



Mental Health FIRST AID

04

APRIL

10:15AM - 5:00PM

Location
Northeast Regional Library
1241 Military Cutoff Road
Wilmington, NC 28405

New Hanover Rotarians
(and surrounding counties)

Identify. Understand. Respond. —
Let's make Mental Health First Aid as common as CPR. Mental Health First Aid is a course that teaches you how to identify, understand, and respond to signs of mental illnesses and substance use-disorders. The training gives you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.



MENTAL HEALTH FIRST AID



Scan the QR Code to register!

2 Hours of Online Pre-Work Required to Attend In Person Presentation.

This class is provided free of charge. Books will also be provided. Participants will receive a certificate of completion at the end of this course.

For more information, please call (855) 962 - 8387 or visit www.abccm-vsc.org