A Rotary Delegation from USA visit Pakistan to participate in the January 2019 NIDs.

Every Last Child

Chitral: A member of the polio eradication team administers vaccination drops to a child during campaign outside a house in the snow covered region of Lowari tunnel on Jan 28th. Photo courtesy: DAWN newspaper
Dear Rotary Leaders,

The New Year heralds a new dawn; a year of hope and optimism to put an end to the transmission of polio virus. Not to say our efforts have been in vain in 2018, but we need to redouble our efforts in 2019. We are unwavering in our support, equipped with the tools, the people and the determination.

I would like to share some experts of my speech at the International Assembly for a gathering of Governor Elects in San Diego, on 17th January 2019.

“Through our hard work and persistence, we have made astonishing progress since we formed the GPEI in 1988. We have reduced the cases to 99.9%.”

In 2018, we saw 33 cases in two countries, Pakistan & Afghanistan. We must keep pushing with patience and resolve, for in Rotary, we finish what we start.

We can and we will eradicate this disease, but to do so we are facing unique challenges. Now the membership must apply our energy and creativity to innovate, so we can deliver vaccines to more children in the hardest to reach areas and focus on making surveillance system better than before, in Afghanistan, Nigeria and Pakistan.

The partnership is redoubling efforts to address the issues, of conflict in security compromised zones, remote geographies, inaccessible highly volatile population and other logistic challenge.

We have been providing complimentary services in addition to the polio vaccine. For e.g., we partnered with Coca-Cola Pakistan and United Nation Development Fund (UNDP) to set up solar water filtration plants in high risk areas of Pakistan and similarly it is happening in Afghanistan as well, to reach more children.

With encouragement from Rotary, the Prime Minister of Pakistan immunized children against polio to demonstrate his support for a polio free Pakistan.

My friends, Rotary leaders, we can be proud of the fact that we were the first to have a vision of a polio free world and we will have persistence and commitment to finish the job.

We have seen how Rotary led efforts to where we are today; where we will be tomorrow depends on us. End of polio is in sight. We have come too far to stop and we will not give up and get discouraged. Rather we will redouble our efforts to finish the job.

Let us do all we can no matter where we are, to end polio.”

Aziz Memon
National Chair
Pakistan PolioPlus Committee
Visiting Rotarians from the United States met with Karachi Commissioner Iftikhar Ali Shallwani at the Commissioner House on 23rd January 2019. The Team Lead PDG Randy H. Lickey with DG Donna Bishop Peffley, PDG Carl Treleaven & Spouse Lina Treleaven, PDG Shafi Parekh, PDG Firoz Aziz Peera and Rtn. Carol Elizabeth Arnn, were accompanied by President Rehana Naseer, PP Jamsheed Zahidi, PP Muneeb Khan from RCK Creek and Asher Ali.

Mr. Shallwani briefed the delegation on the current polio situation in Karachi, after the Rotarians introduced themselves. A brief on the polio situation and preparedness for ongoing NIDs was explained, as well as pre-meetings at divisional and district levels conducted to arrange proper security arrangements and review the micro plans to cover missed children. He said still there are gaps and we have to be very vigilant.

PDG Randolph Harrison Lickey (Randy) spoke on the linkages with international partners. He elaborated on the role of Rotary since 1985 and their mission to eradicate polio; the formation of the GPEI in 1988 with WHO, UNICEF and CDC. He also stressed on BMGF being a major partner and spoke of the US$1.8 billion contribution made by Rotary to eradicate polio globally. PDG Randy spoke about the delegation visiting Sachal and Faqira Goth in Gulshan and Gadap UC 4 respectively, praising their team work and spoke on their micro plans. However he said, there is need for more human resources to cover large areas of population especially in high risk areas. The Commissioner lauded the efforts of all Rotarians for this noble cause and said that more teams will be deployed for maximum coverage.

At the end DG Donna Bishop presented a Rotary Pin to the Commissioner. The Commissioner presented a shield and Sindhi Ajrak and Topi (Cap) to PDG Randy. The US Rotary delegation thanked the commissioner for his time and commitment.

The visiting Rotary delegation led by National Chair Aziz Memon and DG Irfan Qureshi called on the President of Pakistan Dr. Arif Alvi on Saturday morning, January 26th 2019, at the Governor House in Karachi. The delegation spoke on Rotary’s effort to eradicate polio and other health initiatives undertaken by Rotary International. The President of Pakistan appreciated the work done by Rotary and thanked the delegation for their visit to Pakistan.
Rotary Goodwill team from US visit Pakistan to participate in the January 2019 NIDs

Report by: Chief Editor Polio+ Alina A. Visram

A Rotary delegation from the United States of America visited Pakistan to participate in the January NIDs 21st - 25th 2019. The enthusiasm and passion exuded during their 6 day trip in Karachi is commendable. They not only inspired our Rotarians they motivated everyone involved in this endeavor to eradicate polio from Pakistan, and eventually the world. One of two last remaining countries, other than Afghanistan, Pakistan has not been able to stop the transmission of polio. However, the Government at the Federal and Provincial level, the polio partners, donor organizations and the people of Pakistan are working relentlessly to get rid of this crippling disease. The Rotary delegates had an action packed trip, with going door to door with polio teams, to vaccinate children in the NIDs, to camel rides on the Clifton beach and a day trip to Hyderabad. They also interacted well with polio partners, President of Pakistan and Karachi Commissioner during their meetings. Their contagious spirit of adventure with ready acceptance to try new cuisine, to walk in impoverished neighborhoods and meet new faces, plant trees, climb railcars was heartwarming. They kindled a spark to revisit our resolve to fight until we are “free of polio”.

Names of Rotary delegation from USA

1. PDG Randolph (Randy) H.Lickiey - Team Lead RC Capital City, Raleigh, NC, RID 7710
2. PDG Shafi Parekh - RC West Raleigh North Carolina, RID 7710
3. PDG Firoz Aziz Peera - RC Ballantyne Charlotte, North Carolina, RID 7680
4. DG Donna Bishop Peffley - RC Club Cary MacGregor, Cary, North Carolina, RID 7710
5. PDG Carl Treleaven - RC St. Petersburgh Florida, RID 6950
6. Lina Treleaven - Spouse of PDG Carl Treleaven
7. PAG Lisa Robertori Hollier - RC Innsbrook Richmond, Virginia, RID 7600
8. Rtn. Carol Elizabeth Arnn - RC Central Johnston County, North Carolina RID 7710

Host families

1. PP Jamsheed Zahidi RC Karachi Creek - Team Lead
2. President Rehana Naseer - RC Karachi Creek
3. PP Muneeb Khan - RC Karachi Creek
4. PP Tahira Khan - RC Karachi Creek
5. Rtn Dr. Beenish Qamar - RC Sunset Millennium
6. Rtn Yusuf Agha - RC Sunset Millennium

Itinerary

January 19th (Saturday)

PP Jamsheed Zahidi, PP Tahira Khan & President Rehana Naseer received the delegation on Saturday morning, from the Jinnah International Airport in Karachi.

Dinner that same night was hosted by Rtn Anna (QuratulAin) from RC Karachi Creek.

January 20th (Sunday)

A brunch was hosted by National Chair Aziz Memon at the Boat Club for the visiting delegation and the all host families. After the brunch, members of the Rotary Club Karachi Creek (PP Zahidi, PP Tahira, PP Muneeb Khan and President Rehana) took the visitors to the Mohatta Place Museum, a stately landmark of Karachi.

Dinner hosted at the Karachi Gymkhana Club by Rotary Clubs Karachi Crown, Mid-City, Federal B Area and Pearl. A light entertainment musical program was also held prior to dinner.

January 21st (Monday)

9:15 am: Inauguration of polio NIDs by Commissioner Karachi Iftikhar Ali Shallwani, at Hilal e Ahmer (Sind Medical Center) Clifton was performed on the first day of the National Immunization Days. The Rotary delegation, National Chair Aziz Memon, Karachi Rotarians and representatives from partner organization participated.

10:00 am: Visit to the Artificial Limb Center in Gulshane Iqbal.

11:00 am: Karachi Resource Center in Gulshan Town, where the delegation went with vaccination teams to administer polio drops to children in the door to door campaign. The Coordinator Resource Center Sadia Shakeel facilitated the visit, with the help of WHO & UNICEF representatives.
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12:00 Noon: Visit to Permanent Transit Post (PTPs) to see vaccination of transient population entering Karachi coming in from other cities.

1:00 pm - 2:00 pm: Lunch at a local eatery Subway in Malir Cantt.

2:30 pm: Visit to the Reverse Osmosis solar water filtration plant in Baldia Town by Rotary in collaboration with Coca-Cola Pakistan and UNDP for the high risk community.

3:00 - 4:30 pm: Visit to the Aga Khan University Hospital facilitated by PP Jamsheed Zahidi.

8:00 pm: Dinner hosted by DGE Dr. Farhan Essa - Rotary Club Karachi Kolachi at the Marina Club, where the delegation not only had a fellowship meeting but a boat cruise of the Marina harbor.

January 22nd (Tuesday)

10:00 am - 12.30 pm: Participated in the Door2Door NID polio campaign in Gadap UC 4, one of Karachi’s high risk areas for the polio virus transmission.

1:00 pm - 2:00 pm: Lunch meeting with Rotary Club of Karachi at the Pearl Continental Hotel invited by National Chair Aziz Memon.

2:30 - 4:00 pm: Visit to the Karachi Cantt Railway station to vaccinate children waiting and traveling to their destination.

5:30 pm - 8:00 pm: Intercity meeting at the Marriott, hosted by Rotary Club Karachi Gateway.

January 23rd (Wednesday)

11:00 am: Meeting with Karachi Commissioner Iftikhar Ali Shallwani at Commissioner House

12:00 Noon: Visit to Quaid e Azam’s mausoleum to pay respects and visit the museum.

1:30 pm: Lunch at BBQ Tonite hosted by PNPPC for guests and delegates

8:30 pm: Dinner at Sindh Club hosted by RC Karachi Sunset Millennium coordinated by PP Shahzadi Mansoor

January 24th (Thursday)

Day trip to Hyderabad: Departure 9:00 am Arrival 7:00 pm. US delegates and RCK Creek members accompanied the visitors. The visitors were given a grand reception in Hyderabad, by Rotarians from Hyderabad, Nawabshah and Mirpurkhas, all gathered to make it an intercity meeting. The visitors were taken to the SOS children’s village in Jamshoro. Children made handmade cards and gifted bouquets to honor the guests. The trip was coordinated by Dr. Pardep - RC Hyderabad.

8:30 pm: Fellowship dinner at Rtn Samir Shamsi’s residence & members of RC Karachi South.

January 25th (Friday)

10:00 am - 11:00 am: Visit to Sindh Emergency Operations Center (EOC), where the EOC Coordinator Umar Farooq met with the delegation & Sindh Team Leads of UNICEF and WHO. Including members of the Health officials at the EOC, Presentations were given to the visiting Rotary delegation and Q & A session on the update of polio in Sindh was elaborated in the meeting.

12:00 Noon: Presentation in PNPPC office on role of Rotary in Pakistan.

1:45 pm: Lunch at Dolman Mall hosted by PP Anis H. Younus at OPTP. Brief shopping followed by camel rides.

8.30 pm: Fellowship dinner at Rtn Sohail Muhammadi’s residence - RC Karachi Midcity.

January 26th (Saturday)

10:30 am: Rotary Corporate and Public Partnership Summit at the Marriott Hotel hosted by the District Governor Irfan Qureshi and Rtn. Anis H. Younus - Chair, District Rotary Fundraising & Rotary Corporate Partnership, Rotary Club Karachi Karsaz. The aim of the Summit was to create a contusive environment to encourage and develop Rotary Private Partnerships to address strategies on Rotary Six Areas of Focus. The visiting Rotarians were given mementos in recognition for their service above self, in their quest to end polio in Pakistan.

12:30 pm - 1:00 pm: Meeting with the President of Pakistan Dr. Arif Alvi in the Governor House.

1:00 pm - 2:30 pm: Return back to the seminar at the Marriott Hotel, for the conclusion and lunch.
Health Camp at Chisti Nagar, Orangi Town by RCK Creek

Report by: PP Muneeb Khan - Rotary Club Karachi Creek

On 29th December, 2018, the Rotary Club of Karachi Creek planned a health camp just after the December NIDs to target missed children if any, in the areas and create awareness on polio. Orangi Town is one of Karachi’s biggest slums with a population of some 230,000 people living below the poverty line and an environment of poor hygiene and sanitation, with meager support of public sector organizations.

Rotary Club of Karachi Creek collaborated with National Bank of Pakistan, Lady Dufferin Hospital ERWO, Development & Literacy (DIL) and Al Mustafa Trust. The Gulshan Resource Center in Karachi supported RCK Creek to organize the health camp at Aziz School UC 26, Chishti Nagar Yaqobabad.

The camp provided services to 1263 patients (301 male, 725 female and 237 children); 120 were for eyes and 160 gynae. A total of 23 children were vaccinated against polio (15 refusals and 8 mised). Camp doctors treated and provided free medicines to patients. The camp had two male and five female doctors including four dispensers.

President Rehana Naseer, PP Muneeb Khan spearheaded the health camp. PP Masood Bhalli, PP Jamsheed Zahidi, Rotarians Aga Asad, Quratul Ainna Khan, Sunil Kumar, Naeem Ahmed were present.

The Japanese Rotary delegation visiting Karachi in December left children’s books and colour pencils to be distributed to school children. RCK Creek took advantage of the health camp and distributed to young students attending the camp with polio mobilization items. Needless to say, there were smiles and twinkling eyes all around.

Health Camp in Pak Colony by RC Mirpurkhas Heaven

Report by: President Aslam Fazil - Rotary Club Mirpurkhas Heaven

A medical camp organized by RC Mirpurkhas Heaven was held at a remote area out the city limits called Pak Colony on 30th December 2018. The health camp was held inside the Hindu Panchyat Community Center. The community has a population of 5000 people, who are by and large devoid of health care amenities and greatly benefited from these camps, where general ailments and seasonal allergies and problems that occur in winter season are found in most households. 246 people enrolled, where the members of the club had arranged free medicine for chest and throat infections, diarrhea, fever, back and knee pain and common cold and allergies in children.

All adults were screened for hypertension and referred to specialist if conditions were severe. An ophthalmologist was also present to screen eye/vision complaints and critical cases referred to Dr Nigar Eye Specialist from civil hospital. Complaints regarding vision and other ophthalmic complaints were screened and referred to Dr Nigar, eye specialist, Civil Hospital. President Aslam Fazil - RC Mirpurkhas Heaven, Club Secretary Kashif Bashir Secretary and 4 members of the club successfully conducted camp.

The community was informed to vaccinate their children against polio and expressed their gratitude to Rotary for arranging a camp free of charge and treating patients as well as guiding them for serious complaints.

Nationwide SIAs activity Jan - June 2019

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<thead>
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<th>Month</th>
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<td>NIDs</td>
</tr>
<tr>
<td>March</td>
<td>4th - 7th</td>
<td>SNIDs</td>
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<tr>
<td>April</td>
<td>22nd - 25th</td>
<td>NIDs</td>
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<tr>
<td>June</td>
<td>17th - 20th</td>
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TO GET CALLER RING BACK TONE:
- Mobilink: Type Get<space>MobiTune Code and send it to 230.
- Telenor: Type ‘ST<space>SmartTune Code and send it to 230.
- Zong: Type DialTune Code and send it to 230.
- Ufone: Type Get<space>Ufone Code and send it to 666.
- Warid: Type Get<space>Warid Tune Code and send it to 230.
Health camp in Nowshera for marginalized communities

Report by: AG Tayyaba Gul · Rotary Club Islamabad Cosmopolitan

Azakhel Bala is among Hiigh Risk Union Councils where no Government health facility exists. At the behest of the District Health Office, Youth Catalyst of Pakistan (YCP) established a permanent immunization center with the help and support of Pakistan National PolioPlus Committee (PNPPC).

The YCP program facilitates Azakhel Community in immunizing children against vaccine preventable diseases and Routine Immunization, including improving mother & child health.

A remote UC Battha khasht comprises of 750 families working on daily wages. The families are mostly nomads and work in the brick kiln trade. The community lives below the poverty line and cannot afford medical or health care services.

Rotary club Nowshera in collaboration of YCP designed pre-campaign activities and health camps in both UC’s to provide free medicines, medical check-up, vaccination services and pre-campaign activities to the marginalized strata along with key partners WHO, UNICEF (COMNET) DHO office also participated in this camp.

Rotary club Nowshera took the lead in organizing group discussions with parents and children. COO YCP PP Tayyaba Gul was Instrumental in spearheading the camps in both UCs and mobilizing the community in view to the upcoming NIDs scheduled in January 2019. The number of patients that benefited were:

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<th>Description</th>
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<td>OPD</td>
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<td>Children vaccinated against Polio</td>
<td>61</td>
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<td>Children vaccinated against other diseases</td>
<td>17</td>
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<tr>
<td>Pregnant women vaccinated (T.T)</td>
<td>21</td>
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<tr>
<td><strong>Total Beneficiaries</strong></td>
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Pakistan Update - Final 2018

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<th>Province/Region</th>
<th>District Name</th>
<th>Type of Wild Poliovirus</th>
<th>No. Cases</th>
<th>Total Districts</th>
<th>Total Case</th>
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Global Update 2018

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<td>Globally</td>
<td>33</td>
<td>22</td>
<td>22</td>
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<tr>
<td>* in endemic countries</td>
<td>33</td>
<td>22</td>
<td>22</td>
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<tr>
<td>* in non-endemic countries</td>
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Polio endemic countries up-date: Afghanistan 21 (as on January 30, 2019)
EVEN BOTTLE HAS A STORY

Replenished 782+ million liters of groundwater

Through a multi-year partnership with WWF-Pakistan focusing on water conservation and watershed management, we have planted over 150,000 trees and successfully replenished more than 782 million liters of groundwater, resulting in improved natural habitat and water availability for 135,000 individuals around Ayubia National Park area.

With UNDP & UNHABITAT, we have helped rehabilitate sanitation facilities in over 100 schools, benefiting more than 20,000 children, including huge number of females. Our solar powered desalination plant in Soomer Village provides clean drinking water to thousands of people along the coastal line of Karachi.