

History repeats itself. This poem was written in 1869 and reprinted during 1919 Pandemic

This is Timeless....

And people stayed home  
And read books  
And listened  
And they rested  
And did exercises  
And made art and played  
And learned new ways of being  
And stopped and listened  
More deeply  
Someone meditated, someone prayed  
Someone met their shadow  
And people began to think differently  
And people healed.  
And in the absence of people who  
Lived in ignorant ways  
Dangerous meaningless and heartless,  
The earth also began to heal  
And when the danger ended and  
People found themselves  
They grieved for the dead  
And made new choices  
And dreamed of new realms  
And created new ways of living  
And completely healed the earth  
Just as they were healed.







Nostradamus wrote in the year 1551 this! There will be a twin year (2020) from which will arise a queen (corona) who will come from the east (China) and who will spread a plague (virus) in the darkness of night, on a country with 7 hills (Italy) and will transform the twilight of men into dust (death), to destroy and ruin the world. It will be the end of the world economy as you know it.

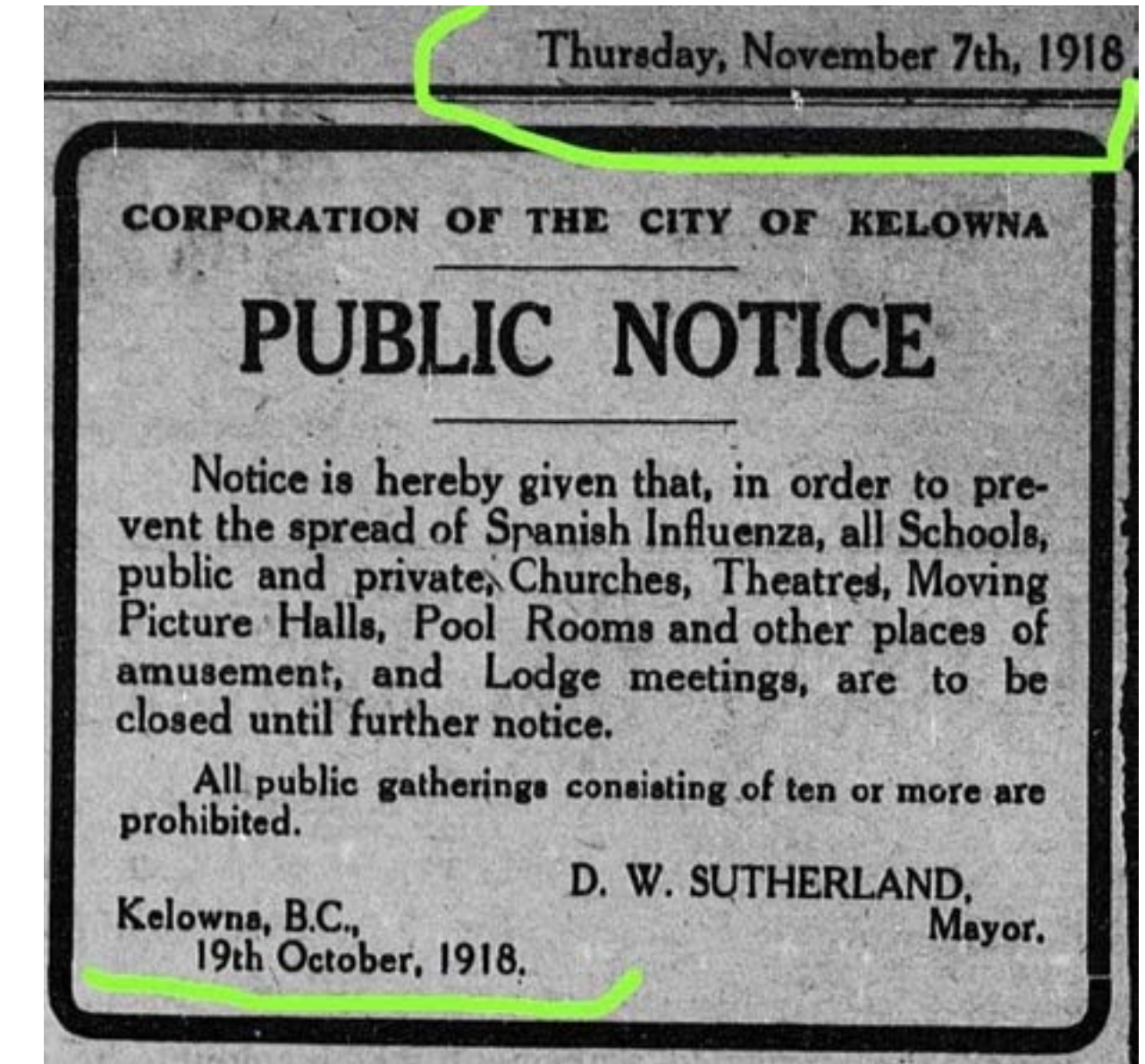
17:39



Snopes and Politifact quickly stepped up to point out that the claims in the image (on the left) are fabricated nonsense, and Facebook has since started flagging and obscuring the image with a "false information" tag.

Nostradamus was notoriously vague in many of the predictions he made in his 1555 book, Les Prophéties. But even after nearly five centuries, humans still find themselves turning to his writings in times of woe—probably because of what he did get right.

-KQED





*Welcome  
Fellow Rotarians  
The Rotary Club  
at Town Center  
Is Celebrating  
Getting it All Together!*





# The Four Way Test

To Encourage International Understanding and Peace,  
And of the Things We Think, Say and Do:

1. Is it the **Truth**?
2. Is it **Fair** to All Concerned?
3. Will it **Build Goodwill** and **Better Friendships**?
4. Will it be **Beneficial** to All Concerned?

*- And . . . It Can be FUN! -*



What activities do you suggest to engage our club members for the next Rotary year?

**Consider our motto: "Service Above Self"**

Please email your suggestions to  
Bob Gerling ([Rigerling@gmail.com](mailto:Rigerling@gmail.com))

or

Warren Stewart ([Warren.a.stewart@gmail.com](mailto:Warren.a.stewart@gmail.com))

We want you to have a major input  
into our future programs

Thank you for your attention

Our vocations allow us to help other people live better, safer, and healthier lives

***It's the work we do in Rotary***

Through our vocations in our clubs, in our communities, and across continents, we are touching the lives of people we don't know and might never meet. In every part of the world, every single day, whether they know it or not, people are living better, safer, and healthier lives because of the work of Rotary.

The people we help might not have met a single Rotarian. They might not even know that Rotary exists. But they are drinking clean water from a bore well that Rotary dug. They're learning to read with books that Rotary gave them. They're living lives that are better, happier, and healthier.

***All This - Because of Rotary Service to Humanity***

-paraphrased from John F. Germ, Rotary International President, 2016 / 2017





## Area Clubs For Make-Up

**Cape Henry** . . . . . <http://www.capehenryrotaryvb.org/>

Wed 7:30 a.m. Virginia Beach Resort Hotel

**Virginia Beach** . . . . . <http://vbrotary.com/>

Thu 6:30 p.m. Crowne Plaza Hotel on Bonney Rd.

**Virginia Beach Courthouse**

Wed 7:30 a.m. Merged with the Cape Henry Club

**Chesapeake** . . . . . <http://chesapeakerotary.org/>

Wed 1:00 p.m. Chesapeake Conference Center

**Churchland** . . . . . <http://www.churchlandrotary.org/>

Tues 7:30 a.m. American Legion Hall

**Great Bridge** . . . . . <http://www.greatbridgerotaryclub.org/>

Mon 7:30 a.m. Traditions Restaurant, Chesapeake Golf Club

**Hampton Roads** . . . . . <http://www.rotaryhamptonroads.org/>

Fri. 7:30 a.m. Holiday Inn, Greenwich Rd, Norfolk

**Norfolk** . . . . . <http://rotaryclubofnorfolk.org/>

Tue 12:15 p.m. Norfolk Scope Arena Meeting Room

**Norfolk Sunrise** . . . . . <https://www.facebook.com/RotaryNorfolkSunrise/>

Tue 7:30 a.m. Town Point Club

**Portsmouth** . . . . . <http://www.portsmouthvarotary.org/>

Thu 12:30 p.m. Holiday Inn - Waterfront

**Online Makeups may also be made at**

*e-club website: <http://rotaryclubone.org/makeups/howtodoamakeup/>*

Click on the link above to use this website

## Website / Photos / Program Design



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**Rotary Club of Town Center Website:**

<http://rotarycluboftowncentervb.org>