



Rotary Club of McLean eWheel

Club #5817

Tuesday, November 18, 2014

Service and Fellowship in McLean

Editor: ROBERT Nath

If you have any comments or questions, email the editor.

Future Speakers

Nov 18, 2014

Bob Jansen

What will be our club's upcoming Service Projects?

Nov 25, 2014

Chuck Davidson

Rotary Foundation

Dec 09, 2014

Katherine McGuire

At Interact Club at George Mason High School?

Dec 16, 2014

Amee Burgoyne McLean

Community Foundation

Dec 23, 2014

Kris Kringle

World above the 89th parallel?

NOVEMBER BIRTHDAYS

11/20 - Bob Jansen

11/26 - Jan Auerbach

Upcoming Events

Holiday Party

Dec 05, 2014

06:00 PM - 11:00 PM

McLean Rotary Chocolate Festival

Jan 25, 2015

11:00 AM - 05:00 PM

Visiting Rotarians:

No visiting Rotarians.

Guests:

Sgt. Michael Frazier, USMC, retired (Kathy Martin)

Buzz Guroff (Bob Hahne)

50/50 Raffle:

Celia Ford won the small pot of \$16; the large pot has \$203. Congratulations!

Welcome to Rotary Club of McLean's Meeting.....

Agenda - November 18, 2014

Noon - Meeting Call to Order

Greeter - Michael Arietti

Song - Lois Wilson

Pledge - Dana Sippel

Invocation - Angela Lee

Happy Talk - Michael Arietti

50/50 Raffle - Todd Dempsey

4-Way Test - Todd Dempsey

12:20 Begin Program

Welcome guests and visiting Rotarians – Sergeant At Arms

Announcements

Happy Talk

12:40 pm - Speaker

1:15 pm - Adjourn

Program - November 11, 2014

Paul Ward introduced McLean Rotarian and Rear Admiral (retired) **Kathleen Martin**, who currently serves as CEO of Vinson Hall Corp. and Executive Director of the Navy Marine Coast Guard Foundation. During her distinguished naval career, she served as Commander of the Naval Medical Center and Director of the Navy Nurses Corps. Before beginning her special and inspirational presentation about Veterans Day, Kathy acknowledged the following members of our club for their prior military service: **Bob Rosenbaum, John McEvilly and Bob Hahne.**

Kathy explained the origins of Veterans Day, which began as Armistice Day in 1926. It became a national holiday in 1938 in recognition of the end of WWI hostilities. President Eisenhower extended the holiday in 1954 to honor all U.S. veterans, past and present, who have served our country. On this Veterans Day, November 11, she exhorted us to thank those who are currently serving, remember those who have departed, and honor those men and women who have served and are now in our medical centers for recovery and rehabilitation. She gave an impassioned plea for us to recognize that the men and women in our armed forces have real and very important jobs and are our heroes. We should be thankful for all the heroes, veterans, and their families, whose military service and sacrifices have guaranteed our freedoms and way of life.

Kathy introduced Sgt. Michael Frazier, U.S. Marine Corps (retired), the son of her best friend in high school. He was severely injured by a roadside bomb in Afghanistan in 2011. She lauded the stamina, strength, and determination that has enabled him to move from the battlefield to Walter Reed Medical Center and onward along the journey of recovery to a new life.

Michael told the story of how he was wounded, losing his legs, while on patrol. He considers as unsung heroes his fellow marines who saved his life. What has kept him

going during the arduous process of recovery and rehabilitation has been his family, especially his wife, who is a navy corps nurse, now pregnant with their first child; the American flag and what it stands for; and the brave men and women who continue to serve on behalf of all of us.

Michael plans to be a stay at home dad while he trains as a cyclist for the 2016 Paralympics in Brazil. He uses a hand cycle to compete, has completed several marathons as well as the grueling Race Across America. He views finishing this race as one of his greatest accomplishments, achieved as part of a team of Wounded Warriors.

Michael stated that his physical wounds are evident and self-explanatory. It is the vets with unseen wounds who most need our help. In his own journey to recovery, dealing with the physical pain was easier than coping with the mental part. He urged greater attention to the mental health needs of veterans. He and Kathy both talked about the state-of-the-art rehabilitation facilities and programs now available to treat wounded veterans, with major centers located at Walter Reed in Bethesda, MD, in San Diego, CA, and San Antonio, TX.

We thank **Kathy and Michael** for honoring, educating, and inspiring us with their presence, words, and example on this Veterans Day holiday.

Announcements - November 11, 2014

Paul Sawtell will send information about the Rotary-sponsored polio immunization trip to India that will occur in February 2015.

Bob Hahne announced next year's proposed slate of officers:

Lynn Heinrichs, president; **Michael Arietti**, president-elect; **Jan Auerbach**, treasurer; and **Bob Jansen**, secretary.

Kathy Martin announced the club will again adopt a family for Christmas. She will collect \$20 from each member to help purchase gifts on the family's wish list. Reading to children at Timber Lane Elementary will occur sometime in December.

Carol Stone reported the club made over \$350 through the recent gift card fundraiser. Gift cards can also be purchased prior to the winter holidays. Carol promises to hand knit a scarf for the winner of a related raffle, details to be announced.

Jan Auerbach noted that 11 members remain overdue on their current invoice payments; new invoices will soon be sent. She also announced there will be a Chocolate Festival committee meeting next Tuesday at 11 a.m.

Bob Jansen reminded members that at next week's meeting there will be opportunity to vote on service projects. Project champions will be on hand to answer questions.

Happy Talk - November 11, 2014

Paul Sawtell is semi-happy about a photo of him taken at Monte Carlo Night (MCN) by **Lynn Heinrichs** and now posted on Facebook.

Todd Dempsey thanked his service team of **Angela Lee, Michael Arietti, and Dana Sippel**.

Carol Stone is grateful and proud that three peace-loving members of her family have served our country: her cousin as a member of the President's Marine Corps Band; her uncle as a Marine Corps general during the Vietnam War; and her father during the Korean War.

Jan Auerbach thanked everyone who participated in MCN. Many of our members volunteered and attended. She was also pleased that **Kathy Martin and Dana Sippel** bid successfully on her cookies and cheesecake.

Dana Sippel was happy he did well at the MCN poker table. He thanked **Michael Arietti, Kathy Martin, and Eva Sereghy** for their help with the Silent Auction and expressed appreciation for the many donations by club members.

Bob Rosenbaum was honored to play at McLean High School for the American Legion's Veterans Day program. Bob served during the Korean War, his father during WWII, and his uncle during WWI.

Tom Mangan is honored that his father and brother served in the Marine Corps. He is also happy that he received a Rotary Foundation service award for scholarship programs.

Paul Ward was not really happy that during McLean Ethics Day **Michael Holleran** always get to be the prosecuting attorney, while he serves as defense counsel.

John McEvilly was happy to celebrate his granddaughter's second birthday and to attend a Veterans Day Ceremony at the WWII Memorial.

Kathy Martin was happy to have **Michael Frazier** as guest and speaker. She thanked Dana Sippel for his work on the Silent Auction.

Cecilia Ford is honored to have three active duty children in the military—one in the air force, two in the army.

Lynn Heinrichs had fun at MCN. She is happy that the club will celebrate its 49th anniversary next week with a cake baked by **Obie O'Bryon's** daughter Emily.

Bob Rosenbaum was happy to report that his grandson just celebrated his first birthday at a gala party.

Pamela Danner congratulated all veterans. Her dad served in the Navy during WWII. Her husband was in the Marine Corps during the Vietnam War and her oldest daughter is now on active duty as a Lt. Commander in the Pentagon.

Vance Zavala thanked all veterans for their service to our country. He mentioned that during McLean Winter Fest Parade on December 7, WWII vets will be honored as grand marshals. He is happy that his daughter's softball team did well.

Richard Golden wished everyone a happy Veterans Day. His father was a pilot during WWII.

Make Up Meetings at Local Clubs

Annandale

Juke Box Diner, 7039 Columbia Pike, Annandale
Wednesday at 12:15 PM

Arlington

Washington Golf & Country Club
3017 North Glebe Road, Arlington, VA 22207
Thursday at 12:15 PM

Ashburn

1757 Golf Club, 45120 Waxpool Rd, Dulles
Thursday from 12:00 PM - 1:15 PM

Bailey's Crossroads

Goodwin House Bailey's Crossroads, 3440 South Jefferson,
Falls Church
Friday at 7:30 AM

Burke

Brion's Grille, 10621 Braddock Rd, Burke
Tuesday at 7:30 AM

Crystal City-Pentagon

Crystal City Sports Pub, 529 23 St. Arlington
Wednesday at 7:30 AM

Dulles International Airport

Hilton Washington Dulles in the Cardinal Lounge, 13869
Park Center Rd, Herndon
Friday at 7:30 AM

Dunn Loring-Merrifield

Shula's in the Tysons Marriott, Leesburg Pike
Friday from 12:00 PM - 1:30 PM

Fairfax

American Legion Post 177, 3939 Oak Street, Fairfax
Monday at 12:15 PM

Falls Church

Harvest Moon Restaurant, 7620 Arlington Blvd, Falls Church
Thursday at 6:30 PM

Great Falls

River Bend Golf and Country Club, 375 Walker Road, Great Falls
Thursday from 7:30 AM - 8:30 AM

Herndon

Amphora Diner Deluxe, 1151 Elden Street, Herndon
Wednesday at 7:30 AM

Reston

Hidden Creek Country Club, 1711 Clubhouse Road, Reston
Wednesday at 12:15 PM

Sterling

Bungalow Lakehouse
46116 Lake Center Plaza Sterling
Monday at 12:15

Tysons Corner

Tower Club, 8000 Towers Crescent Drive, Vienna
Thursday at 7:30 AM

Vienna

Westwood Country Club
Wednesday at 12:15 PM