

Feel Free to Dream . . .

First, Place Those Dreams Here

“X”

Now, Make Them Come True!



Repeat



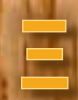
Rotary

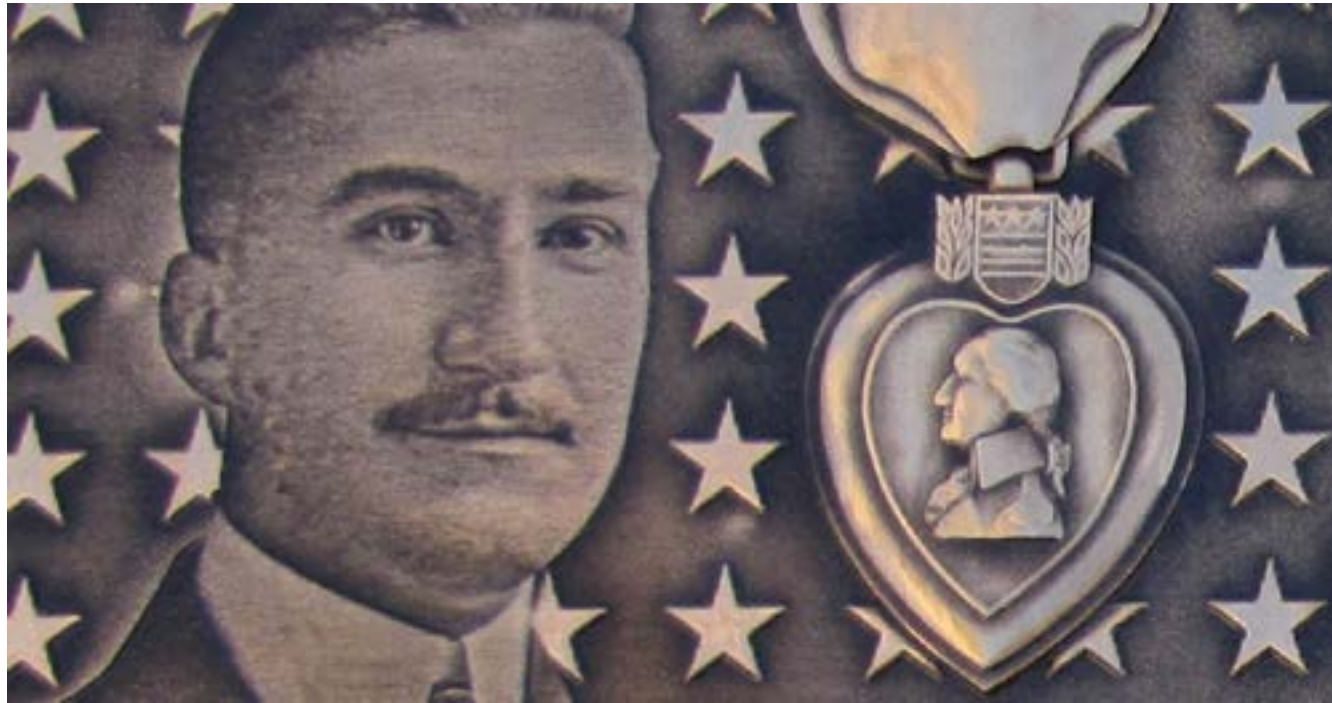


Club of Town Center
Virginia Beach

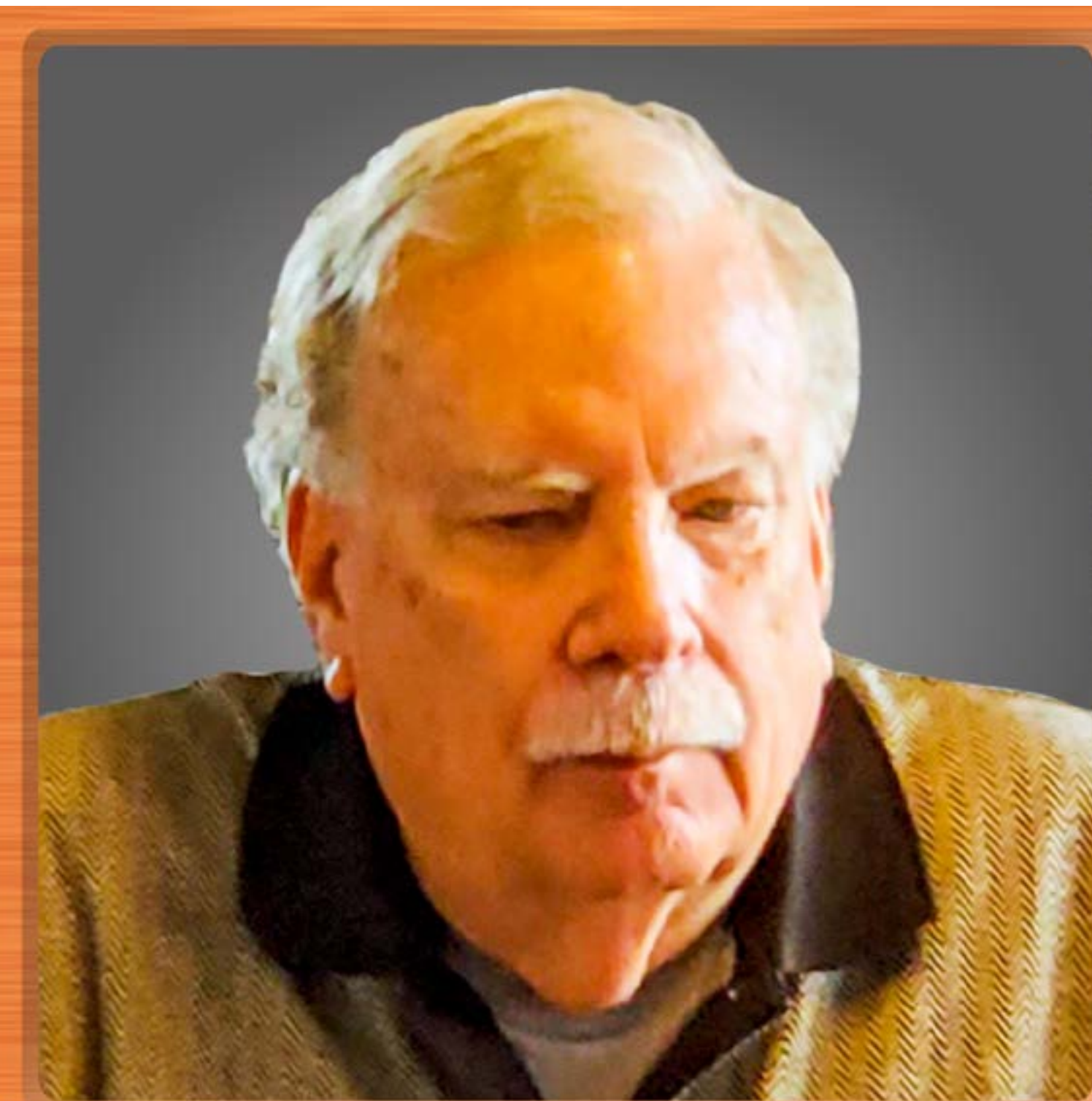


*Welcome
Fellow Rotarians
The Rotary Club
at Town Center
Is Celebrating
Memorial Day
Today!!!*





Meet Our Speaker of the Week: Mike Fitch



Mike is a great member of our Club who joined us a little more than six months ago. He has lived a full life. Sadly he became a widower in July, 2018 when his wife Nancy passed away. They have one son and two daughters and two more generations after them.

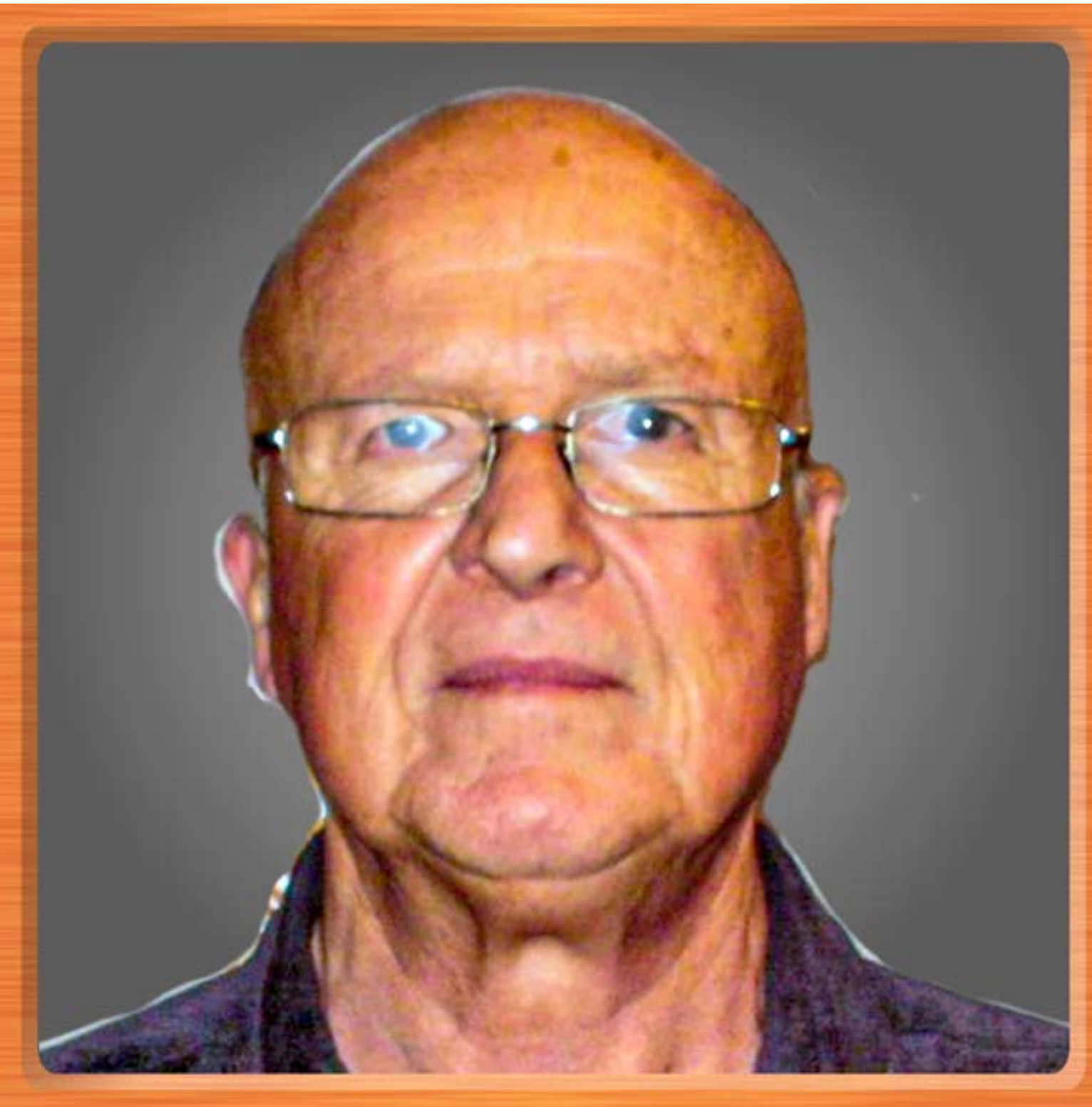
Mike spent his adult career in the Navy, rising to the rank of Captain. He had two Commanding Officer tours during this time. His service began in January 1970 retiring In October, 1996.

He holds two graduate degrees, an MBA and a MPA, which is related to the MBA, but expands on the issues of governance. He stays busy working as an adjunct professor at two universities: Embry Riddle Aeronautical University and Saint Leo University.

Mike is currently employed in the commercial printing industry as a sales manager.

Today, Mike will be discussing his Naval career.

Meet Our Rotarian of the Week: Walter North



Walter is a long time member of our Club. Since he is a seeming private person, we have very little of his life's history on file.

We will ask him to fill in the blanks, but we do know that he and his wife Mary have enjoyed dancing for many years and have entered in many events involving modern dancing.

Mary is recently retired from teaching. Walter is semi-retired from truck sales. He is very actively involved in Special Olympics and other Rotary sponsored events. He is a great organizer and a lot of fun to work with.

Walter is our Rotarian of the Week!

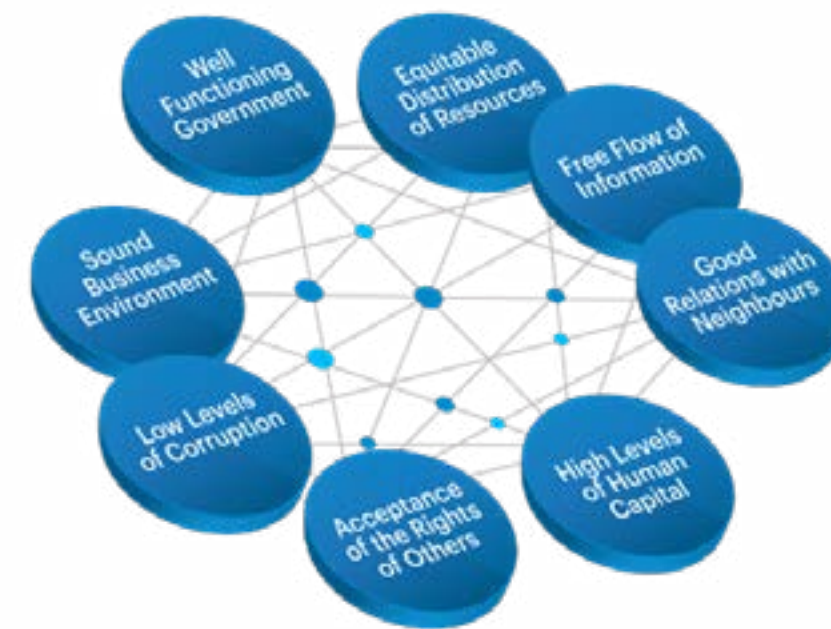
Hacking a solution to the COVID-19 pandemic

Rotarians in Lithuania and Chicago, Illinois, USA, are using their influence to promote the use of “bubble helmets” and potentially lessen the need for mechanical ventilators for COVID-19 patients who struggle to breathe on their own. It is one of many ways that Rotary clubs are responding to the pandemic. [Read more](#)



Positive Peace and a pandemic

Rotary and the Institute for Economics and Peace are partnering to teach peace activators about the eight pillars that help communities grow stronger and sustain peace. These same pillars of Positive Peace are also very useful in allowing governments and societies to respond to the COVID-19 pandemic. [Rebecca Crall, area of focus manager for peacebuilding and conflict prevention, explains how in her blog post for Rotary Voices.](#)



How to celebrate Youth Service Month virtually

The outbreak of COVID-19, the disease caused by the novel coronavirus, may alter the way we observe Youth Service Month this year. But it need not dampen our enthusiasm, excitement, and gratitude for these programs and the volunteers who make them possible. [Here are four ways you can safely celebrate.](#)

Positive Peace and a pandemic

Posted on Rotary.org April 24, 2020

By Rebecca Crall

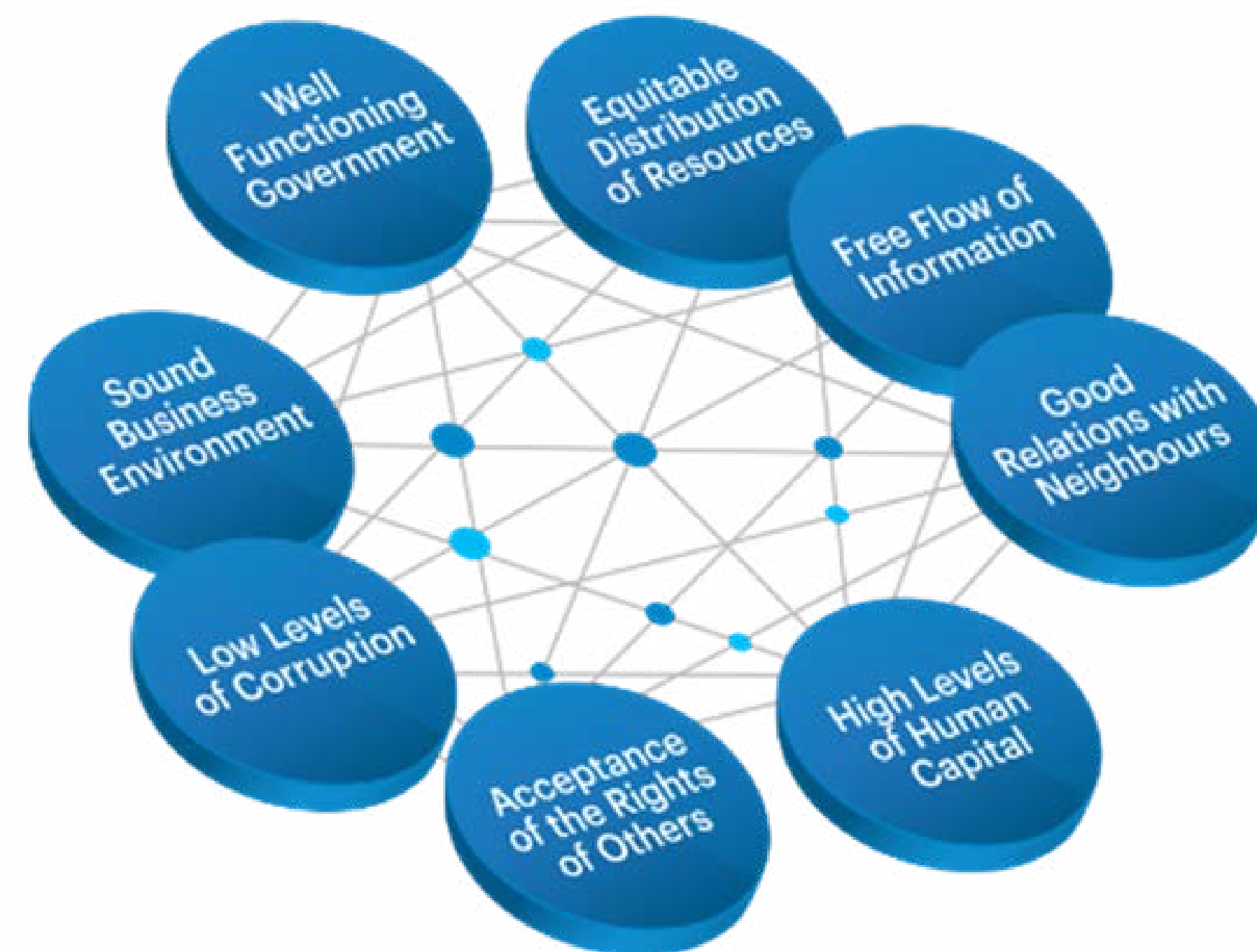
It is easy to see the health crisis created by the outbreak of the novel coronavirus. What's not as easy to see are the long-term impacts of the crisis on peace, particularly in states with government and public health infrastructures weakened by violence or unrest.

Fortunately, Rotarians have an amazing capacity to use their ingenuity to address the world's most pressing challenges. And the COVID-19 pandemic is no exception. As the Area of Focus Manager for Peacebuilding and Conflict Prevention, I have been spending some time thinking about the pandemic in terms of peacebuilding and human resiliency.

Earlier this year, Rotary and the Institute for Economics and Peace, held [*the inaugural Positive Peace Activator training*](#) in Ontario, California. This event trained 30 Rotarians, Rotary Peace Fellows, and Rotaractors on how to "activate" Positive Peace in communities around the globe.

The framework of Positive Peace provides a valuable tool for this time. We have used the pillars to analyze ways communities can develop in order to sustain peace or to recover from conflict. But it's also a tool that helps communities become more resilient and recover from shocks, such as the novel coronavirus outbreak.

With Positive Peace, we can conceptualize peace as an interconnected system. Strength in all eight pillars can help countries, regions and communities better prepare, prevent and respond to shocks. We can also think about the system as an interconnected web. Strong, interdependent fibers can absorb and respond to a shock, whereas tears or weakness in the connections start to quickly unravel the whole system under stress.



During this crisis, we have seen the eight pillars at work. We are reminded that these pillars are crucial, not only to preventing violence but allowing our society to weather both internal and external shocks.

Here are ways the pillars have or can respond to the COVID-19 outbreak (Information adapted from initial Positive Peace + COVID-19 research conducted by the Institute for Economics and Peace):

A well-functioning government can

- ⦿ coordinate responses internally and across international platforms
- ⦿ legislate economic relief packages to keep economy afloat
- ⦿ Implement new and amended policies to flatten infection curve
- ⦿ Redirect resources to communities most in need

Equal distribution of resources can ensure

- ⊙ Access to careers and testing for all individuals
- ⊙ Support to unemployed people experiencing rent stress and supporting failing businesses.

Free flow of information helps

- ⊙ Increase information flows allowing for triangulation of data and informed responses
- ⊙ Frequent and accurate public announcements

Good relations with neighbours at the international level facilitate

- ⊙ Intercountry resource sharing particularly personal protection equipment, drugs, and medical equipment
- ⊙ Intercountry knowledge transfer of data, analysis, research, and technology

Good relations with neighbours at the community level

- ⊙ Community organizing to support more vulnerable community members
- ⊙ More open and understanding interpersonal communications
- ⊙ We are all in this together and like campaigns fostering community cohesion

High level of human capital facilitates

- ⊙ Industry shifts as needed
- ⊙ Manufactures and engineers being repurposed for hospital equipment and medical supplies
- ⊙ Upskilling of medical and allied health professionals

Acceptance of the rights of others allows

- ⊙ Individuals to accept the rights of others in communal areas through social distancing
- ⊙ Individuals balance their personal fears and needs with carer and community responsibilities. (Nurses, teachers, parents, police, aids)
- ⊙ Families care for isolated and vulnerable elderly parents

Low levels of corruption ensure that

- ⊙ State and Federal governments flow information to citizens to remain accountable and transparent
- ⊙ Provides the trust between citizen and state required for societal stresses not to escalate.

Sound business environment provides

- ⊙ Businesses adopt flexible work arrangements (work from home) to remain viable
- ⊙ Finding ways for individuals to support local business. (Home delivery)

Applying this framework to discrete situations, provides us with a critical lens to see the importance of building Positive Peace within our communities. As we move from response to recovery, I am hopeful that our Rotary community will continue to invest in the training and implementation of programs related to Positive Peace. Rotary's 100+ year track record of encouraging international cooperation and understanding across borders has never been more important than it is today.

For more information on how to get more involved with Rotary's Positive Peace work, please contact the Rotary-IEP Partnership coordinator Summer Lewis:

summer.lewis@rotary.org.



The Four Way Test

To Encourage International Understanding and Peace,
And of the Things We Think, Say and Do:

1. Is it the Truth?
2. Is it Fair to All Concerned?
3. Will it Build Goodwill and Better Friendships?
4. Will it be Beneficial to All Concerned?

- And . . . It Can be FUN! -

Birthdays for May



Ted Dorsay

Officers and Membership

President	Nancy Joslin	Personnel Services	Ted Dorsay	Physician, Radiologist
Vice President	James Hatcher	Physician	Jonathan Elliott	Commercial Real Estate
Treasurer	Bill Barrett	Food Manufacturing	William Evans	Rowing Coach
Secretary	Johnathan Epler	Financial Advisor	Donald Fisher	Certified Public Accountant
Past President	Bert Poole	Attorney at Law	Mike Fitch	
President's Advisory Counsel	Bert Poole	Attorney at Law	LouAnn Fornataro	Architect
Club Services Chair	Pat Edwards	Healthcare	Joe Galecki	Building Materials
RI Foundation Chair	Pat Edwards	Healthcare	Christina Holloway	RN, Certified Nurse Practitioner
Community Service Co-Chair	Warren Stewart	Educational Consultant	Walter North	Used Truck Manager
Community Service Co-Chair	Bob Gerling	Commercial Builder	Liz Panella	Education
International Service Chair	Ellen Cummings	African Mission	Anta Sene-Reed	Financial Advisor
Membership Advisor	Dave Moore	Real Estate Management	Marcella Whitson	Public Education
Membership Chair	Open		Gary Zaugg	Financial Planning
Mental Health Initiative Chair	Dave Moore	Real Estate Management	<p>Honorary Members are Special Club Members, selected for one year, based on outstanding services they have provided with the Club at events the Club supports. They are invited to all club events and (lunches are at regular member prices)</p>	
Club Friendship Officer	Liz Pinella	Education		
Public Relations Officer	Ken Brown	Graphic Designer, Healthcare		
Sergeant at Arms	Fred Joslin	Retirement Living Mgmt		
Sergeant at Arms	George Kelley	Residential Real Estate		
Sergeant at Arms	New Members (2 Months)		Dotti Callahan	Honorary Member
			Julius Callahan	Honorary Member
			Christine Galecki	Honorary Member
			Angie Masciulli	Honorary Member
			Christine Wilmer	Honorary Member

What activities do you suggest to engage our club members for the next Rotary year?

Consider our motto: "Service Above Self"

Please email your suggestions to
Bob Gerling (Rigerling@gmail.com)

or

Warren Stewart (Warren.a.stewart@gmail.com)

We want you to have a major input
into our future programs

Thank you for your attention

Our vocations allow us to help other people live better, safer, and healthier lives

It's the work we do in Rotary

Through our vocations in our clubs, in our communities, and across continents, we are touching the lives of people we don't know and might never meet. In every part of the world, every single day, whether they know it or not, people are living better, safer, and healthier lives because of the work of Rotary.

The people we help might not have met a single Rotarian. They might not even know that Rotary exists. But they are drinking clean water from a bore well that Rotary dug. They're learning to read with books that Rotary gave them. They're living lives that are better, happier, and healthier.

All This - Because of Rotary Service to Humanity

-paraphrased from John F. Germ, Rotary International President, 2016 / 2017

Remember May 31, 2019



Area Clubs For Make-Up

- Cape Henry** <http://www.capehenryrotaryvb.org/>
 Wed 7:30 a.m. Virginia Beach Resort Hotel
- Virginia Beach** <http://vbrotary.com/>
 Thu 6:30 p.m. Crowne Plaza Hotel on Bonney Rd.
- Virginia Beach Courthouse**
 Wed 7:30 a.m. Merged with the Cape Henry Club
- Chesapeake** <http://chesapeake Rotary.org/>
 Wed 1:00 p.m. Chesapeake Conference Center
- Churchland** <http://www.churchlandrotary.org/>
 Tues 7:30 a.m. American Legion Hall
- Great Bridge** <http://www.greatbridgerotaryclub.org/>
 Mon 7:30 a.m. Traditions Restaurant, Chesapeake Golf Club
- Hampton Roads** <http://www.rotaryhamptonroads.org/>
 Fri. 7:30 a.m. Holiday Inn, Greenwich Rd, Norfolk
- Norfolk** <http://rotaryclubofnorfolk.org/>
 Tue 12:15 p.m. Norfolk Scope Arena Meeting Room
- Norfolk Sunrise** <https://www.facebook.com/RotaryNorfolkSunrise/>
 Tue 7:30 a.m. Town Point Club
- Portsmouth** <http://www.portsmouthvarotary.org/>
 Thu 12:30 p.m. Holiday Inn - Waterfront



Website / Photos / Program Design

Ken Brown, Designs of Choice

Phone: 757.575.9381

E-mail: Rotary@DesignsOfChoice.net

Mail: 214 B 55th Street
Virginia Beach, VA 23451

Online Makeups may also be made at

e-club website: <http://rotaryclubone.org/makeups/howtodoamakeup/>

Click on the link above to use this website

Rotary Club of Town Center Website:

<http://rotarycluboftowncentervb.org>

Event Calendar

Date **Event**

May is Youth Service Month

Wed 27 Meeting on Zoom - Mike Fitch will present a Memorial Day Message for everyone in the Club
-Induction Ceremony of Kimberly Rodriguez into the Club, her sponsor is Ellen Cummings
-Money for Bob Gurling's Rotary Contacts in Africa in by today

June is Rotary Fellowships Month

Wed 3 To be Announced
-Nancy's link to presentation <https://youtu.be/s34NWArsxVw>
Wed 10 10:15 am to 12 Noon, last board meeting for this year
12:30 pm, Regular Zoom Meeting
Wed 17 Princess Anne Interact Club attending with our Club
Wed 24 Annual Turnover and Installation of Club Officers

July is Club Renewal Month

May 2020

In This Issue

[District News](#)

[Club News](#)

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[Foundation News](#)

District Leaders

Clenise R. Platt
District Governor

Judith W. Cocherell
DG-Elect

Deborah Altizer Wall
DG-Nominee

Susan G. Zachensky-
Walthall
iPDG

Matthew McDonald
Finance Chair

William C. Dages Jr.
District Treasurer

Dana Lewellyn Rieves
DCO Chair

Michael Soden
DCO - Webmaster

Stanley Theodore Wall
District Secretary

Clenise was featured in the May issue (page 30) the Rotarian magazine in **District News** the article Never Too Young to Lead. Read more [HERE](#).

Many clubs have gone to alternative ways to “get together” and meet during this time of social distancing. Zoom has become a popular tool. If your club wants to see ways to keep members engaged here’s a piece put out by Zone 34. Read it [HERE](#).

Oyster Point Club meets on Zoom above; Virginia Peninsula below:

Would your Rotary Club Zoom Meeting like a speaker on the topic of STAYING SANE during the Covid-19 pandemic? Mary Berge is a licensed psychologist and available to talk! Contact her at m.berge@drberge.com or PM her on Facebook to schedule! <https://www.facebook.com/mary.berge.14>

Club News

Mechanicsville Club's Casino Night a success:

Submitted by Randi Power and Stacie Francis

On March 7, 2020, The Rotary Club of Mechanicsville hosted its 21st Annual Casino Night in Richmond, VA. With over 300 in attendance, guests enjoyed hours of food, fun and fellowship. Rotarians hosted friends and family, spoke about the importance of Service Above Self and working with community organizations. Thanks to our generous sponsors, donors and guests, The Rotary Club of Mechanicsville will be presenting a check for \$41,000 to Hanover Safe Place, an organization providing services to victims of sexual and domestic violence in Hanover County. For many years, Hanover Safe Place has been the major benefactor of Casino Night, with the Rotary Club of Mechanicsville donating over \$400,000 to Hanover Safe Place. The Rotary Club of Mechanicsville, and the Casino Night Committee, spend countless hours preparing for the event, which lasts only 7 hours. Months are spent courting sponsors and donors, arranging vendors and planning out the night minute-by-minute.

We were very lucky to get our event in prior to the COVID-19 crisis, and are so grateful to our generous community for supporting our event, and in turn, supporting the work of Hanover Safe Place.

