Rotary Youth Exchange Long-Term Program Application



Submit completed application to:						

Instructions for Rotary Youth Exchange Program Application

Read all directions on each page carefully **before** completing the application. Use the checklist on the last page to ensure that you have completed all sections and obtained all necessary signatures.

If you are accepted as an exchange student, this application will be sent to your host country and will serve as your introduction to the people who are being asked to host you.

Components of Your Application

Your application consists of:

- All forms in this application
- Copies of your passport or birth certificate
- Copies of your school transcript

Filling Out Your Application

Your application *must* be typed or computer-generated. Handwritten applications will NOT be accepted. Answer all questions completely and as asked (*do not* write "same," "see above," or "see page __"). Enter your information directly onto the application unless directed otherwise. Make sure to use correct grammar and spelling. Be sure to get all the pertinent Rotary information prior to printing out your application. This information must also be typed or computer-generated and NOT handwritten.

Wherever the application asks for your full legal name, enter your name exactly as it appears on your passport or birth certificate.

Printing Your Application and Signing the Forms

You will need to submit four complete sets (your original plus three photocopies) of this application. (You may also wish to make an additional set for your own records.) Sets 2-4 can be good-quality photocopies. All signatures on all sets must be ORIGINAL and with BLUE ink. To accomplish this:

- Complete the application form. Do not sign it.
- 2. Print four sets of the completed application (if using a typewriter, make three good-quality photocopies of your original).
- 3. Sign all four sets yourself, then have your parents/legal guardians sign all sets.
- 4. Medical and dental forms: Ask your physician and dentist to make three copies of the completed medical/dental form *before* signing it and then to sign each copy in blue ink. (It's a good idea to include a blue pen when you give them the form.)

The photo of yourself that you attach to Section A, page 1, must be an original photograph, not a color photocopy, on all four sets. The photos that you submit for Section B, page 2, must include at least one set of originals. The other three sets may be good-quality color photocopies.

Questions?

,	any questions about completing this application, check with your school counselor or your local Rotary club's Youth Exchange officer. Once appleted your application, return it to your local Rotary club/district as they've instructed.
District	: Attach any additional instructions. If none, please check here:

Statement of Conduct for Working with Youth

Rotary International strives to create and maintain a safe environment for all youth who participate in Rotary activities. Rotarians, Rotarians' spouses, partners, and other volunteers must safeguard the children and young people they come in contact with and protect them from physical, sexual and emotional abuse.

Adopted by the Rotary International Board of Directors, November 2006



Rotary District _____ Long-Term Exchange Program

Section A: Personal Information

Before you begin your application, please read all instructions on the prior pages.

Smile!

Attach a recent, good-quality color photo of yourself (head and shoulders). Original photos must accompany all four sets of the application.

Attach photo with glue or double-sided tape; do not staple.

Size: 2 x 2½ in. (5 x 6.5 cm)

1. Applicant Information								
Full Legal Name as on passport or birth certificate (use u	Name You W	☐ Male ☐ Female						
Home Address – Street		City			State/Province	ce Postal C	Code	Country
Postal Address (if different) - Street		City			State/Province	ce Postal C	Code	Country
E-mail Address			Home Phone	Number		Mobile Phon	ne Number	
Place of Birth (City, State/Province, Country)			Citizen of (C	ountry)		Date of Birth	n (e.g., 01/,	Jan/1999)
2. Parent/Legal Guardian Informa	tion							
Full Name of Father/Legal Guardian			Rotarian?	□ No	If yes, name	of Rotary Club)	
Address – Street		City			State/Province	ce Postal C	Code	Country
E-mail Address		1	Home Phone	Number		Mobile Phon	ne Number	
Occupation			Business Pho	ne Number		Fax Phone N	Number	
Full Name of Mother/Legal Guardian			Rotarian?	□No	If yes, name	l of Rotary Club)	
Address – Street		City			State/Province	ce Postal C	Code	Country
E-mail Address			Home Phone	Number	l	Mobile Phon	ne Number	
Occupation			Business Pho	Phone Number Fax Phone Number				
Parent/legal guardian to contact first in the event	of an emergen	cy (specify "F	Tather", "Mot	her", etc.):				
Check here if your parents are divorced or separated. affecting the student's participation. Explanation is	. Authorizations	must be obtaine	ed from all pare	nts/legal guard		who have lego	al rights to	decisions
3. Siblings (add pages as necessar	y)							
Name	Ge	nder	Age	Occupation	or School Gra	de/Level	Liv	ing at Home?
	☐ Male	☐ Female						Yes No
	☐ Male	☐ Female						Yes No
	☐ Male	Female					<u></u>	Yes No
	☐ Male	☐ Female						Yes □ No

				Applicant Name				
4. Personal Background								
Religion	Dietary Rest	rictions (Enter	"None", or exp	olain with details – e.g., vegeta	rian, vegan, alle	ergic to)		
Do you smoke or use tobacco products?	If yes, please	e explain.						
Do you drink alcohol? ☐ Yes ☐ No	If yes, please	e explain.						
Have you ever used illegal drugs?	If yes, please	e explain.						
Do you have a steady boy/girlfriend?	If yes, how l	ong have you b	een together, a	nd how often do you go out?				
Answering yes to these questions will not a	automatically e	liminate you as	a candidate; ho	wever, it may require special o	consideration of	host family o	r country a	ssignments.
5. Secondary School Info	rmation							
Name of Secondary School You Currently	Attend			School Phone Number		School Fax	Number	
Address – Street			City	l	State/Province	e Postal	Code	Country
Number of grades/levels at your school	Your current	t grade level (e.	g., 10 th , 11 th)	Year you will finish second	ary school	No. of year	s you've att	ended this school
List the courses you are currently taking								
Consult with a school official or guidance	counselor to fin							d
Total number of students at your school		Number of s	tudents in your	grade level	Your approx.	class ranking	g (e.g., top 1	10%, 12 th of 56)
Name and title of school official or counse	lor that you cor	nsulted		E-mail address of school of	I ficial or counselo	or		
Attach a transcript, in English, of all secon	dary school co	urses completed	d with grades y	1 ou received. Also attach your r	nost recent grad	e report from	the curren	t year.
6. Languages								
Your Native Language					ciency in Non-N licate Poor, Fair			
Non-Native Language(s)		Years S	Studied	Speaking	Read	ling		Writing
7. Sponsor District and C	lub Cont	arte						
Sponsor District Number		onsor District Y	outh Exchange	Chair	E-mail Addre	SS		
Address – Street			City		State/Province	e Postal	Code	Country
Home Phone Number	Business Pho	one Number		Mobile Phone Number		Fax Numbe	er	
Sponsor Rotary Club	Name of Spo	onsor Club You	th Exchange O	fficer	E-mail Addre	ss		
Address – Street	1		City		State/Province	e Postal	Code	Country
Home Phone Number	Business Pho	one Number		Mobile Phone Number		Fax Numbe	er	<u> </u>



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Section B: Letters and Photos

Student's Letter

Write a letter introducing yourself to your future host club and host families. Keep in mind that this will be their first impression of you. Incorporate your answers to the following questions in your letter, providing as much detail as possible (if you need help generating details, also consider the italicized questions in parentheses).

Specifications: Type your letter on a separate sheet (or sheets) of paper, and include your name on each. Attach your letter to this page. Maximum length: 3 pages.

- 1. What do you do when you have free time?
- 2. What you do at your school? (How many subjects do you take? What are they? How long are the classes? What is your daily schedule during the school year? Start with when you wake-up and discuss only one typical day's schedule.) Are you able to choose courses at your school? If so, which courses did you choose, and why?
- 3. What are your school interests and activities? What leadership positions have you held?
- 4. How would you describe your home? (Do you have your own room, or do you share your room with others? Where in your house do you study? How far is your home from your school? Do you drive, ride a bus, or walk to school?)
- 5. What are the occupations of your mother and father? (What product or service does each make or perform? What is her/his position or title?)
- 6. How would you describe your community? (Is it in or near a major city? What is the population? industry? economy?)
- 7. What are your interests and accomplishments? (Are you interested in art, literature, music, sports, other activities? How did you become interested in the activity? How long have you been interested? How much time do you devote to the activity?)
- 8. What trips have you taken outside your country? Why did you take these trips, with whom, for how long?
- 9. What things do you dislike? (Do you dislike certain foods, animals, treatment by other people, etc.?)
- 10. What do you feel are your strong, and weak, characteristics?
- 11. What are your plans and ambitions for your education and career? Why?
- 12. What do you specifically hope to accomplish as an exchange student, both during your exchange and when you return?

Parent's Letter

 $Write \ a \ letter \ to \ your \ child's \ host \ club \ and \ families, incorporating \ your \ answers \ to \ the \ following \ questions \ in \ your \ letter.$

Specifications: Type your letter on a separate sheet (or sheets) of paper, and include your child's name on each. Attach your letter to this page. Maximum length: 2 pages.

- 1. How would you describe your child's relationship with you and your family? with his/her friends?
- 2. How does your child react to disagreement, discipline, and frustration?
- 3. How does your child handle challenging or difficult situations?
- 4. What amount of independence do you give to your child? What is your child's level of maturity?
- 5. What makes you proud of your child?
- 6. Why do you want your child to be an exchange student?
- 7. Are there any other comments you would like to share with the host families?

Applicant Name	
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Student's Photos

Select a color photograph for each topic below, and attach each photo to this page with glue or double-sided tape (do not staple). Include brief captions, if necessary. At least one application set must have original photographs; color photocopies or computer prints may be used on the other three sets.

MY FAMILY	MY SPECIAL INTEREST
Photo that includes members of your immediate family	Photo of you participating in your favorite hobby or activity
Photo of your friends, pet, musical instrument, etc.	Photo of your house or building where you live



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Long-Term Exchange Program

Section C: Medical History and Examination

Physician: This student is considering a year abroad as an exchange student. Insufficient, inadequate, or improper information about medications or psychiatric, psychological, or other medical problems could endanger the student's life while overseas. Allergy information is especially crucial to host family placement and student well-being. An immediate relative of the applicant may **not** complete the examination or fill out this form.

Please type or print clearly. Please submit four copies of the form, with original signatures in **blue** ink on each copy.

	cieuriy. Fieuse submii jour copies of the	jorni, wiin origi	mai signatures in otte ink				
Applicant's Full Legal I	Name			Date of Birth			☐ Male
							☐ Female
Home Address - Street		City		State/Province	Postal Co	de	Country
E-mail Address			Home Phone Number		Mobile Phone	Number	
Medical Histor							
	e applicant been the patient of the phy						
2. Has the applicar	nt ever been diagnosed with or receive		ention, or advice from a p	hysician or oth	er practitione		
a Allargias	Yes	No	n. Malaria			Yes	No
a. Allergiesb. Anorexia/bulin	nia/other eating disorder	H	o. Menstrual disorders			H	H
c. Appendicitis		H	p. Mental disorders	•		Ħ	H
d. Arthritis	ä		q. Pneumonia				
e. Asthma			r. Rheumatic fever				
 f. Bowel problem 	ns \square		s. Serious headache/m	nigraine			
g. Cancer			 Stomach ulcer 				
h. Diabetes			u. Typhoid fever				
i. Epilepsy/seizur	res	닏	v. Urinary tract infecti	on		님	닏
j. Hearing loss k. Heart disease	님	H	w. Vertigo/dizzinessx. Visual correction –	avaalassas/aant	east lancas	\exists	H
k. Heart disease l. Hernia	H	H	x. Visual correction –y. Visual problems – o		act lenses	H	H
m. Liver disease/h	enatitis \Box	H	y. Visuai problems – C	ottici		ш	
3. Has the applica	•						
			-14-1 -11-111			₹7	N T
	al operation not revealed in question 2, amination, or treatment not revealed in		ontai, clinic, dispensary, or	sanatorium for		Yes	s No
b. Taken any pres	scribed medication in the past six month	s?					
	history or current evidence of nervous, e e, depression, suicide attempts, eating di			al nervous breal	kdown,		
	in, cocaine, marijuana or other hallucing			?			
e. Ever received t	reatment for or advice about a problem	with alcohol or o	drug use, either from a phy	sician/other pra	ctitioner or		
	that assists those who have an alcohol	or drug problem	?				
	weight gain or loss recently?						
	pain, wheezing, shortness of breath, or f		?				
	h. Suffered chronic diarrhea, vomiting, abdominal pain, or constipation?						
i. Exhibited chro	nic skin conditions (e.g., severe acne, ec	zema, psoriasis)	?				
	ness of neurological or muscular skeleta	•					
k. Had any dietar;	y restrictions? If yes, specify and note re	ason (medical, r	eligious, personal choice)				
If you answered "Ye	es" for any parts of questions 2 and 3,	olease explain:					
If you answered "Ye Question (e.g., 2e)	s" for any parts of questions 2 and 3, Nature and severity of disorder, dia	•	cy of attacks, prognosis,	and treatment	Dates	and dui	ation
-		•	cy of attacks, prognosis,	and treatment	Dates	and dui	ration
-		•	cy of attacks, prognosis,	and treatment	Dates	and dui	ration
		•	cy of attacks, prognosis,	and treatment	Dates	and dur	ration

Аррисан маше														
4. Will the applicant be bringing any prescribed medication on the exchange? ☐ Yes ☐ No														
If yes, please list each medication, including the international and generic names, compound symbols, dosage, frequency, and reason for use:														
Prescribed Medication	n			Dose/Fre	equency			Reason for	Use					
5. Indicate year when t	the ani	nlicant had	the fol	lowing infe	ctions dis	eases (or in	dicate that he	or she has	not):				
Measles (rubeola)	ine ap	pilicant nau	Mum		Ctious dis	cases (C		lepatitis	or sile mas		hoopi	ng cough		
				r							ertuss			
Rubella (German measles)			Chick	ken pox			S	carlet fever		O	ther:			
6. The applicant has be	een im	nmunized a	gainst	the following	ng disease	s (clearl	ly sta	te the dates of	f last booster	and dos	es rec	eived):		
Immunizations are a pr	rerequi		_		nany locati	ions. The	e hos	t country or s	chool may re	_			ons.	
Immunization		Number of Doses	-	i tes g., 01/Jan/2	2006)		lmm	unization		Numb of Dos		Dates (e.g., 01/Jan/	(2006)	
Diphtheria				<u> </u>	,		Mea	sles (rubeola))				,	
Whooping cough (pertussis)								o (Sabin-3 or : PV, Salk-4 or :						
Tetanus								atitis B						
Rubella (German meas	les)							er (specify)						
Mumps														
Additional comments:						<u> </u>				I				
7. Tuberculosis screen														
Date of screening (e.g.,	, 01/Ja	n/2006)		Result	/diagnosis:	:	. If a	different test	was adminis	tered or	the ap	plicant receive	ed a BCG	vaccine,
please explain methods	and tr	reatments u	sed to o	btain scree	ning result	ts:								
Physical Exami	natio	on												
Height:		Weight:			Blood Press	sure: Sy	ys.	Dia.			Pu	lse rate/minute	e:	
8. Does today's exami	nation Yes	No No	abnorn	nal findings	Yes	No	Т		Yes	No	<u> </u>		Yes	No
Head and neck				murmur, press	ure)			Extremities (n	nuscular)			odomen (mass)		
Ear, nose, throat Chest/lungs	H		Hernia Lymph	s nodes/bre	asts			Skeletal syste Neurological	m 🔲	R	Re Sk	ectal in	님	H
			Genita					- Tourorogreur						
If yes, please provide d	letailed	l informatio	on on a	separate pa	ge (typed o	or comp	uter-	generated wit	th the applica	ınt's full	l legal	name and date	e of birth o	it the top
of each page).														
CERTIFICATION														
I certify that I hold a va	olid en	rrant licans	a to pro	ctica madic	sine and an	n not an	imm	adiata ralativ	a of the patie	nt and t	hat I k	assa parconally	, avamina	d the
applicant and reported													examine.	i tile
I find the applicant:														
☐ In good health and	not su	ffering fron	n any n	nental or m	edical cond	dition(s)	that	would preclu	de participat	ion in th	e prog	gram		
☐ Suffering from men	ntal or	medical co	ndition	(s) as noted	l in my rep	ort								
I find the applicant in good health and not suffering from any condition(s) that would preclude participation in sporting/physical activities of the applicant's choice. Yes No														
Physician's Name (type o	or print)	1		Signat	ure (in blue	ink)					Da	te (e.g., 01/Jan/	2006)	
Physician's address, pho	ne, and	fax (type or	stamp)								-			



Rotary	District
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Long-Term Exchange Program

Section D: Dental Health and Examination

Dentist: This student is considering a year abroad as an exchange student. Insufficient, inadequate, or improper information about the student's dental health, medications, or other problems could endanger this student while overseas. An immediate relative of the student may **not** complete the dental examination

Please type or print clearly. Please submit four copies of for	rm, wun originai :	signatures in biue ink on ed	ach copy.		
Applicant's Full Legal Name			Date of Birth		☐ Male ☐ Female
Home Address – Street	City		State/Province	Postal Code	Country
E-mail Address	1	Home Phone Number		Mobile Phone Number	er .
Dental Examination					
1. Is the applicant in good dental health?		Yes	□ No)	
2. Does the applicant require dental work at this time?		Yes)	
3. Do you foresee the applicant requiring any dental work		Yes	□ No)	
If yes, please explain below (use space at bottom or ac	lditional pages if 1	needed):			
CERTIFICATION					
CERTIFICATION I certify that I hold a valid current license to practice dentist	ry and am not an	immediate relative of the p	atient, and tha	t I have	
personally examined the applicant and reported my findings		1	,		
Dentist's Name (type or print) Signat	ure (in blue ink)		Date (e.g., 0	1/Jan/2006)	
Dentist's address, phone, and fax (type or stamp)					
Dentist's address, phone, and fax (type or stamp)					
Dentist's address, phone, and fax (type or stamp)					
Dentist's address, phone, and fax (type or stamp)					
Dentist's address, phone, and fax (type or stamp)					
	s are necessary :	attach them and please ch	eck here∙ □)		
Dentist's address, phone, and fax (type or stamp) Enter any additional comments below. (If additional pages	s are necessary, a	attach them and please ch	eck here: □).		
	s are necessary, a	attach them and please ch	eck here: □).		
	s are necessary, a	attach them and please ch	eck here: □).		
	s are necessary, a	attach them and please ch	eck here: □).		
	s are necessary, a	attach them and please ch	eck here: □).		



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Long-Term Exchange Program

Section E: Guarantee Form and Visa Application

Full Legal Name as on passport or birth certificate (use uppercase for your FAMILY name; e.g., John David SMITH)					H) Nar	Name You Wish to be Called						
Home Address – Street				City			Stat	te/Province	Postal C	Code	Country	
Postal Address (if different)	- Street			City			Stat	te/Province	Postal C	Code	Country	
E-mail Address					Home Phone Number Mobile Phone Number							
Place of Birth (City, State/Province, Country)					Citizen	of (Country)			Date of Birth	(e.g., 01/.	Ian/1999)	
Sponsor Rotary District	Host Rotary D	istrict	Host Co	Host Country Arrival Airport in Host Cou				ame and al	breviation)			
(A) APPLICANT GUARANTEE I, the applicant named above, agree to do the following: (1) Purchase round-trip air travel before I depart my home country; (2) abide by the rules and decisions of the program, accepting advice and supervision of my hosts; (3) attend all orientations and trainings offered by my sponsor and host districts and clubs; and (4) not request permission to stay in my host country, and return home after completion of my exchange. (B) PARENT/LEGAL GUARDIAN GUARANTEE We, the parents/legal guardians of the above named applicant, agree to do the following: (1) Pay all costs of transportation, passport, and visa; (2) pay costs for health and accident insurance; (3) pay for clothing for the applicant's welfare and any uniforms required; (4) pay additional costs as circumstances arise, e.g., provide an emergency fund, if required by host district, under control of the host Rotary club/district to be returned at completion of the												
exchange if not used; (5) att The Undersigned APPLIC A to travel to the host district,	NT and PARE	NTS/GUARD	OIANS here	eby agree to the Ap	plicant's	and Parents'/Guar	U					
Signed (Applicant)							Date (e	Date (e.g., 01/Jan/2006)				
Signed (Father/Guardian)				Date (e.g., 01/Jan	/2006)	Home Phone		E-mail				
Signed (Mother/Guardian)				Date (e.g., 01/Jan	/2006)	Home Phone		E-mail				
Witness (Sponsor Rotary clu	ub representative	e)		Date (e.g., 01/Jan	/2006)	Home Phone		E-mail				
(C) ALTERNATIVE E	MERGENCY	CONTACT	IN HOM	IE COUNTRY,	OTHER	THAN A PA		BUARDIA ationship	N			
Home Address – Street				City			Stat	te/Province	Postal C	'ode	Country	
Home Address – Street				City	State/110vin			ic/1 lovinec	Tostar Code		Country	
E-mail Address		Home Phone	Number		Busine	ss Phone Number	ſ	Mobile Phone Number				
(D) SPONSOR CLUB												
The Rotary Club and Rotary application and related documents student. The District agrees	uments, hereby e	ndorse the stu	ıdent as qua	alified for Rotary Y	outh Excl	hange and recomm	nend to he					
Sponsor District #			Sponsor	Club Name						Sponsor	Club ID#	
Name of District Youth Exchange Chair Name of Sponsor Club Pre				Sponsor Club Pres	ident		Nar	ne of Spons	or Club	Secretar	y YEO	
E-mail Address of District Y	Outh Exchange	Chair	E-mail A	Address of Sponsor	Club Pres	sident	E-n	nail Address	of Sponsor	Club Secre	etary/YEO	
Signature of District Youth	Exchange Chair		Signatur	e of Sponsor Club I	President		Sign	nature of Sp	onsor Club S	Secretary/Y	YEO	
Date	Home Phone I	Number	Date		Home	Phone Number	Dat	Date			Home Phone Number	

		Applicant Name	е								
(E) HOST CLUB AND	DISTRICT	GUARANT	EE								
The Rotary Club and Rotary invite the applicant to partic The host Rotary club will al: Exchange volunteers and or	District specificipate in Rotary so give the appli	ed within this s club and distri icant a monthly	section will prov ict events and ac v allowance as s	ctivities typica	l of our country, and provid	le guidance and sup	ervision to ass	sure the ap	oplicant's welfare.		
Host Country	ieniaion jor ine	зишені проп		Host Club Name Host Club ID							
Host District #	Host District # Monthly Allowance Arrival Airport in Ho US \$				ntry			Airport	Code		
Name of District Youth Exc	·		Name of Hos	t Club Preside	nt	Name of Host	Club S	ecretary	YEO		
E-mail Address of District Y	outh Exchange	Chair	E-mail Addre	ess of Host Clu	b President	E-mail Addres	s of Host Clu	b Secretar	y/YEO		
Signature of District Youth	Exchange Chair		Signature of I	Host Club Pres	sident	Signature of H	ost Club Secr	retary/YE0)		
Date	Home Phone	Number	Date		Home Phone Number	Date		Home I	Phone Number		
(F) HOST CLUB COU	NSFLOR (re	equired)						l			
Name	NOLLON (F	<u>oquii ou)</u>			E-mail Address						
Address – Street				City		State/Province	Postal C	Code Country			
Home Phone Number		Business Pho	one Number		Mobile Phone Number		Fax Number		•		
(G) SCHOOLING GUA	ARANTEE								-		
(To be completed by the sch activities not a part of the no						e of school start for	one school ye	ar. Costs	of tuition and		
Name of School	отти ситсии	m musi ve paid	г бу те арриса	ш от ніз/нет ро	Phone Number	Fax Number Date			Date School Starts		
Address – Street				City		State/Province	Postal C	Code	Country		
Affix School's Stamp or Of	ficial Seal		Name and Ti	tle of School C	Official	Signature			1		
			E-mail Addre	ess		Date (e.g., 01/Jan/2006)					
(H) FIRST HOST FAN	IILY (require	ed)									
Name of Host Father			Host Father's	s E-mail Addre	ess	Business Phor	ess Phone		Mobile Phone		
Name of Host Mother			Host Mother	's E-mail Addı	ress	Business Phone		Mobile	Phone		
Host Family Home Address – Street City			City		State/Province	Postal C	Code	Country			
Home Phone Number Names and Ages of any Other Adults in				er Adults in th	e Home						
Student: Please submit Rotary International. It v											
Host District: Please return two originals of the completed Guarantee Form to the Sponsor District, as below:					Sponsor District: Please mail one copy of the fully completed Guarantee Form to Rotary International, as below:						
				Youth Exchange Rotary International							

One Rotary Center 1560 Sherman Avenue Evanston, IL 60201-3698 USA

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Long-Term Exchange Program

Section F: Rules and Conditions of Exchange

As a Youth Exchange student sponsored by a Rotary club or district, you must agree to the following rules and conditions of exchange. Violation of any of these rules may result in dismissal from the program and immediate return home, at student's expense. Please note that districts may edit this document or insert additional rules if needed to account for local conditions.

Rules and Conditions of Exchange

- You must obey the laws of the host country. If found guilty of violating any law, you can expect no assistance from your sponsors or native country. You must return home at your own expense as soon as released by authorities.
- 2) You will be under the host district's authority while you are an exchange student and must abide by the rules and conditions of exchange provided by the host district. Parents or legal guardians must not authorize any extra activities directly to you. Any relatives you may have in the host country will have no authority over you while you are in the program.
- You are not allowed to possess or use illegal drugs. Legal medications that are prescribed to you by a physician are allowed.
- 4) The illegal drinking of alcoholic beverages is expressly forbidden. Students who are of legal age should refrain. If your host family offers you an alcoholic drink, it is permissible to accept it under their supervision in the home. Excessive consumption and drunkenness is forbidden.
- 5) You may not operate a motorized vehicle, including but not limited to cars, trucks, motorcycles, aircraft, all-terrain vehicles, snowmobiles, boats, and other watercraft, or participate in driver education programs.
- 6) Smoking is discouraged. If you state in your application that you do not smoke, you will be held to that position throughout your exchange. Your acceptance and host family placement is based on your signed statement. Under no circumstances are you to smoke in your host family's bedrooms.
- Body piercing or obtaining a tattoo while on your exchange, without the express written permission of your natural parents, host parents, host club, and host district, is prohibited, for health reasons.
- 8) You must make every effort to learn the language of the host country, and may be responsible for any costs for tutoring, language camps, or other instruction.
- 9) Limit your use of the Internet and mobile phones, as directed by your host district, host club, and host family. Excessive or inappropriate use is not acceptable. Accessing or downloading pornographic material is expressly forbidden.

- You must attend school regularly and make an honest attempt to succeed.
- 11) You must have travel insurance that provides medical and dental coverage for accidental injury and illness, death benefits (including repatriation of remains), disability / dismemberment benefits, emergency medical evacuation, emergency visitation expenses, 24-hour emergency assistance services, and legal services, in amounts satisfactory to the host Rotary club or district in consultation with the sponsor Rotary club or district, with coverage from the time of your departure from your home country until your return.
- 12) You must have sufficient financial support to assure your well-being during your exchange. Your host district may require a contingency fund for emergency situations. Unused funds will be returned to you or to your parents or legal guardians at the end of your exchange.
- 13) You must follow the travel rules of your host district. Travel is permitted with host parents or for Rotary club or district functions authorized by the host Rotary club or district with proper adult chaperones. The host district and club, host family, and your parents or legal guardians must approve any other travel in writing, thus exempting Rotary of responsibility and liability.
- 14) You must return home directly by a route mutually agreeable to your host district and your parents or legal guardians.
- 15) Any costs related to an early return home or any other unusual costs (language tutoring, tours, etc.) are the responsibility of you and your parents or legal guardians.
- 16) Visits by your parents or legal guardians, siblings, or friends while you are on exchange may only take place with the host club's and district's consent and within their guidelines. Typically, visits may be arranged only in the last quarter of the exchange or during school breaks and are not allowed during major holidays.
- 17) Serious romantic activity is to be avoided. Sexual activity is forbidden.
- 18) Talk with your host club counselor, host parents, or other trusted adult if you encounter any form of abuse or harassment.

Recommendations for a Successful Exchange

- You should communicate with your first host family prior to leaving your home country. The family's information will be provided to you by your host club or district prior to your departure.
- Respect your host's wishes. Become an integral part of the host family, assuming duties and responsibilities normal for a student of your age or for children in the family.
- 3) Learn ahead of time as much of the language of your host country as possible, and use the language regularly. Teachers, host parents, Rotary club members, and others you meet in the community will appreciate the effort. It will go a long way in your gaining acceptance in the community and with those who will become lifelong friends.
- 4) Attend Rotary-sponsored events and host family events, and show an interest in these activities. Volunteer to be involved; do not wait to be asked. Lack of interest on your part is detrimental to your exchange and can have a negative impact on future exchanges.
- 5) Get involved in your school and community activities. Plan your recreation and spare-time activities around your school and community friends. Don't spend all your time with other exchange students. If there is a local Interact club, you are encouraged to join it.
- 6) Choose friends in the community carefully. Ask for and heed the advice of host families, counselors, and school personnel in choosing friends
- 7) Do not borrow money. Pay any bills promptly. Ask permission to use the family phone or computer, keep track of all calls and time on the Internet, and reimburse your host family each month for the costs you incur.
- 8) If you are offered an opportunity to go on a trip or attend an event, make sure you understand any costs you must pay and your responsibilities before you go.

DECLARATION

IN CONSIDERATION of the acceptance and participation of the applicant in this program, the undersigned APPLICANT and his/her PARENTS or LEGAL GUARDIANS, to the full extent permitted by law, hereby release and agree to defend, hold harmless, and indemnify all host parents and members of their families, and all members, officers, directors, committee members, and employees of the host and sponsor Rotary clubs and districts, and of Rotary International, from any or all liability for any loss, property damage, personal injury, or death, including any such liability that may arise out of any negligent act or omission, excepting gross negligence or intentional conduct, of any such persons or entities, which may be suffered or claimed by such applicant, parent, or guardian during, or as a result of, the participation by the applicant in such Youth Exchange program, including travel to and from the host country.

As the undersigned applicant and undersigned parents or legal guardians of the applicant, we hereby state that we have read and understood the Program Rules and Conditions of Exchange. Should I, as a student, be selected for an exchange, I agree to abide by these rules and others imposed on me with due notice during my time as an exchange student in the host country.

We attest that we have read and understand the Statement of Conduct for Working with Youth. We understand that all Rotarians and host families are expected to have read and understand this statement as well. I understand that, if selected for an exchange, I will be provided with training and written material on abuse and harassment and that this information will include the contact information of the person I should contact if I encounter any form of abuse or harassment.

The undersigned applicant attests that I am of good health and character, understand the importance of the role of a youth ambassador as a Rotary Youth Exchange student, and will, to the best of my ability, maintain the high standards required of a Rotary Youth Exchange student should I be chosen to represent my sponsor Rotary club and district, school, community, state/province, and country. I further state that all the material contained in this application and the attached documents are true and accurate to the best of my knowledge.

PERMISSION FOR MEDICAL CARE AND RELEASE OF MEDICAL RECORDS AND LIABILITY

We, the parents/legal guardians of the applicant, and I, the applicant, HEREBY AUTHORIZE the release of medical information on application pages 'Section C: Medical History and Examination,' acquired in the course of the examinations by the physician and the dentist.

We, the parents/legal guardians of the applicant, and the applicant, if of legal age, who have the sole and legal right to make the decisions on the health and care of the applicant, do release from liability and grant permission as noted of the following while our son/daughter/ward is overseas as a Rotary Youth Exchange student:

- In the event of accident or sickness, we/I authorize any Rotarian, authorized chaperones of Rotary activities, and/or host parent(s) of student to select the appropriate medical facility and physician(s)/dentist(s) to provide treatment.
- We/I give permission for any operation, administration of anesthetic, or blood transfusion that a medical practitioner may deem necessary or advisable for the treatment of our son/daughter/ward.
- We/I further consent to any medical or surgical treatment by a licensed physician, surgeon, or dentist that might be required by our son/daughter/ward for any emergency situation. We do request that we be notified as soon as possible, but emergency treatment need not be delayed to provide such notice.
- Permission is granted for immunizations required for school registration.
- In the case of elective surgery, we/I request that we/I be notified and our permission obtained before such arrangements are made.

We agree to hold harmless Rotary International, any Rotary district, Rotary club, Rotarian, Rotary chaperone, or host family for any intervention in an emergency situation regardless of final outcome.

We agree to assume all financial obligations beyond those covered by insurance for any medical treatment rendered.

Applicant (print name)			Si	Signature	
Mother/Legal Guardian (p	rint name)		Si	Signature	
Father/Legal Guardian (pr	rint name)		Si	Signature	
Witnessed in the presence	of Sponsor Club Repr	esentative (print name)	Si	Signature	
Dated this	_ Day of	Month,		Year.	

Alternative Emergency Contact in home country, OTHER THAN A PARENT/GUARDIAN

Name				Relationship				
Home Address – Street		City		State/Province	Postal Code	Country		
E-mail Address	Home Phone Number		Business Phone Number	1	Mobile Phone Number			

Statement of Conduct for Working with Youth

Rotary International strives to create and maintain a safe environment for all youth who participate in Rotary activities. Rotarians, Rotarians' spouses, partners, and other volunteers must safeguard the children and young people they come in contact with and protect them from physical, sexual and emotional abuse.

Adopted by the Rotary International Board of Directors, November 2006



Rotary District	
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Long-Term Exchange Program

Section G: Secondary School Personal Reference

Student: Complete the top section of this form, then give the form and a stamped envelope, preaddressed to the Rotary club or district to which you are submitting your application, to a teacher or administrator who knows you and your abilities and accomplishments at school. By so doing, you give permission to that individual to release this information to the Rotary club/district Youth Exchange committee for their review.

Applicant's Full Legal Name						Date of Birth			
Home Address – Street		City			State/Provin	ce Postal Code	le	Country	
E-mail Address		l	Home Phone Nu	ımber		Mobile Phone N	Vumber		
Evaluator: This student is applying for a one-year educational study abroad program under Rotary club/district sponsorship. Please complete and forward this form within seven days of receipt in the preaddressed envelope provided. The information you submit will not be revealed to the student, unless required by law. 1. Ratings									
Area	Excellent	(Good	Averag	je Bo	elow Average	No	Basis to Rate	
Creative, original thought									
Independence, initiative									
Intellectual ability									
Emotional stability									
Academic achievement									
Openness to new ideas									
Flexibility, adaptability									
Ability to communicate									
Potential for growth									
Disciplined habits									
Participation									
 2. Do you believe the applicant has the ability, work habits, character traits, and flexibility to succeed in an unfamiliar environment that will include learning a foreign language? ☐ Yes ☐ No 3. Do you believe the applicant's parents/legal guardians support his/her wish to spend time abroad? ☐ Yes ☐ No ☐ Not Sure Please use the reverse side of this form to explain your answers to questions 2 and 3, and add any additional comments on the applicant's suitability as an exchange student and cultural ambassador. 									
RECOMMENDATION I recommend this student as a future Rotary Y	Zouth Evolungs	atudant (ah sai	(- a a) -						
Strongly Recommend Recomm		o Opinion	Do Not R	ecommen	i 🗆	Strongly Do No	ot Reco	ommend	
Name and Title (type or print)	Sign	nature (in blue i	ink)			Date (e.g., 0)1/Jan/2	2006)	
Name of School	Pho	one		E-mail		1			

DO NOT RETURN THIS FORM TO THE STUDENT.

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Long-Term Exchange Program

Application Checklist

Use this checklist to ensure that you have all of the necessary parts for your application. All copies must have original signatures signed in BLUE ink; all photographs must be originals or good-quality color photocopies, unless otherwise instructed.

Sec.	Component	Set 1	Set 2	Set 3	Set 4		
A	Personal Information pages completed with photo attached						
В	Letters completed and inserted, and Photos (4) attached						
C	Medical History and Examination completed and signed by physician						
D	Dental Examination completed and signed by dentist						
E	Guarantee Form signed by student and parents/legal guardians						
F	Declaration and Permission for Medical Care and Release of Medical Records and Liability signed by student and parents/guardians; Alternate Emergency Contact data provided						
_	Copy of school transcript						
-	Copy of passport/birth certificate						
	Secondary School Personal Reference form (Section G) and preaddressed stamped envelope given to your teacher or administrator (do not submit this form with your application). Only one copy required.						