

Rotary



Club of Medford Rogue

February 23 Communicator

Medford Rogue Rotary: Chartered April 20, 1977
President Larry Hildebrandt
Past President Host: Sue Kupillas
Bulletin Editor: Debbie Graunke: dmchargue@hotmail.com

Location: Rogue Valley Country Club at 2660 Hillcrest Rd. - ballroom on upstairs level

Time: 12:10 pm

-OR-

Zoom for those Rotarians who are unable to attend the in-person meeting. The zoom link will open at 12:00

Join Zoom Meeting

<https://us06web.zoom.us/j/83199745187?pwd=K1NBNisxYVpmaWpUeUJh2dWZPaWttQT09>

Meeting ID: 831 9974 5187

Passcode: 796548

One tap mobile

+12532158782,,83199745187#,,,,*796548# US (Tacoma)

+17207072699,,83199745187#,,,,*796548# US (Denver)

Involved Rotarians

Inspirational Moment: Linda Brown

Sergeant at Arms: Gene Taylor

Greeters: Paul Christy

Attendance: Shaun Frank

Technology: John Van Sickle

Upcoming Meeting Schedule

February 23rd

Speaker: Professor Joe Peterson

Topic: How Ashland and Medford dealt with the 1918 flu

March 9th

Speaker: Kellie Hill & Students

Topic: 4-Way Test Speech Contest

March 16th Fellowship Gathering 12:00-1:00 p.m. This is an off-site location:

Tour and play at Kid Time, 413 W Main Street

Speaker: Sunny Spicer

Topic: Enjoy a special tour before construction is completed and literally play like the kids will in the new Children's Museum. Then walk downtown to one of our many great eateries.

March 23rd

Speaker: Ron Kramer

Topic: The new Southern Oregon Historical Society event center

March 30th

Speaker: Cathy Kemper-Pelle

Topic: Rogue Community College's "next chapter"

Meeting schedules can be found on our new website. [Click Here](#)

Fellowship:

Now - March 27

Make your best guess on the Academy Awards (up until March 27th). Complete your ballot in person or online. The Rotarian with the most correct predictions will receive a bag of popcorn and two movie tickets. The top 4 runner ups will receive a bag of popcorn.

Questions? Contact Barbara Laskin laskinbarb@gmail.com Click here to download a printable PDF copy

Click here to download a printable PDF copy [Academy Awards Ballot](#)

March 11

Mt. Ashland Ski Day/Night. Come ski, snowboard, or just hang out at the lodge! Day and twilight skiing. Dinner and drinks.

Contact Bruce Garetto bgaretto@gmail.com 541-890-0431

March 12

Come play Pickleball or learn how to play. 1-3 p.m. Santos Center, 701 N Columbus. Family and friends welcome.

After play, meet at HBL Pubbery & Brewery 1100 N Central for celebratory drinks and snacks.

Contact Kellie Hill kellie@therightnutritionplan.com 541-951-5564

Volunteer Opportunities

Rogue PowerPack Backpack Program: You will have an opportunity to volunteer with not only our club members but members from other area clubs.

ACCESS & Rogue Powerpack Program provides backpacks full of nutritious, child-friendly food to elementary school children who are receiving free breakfast or lunch at school during the week but are lacking adequate food at home over the weekend. Backpacks are filled every Friday from 9-11 to ensure they do not go hungry while away from school. There are also options to drive and deliver prepared sacks of food to different school routes. To SignUP on dates that work best for you, click this link: <https://signup.com/go/UhqfKmB>.

For any questions, please contact Danette Moss at dmoss@laclinicahealth.org.

Signature fundraising event June 24-26 2022 Pickleball Tournament

Our first tournament was a great success! The steering committee is already planning our next tournament. If you would like to join in the fun, we are looking for you! Please contact Cheryl Dyer @ cherylldyer@yahoo.com or Debbie Graunke @ dmchargue@hotmail.com.

Board of Directors News: Board of Directors meetings are held the 3rd Tuesday of each month at 4:30 via zoom. If you have an agenda item, please contact President Larry. The meetings are open to all club members. Contact Debbie for the meeting link or

[Click here](#)

New Member Applicants and Sponsor Responsibilities: The Membership Committee has revised the mentor program for new members. Instead of the committee assigning a mentor, the new member's sponsor will now be responsible for that role.

Sponsor/mentor responsibilities will include assisting the new member with finding the right fit for two committee assignments, accompanying the new member to a fellowship event, and also sitting with the new member at two or more of our regular meetings in order to introduce them to fellow Rotarians. We hope that these changes will help to quickly integrate the new members into our club.

Health News: By Rita Sullivan

Research has shown that living with pets provides certain health benefits. For instance, they can lower blood pressure or lessen anxiety. They also increase opportunities for exercise, to go outside and to socialize. And as we can see from the pandemic, when people adopted pets from shelters in record numbers, they can help with loneliness and depression. Pets give unconditional love; they are intuitive and good listeners, and they meet you at the door with an enthusiastic welcome. Wouldn't life be good if we treated each other like pets treat their owners.
