an eagerly awaited highlight of this year's Rotary District 5230 Conference, Ms. Jenét DeCosta, the Senior Director of Public Affairs at Driscollâ€™s, will take center stage as the distinguished Keynote Speaker.

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## Come Play by the Bay! 5230 District Conference

Register today for the Rotary District 5230 District Conference! The conference will take place in the beautiful city of Monterey from May 10th to 12th, 2024. This event promises to be a fantastic opportunity for Rotarians to network, share ideas, and learn more about the impact of Rotaryâ€™s work locally and globally. Whether you plan to attend for one day or the entire weekend, donâ€™t miss out on the chance to connect with fellow service-minded individuals and be inspired by the collective efforts to create positive change. Make sure to secure your spot and join the Rotary family for what is sure to be an enriching and memorable experience. For more details and to register, please visit the Rotary District 5230 website.

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## A Century of Service: Celebrating the Vibrant Legacy of The Rotary Club of Monterey

By Renata Barnwell



The Rotary Club of Monterey

The Rotary Club of Monterey celebrated the 100th anniversary of its founding on February 10, 2024, the day when its charter was granted as a local club of Rotary International. A gala celebration was held at the Naval Postgraduate School that night to commemorate this momentous occasion. There were nearly 200 guests in attendance, including over 100 current and former members, their guests, officers and members of local Rotary clubs, and local elected and appointed officials from throughout the County of Monterey.

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## Monterey Bay Passport Club Networking in the Fast Lane

By Josh Schmidt  
Rotary Club of Monterey Bay Passport

What a night! For Valentineâ€™s Week this year, the Monterey Bay Passport Club gathered together for a â€œUniquely Yours: Speed Networkingâ€ event hosted by our Vocational Service Committee. The Passport Club is only one year old, rapidly growing (currently around 50 members) and only holds regular meetings once a month. So, we felt we needed a special event to get to know each other a little better.

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## Heartfelt Compassion in Action: Rotarians Rally to Aid Flood Victims

By Ana Carretero



District 5230 Area 7 Governor

It was nearly a year ago, in March 2023, when California experienced historical flooding throughout the state - especially in Tulare, Kings and Monterey counties. District 5230 Rotarians responded to these winter storms by raising a whopping \$104,000 to help residents whose homes were damaged in these devastating floods.

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## Unity in Service: The Visalia Rotary Community Foundation

By Merritt D. Wiseman

5230 Membership Engagement Chair

The Visalia Community Rotary Foundation, comprising the dedicated members from each of the five Rotary Clubs in Visalia, stands as a testament to the strength found in collaboration. The Community Foundation has a shared vision of service that transcends individual club boundaries, pooling resources and expertise to address local challenges with greater effectiveness. This unique partnership is creating ripples of positive change, amplifying the impact of our collective club efforts, and fostering a spirit of unity within our community.

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## Rotary District 5230 Legends: Celebrating a Quarter-Century (or more!) of Dedication and Service

By Becky Moser



iPDG, District 5230 Membership Chair

Congratulations to the Rotarians on Celebrating 25+ Years!

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## Welcome, New Members of Rotary District 5230!

By Becky Moser

PDG, 5230 District Membership Chair

Welcome our new members to our Rotary District 5230 family.

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## Celebrating 100 Years & 100% Foundation Membership

By Bruce Mackey  
Rotary District 5230 Foundation Chair

It was my privilege to attend the centennial celebration for the Rotary Club of Monterey. As you can imagine, it was quite a memorable event held at the historic Del Monte Hotel on the grounds of the prestigious Naval Postgraduate School. What a night! There was wonderful entertainment, and an exceptional show outlining the history of the Club; the organizers of the event should be very proud of their accomplishment!

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## End Polio Now: Working for a Polio-Free Tomorrow

By Belinda Daguio



On the third Thursday of every month I have the privilege of attending the RI Rotary Zone 26/27 Polio Plus Zoom. There, I learn of all of the latest updates and advances regarding the fight to END Polio.

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## Carmel Area Clubs Enjoy Their Youth Exchange Student From Argentina

By Lynda L. Patrick  
District 5230 Communications Chair

Zara Sinclair, Youth Exchange Student from District 5230, enthralled the members of the Carmel-by-the-Sea club with insights into her homeland, Argentina, and the rich culture it holds. Zara's talk illuminated the diverse wonders of Argentina, offering a glimpse into the beauty and uniqueness of her home country.

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## District Training Course, April 2: How to Become a 100% Paul Harris Fellow Club

By Deborah J. Volosin  
District 5230 Training Series Facilitator



As we continue with our robust District 5230 training series, please join our upcoming seminar on how to get 100% Paul Harris Fellow participation for your club, taught by Area Governors Ana Carretaro, and John Scherer!

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## District 5230 Club Toolkit

### STRATEGIC PLANNING GUIDE



Rotary 

A well-defined Rotary Club strategic plan serves as a compass, guiding the organization towards its goals and ensuring sustained impact within local and global communities. By outlining clear objectives, allocating resources efficiently, and establishing measurable milestones, a strategic plan empowers Rotary Clubs to enhance their effectiveness and responsiveness to the dynamic needs of society. It fosters a sense of direction, unity, and purpose among members, facilitating collaborative efforts in community service, humanitarian projects, and youth development initiatives.

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## 5230 District Buzz: Events and Happenings Across Our Community

To list your event, email the flier to your newsletter team at: [editor5230@gmail.com](mailto:editor5230@gmail.com) by the 20th of the month prior to your event.

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