



NEWS CONNECTION

ROTARY DISTRICT 7620 NEWSLETTER

CENTRAL MARYLAND AND WASHINGTON DC, USA

Rotary District 7620 Newsletter February 2020

INSIDE THIS ISSUE:

Family Vacation and Conference	1
Upcoming Events	2
Rotary Leadership Institute	2
Satellite Clubs and e-Clubs	3
Evening with the Scholars	4
Charles County Food Bank	4
Ellicott City Sunrise Tent Display	5
Ellicott City Rotary iPads	6
Dupont Circle Fundraiser	6
Annapolis Breakfast Free Libraries	7
Annapolis Black Tie Diamonds Gala	7
DC Rotary Grate Patrol	8
Silver Spring Rotary Clean-up	8
Presidential Citation & Awards	9
Columbia Town Center Gala	9
Youth Exchange Reveal Dinner	10
RYLA Registration Closes 2/6	11
Coins for Alzheimer's Research	11
Frederick's Leprechaun Luau	12
Carroll Creek Kinetic Art	12
Baltimore Bull and Oyster Roast	12
District Conference Agenda	13
DC Rotary Past Presidents Dinner	14
Quote of the Month	14



ROTARY FAMILY VACATION AND DISTRICT CONFERENCE MAY 8-10, 2020

By Governor Barton Goldenberg

The Rotary Family Vacation and Conference is designed with Rotary families in mind. All family members are invited, including pets! Join us all weekend or just for a day - there is plenty to learn and time to share with other Rotarians and their families. Plus, an on-site hands-on project! Outstanding speakers are scheduled including:



Seth Goldman, co-founder of Honest Tea, was continually in search of the perfect drink to quench his thirst after a run. Yet, he found most drinks either too sweet or too tasteless. After discovering his Yale

School of Management professor, Barry Nalebuff, also shared a passion for the idea of a less sweet, but flavorful beverage, the seed was planted - and three years later, Honest Tea was born.

Rotary District 7670 Governor Tiffany Ervin is an award-winning keynote speaker, spokesperson and television personality who has worked as a radio/tv host and

sideline reporter. Known worldwide as the "Rotary Geek," she has been on two international service trips with Rotary International, served Rotary District 7670 as Public Image Chair, District Conference Chair (three times), Membership Chair and Assistant Governor. She is a Past President of the Four Seasons Rotary Club (in Hendersonville, NC) and a Paul Harris Fellow



+2. She enjoys writing, shopping, social media, and documenting her "Roadside Adventures" while traveling.

Tom Thorfinnson, Chief Strategic Officer, Rotary International, and his team work with



Rotary staff and members to develop and implement organization-wide strategy and set and measure goals. The team provides research, evaluation, business information, and project management, and encourages creative thinking

and innovation. Thorfinnson graduated from St. Olaf College in Northfield, Minnesota, with a degree in mathematics and economics. He also has a law degree from Marquette University Law School in Milwaukee, Wisconsin. A Rotarian since 1980, Thorfinnson has served Rotary as a Director and a Foundation Trustee and Vice Chair. He is a Level 2 Major Donor of The Rotary Foundation.

The Hyatt Regency Chesapeake Bay facilities include an 18-hole golf course, 150-slip marina, full-service spa, and countless ways to play in the sun. Explore Cambridge, Maryland, for both a rich history and a contemporary vibe, and fun for the whole family. Standard room rate at \$159/night; plus resort fees will be waived from your final bill! Discounted rate available through April 2020. Activities are planned and available for all ages. The 342-acre waterfront resort is ready for Rotary 7620 to takeover!

(see agenda on page 13)

UPCOMING EVENTS

February 8
PETS (A) Bowie

February 15-17
Rotary Youth Leadership Awards (RYLA) at Camp Letts

February 22
PETS (B) Columbia;
Rotary Leadership Institute
Towson

Chesapeake PETS
March 5-7

April 18, 2020
Club Leadership Training
Doubletree, Annapolis;
Youth Conference, Columbia

May 1-2
Zone 33 Leadership Training
Seminar at University of Virginia

May 8-10, 2020
Rotary District Conference
Hyatt Golf Resort and Spa
Cambridge

May 16-17, 2020
Rotary Leadership Institute
New Faculty and Refresher
Training in Annapolis

June 6-10, 2020
Rotary International
Convention
Honolulu, Hawaii



**HONOLULU
HAWAII 2020**

NEXT ROTARY LEADERSHIP INSTITUTE: FEBRUARY 22 AT GOUCHER COLLEGE, TOWSON

By Sean McAlister, District RLI Chair and Dawn Wittfelt

Did you know that Saturday, February 22nd, is not only the Rotary Leadership Institute (RLI) Towson program date, but it is also the 115th anniversary of the first meeting of Rotary held on February 23, 1905?

Since 1905, Rotary Club leadership changes on a yearly basis. There is a constant need for new leaders who are knowledgeable about the world of Rotary. To help facilitate this legacy, the Rotary Leadership Institute (RLI) was established.

District 7620's next RLI program will be on Saturday, February 22 for Parts 1, 2, and 3. It consists of three Rotary training sessions:

- Part 1: The Roots of Rotary. My Club & Beyond, Engaging Members, Our Foundation, and Service Projects.

- Part 2: Rotary & Ethics, Strategic Planning and Analysis, Targeted Service, Attracting Members, and Team Building

- Part 3: International Service, Effective Leadership Strategies, Club Communications, Vocational Service Expectations, and Public Image, and Public Relations

The cost is \$95.00 and includes a

continental breakfast and lunch. Many clubs also provide funds in their club budget to cover the cost for members tuition, and the District offered discounts for Clubs that send multiple members.

To encourage more Rotaract and Rotary Clubs to participate, District 7620 and Rotary Zone 33 created two group-discount programs to help defray the participation costs.

- 4 for 3 Program - If a Club sends 4 members to the same RLI event (any Part), the fourth participant is free, and a reimbursement check is sent to the Club President.
- 3 for 2 Program - If a Club sends 3 members to the same RLI event (for Part 1 only), the third participant is free, and a reimbursement check is sent to the Club President.



The last day to register is Friday, February 14th (Valentine's Day). To register, please follow these directions:

1. Go to <http://www.rotary7620.org/> and "DACdb Login" link in the upper right.
2. Click on the "DISTRICT" tab on the upper left.
3. Click on the

"Calendar" icon.

4. Scroll down to the "February 22" date to register for Towson RLI event.

5. You are done.

CREATING NEW SATELLITE CLUBS ON INTERNATIONAL DEVELOPMENT AND OTHER AREAS

By Quentin Wodon, District Membership Chair

Creating new clubs – including satellite clubs whose members belong to an existing club, is one of the best ways to grow for Rotary International. With just 8 members needed to create a satellite club, the bar is much lower than the 20 members needed to charter a new Rotary club. Both new clubs and satellite clubs can have members who focus on a specific cause, are from a specific corporation or non-profit, or are from a particular community. In due time, the hope is that satellite clubs will grow into new chartered Rotary clubs, but this can take several years, during which satellite clubs can invigorate their sponsor club as the members of the satellite club are also full members of their sponsoring club. Below are four examples of new satellite clubs or potential new chartered clubs “in the works” to give you ideas in case you would like to create one yourself. You can also help the Rotarians trying to create new satellite or chartered clubs if you know of individuals who might consider becoming members.

A New Satellite E-Club on International Development (contact me)

The World Bank, the International Monetary Fund, and the Inter-American Development Bank are all based in Washington, DC, as is USAID and a range of INGOs and other groups involved in international development. While we have a few staff from these organizations in our DC clubs, we do not have many. One issue is that with long missions abroad, staff often do not have the time to come to club meetings. At the same time, because staff travel so much, the connections that Rotary can provide in countries through local clubs can be valuable. And staff from development organizations and INGOs could be a resource for Rotary International, for

example for evaluation purposes. To try to harness this resource, we are creating a new satellite e-club (sponsored by Capitol Hill) for individuals interested in international development that would meet at the World Bank but would also provide membership opportunities for those located elsewhere as meetings would be accessible through webinars. When/if we reach the quorum of 20 members, we would charter a new club. The club could also be a great way for experienced Rotarians to mentor young professionals interested in development issues. Membership dues would be set at a very low level



to ensure that cost is not a barrier for entry. If you know of folks who may be interested in joining, please send me an email at rotarianeconomist@gmail.com.

A New Satellite Club focusing on Issues that Affect Women (contact Sahar Fahmy)

Sahar from the Gaithersburg Club is creating a satellite club focusing on issues that affect women, and providing flexibility in meetings so that women can attend (men can also join of course). This could mean scheduling times for meetings in the evenings and holding some meetings remotely to attract members who may not be able to join in person, while also keeping membership cost low for example by having potlucks (good food is always a way to attract members!) The goal will be to harness the energy of women, whether they may be retired, empty nesters, homemakers, or working to be agents of change for themselves and

their community. The club would focus in large part on women's issues in its service work. Sahar can be contacted at sfahmy368@gmail.com.

A New Satellite Club at Johns Hopkins University (Contact Geetha Jayaram)

Providing new ideas and younger members is critical for the future of Rotary. This issue cannot be addressed in a few months - it requires a long term multi-pronged approach. Potential new members, especially young professionals, often do not want to attend weekly meetings with meals and greetings. They want action and fun-oriented activities at an affordable cost. I am exploring the creation of a satellite club at Johns Hopkins University where I work, with a focus on health projects in developing countries where we can make a major difference. The primary targets for members would include nurses and doctors. But others with an interest in those issues would be more than welcome to join. Geetha can be contacted at districtgovernor2122@gmail.com.

A New E-Club for the District (Contact Kelsey Scanlon or Jennifer Coppit)

Some individuals interested in Rotary cannot meet at the time clubs in their area meet. The idea is to create an e-club to be able to serve those prospective members, as well as those who may want to meet during weekends. As an e-club, meetings would take place with online formats such as Go To meetings. Events would be held in the various areas of the district where members live and work, using different locations for different events. The club would have a strong website and social media platform to share its work. If you are interested in helping, please contact Kelsey (kelseyscanlon9@gmail.com) or Jennie (rotariancoppit@gmail.com).

(continued on page 9)

A SCHOLARLY EVENING WITH GOVERNOR BARTON AND DISTRICT'S SCHOLARSHIP RECIPIENTS

By Kristin Post, District Chair of the Peace Fellow Selection Committee

With the inbound global grant scholars mid-way through their studies, and the recent selection of the Rotary Peace Fellow nominees, DG Barton Goldenberg and his wife Marina hosted these scholarship recipients and Rotarians

Peace Fellowship. Alaa Hammouda was sponsored by the Bethesda Chevy Chase Rotary Club. She is originally from Palestine, and was visiting D.C. as a National Democratic Institute Fellow when she applied for the Fellowship. She will attend the Duke/UNC program in North Carolina. Carl Vosloh was nominated by the Metro Bethesda Rotary Club. He is originally from Colombia, has lived in Washington D.C. for several years, and has worked on various District projects alongside Carla Montanez and others. Carl will attend Uppsala University in Sweden. A third nominee, Hilary Landfried, sponsored by the Rotary Club of Dupont Circle, has been selected as an alternate to Uppsala.

The global grant application process ends in January. The peace fellow application process will begin in February. Now is the time to tell promising students about all of the amazing scholarship opportunities Rotary has to offer.



[Above] A scholarly evening with DG Barton and District 7620's scholarship recipients.

at their home in January. They served a delicious buffet meal, drinks, and provided a lovely opportunity for fellowship and conversation among a diverse group of students who have the potential to change the world!

There are twelve global grant scholars attending universities across the District 7620. Many are studying health, and a few are specializing in international relations at George Washington University, Georgetown, and Johns Hopkins to name a few. They hail from Asia and Europe. Some students had not yet returned to the area from their holiday break, but Mr. Kana Matsuo and his wife and children, Ms. Teeun Kwon and Ms. Héloïse Wiart attended and described their impressive research interests.

Two Rotary World Peace Fellow nominees also attended that evening. At the end of 2019, Rotary International announced the recipients of the 2020-2021 Rotary World

CHARLES COUNTY ROTARY FUNDED SO. MD. FOOD BANK

On November 20 the Rotary Club of Charles County presented a \$1,000 check to the Southern Maryland Food Bank. The fund will go to help fund winter essentials for the food bank. The food bank is also initiating a virtual food drive. More information can be found at southernmarylandfoodbank.com by clicking on "Online Holiday Food Drive." Every year, the Rotary Club of Charles County raises approximately \$70,000 to support local and international charities and projects. The majority of the donated funds come from the club's annual lobster festival, held each fall at the Charles County Fairgrounds.



[Above] Nov. 20, the Rotary Club of Charles County presented a \$1,000 check to the Southern Maryland Food Bank. From left, Chris Zabriskie, Rotary Club of Charles County president, and Tony Jennigan, member, present an oversize check to Southern Maryland Food Bank director Brenda DiCarlo and regional distribution manager George Mattingly.

ELLICOTT CITY SUNRISE ROTARY DISPLAYS SHELTERBOX TENT

By Andy Stewart

Every December, historic Old Ellicott City holds “Midnight Madness” to draw crowds into the quaint, historic (and crowded!) town. For the last two years, Ellicott City Sunrise Rotary has raised funds -- and awareness -- for ShelterBoxUSA. ShelterBox is the only international disaster response organization which has an on-going “Project Partner” relationship with Rotary International (recently extended through 2022).

In 2019, the Club made arrangements to add a ShelterBox tent to enhance the display. The 15-foot diameter tent allowed visitors to imagine how they and their extended family would live if their home had been lost due to some natural (or man-made) disaster. One ShelterBox contains the tent, basic emergency cooking and eating equipment (including a cooking stove), along with blankets, tarps, and basic hand tools. This is sufficient to provide for an extended family for six months (or longer). All these basics fit into one bright green ShelterBox -- in other words: a box full of HOPE.

ShelterBox aims for a 48- to 72-hour response time. When news of a disaster is received, the Operations Center in Cornwall, England, determines the appropriate response. When deployed, ShelterBox Response Teams (SRTs) are sent into the disaster area; aid is never sent unless it is accompanied by SRTs. These highly-trained people cooperate with other responding agencies to provide shelter. Other agencies work to

provide food relief, sanitation and health facilities, and other resources.

Apart from its work in the United States, ShelterBox has 17 other national affiliates--making these countries more self-sufficient when (not if) the next natural disaster strikes there. Founded in 2000, ShelterBox has responded to more than 300

network for SRTs on the scene of a deployment. Translation, help with warehousing, assistance with import regulations, and a wide variety of other partnerships are other examples of the close working relationship between Rotary and ShelterBox.

Funds raised during “Midnight Madness” will be matched by the

Ellicott City Sunrise Rotary Club. For more information about ShelterBox, go to www.ShelterBoxUSA.org. For local information, contact Andy Stewart (astewart49@gmail.com or 573-578-2411).

“Since ShelterBox began in 2000, your support has helped us provide shelter for more than 1 million people. A million people who not only have protection from the elements, but a place to call home.” -- Alf Evans, ShelterBox Operations Manager



BICYCLES ARRIVED IN ZULULAND

By Dick Foot, Member, Bikes For The World Committee

disasters (and conflict areas) in more than 100 countries. Overall, the internationally-respected organization has given out more than 150,000 boxes of hope -- showing a positive impact to 1.5 million people just like you.

In addition to the official Project Partner relationship, there are other natural working connections between Rotary and ShelterBox as well. For one, the existing network of Rotarians is an already built-in, locally-available

On January 12 we received confirmation that the 450 bicycles the Carroll Creek Rotary Club shipped by ocean freighter to the Rotary Club of Empangeni, Zululand, South Africa, have arrived in Durban, Republic of South Africa.

Empangeni Rotarian Fulvio Pace wrote: “After some bureaucratic hurdles, the container was finally released! Will depart Durban and arrive in Whiteriver on January 14.”

ROTARY PROVIDES IPADS TO HEAD START CLASSROOMS

By Temrah Okonski, President, Ellicott City Rotary Club

"Unconditional love will have the final word in reality." Martin Luther King

As I stood in the hallway of one of the Community Action Council (CAC) Head Start

for teachers to document student progress and to keep in touch with parents", noted CAC's Director of Resource Development.

Temrah Okonski, President of The Ellicott City Rotary Club realized that there was more that could be done. Knowing how popular the summer reading program was with Rotarians, she worked with the CAC to develop a year round, "Rotary Head Start Regulars" program that brings Rotarians into the classroom to read and run various class projects.

Our Rotary Mission "Together we see a world where people unite and take action to create lasting change—across the globe, in our communities, and in ourselves" is front and center in Howard County.

8TH ANNUAL DUPONT CIRCLE TRIVIA FUNDRAISER

By Kristin Post

Join the Rotary Club of Dupont Circle for a fun afternoon of trivia, a silent auction, and fellowship! Proceeds from our 8th annual trivia fundraiser support our club's charitable foundation and the work we do with local non-profits. In December, our foundation donated winter coats to Friendship Place, with the help of a Rotary District 7620 Matching Grant. Help us continue to do similar good work in our community.

Date: Sunday, 1st March

Time: 1:30-4:30pm

Location: Astro Beer Hall, 1306 G St, NW Washington, D.C. Access: Garage parking nearby, elevator access

Join us to play trivia, bid on silent auction items, and enjoy food and beverages with friends.

Purchase single or team tickets online: <https://dupontrotarytrivia.eventbrite.com>



[Above] The Ellicott City Rotary Club teamed up with the Rotary Club of Columbia Town Center to raise \$2,500 to buy I-pads for Head Start classrooms.

programs in Columbia by fellow Rotarians, CAC board members, and CAC executive staff Martin Luther King's words came to my mind and I felt incredibly grateful to be surrounded by such amazing community members.

Since its founding in 1928, a principal focus of the Ellicott City Rotary Club has been education. In 2015 the Sunrise Rotary Club helped all Howard County Rotary Clubs join together to support the CAC's Summer Enrichment Head Start Program. This effort expanded into Rotary Reads, a program where Rotarians volunteer to be special "guest readers" in Head Start classrooms. Most recently, the Ellicott City Rotary Club teamed up with the Rotary Club of Columbia Town Center to raise \$2,500

to buy I-pads for the Head Start classrooms. They then applied for and received a Rotary District matching grant for another \$2,500. Armed with the \$5,000, they were able to purchase 14 I-pads which were gifted to the Howard County Head Start centers on January 23rd. "I-pads are an essential classroom tool



[Below] The 8th Annual Dupont Circle Trivia Fundraiser will be held on March 1.

ANNAPOLIS BREAKFAST ROTARY LAUNCHES LITTLE FREE LIBRARY PROJECT

By Anne Myers and Judith Miller,
Annapolis Rotary Public Relations

The Rotary Club of Annapolis Breakfast Group is spearheading the development of "Little Free Libraries" throughout the city.

The Little Free Library (LFL) project began in Hudson, Wisconsin in 2009 with Todd Bol's plan to make books readily available to underserved communities. Bol envisioned small, weatherproof mini libraries, filled with books - strategically located where they would be most valuable to residents. He encouraged people to "take a book, return a book."

The idea has grown into a thriving nonprofit effort with thousands of Little Free Libraries across the country. A neighborhood LFL is a fun, free way for anyone to find a new book and enjoy reading, which can be crucial for members of low-income communities with limited access to books at home.

The Rotary Breakfast Group has worked with the Mayor's Office and Recreation & Parks officials to determine locations for the first 12 Little Free Libraries. Project chair, Rotarian Dona Rudderow Sturn, says she hopes residents, especially school-age children, will enjoy the libraries, share books, and develop a love of reading.

The project was given an initial boost with a \$2,000 grant from the Rotary Club of Annapolis. Books to stock the libraries will be provided by the Rotary Club of Parole's initiative, Books for International Goodwill (B.I.G.).

Businesses and individuals interested in supporting the project or sponsoring a Little Free Library can contact Dona Rudderow Sturn, 609-432-0402, donasturn@me.com, or Judith Miller, 202-841-3557, miller9157@verizon.net.

The Breakfast Group is a satellite of the Rotary Club of Annapolis. The group meets the 4th Tuesday of every month from 8-9am at Miss Shirley's Restaurant at West Circle. Guests are welcome. For more information, see www.annapolisrotary.org or contact Frank Andracchi, 410-615-0460, frankandracchi@gmail.com.

ANNAPOLIS ROTARY GALA TO BENEFIT SPECIAL OLYMPICS

By Anne Myers and Harriet K. Lerner,
Annapolis Rotary Public Relations

The Rotary Club of Annapolis has announced Special Olympics as the beneficiary of its annual fundraising gala in 2020.

The glittering event in honor of Special Olympics will be held March 7, 2020 from 6:00pm to 11:00pm at Graduate Annapolis Hotel, 126 West Street. Tickets for \$150.00 are available online at 2020BlackTieDiamondsGala.com. Valet parking will be available.

Come clad in your best formal attire or

something slightly less formal. You'll enjoy an open bar, hors d'oeuvres, surf and turf dinner, music by C&J Entertainment, dancing and decadent desserts. Peruse the extensive Silent Auction featuring trips, cruises, dinners, and more. There will also be a live auction with an exception piece of diamond jewelry from Zachary's Jewelers.

The Rotary is proud to support Special Olympics, the largest sports organization for people with intellectual disabilities. Special Olympics works to change the attitudes of those who underestimate the capabilities of people with intellectual disabilities. The Special Olympics mission is to provide year-round sports training and athletic competition in a variety of Olympic-type sports, providing opportunities for individuals to develop fitness, demonstrate courage, and experience joy with friends, family, and the community.

For more information, contact Sue Weber, 410-507-6020, AnnapolisRotaryEvents@gmail.com, and see www.annapolisrotary.com.



[Above] Meeting in City Hall January 10, 2020 before touring LFL sites, are left to right, front row: Dona Rudderow Sturn, Rotary Club of Annapolis, Chair, LFL Project; Judith Miller, Rotary Club of Annapolis, Co-Chair, LFL project; Gavin Buckley, Mayor, City of Annapolis; Archie Trader, Director, Parks & Recreation; Carletta Allen, president, Rotary Club of Annapolis. Back row: Adetola O. Ajayi, African American Community Services Specialist, Mayor's Office; Bill Regan, Rotary Club of Annapolis, Chair, Happy Hour Group; Steve Frantzich, Rotary Club of Parole, VP, Books for International Goodwill (B.I.G.); Scott Gregory, Rotary Club of Parole; Margaret Davis, Rotary Club of Annapolis, LFL committee; and Frank Andracchi, Rotary Club of Annapolis.

ROTARY'S "GRATE PATROL" REACHES OUT TO HOMELESS

By Marilyn Nevly Cruz, District 7620
Interact & RYLA Chair



[Above] By Ugonna Ezeanya, District Rotaract Representative: For the Annapolis Rotaract Club's last meeting of 2019, Earl T. Murray, the President and CE of Entrepreneur's Accountants spoke about financial habits and goals. The presentation was helpful and informative to the club members.

[Below] The Annapolis Rotaract Club held an active shooter training demonstration with Vital Vigilance to prepare their members for various situations. Vital Vigilance was professional and informative in their demonstrations.



The DC Rotary Club offers several reoccurring monthly service projects and fellowship opportunities and one of those opportunities is Grate Patrol!

Volunteer with your fellow Rotarians and the Salvation Army as they hand out food and water to the city's homeless population from the Salvation Army's Grate Patrol van. Rotary's grate patrol runs the third Tuesday and third Friday of every month. Make it a date night and bring a friend or family member. It will be a night to remember in helping others. Mark your calendars and sign-up!

Why should you volunteer?

It is a rewarding experience in giving to those who don't have much to give.

You will bond with your friends and family when you make it a date night.

Bring a teenager and they can get credit with their school for volunteering and it will open their eyes about life.

You will feel compassion, empathy, and gratitude.

WHO: ALL Volunteers will meet the Grate Patrol Salvation Army Food Van (red and white in color)

WHERE: Volunteers meet in front of 1425 New York Ave. NW, Washington DC 20005 at 6:30 PM with the van arriving by 6:45. The van arrives back around 8 PM. The nearest Metro stop to the start location is McPherson Square on the

blue and orange lines.

Go to <https://www.signupgenius.com/go/5080D4EA5AE2BA2FA7-grate1> to check availability and sign up (due to space, we are limited to four volunteers per day).

Register online or contact Grate Patrol Chair, Thomas Napier at tnapier24@aol.com or his Co-Chair Leopold Wildenauer at leopold.wildenauer@gmail.com for more information.

SILVER SPRING ROTARY CLUB ADOPTS A STREET

By Montgomery County Executive Marc Elrich, January 9, 2020 [Excerpted]

Litter collection in downtown Silver Spring is done by the Silver Spring Urban District. Most recently the Downtown Silver Spring Rotary Club adopted Fenton Street where they are doing additional clean up every other month. We are working with the community, including the local businesses to address the perceived increase in homelessness in Silver Spring. We will be locating a staff at the Silver Spring Fire Station to help us better respond to situations requiring immediate attention. Having said that, homelessness is not a crime. And our public spaces are welcoming of all, regardless of social status or age. We are continuing to work on improving our programs and strengthening partnerships with nonprofits that provide service to the homeless. Shepherd's Table "feeding program" is a highly successful meal program for the homeless and food-insecure residents. It is accompanied with the provision of social services. Many in the community, including nearby residents and local businesses, volunteer regularly to help make this a model facility.

APPLY FOR PRESIDENTIAL CITATION AND DISTRICT 7620 AWARDS

By Larry Leahy / Dawn Wittfelt, Co-Awards

Is your club on track for your Presidential Citation and District 7620 Awards? The deadline is coming soon. Each year District 7620 honors high achievement by the clubs in the areas of Public Image, Membership, and Foundation. We hope to see all our clubs apply and earn recognition in all three areas of excellence. Nearly all of our clubs do most of the criteria as a matter of course. If at all possible this process works best if there is a designated person in your club to work with all awards including the Presidential Citation.

The deadline for submission of your club for district awards is March 31, 2020.

The Presidential Citation is given through Rotary International and is compiled through computer information supplied by the club to RI on Rotary Club Central. The deadline to have your club information entered for the RI Citation is June 30, 2020. This award will be mailed to all honorees following the close of the Rotary year.

The District Awards will be presented at the District Conference, held on May 8-10, 2020, at the 4 Way Speech Test competition.

You can find all the information on the District web site here. The forms for the district awards are easy to download and complete and should be forwarded to:

Larry Leahy at Leahy620@verizon.net OR to Dawn Wittfelt at dwittfelt@yahoo.com.

There will be one reminder e-mail for all club presidents in early March.

SATELLITE CLUBS

(continued from page 3)

Are you interested in creating a satellite club yourself?

As mentioned in last month's newsletter, the key is to get agreement from the sponsoring club, and as always have a dedicated Rotarian leading the way. Please do not hesitate to contact Sahar, Geetha, or myself for more information. Satellite clubs really offer flexibility to make Rotary more attractive and accessible for new members, and they can also help strengthen existing clubs, as well as Rotary International more broadly. Please send me an email at rotarianeconomist@gmail.com to know more or if you want advice on creating a satellite club.

ALZHEIMER'S RESEARCH

(continued from page 11)

All contributions are tax deductible. CART is a 501(c)(3) organization with Tax ID # 31-1466051.

District 7620: Our Club wants to help; what do we need to do?

District 7620 adopted CART in early 2018, and participation has been growing steadily since then. At least 14 clubs have participated and so has the District at its meetings. Clubs in District 7620 have contributed over \$5,000 for research in the past two years. We would like as many clubs as possible to put out LBB's and collect pocket change. Members will be grateful. They won't have to walk around with that weight in their pockets or purses.

You can contact the District CART chair now to get your Club started! It will work, provided you have an active coordinator/point person to follow through with CART.

-Bob Bokma, BobBokma@gmail.com

Columbia Town Center Rotary Club

Valentine's Gala

Dinner ♥ Dancing ♥ Silent Auction

Live Music by *NightLife*

All event proceeds will go to our portfolio of local charities

February 8th, 2020

7:00 - 11:00 pm



\$125
per person

tickets + information at
vgala20.givesmart.com

Turf Valley Resort - Ellicott City, MD

*overnight rooms available at special rate, not included in ticket price



ROTARY YOUTH EXCHANGE PROGRAM GREAT REVEAL DINNER AND NEW YEAR CELEBRATION

*By Marilyn Nevy Cruz,
Youth Exchange Inbound
Co-Chair*

On Sunday, January 19th, District 7620 hosted its Youth Exchange Great Reveal Dinner (Long Term Program) at the National 4-H Conference Center in Chevy Chase. The program's highlight was announcing the countries to which our seven students will be sent during the 2020-2021 academic year.

Students will be hosted by Rotary Districts in Belgium, Czech Republic/Slovakia, Colombia, Denmark, Paraguay, Peru, and Thailand!

We'd also like to thank the following Clubs for sponsoring these students:

Annapolis, Carroll Creek, Capitol Hill, Columbia Town Center, Metro Bethesda, Sykesville and Washington, DC.

Applications for the Short Term Exchange Program (Summer) are still being accepted. If you are interested in the Rotary Youth Exchange Program or in hosting a student during the 2020-2021 school year please contact the District 7620 Youth Exchange Program Committee at 7620youthexchange@gmail.com.

RYLA REGISTRATION CLOSES FEBRUARY 6

By Marilyn Nevy Cruz, RYLA Chair

Are you sending local highschoolers to the District 7620 2020 RYLA? There is still time and spots are available for our District 7620 2020 RYLA weekend!

Where to find RYLA 2020 students?

- *Interactors.
- *Rotary Youth Exchange.
- *Area high schools.
- *Children.
- *Grandchildren.
- *Nieces or nephews.
- *Neighbors.
- *Children of co-workers.
- *Young folks in neighborhood.

Seven (7) high school students from around our district are looking for Club Sponsors! If your Rotary Club has not committed to sponsoring a student and would like to award a RYLA scholarship to one of them please let me know. Please visit our website at RYLA7620.ORG for more information. Please also make sure the students select your Club as the sponsoring Rotary Club when registering. Marilyn Nevy Cruz, Chair, mncruz10@gmail.com



COINS FOR ALZHEIMER'S RESEARCH TRUST (CART), A ROTARY INITIATIVE

By Bob Bokma, Rotary Club of Gaithersburg

What is Alzheimer's disease and why should we help find a cure?

Alzheimer's disease (AD) is one of several dementias affecting mostly older people. It seems that everyone has a story about how AD has affected them, perhaps in a family member or friend. When it strikes a loved one, the disease hits families hard.

AD is a brain disorder that gradually destroys brain cells and affects a person's memory, ability to learn, make judgments, communicate, and carry out basic daily activities. The cause is unknown, and there is no known cure.

Here are some sad and hard-hitting facts about just Alzheimer's disease:

- Approximately 5.4 million Americans are affected.
- Symptoms generally show around age 60, and the risk goes up with age.
- It is estimated that one third of Americans over age 85 will have AD.
- There are massive cell loss changes in a brain affected by advanced AD.

The cortex has shriveled up and areas involved in thinking, planning and remembering are severely damaged. Shrinkage is especially severe in the hippocampus, an area of the cortex that plays a key role in forming new memories. Ventricles (fluid-filled spaces within the brain) grow larger, filling the vacant space of the brain cavity.

Your Club can join in a simple activity to provide money for cutting-edge research on Alzheimer's disease. It can participate in CART (Coins for Alzheimer's Research Trust)!

CART is a Rotary-initiated project that illustrates the amazing power of the Rotary Brand. It was started in 1995 in South Carolina and is spreading throughout the United States and Canada.

Donations of pocket change and small bills add up to REAL money – enough to let the CART Fund to grant “seed” money for high impact research addressing prevention and, ultimately, a cure for Alzheimer's. By providing grants to researchers in the early stages of a line of research, CART lets its grant recipients explore approaches to arresting or curing AD that may be different from ideas being pursued by big pharmaceutical companies. When one of these studies shows promise, a CART grant recipient can



attract additional grants from a larger foundation or a pharmaceutical company. Our donations of coins and dollars are multiplied by people and organizations with deeper pockets.

A simplest form of doing CART is for a key person in a participating club to put collection buckets (LBB's, little blue buckets) on the tables at Club meetings and encourage members and guests to drop in their pocket or purse change. A small effort at every Club meeting can bloom into a recurring commitment by members. The kerplunk of coins in the blue buckets becomes a welcome ritual.

Here are other ideas:

- Put an annual budget line item into the Club's budget.
- Do special offerings at assembly meetings, charter nights, club happy hours, etc.)
- Get Club members to commit to small weekly amounts collected monthly, quarterly or annually.
- Hold an Alzheimer's disease awareness event with presenters and a video.

The CART Fund can also welcome contributions of currency, checks or credit cards, see <http://www.cartfund.org/cart/cartfundgive/>.

What has CART achieved?

As of May, 2019 CART has awarded \$8.2 million dollars in 50 grants to recognized U.S. research institutions.

Great examples of results from CART grants include the following:

- Development of the first diagnostic method for use in live patients (in vivo isotope test with MRI).
- Studies to find ways for treatment drugs to reach the brain more effectively, passing through the blood brain barrier.
- Development of another in vivo test, the eye test.

Some additional facts about CART:

By CART Fund by-laws, 100% of donated funds go to Alzheimer's disease research - cutting edge research that otherwise is unlikely be funded.

All administrative expenses of the Fund are paid from interest earned from invested contributions.

(continued on page 9)



FREDERICK ROTARY CLUB AWARDS \$50,000 IN GRANTS

By Pat Hanberry

The Rotary Club of Frederick has proudly awarded grants totaling \$50,000 to ten local nonprofit organizations through their 2020 Service Partnership Grant application process. These grant funds were raised through the club's annual signature fundraiser, the Leprechaun Luau®.

From a pool of 29 applicants from the local nonprofit community, the Rotary

of Mercy, Inc., \$1,710; Spanish Speaking Community of MD, Inc., \$8,400; Blessings in a Backpack of Frederick, MD, \$3,500; Student Homelessness Initiative Partnership of Frederick County, Inc., \$9,100; The Phoenix Foundation of Maryland, \$4,200; Friends of the Child Advocacy Center of Frederick County, \$2,000; Seton Center, Inc., \$9,590; and United Way of Frederick County, \$5,000.

The ninth annual Leprechaun Luau® will be held from 4 to 8 pm on Saturday, March 7, 2020 at the Frederick Community College Field House. Buy tickets at www.theleprechaunluau.com. All proceeds benefit the Rotary Club of Frederick's Service Partnership Grant recipients.



[Above] The ninth annual Leprechaun Luau® will be held from 4 to 8 pm on Saturday, March 7, 2020 at the Frederick Community College Field House.

CARROLL CREEK KINETIC ART PROMENADE

By Jasmine Pelaez, WDVM, January 21, 2020 (Excerpted)

MYERSVILLE, Md. (WDVM) Soon enough, visitors to downtown Frederick will be able to set their eyes on moving pieces of art.

The project is being spearheaded by the Rotary Club of Carroll Creek and the focus is on bringing eye-catching artwork.

"[Kinetic artwork] always moves. It captures the light of the day, it reflects differently at different times. It's based on the weather, the temperature, of course, the wind is a great part of it," explained director of the Carroll Creek Kinetic Art Promenade, Bernard Gouin.

Local donors are providing financial assistance to the project that goes towards commissioning the three chosen artisans and their work.

According to Gouin, the art sculptures are slated to be installed along Carroll Creek in March.

Club of Frederick's Service Partnership Committee selected ten service organizations that have a mission that is aligned with one of Rotary International's six service initiatives: basic education and literacy, water and

sanitation, economic and community development, peace and conflict prevention/ resolution, maternal and child health, and health, wellness and disease prevention.

The following local organizations received grants in the following amounts for the

2019-2020 Rotary year: Frederick Rescue Mission/Faith House, \$5,000; Advocates for Homeless Families, \$1,500; Mission



[Above] The 100th Annual Baltimore Rotary Club's Bull and Oyster Roast was held at the Joint Force Headquarters Fifth Regiment Armory on January 18, 2020.

ROTARY FAMILY VACATION AND DISTRICT CONFERENCE MAY 8-10



[Above] Hyatt Regency Chesapeake Bay Golf Resort, Spa and Marina, Cambridge, Maryland.

DISTRICT CONFERENCE AGENDA

FRIDAY, MAY 8

- 12:00 PM Golf "Rotary Style" Tournament Begins
- 2:00 PM Conference Registration Opens
House of Friendship Exhibit Hall Opens
Passports to Unite & Take Action Pick Up Begins for Ro/In/YE
- 4:00 PM Golf "Rotary Style" Tournament Ends
- 4:45 PM Meals for Hope: Hands-on Service Project
Donate \$10 to help feed those locally in need
- 5:30 PM Complimentary childcare for ages 3-12 begins. Ends at 8:00PM.
- 5:45 PM Kick-Off Cocktails
One complimentary drink ticket per guest
- 6:30 PM Spouse Appreciation Dinner
It's all about the spouses and family support network of Rotary, tonight!
Keynote: Tom Thorfinnson, Chief Strategic Officer, Rotary International
- 8:00 PM Nighttime at the Hyatt
Dockside Hospitality Suites
Family Fun Night & Dance Party
Teen and Interact Activity TBD

SATURDAY, MAY 9 *Complimentary childcare available 9AM-3PM*

- 8:00 AM Breakfast on your own
- 9:00 AM Breakout Sessions 1
A: Increasing, Engaging, and Retaining Rotarians
B: Exploring the World of Rotary from the Youth Perspective (Panel)
C: Rotary-Work-Life Balance
- 10:00 AM Break
- 10:15 AM Breakout Sessions 2
A: The Importance of Disaster Aid in Rotary
B: Call to Action Review: 2019-2020 Youth Conference Panel
C: Rotary and Your Club's Public Image
- 11:15 AM Awards Luncheon
Keynote: Seth Goldman, Founder, Honest Tea
- 1:30 PM Four-Way Test Speech Competition
During the score tallying: Youth Conference Video & DG Citations
- 3:00 PM Free Time & Dinner on your own
There is a lot to do around the resort. Enjoy Hyatt sponsored activities, Blackwater Adventures, Sago Salon, and more!
- Rotaract/Interact/Youth Exchange/Teen Track
3:00 PM - 3:35 PM New Town Hall Meeting
3:35 PM - 3:45 PM Break
3:45 PM - 4:30 PM Civil Engagement: Youth Call to Action
- 8:00 PM Dockside Hospitality Suites

Buses depart with Young Rotarians

SUNDAY, MAY 10 *Complimentary childcare available 9AM-12PM*

- 8:00 AM Breakfast on your own
- 9:00 AM Memorial Service
- 9:30 AM Breakout Sessions 3
A: What is a Global Scholar and Peace Scholar?
B: Using DacDb to Aid your Club
- 10:30 AM Break
- 10:45 AM Breakout Sessions 4
A: Rotary Youth Exchange in our District
B: Setting Up a Satellite Club
C: Giving to the Rotary Foundation
- 12:00 PM Mother's Day Brunch
Keynote: Tiffany Ervin, Rotary District 7670 District Governor
- 2:00 PM Conference Ends. Safe Travels.

14TH ANNUAL PAST PRESIDENTS DC ROTARY CLUB DINNER

By Marilyn Nevy Cruz, District 7620 Interact & RYLA Chair

The Annual Past Presidents' dinner occurred on the evening of Tuesday, November 12th, commencing at 6:30 PM, with dinner at 7:15 PM, at the University Club. The Rotary Club and Foundation Boards joined the Past Presidents at this wonderful Black Tie event.

Thanks to Past President Shaun English's good work, the event shaped up to be a memorable evening of Rotary fellowship, which we hope many enjoyed!

Additionally, thanks to Past President Howard Davis and the Club's Historian Monica Smith, they had a collection of historic club photographs on display at the dinner!



ROTARY'S 115TH ANNIVERSARY ON FEBRUARY 23, 2020



Rotary Vision:

"To harness the great power of friendship to help do the world's work."

-Paul P. Harris (Founder of Rotary), 1910-12 President, Rotary International



Rotary

People of Action

District Governor Barton Goldenberg
3402 Woolsey Dr.
Chevy Chase, MD, 20815
Phone: 301-656-8448
email: Barton7620dg2019@gmail.com

Executive Secretary Sonia Liu
1800 Old Georgetown Road #1304
North Bethesda, MD, 20852
Phone: 240-480-5800
sonia@rotary7620.org

Newsletter Editor Bob Nelson
22104 Goshen School Road
Gaithersburg, MD 20882-1404
Phone: 301-254-7620
email: BobNelson20854@yahoo.com
Please send articles and photos by 22 February