Travels With the Mule Team—DG Glenn Yarborough

April is Maternal and Child Health Month. "Rotary makes high-quality health care available to vulnerable mothers and children—so that they can live longer and grow stronger. We expand access to quality care, so mothers and children everywhere can have the same opportunities for a healthy future. An estimated 5.9 million children under the age of five die, each year, because of: malnutrition, inadequate health care, and poor sanitation—all of which can be prevented" (Rotarian, April, 2018). We also have a section in this issue that gives special recognition to Rotarians who are also military veterans. March 29th was Vietnam War Veteran's Day.

From April 4th through the 7th, we held our District Conference. It was a huge success. We have lots of photos. We gave away three categories of awards and installed our newest Major Donor, Donna Phillips. Congratulations to each of the awardees and a special thanks to our District photographers—Dave and Dave (PI Chair-Elect Dave Borowski and Finance Committee Chair Dave Mercer). Also, a special, special thanks to the conference planning committee—led by Lieutenant Governors P.J. Maddox and Carol Foley.

Finally, please don’t forget to log in and post your participation points for the 10 Million Meal Challenge. RI Director David Stovall has included simple directions in this issue. For the remaining months of this Rotary Year, focus on Membership. Remember, the more Rotarians we have, the more good we can do!

Glenn Yarborough, District Governor 7610
FROM WHERE I SAT: Rotary International District 7610 Annual Conference—April 4-7, 2019, Celebrating Service, Changing the World, hosted by DG Glenn Yarborough, was a SUCCESS. The venue was perfect; colorful spring flowers were artistically sprinkled very strategically on the grounds of the historic Virginia Crossings at Glenn Allen. What a peaceful setting. Not surprisingly, the food was delicious! (The venue’s conference director was the daughter of a Rotarian). She made sure that the service was perfect. The conference was built on Teamwork under the leadership of DG Glenn, Co-Chairs LTGs Carol Foley and P.J. Maddox, and district secretary Valerie Butler. My personal observation—Teamwork was the key to the success of this Conference.

T Total involvement of volunteers, attendees, and presenters. Master of Ceremonies, Ralph Menzel—was the perfect combination of humor, including his attire which changed with the topic of each session, and the sprinkling of information and wisdom. The wisdom was borrowed from Rotary Founder, Paul Harris, and kept attendees connected.

E Each and every person, regardless of role, seemed to enjoy the Conference programs and events. I overheard many-a-positive comment about the quality of programs, the House of Friendship, and the meals. The House of Friendship and the Silent Auction, headed up by DGND-Pat Borowski, was extremely successful.

A Appropriate theme for the Conference: Celebrating Service, Changing the World—it compliments this year’s Rotary International Theme, Be the Inspiration. Both themes illustrate what Rotary is all about—Service Above Self.

M Meeting with Rotarians each day to break bread, to attend programs, and to discuss ideas. The Pre-Conference Meeting of the Council of Governors met Thursday evening and provided an opportunity for DGE Jonathan Thomas Chadwick Lucus to share his vision for Rotary Year 2019-2020—Rotary Connects the World. We met outside, during the chilly evening, to listen to PFG (Past first Gentleman) Felton Page—talk about Polio Now and What comes Next. The chill was tempered by adult beverages and Rotary fellowship.

W Wow, what a great surprise—we were greeted by the National Salvation Army Brass Sextet and Presidents Washington and Monroe. Rotarians Earl Baughman and PDG Stephen Beer, District 7600, were responsible for the event. RI President’s Representative Christopher J. McLucas was not only fun but, also shared with us his expertise on Rotary Membership.

O Organization was the key to the success of the Conference—the right mix of program content, fellowship time, and activities. The programs addressed topics that were current and pressing: Human Trafficking, the Opioid Crisis, Crisis Leadership and Disaster Response, My Generations—Stereotypes and Myths, Youth Essay and Speech Contest Winners, Exchange Student Presentations, Flags for Heroes, and Service Dogs for Disabled VETS.

R Recognizing outstanding leaders of Rotary International and District 7610 and Remembering Rotarians with a Memorial Service. Honored: PDG Donna Phillips, Major Donor—level one; PDG Janet JB Brown, Rotary International Service Above Self Award; and Jim Holcombe, District Rotarian of the Year.

K Knowing that we all have a final resting place and honoring each of the Rotarians and his/her Service Above Self.

TEAMWORK—makes the dream work, and it culminated in a very successful District Conference, in April of 2019.
Christopher McLucas has participated in more than 46 grants through The Rotary Foundation in several countries including but not limited to Honduras, Mexico, Nicaragua, Pakistan, Afghanistan, Bangladesh, Haiti, India, Brazil, Turkey, Ukraine, Nigeria, Cuba, Nepal, and Kenya—as well as contributed as the International Partner on several of the Global Grants. Christopher in his support and dedication to the eradication of Polio, participated in Polio immunizations in all four of the endemic countries (Nigeria, Afghanistan, Pakistan and India), while President of his Rotary Club 2010-2011. Christopher has returned to the endemic countries several times since.

Thanks for your participation in our D7610 Conference. DG Glenn Yarborough

RI President Representative PDG Chris McLucas, literally, gave the BEST Fire-side-Chat, since FDR!
The District Conference—April 4th—7th
Above All, Rotarians are Special BEST Friends, Forever !

The Variety of Traditional Uniforms Was Spectacular!
The District Conference—April 4th—7th
A Special Thanks to our Early Supporters and
to our Youths Attendees… What a Promising Future!
The District Conference—April 4th—7th
All’s Well that Ends Well—With
Awards and Recognition
At the District Conference, DG Glenn Yarborough presented the District Speech and Essay Awards to the students. In addition, he gave several Club Builder Awards, and most importantly, the Rotary International Service-Above-Self Award, to PDG Janet Brown. The Governor's Club Builder Award recognizes Rotarians who have made a significant impact in supporting and strengthening their Rotary Clubs. Rotary's Service Above Self Award is Rotary International’s highest honor—recognizing Rotarians who demonstrate Rotary's motto, Service-Above-Self, by volunteering their time and talents to help others. The award is internationally competitive and is granted to no more than 150 Rotarians worldwide, and no more than one from each district, each year. Congratulations PDG Janet—DG Glenn

In the absence of DRFC Juanita Cawley, DG Glenn also conferred Major Donor Status to PDG Donna Phillips. A Major Donor is a person who’s cumulative donations reach $10,000. Jim Holcombe was chosen as Rotarian of the Year. “This is in recognition of distinguished dedication and leadership as a Rotarian”.

The Ten Governor Club Builder Awardees, in RY 2018-19 are:

Carl A. Strock  Joseph ‘Joe’ Scheibeler  Kate P. Schwadron
John A. ‘Jake’ Almborg  Paul M. Sawtell  Lisa Jackson
Jan Auerbach  Priscilla W. ‘Pat’ Locke  Sharon Meisel
Benjamin R. ‘Ben’ Hester
**ROTARY HELPS MOTHERS...**

- Rotary provides education, immunizations, birth kits, and mobile health clinics. Women are taught how to prevent mother-to-infant HIV transmission; how to breast-feed; and how to protect themselves and their children from disease.
- Through the use of technology, doctors are bringing health care to women and children living in rural Nigeria.
- Rotary members teach mothers how to breast-feed, promote immunizations and regular checkups, and distribute insecticide-treated bed nets.
- Clubs in Japan and Brazil used a Rotary Foundation global grant to equip a hospital with lifesaving neo-natal equipment. In the mountains of Poland, twenty six children, traumatized by violence, get a chance to be kids again, at Rotary camp, where psychologists mix escape and therapy.

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**Saving mothers and children with The Rotary Foundation**

Rotary projects support maternal and child health through education, immunizations, birth kits, and mobile health clinics. Your donation to the Annual Fund makes these resources available so that mothers and children can live longer and grow stronger.

**GIVE TODAY:** rotary.org/donate
The Rotary Club of West Point put together and contributed an auction item to support the recent West Point Chamber of Commerce Scholarship Dinner Auction. All proceeds from the dinner auction go to scholarships which will be gifted to two or more deserving seniors who have met the criteria set forth. The Rotary Club's contribution for $125 went toward the scholarships.

DG Glenn: “Rotarian Vietnam Veterans deserve to be Honored”!

The Inspiration Reminds its’ Readers that, March 29th was National Vietnam Veterans Day

On March 28th, 2017, President Donald J. Trump, signed into Law, The Vietnam War Veteran’s Recognition Act of 2017—designating every March 29th as National Vietnam War Veteran’s Day. This joins six other military-centric national observances codified in Title 4 of the United States Code 46. March 29th was chosen to be celebrated in perpetuity—as March 29th, 1973 was the day Military Assistance Command Vietnam was deactivated.
“Past President Skip Jones (1982-1983) reported that he had sponsored Matt Brennan for the Rotary Club of Vienna membership. Of course, Matt was our president, 2005-2006. Skip informed us today that Matt had earned a Bronze star as an Army Medic for heroism in Cambodia on May 12, 1970”.
The Fredericksburg Rotary Club raised funds and donated the money needed to purchase a new K-9 dog for the Fredericksburg Police Department. This allows the FPD to have two K-9 programs to support the growing needs of the Fredericksburg community 24/7 and fills a need they had. The support from our club members was outstanding"—President Carl G. Bardy

The Fredericksburg Police Department canine program consists of two teams trained in Patrol Utility functions and narcotics detection.

The Fredericksburg Rotary Club Supports Two K-9 programs

Organizations are joining forces to address the worldwide issue of hunger. From 9 a.m. to Noon on March 23rd, the Lutheran Church of the Covenant (LCOC) held a meal packing event.

Church attendees, members of the Woodbridge Rotary Club, and local volunteers packed more than 32,000 meals for Rise Against Hunger, a non-profit.

“These meals will be distributed to those folks who are in need around the world,” LCOC Pastor Darcy Tillman said. “A lot of them are given to children to try to encourage the children to have the energy to go to school and to learn, so that they can make a difference as they grow up”.

Community members who are interested in getting involved may make a donation or sign up to volunteer at the meal packing event. The church is located at 15008 Cloverdale Road in Dale City. Tillman said, “It’s fun, it’s exciting, and you can make a difference.”

The Rotary Club of Woodbridge Supports Rise Against Hunger
Travels With the Mule Team—DG

The Rotary Club of Springfield Supports West Point

Our Readers have long known about the Springfield Rotary Club’s support for West Point! Club Members support this effort with registration and other administrative activities.

This photo comes from the National Capital Region—West Point Ethics and Leadership Forum—April 25th.

(Photo supplied by Tom Deierlein) (WP LEADS): Robotics for Fairfax County Public Schools (FCPS)
YOUR MEMBERSHIP MATTERS

How is D7610 Doing? 28 new members—March 1st to April 30th, 2019

<table>
<thead>
<tr>
<th>Member Name</th>
<th>Club</th>
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<tbody>
<tr>
<td>Bass, David W. (David)</td>
<td>Arlington</td>
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<td>Baldwin, Brendan</td>
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<td>Carnes, Paul (Paul)</td>
<td>Bailey’s Crossroads</td>
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<td>Cryst City-Pentagon</td>
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<td>Sterling</td>
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<td>Owens, Martha Jeanette (Martha)</td>
<td>Rotary e-Club of District 7610</td>
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<td>Sproul, Robert (Robert)</td>
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<td>Orange</td>
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<tr>
<td>Wines, Josiah J.</td>
<td>Lake Ridge</td>
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</tbody>
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“The job doesn’t end when a new member joins. It is not done until that new member is engaged in Rotary, inspired by Rotary and uses the power of Rotary service to change lives”

RI President Ron Burton RY 2013-2014
"I am pleased to report that 63 of you within District 7610 have already registered for the Hamburg Convention. If you are one of those, congratulations! You will have a great experience enjoying one of the few Rotary events that makes you truly appreciate the international aspects of Rotary. I've had the privilege of attending 13 of these RI Conventions, and they never fail to energize and inspire me. Yes, I'm addicted, and I go to all of them I possibly can!

Registration is easy to do. Simply go to www.riconvention.org and follow the step-wise procedures to register. Then, go to the hotel reservation portion of the website and select and reserve your hotel accommodations. Although not strictly necessary, there are significant advantages to reserving your hotel through Rotary. Rates are cheaper, taxes and fees are included, and standards are enforced.

Governor Glenn and I urge you to "Capture the Moment in Hamburg". And if you haven't already registered to do this, now is your last chance to save a few bucks while doing so"!

Chuck Davidson
Hamburg Convention Promotion Chair
Serve locally and impact globally!

Why should your Club get involved in the fight to end world hunger?

When we work together, Rotarians engage the local community, build awareness and can even grow membership – all while doing good for people in need around the world, one meal at a time. Rise Against Hunger’s hands-on Meal Packaging Events provide life-changing nutrition that moves us one step closer to a world without hunger. What better way to demonstrate #PeopleOfAction? We invite you to join us.

Come see us in the “House of Friendship”

Ready to help? Get started today!
riseagainsthunger.org/Rotary

VOLUNTEERS NEEDED

HELP US UNPACK OUR POTENTIAL

As a Project Partner, Rotary supports ShelterBox field operations in nearly 90% of its worldwide deployments.

At ShelterBox, we believe in action. We act every day, in partnership with Rotary, to provide the tools needed to transform lives and rebuild communities after disaster.

Today, I am giving you an opportunity to take action. SIGN UP TODAY

ShelterBox Rotary

www.ShelterBoxUSA.org/Volunteer

We wish to thank our EARLY supporters! of the District Conference.

International Fellowship of Scouting Rotarians.
Michelo
Rise Against Hunger
Rotary Leadership Institute
Shelter Box
Rotary Club of McLean
Rotary Club of Caroline Counties
Rotary Club of Bailey's Crossroads
Rotary Club of Alexandria West
The CART Fund
D.E.P. Printing
Lynn Heinrichs' State Farm Insurance Agency

Flags for Heroes
The Outreach Program
Rotary Foundation
Safe Community Coalition
Team Rotary RAAMS Polio
Rotary Club of Warsaw
Rotary Club of McLean
Rotary Club of Vienna
Rotary Club of Falls Church
Rotary Times TV
Partnering for Peace
Why mothers Die? “Women are not dying because of disease we cannot treat. They are dying because societies have yet to make the decision that their lives are worth saving.” Mahmonud Fathalla, Past President of FIGO.

from Rotary Quotes

Be the Inspiration