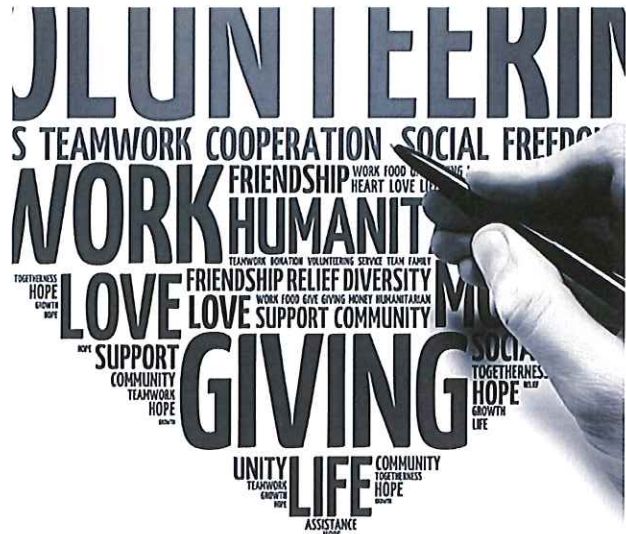


Rise
 AGAINST HUNGER
Please join us

You have been invited to join a Meal Packaging Experience with local Rotary Clubs in the movement to end hunger by the year 2030.

Saturday, September 25th, 2021
 Rotary Community Center.
 11 Recreation Court
 Bluffton SC 29910

Please sign-up for 1 of 2 available 2.5 hour shifts
 Shift 1: 9:00 – 11:30
 Shift 2: 12:00 - 2:30
 Clean, sanitize & disinfect - 30 minutes in between shifts



FACT Sheet: Rise Against Hunger

<https://www.riseagainsthunger.org/understanding-hunger/>



What: Rise Against Hunger Meal Packing event for the Area 4 Rotary Clubs
Hilton Head Island Rotary, VanLandingham Rotary, Sunset Rotary and Bluffton Rotary Clubs

Who: The public is invited to attend this fun and “feel good” event. This event is open to anyone that wants to help pack meals, including families and children (5 and up), friends, Rotarians, Interact and Rotaractors. Come on out and help those in crisis while having fun.

When: Saturday, September 25, 2021
9:00 – 11:30 and 12:00 – 2:30 (2 2-hour shifts, with cleaning/disinfecting time between shifts, plus a set-up shift from 7:00 - 9:00)

Where: Rotary Community Center, 11 Recreation Ct., Bluffton

How to sign up: <http://events.riseagainsthunger.org/Area4RotaryClubs>

What is the cost?

The Area 4 Rotary Clubs have raised \$14,742 to pay for the meals. Each meal costs about 33¢. We plan to pack approximately 45,000 meals.

How many volunteers are needed?

One person can package an average of 250 meals in two hours. We need at least 75 people per shift.

How did Rotary get involved?

Our Rotary District 7770 issued a challenge to clubs in 2019-2020 to pack 1,000,000 meals. Our Area 4 clubs organized an event with Rise Against Hunger for the Spring of 2020, which was postponed because of the COVID-19 pandemic.

Where do the meals go? Rise Against Hunger packs the boxes of meals during the event and ships them immediately to an area in need. The meals go to schools to feed the children. The children come to school to eat and stay to learn. Former President of South Africa Nelson Mandela, “Education is the most powerful weapon which you can use to change the world.”

More About Rise Against Hunger

Rise Against Hunger, based in Raleigh NC, is an international hunger relief organization that distributes food and life-changing aid to the world’s most vulnerable. Rise Against Hunger's mission is to mobilize the necessary resources to end hunger by 2030. Lasting impact is made by nourishing lives, empowering communities & emergency relief. Rise Against Hunger meal packaging volunteers produce millions of nutritious meals annually that are then distributed to partners in countries around the world.

Did you know a child dies every ELEVEN SECONDS through malnutrition? 820 million people across the world do not receive enough nutrition to lead an active, healthy life.

Since 2005, Rise Against Hunger volunteer groups have packaged over 500 million meals, and each year they engage hundreds of thousands of volunteers globally. They rely on groups of any size in locations across the world to package meals. They could not send millions of meals around the globe each year without help & lots of volunteers.

The Rise Against Hunger Experience events provide a fun, educational way for groups to literally lend a hand to people in critical aid need across the globe. We combine an assembly line process with an

educational experience to not only make a huge impact worldwide, but to touch the lives of those in your group.

Rise Against Hunger's Mission is growing a global movement to end hunger by empowering communities, nourishing lives and responding to emergencies. Rise Against Hunger's goal is to eradicate world hunger by 2030. This is a lofty goal. Let's all be part of making this happen!

Why does Rise Against Hunger use volunteers to package meals versus automated production?

Rise Against Hunger involves volunteers because we want to engage as many people as possible in the movement to eradicate hunger. We do so by providing an immensely fulfilling, impactful and fun experience for volunteers.

Our events also serve as a platform to educate people about hunger, what they can do about it, and to inspire them to take further action. Creating such a movement through educating people about the issue is essential to creating the will to mobilize the necessary resources to end hunger in our lifetime.

Once the meals are shipped, can a group that has packaged the meals follow them to their final destination and distribution?

Yes. Once meals are packaged and collected in our warehouse to total 285,120 for a full container, the local Community Engagement Manager will notify the meal packaging host organization by email with details of the shipment: where they are being shipped, who will be receiving them and, when available, photos of the meals arriving at their destination.

What is the impact of these meals on the places where they are distributed and how do you measure that impact?

Rise Against Hunger meals pack a big punch. Every dehydrated rice/soy meal is fortified with 20 essential vitamins and nutrients. Research has shown that one in three people in developing countries are adversely affected by vitamin and mineral deficiencies.

Addressing the problem of hunger is the single point where we can leverage relief for all humanitarian issues. With your support, relief organizations such as Rise Against Hunger have the means to deliver to ongoing school feeding programs that sustain lifelong change. Providing a hot meal during school gives parents an incentive to send their children to school. Through receiving a primary school education, the cycle of poverty can begin to be broken by leveraging change in many other issues including education, maternal health, childhood mortality, gender equality and combating HIV/AIDS.

We currently require that our in-country partners report on the impact of the Rise Against Hunger shipments they received. Our strategic plan recognizes the challenges of getting impact reports from our in-country partners, and we are working to improve that process.

GLOBAL IMPACT

Through our movement to end hunger, Rise Against Hunger connects passionate volunteers with the communities we serve worldwide.

25,272

Meals Packaged This Week

543,410,686

Total Meals Packaged

78

Countries Served

2.8+ million

Lives Impacted In 2020

84,993

Volunteers Engaged In 2020