

Rotary



Club of Medford Rogue

February 2 Communicator

Medford Rogue Rotary: Chartered April 20, 1977
President Larry Hildebrandt
Past President Host: Sue Kupillas
Bulletin Editor: Debbie Graunke: dmchargue@hotmail.com

Location: Rogue Valley Country Club at 2660 Hillcrest Rd. - ballroom on upstairs level

Time: 12:10 pm

-OR-

Zoom for those Rotarians who are unable to attend the in-person meeting. The zoom link will open at 12:00

Join Zoom Meeting

<https://us06web.zoom.us/j/84567412190?pwd=UDVRTDNuL1Y5WGh0UzBIWGW01cDB2QT09>

Meeting ID: 845 6741 2190

Passcode: 212603

One tap mobile

+13462487799,,84567412190#,,,,*212603# US (Houston)

+17207072699,,84567412190#,,,,*212603# US (Denver)

Involved Rotarians

Inspirational Moment: Julie Gillis

Sergeant at Arms: Gina Clyburn

Greeters: Paul Christy

Attendance: Shaun Frank

Technology: John Van Sickle

Upcoming Meeting Schedule

February 2nd

Speaker: Brian Sjothun and Rich Rosenthal

Topic: What's the status of the Community Complex (aka, the Aquatic Center PLUS) after all these years?

February 9th

Speaker: TBD

Topic:

February 16th NO MEETING

Speaker: TBD

Topic:

February 23rd

Speaker: TBD

Topic:

Meeting schedules can be found on our new website. [Click Here](#)

Fellowship:

Learn to Play Pickleball Fellowship Event February 12th from 10-12 at Santos Community Center, 701 N Columbus Avenue

No experience necessary!

Come understand what is making *our* Rotary Signature Event so successful.

RSVP to Kellie Hill kellie@therightnutritionplan.com**Academy Awards**The Academy Awards are just around the corner and you will have the opportunity to pose as a voting member of the Academy of Motion Picture Arts and Sciences within your own Medford Rogue Rotary. A ballot will be distributed February 7 with the newsletter and at the meeting giving you 11 of the total of 22 categories to vote on. The Rotarian who has the most correct predictions will receive a bag of popcorn and two movie tickets. The top 4 runner ups will receive a bag of popcorn. The nomination form will be included in all the meeting newsletters up to the Wednesday, March 30 when the winners will be announced and prizes will be awarded. ♦

Volunteer Opportunities

Rogue PowerPack Backpack Program: You will have an opportunity to volunteer with not only our club members but members from other area clubs

ACCESS & Rogue Powerpack Program provides backpacks full of nutritious, child-friendly food to elementary school children who are receiving free breakfast or lunch at school during the week but are lacking adequate food at home over the weekend. Backpacks are filled every Friday from 9-11 to ensure they do not go hungry while away from school. There are also options to drive and deliver prepared sacks of food to different school routes. To SignUP on dates that work best for you, click this link: <https://signup.com/go/UhqfKMB>. For any questions, please contact Danette Moss at dmoss@laclinicahealth.org.

Signature fundraising event June 24-26 2022 Pickleball Tournament

Our first tournament was a great success! The steering committee is already planning our next tournament. If you would like to join in the fun, we are looking for you! Our next meeting is January 20th at 4:30 via zoom
Cheryl Dyer @ cherylddyer@yahoo.com or Debbie Graunke @ dmchargue@hotmail.com.

Board of Directors News: Board of Directors meetings are held the 3rd Tuesday of each month at 4:30 via zoom. If you have an agenda item, please contact President Larry. The meetings are open to all club members. Contact Debbie for the meeting link or [Click here](#)

New Member Applicants and Sponsor Responsibilities: The Membership Committee has revised the mentor program for new members. Instead of the committee assigning a mentor, the new members sponsor will now be responsible for that role. Sponsor/mentor responsibilities will include assisting the new member with finding the right fit for two committee assignments, accompanying the new member to a fellowship event, and also sitting with the new member at two or more of our regular meetings in order to introduce them to fellow Rotarians. We hope that these changes will help to quickly integrate the new member to our club.

Health News: By Rita Sullivan

Research has shown that living with pets provides certain health benefits. For instance, they can lower blood pressure or lessen anxiety. They also increase opportunities for exercise, to go outside and to socialize. And as we can see from the pandemic, when people were adopting pets from shelters in record numbers, they can help with loneliness and depression. Pets give unconditional love; they are intuitive and good listeners, and they meet you at the door with an enthusiastic welcome. Wouldn't life be good if we treated each other like pets treat their owners.
