

The Spoke

Rotary Club of Danbury

www.danburyrotary.org ,

District 7980

February 21, 2018

P.O. Box 788, Danbury, CT 06813

From the Editor's Desk:

Psychologists have known for years that altruistic behavior results in an increased feeling of well being and satisfaction. Nearly all who are wealthy admit that their acts of philanthropy were far more rewarding than their accumulation of wealth. Also, recent studies show that the failure to show appreciation for good works produces real psychological pain in the giver.

Giving is a staple of Rotary, but the recipients of our good works don't always say "thanks." Therefore, it was particularly gratifying to receive a lengthy, and heartfelt letter of appreciation from the Shake-A-Leg Foundation in Miami for our token \$157.00 (Sad Happy Dollars) gift earmarked for this remarkable organization that provides sailing opportunities for the handicapped. President Harry Horgan notes, "Hurricane Irma took out our docks and fleet...We are very grateful to you and everyone who has come forward to help...I look forward to keeping in touch and hope you will come visit us soon." It feels good to receive such a letter, doesn't it?

Yours in Rotary Service, Ralph

Tary's Rotary Minute:

While reading the March 8, 1978 Spoke, I noticed that Dr. Tom Nipper was being proposed for membership by Dr. Peter Jamison. I was also amazed to discover that in addition to 8 officers, we had 34 committee chairs. The speaker that day was Rabbi Jerome Molino who had just returned from Israel, and the talk was entirely focused on the Arab/Israeli conflict—which continues to this day. World peace is still a long way off.



Area Make-ups-

Mon.	12:15 pm,	Norwalk, Norwalk Inn
Mon.	6:15 pm,	Newtown, Newtown Country Club
Tues.	12:00 pm,	Westport, Branson Hall at Christ and Holy Trinity Church
Wed.	12:15 pm,	Danbury, Ethan Allen Inn, Danbury
Wed	6:15 pm	Ridgefield Dinner Club, Stonehenge Rest., 35 Stonehenge Rd (off of Rt 7) Ridgefield
Fri	7:30 am	Westport Sunrise, The Westport Inn
Fri.	12:15 pm,	Wilton, Marly's Bistro

RN Deborah Bain Wants to Make Health Care Work for Each of Us--

Our speaker this week was the founder and Managing Director of PRISM Health Advocates, a company established to "Empower patients and families as they navigate the complexities of healthcare." Her organization reportedly helps individuals and companies to understand and fully utilize available health care programs including medicare, Medicaid, SS Disability as well as private plans.



One example involves the contrast between being admitted to the hospital for observation vs being fully admitted; the former can be very costly to the insured. Her organization also has a wellness

Speaker with our President component, family planning program, and help with mediation. End of life planning services, and other eldercare services are also provided. She has clients worldwide, and insists that her fees are modest.

If you don't fully understand your health care needs, our speaker is there to help. She can be contacted at 860-592-0360 for further information.

Amber Alert:

3/3 10 am to 2 pm Southbury Ambulance, 68 Georges Hill Rd, Southbury
 3/24 Noon to 4 pm, Danbury Sports Dome
 3/31 10 am to 2 pm, Prospect Fire Dept.
 4/8 Stepping Stone Museum, Norwalk
 4/15 10 am to 2 pm, Hawleyville Fire Dept, Newtown

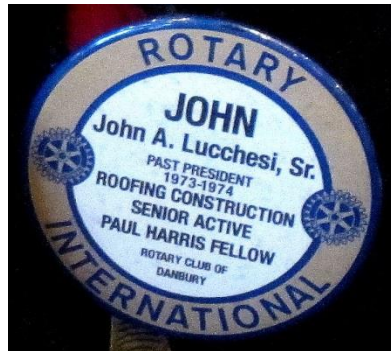
Luncheons:

2/28 Dinner at Chuck's; 3/7 Wellness Coach Marion Lynott;;
 3/14 Laurie Kenagy, Ridgefield Symphony Orchestra

Our Pledge to the Flag is a Staple of all Rotary Clubs. You will Never See a Rotarian take a Knee:



John Lucchesi's badge is loaded with info ,but it needs more room to list all of his club contributions. Now 90, he still has a few more years to give to the club. Thanks, John, for all of the memories, especially those involving the building of your boat. That was a hoot.



**Rotary Club of Danbury
Officers 2017-18**

President-	Frank Scahill
Pres. Elect:	Dr. Fredrick Kayal
Vice Pres.	Tim Seibert
Secretary-	Dr. Mark Havira
Treasurer-	Tary Tarlton
Sergeant at Arms-	Dr. Nels DeAlmeida
Directors-	
Anita Ragona	Kristen Keil
Dr. Nels DeAlmeida	Robert J. Vetter
Dr. Mark Havira	Tim Seibert
Tary Tarlton	Dr. Fredrick Kayal
Allison Fulton	Dr. Ralph S. Welsh
	John Murphy
	<i>No Spoke issues missed since 1/4/06</i>
	Spoke Editor: Ralph S. Welsh
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Pres Elect Fred Kayal Visited the WestConn Rotaract Meeting:

Danny Men ran the meeting, over 20 students attended, but few knew what Rotary was all about. Danny did a great job, but we have a lot of educating to do.

We had a transfer from the Waterbury Club, this week, Michele Geffert. Michele was the President Elect of the Waterbury Club, so we expect her to jump right into the fray with that added plus of knowing what Rotary is all about. Michele is taking over the Management of Michaels Jewelers here in Danbury.



We are also pleased to welcome Steve Kahn as a future new member. Steve is an accomplished Producer, Director and pioneer of the music video industry having worked with Grace Slick, Tom Jones, Stephanie Mills, and Teddy Pendergrass. He is also a licensed pilot, and Drone Specialist. By the way. He held the winning weekly draw ticket, but pulled the losing grand prize card.

