

The Spoke

Rotary Club of Danbury

www.danburyrotary.org ,

District 7980

July 5, 2017

P.O. Box 788, Danbury, CT 06813

President Frank's Corner:



As your new president, I want to encourage people to bring a guest and help grow the club. The baseball game next week is an excellent way to show how Rotary can be fun.

We are actively looking to add members who will make great Rotarians, are looking for a way to give back to their community and help others throughout the world.

Rotary makes it easy for people who would like to do this.

We will be adding club accomplishments to the web site soon and expect to expand it in new and creative ways. I also hope all of you had a wonderful 4th of July.

Yours in Rotary Service, Frank

Tary's Rotary Minute:

At an August, 1964, Danbury Rotary Board of Directors meeting, the Board voted to institute fines for being late, and leaving early. The late fee was set at a staggering 25 cents, and the early leavers were to be fined double that—50 cents. It was believed that the fines would increase on time attendance, and full seating for the entire meeting. Did it work? Stay tuned. Time will tell.



Speakers:

- 7/12/17 Westerner Ballgame, Rogers Park Field, 6:30 pm, NO LUNCHEON THIS DAY—Box Lunch Served.
- 7/19/17 Allison Fulton, Suicide Prevention
- 8/2/17 Kevin Gutzman, Best Selling Author
- 8/9/17 Dr. Mike Murphy, Chiropractic Medicine

Amber Alert

- 7/28/17 New Milford Village Fair Days, 10- 4 pm
- 7/29/17 New Milford Village Fair Days, 10-4 pm
- 10/15/17 Parmelee Farm, 465 Rt 81, Killingworth, 11-3 pm

Area Make-ups

- Mon. 12:15 pm, Norwalk, Norwalk Inn
- Mon. 6:15 pm, Newtown, Newtown Country Club
- Mon. 6:00 pm, Housatonic Valley Bkfld Town Hall, Rm 129
- Tues. 7:15 am, Ridgefield Sunrise, Prospect Theatre, 25 Prospect St. Second Floor
- Tues. 12:00 pm, Westport, Branson Hall at Christ and Holy Trinity Church
- Wed. 12:15 pm, Danbury, Ethan Allen Inn, Danbury
- Wed 6:15 pm, Ridgefield Dinner Club, Stonehenge Rest., 35 Stonehenge Rd (off of Rt 7) Ridgefield
- Fri 7:30 am, Westport Sunrise, The Westport Inn
- Fri. 12:15 pm, Wilton, Marly's Bistro

Nadia Gerwell: Family Coach and Holistic Counselor on her Own Path to Better Mental and Physical Health--



Our speaker today , who describes herself as a Holistic Health Family Counselor, related a very troubled childhood, with a mother who made her feel useless, and robbed her of all self esteem. Ultimately, she was forced to deal with a failing marriage, four children including triplets (now six), and a deep

depression. Her salvation was to connect with others using the media, and has now dedicated her life to helping others.

Ms. Gerwell encourages all of us to avoid processed foods and carbs, get rid of all of the negative people in your life, exercise all you can, and develop a positive view of life.

Our speaker insists that no one needs to feel powerless and helpless. A lot of help is out there, and there are plenty of positive people in the world who want to help.

Ms. Gerwell hosts a YouTube Channel offering advice from sex to business. She invites us to access her on her website, and learn more about what she has to offer:

www.nadiagerwell.com.

Visitor:

Our luncheon visitor this week was Steve Cunningham of the Danbury YMCA. He is soon-to-be a club member, and will be a terrific asset to the club. We all look forward to his induction, and will be lucky to have such a fine addition to our club.



We always have great food. Potential Rotarians are welcome to our 12:15 pm luncheons.

Happy Birthday to Me:



(Photo courtesy of Frank Scahill)

Your Editor, Ralph Welsh, will soon be 81. It is nice to remain active in these golden years. No accolades needed; I just hope for continuing good health and more Spoke material from the members as my birthday gift.

-What is the use of prolonging life if you don't do anything with it?

A. J. Darkholme

Jeff Kass Becomes a Danbury Rotarian:

A former member of the "late" Danbury Sunrise Club, we are pleased to now have Jeff Kass aboard. He has been a terrific Rotarian, and will continue to be so. Welcome to your new home, Jeff. President Frank presided over the induction.



And the Big Winner of the Weekly Raffle Was:

Mark Havira. He deftly slipped the King of Clubs out of the line of cards as if he knew exactly where it was. Congratulations, Mark. You now have enough money to buy a dinner for two at an upscale Danbury restaurant.



The Editor's brother, Neil Welsh, sent him this picture from San Jose, California. He snapped it with his iPhone at a busy intersection. After a short wait, the doe led her fawn to a safer point in the road, and the pair safely crossed.

My brother Paul Welsh, who lives in Delaware, commented to the picture, "Mamma teaching the youngster how to read?" Neil responded, "Definitely instruction was taking place."

The photo reminds me of an hilarious phone call to Playhouse Radio Y 94, in Fargo, N.D., by a woman wondering why the state posts deer crossing signs on busy highways, when the signs would be better placed at quiet roads, or school crossings where the deer could cross safely. This was deemed a "real call," and the caller admitted later she really felt stupid (as well she should).



Rotary Club of Danbury	
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Tary Tarlton	Dr. Fredrick Kayal
Allison Fulton	Dr. Ralph S. Welsh
<i>No Spoke issues missed since 1/4/06</i>	
Spoke Editor: Ralph S. Welsh	
203-938-2820 / rswelsh@mail.com	