

## DISTRICT 7620 ROTARACT CLUB NEWS

*Below are the Rotaract events that happened within District 7620, in the month of October from the Rotaract District Leadership Team*

### **Rotaract and Rotary Youth Exchange Alumni Mixer (Rotex)**

The District Team hosted a mixer on October 8, to celebrate Rotary Reconnect Week. The event was held to foster fellowship and to help Rotex Alum stay connected in meaningful ways.

Immediate Past DG Barton Goldenberg was in attendance in support of Rotaractors and his daughter Nina who is a Rotex alum.

### **Mastering Your Professional Image on LinkedIn Event**

Rotaract District 7620 Leadership team led a seminar, on creating a professional image. In the seminar, Rotary 7620 Public Image Chair Ashley Waters, DPA provided tips and guidance that can help successfully navigating your LinkedIn profile, and the importance of a professional image. Keys to successfully using LinkedIn, 1) Pick the Right Photo, 2) Your Headline, 3) Your Summary, 4) Grow Your Network, 5) The Detail of Your Jobs, 6) Endorse and Recommend, 7) Learn and Share. Tyra Westbrook, Howard University Rotaract Club won a headshot picture from, Uncorporate Headshot from Rotarian Mary Kate McKenna, Rotary Club of Carroll Creek in Frederick, MD. <https://mkmckenna.com>

### **Rotaract Club of Howard County**

Volunteering at Little Portion Farm

Rotaractors had a great time volunteering at Little Portion Farm this past September! They harvested, weeded fruit and vegetable beds and

moved mulch. All the produce goes to their soup kitchen in Baltimore which is now feeding close to one thousand people a day!

Pints for Polio and Cider for Cause

Rotaractors and Rotarians will join and gather for an outside social distancing hangout to raise \$ for Polio Plus on Saturday, October 24 between 2-4pm.

### **Rotaract Club of Howard University Online Student Fair**

Rotaractors participated in an online student organization fair on September 24th where they staffed a Zoom room from Noon - 2 pm to recruit new members and share information about their club



## **Rotaract District 7620**

### **Annapolis Rotaract Club**

On October 18th the Annapolis Rotaract

Club gathered at Quiets Water Park to support the Walk to End Alzheimer's.

Join Annapolis Rotaract Club on Thursday, October 29th for pumpkin painting, spiked cider sipping, and socializing to celebrate everything FALL. Materials and both spiked and unspiked cider will be provided.

### **The Rotaract Club of American University**

The Rotaract Club of American University held its regular club meeting on October 6th via Zoom. They played Kahoot and painted "kindness" rocks!

### **The Rotaract Club of UMD**

The Rotaract Club of UMD held its first impromptu speaking workshop led by its leadership committee was a huge success!

Keep an eye out for upcoming professional development and volunteer opportunities.

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*[Above] Wilson Forbi, a member of the Middle River Rotary Club is from Cameroon, Africa. Due to civil struggles there many people have been displaced from their homes. Some went to Nigeria, but more are struggling with basic needs. Wilson has collected from New York, Maryland and our Middle River Rotary Club enough Medical equipment and supplies to fill a 60 foot container that is now on a ship to Cameroon. Wilson flew back there, but the container will take 6 weeks. Many coming together to help these disparate people. -- Mark Humphrey, Middle River Rotary*