

# CLUB INFORMATION

## 2019-2020 ROTARY INTERNATIONAL OFFICERS

*ROTARY INTERNATIONAL PRESIDENT*

*DISTRICT GOVERNOR*

*DISTRICT 7360, ZONE 29*

[district7360@gmail.com](mailto:district7360@gmail.com)

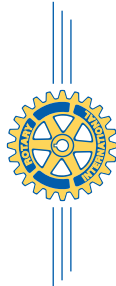
## 2019-2020 ROTARY BOARD OF DIRECTORS

<b>President</b> Phil Dubrow	<b>Secretary</b> RICHARD J. JOHNSTON
<b>President-Elect</b> Scott Magnetti	<b>Assistant Secretary</b> Debbie Dellaposta
<b>Vice President</b> Tracy Naugle	<b>Treasurer</b> REX H. KAUP
	<b>Sergeant-at-Arms</b> JOHN CAREY

	<u>CHAIR</u>	<u>CO-CHAIR</u>
<b>CLUB SERVICE COMMUNITY</b>	Jodi Cessna	
<b>SERVICE INTERNATIONAL</b>	Sam Britz	
<b>SERVICE VOCATIONAL</b>	John Carey	
<b>SERVICE</b>	Joy Weidell	Larry McAleer

### Meeting Times of Other Clubs

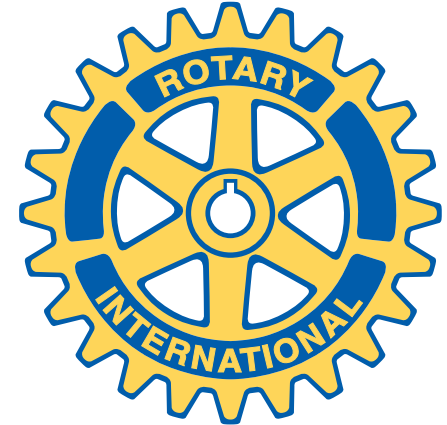
Altoona Sunrise, The Casino, Lakemont . . . . .	Wednesday	7:15 AM
Bedford Sunrise, Clara's, Best Western . . . . .	Monday	7:00 AM
Bedford, Carriage House Restaurant . . . . .	Monday	6:15 PM
Claysburg, Peggy's Diner . . . . .	Tuesday	6:00 PM
Clearfield, Clearfield Elks Club . . . . .	Monday	6:00 PM
Hagerstown, MD, Fountain Head Country Club . . . . .	Wednesday	12:00 PM
Harrisburg, Hilton Hotel at Tower . . . . .	Monday	12:00 PM
Hollidaysburg, The Casino at Lakemont Park . . . . .	Tuesday	7:15 AM
Huntingdon, Huntingdon Country Club . . . . .	Tuesday	12:00 PM
Indiana, Rustic Lodge, RT. 286 S.W. . . . .	Tuesday	5:30 PM
Johnstown, Sunnehanna Country Club, Westmont . . . . .	Wednesday	12:10 PM
Lewistown, Birch Hill Supervisors Club . . . . .	Tuesday	12:00 PM
Morrisons Cove, Jun - Aug Morrisons Cove Memorial Park		
Sept. - May Spring Cove School District Admin. Bldg. . . . .	Tuesday	7:00 AM
Pittsburgh, Omni William Penn Hotel . . . . .	Wednesday	12:00 PM
State College, Downtown, Damon's Restaurant . . . . .	Thursday	12:00 PM
State College, Nittany Lion Inn . . . . .	Tuesday	5:30 PM
State College Sunrise, State College Hotel . . . . .	Wednesday	7:15 AM
Tyrone, Bull Pen - Tyrone Shopping Center . . . . .	Monday	5:45 PM
Summer meeting till August - Reservoir Park, Tyrone		



*Data-Note*  
 ROTARY CLUB OF ALTOONA  
 P.O. BOX 2538  
 ALTOONA, PENNSYLVANIA 16603-2538  
 RETURN SERVICE REQUESTED

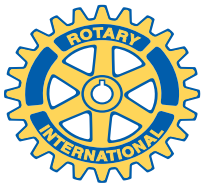
# ROTARY CLUB OF ALTOONA

DISTRICT 7360



CLUB NEWSLETTER

*Meets Each Tuesday, 12:10 P.M.  
The Blair County Convention  
Center*



**RECOGNIZING OUR PAST  
CELEBRATING OUR FUTURE** OUR 101st Year

No. 612, July 12, 2019

Program Chair: Joseph Fagnani  
August Registration: Scott Magnetti

The Four-Way Test

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build Good Will and Better Friendships?
4. Will it be Beneficial to all concerned?

**ANNOUNCEMENTS FROM 07/02 & 07/09**

Don Ruggery Jr., President

**INVOCATION**



- 07/30 Herk Betar
- 08/06 Jason Ebersole
- 08/13 Tim O'Brien
- 08/20 John Forney

**SOUP KITCHEN**

- 07/26 Devin Mullen and Tim O'Brien
- 07/29 Steve Seltzer
- 08/02 Margie Navarro and Jack Sinclair
- 08/05 Doug Wolf
- 08/09 Eva Eagler and Tom Smith
- 08/12 Alison Seltzer

**Make-ups**

Soup Kitchen - 07/12 Newborn, Lingenfelter 07/08 D. Wolf  
07/22 Thursfield 06/10 O'Brien

Sunrise - 07/03 Cessna 07/10 Cessna

Soup Kitchen schedule is now on Rotary website  
<http://rotaryofaltoona.org/Rotary%20Food%202016.pdf>

President Phil asked us to check out the new and improved RotaryofAltoona.org website. Please share the website and encourage others to visit it to help spread what we do. President Phil also reminded us of the District website, DacDB.com.

He acknowledged the Blair Chamber of Commerce event that recognized Rex Kaup with the Business in Excellence award. Please congratulate Rex when you are in his company.

We are asking each Rotarian to review the membership directory and make any changes so we can get the new directory printed.

Fred Thursfield recently had surgery but is recovering and should be back at the meeting next week.

Tim O'Brien is taking photos for the Rotary directory so be sure to get your photo taken before you leave today.

Announcements, Reminders and Good News:  
Joe Fagnani announced that the Service Paws organization will hold their golf outing next Thursday, July 11 at Park Hills. Golfers are needed.

Program;  
President Phil introduced Bob VanKirk who with his wife Diana run 4 Seasons Farm in Tyrone. They specialize in registered Red Devon cattle. The farm has two hundred beef herd of Red Devon and crossbred cattle. Bob and Diana market 100% grassfed beef. Bob also serves as the President of Red Devon USA. Red Devon cattle thrive on grass. They also crossbreed well. Bob mentioned that most people are confused about the different types of beef. In the USA, it is legal to put on labels of foreign beef that it is a product of the USA because the beef is packaged in the USA. He also mentioned that beef no longer needs to be labeled.

Grassfed beef has less fat. It is also more heart healthy. There is no need to till the pastures in which the cattle graze and this practice is good for conservation.

The cattle graze for eight months on five different farms in this area.

Bob reported that the World Red Devon Conference participants visited his farm last year. In October, the Keystone Internal Livestock Conference will be held in Harrisburg, which attracts some 4,000 visitors.

4 Seasons Farm sells it beef by word-of-mouth. Bob provided his business cards to the Rotarians.

Fred Thursfield returned this week from surgery and it was nice to have him back and looking so good.

Tim O'Brien took photos for the Rotary directory again. Thanks so much Tim.

Program;  
President Phil introduced George Rowles. George shared pictures and stories of Downtown Altoona from a series of years and angles. George was able to tell stories about the historical buildings and stores of Downtown Altoona dating back to the late 1800s and through the 1900s including recent angles. It was a fabulous perspective to the changes that have occurred over the years.

President Phil announced that he will not be at the next few meetings due to travel plans. President Elect Scott Magnetti will host the July 16th meeting. Vice President Traci Naugle will host the July 23rd meeting.

**July Birthdays**

- Jodi Cessna July 1
- Gwen Pattillo July 4
- Robin Beck July 7
- Marty Kooman July 8
- Ed Clouse July 11
- John Carey July 17
- Paula Foreman July 21
- Neil Rudel July 25
- Tom Cooney July 28
- Nick Spallone July 28

**July 02 2019**

Baker, Beyer II, Bilger, Boston, Britz, Carey, Clouse, Cooney, Corso, Degol, DiAndrea, Durbin, Eagler, Fiore D., Fiore F., Foreman, Forney, Frederick, Gardner, Gentesch, Hann, Hart, Hite, Homan, Hurd, Hymes, Kaup, Kech, McAleer, Miles, Morder, Mullen, Navarro, Newborn, Okonak R., Ritchey, Rudel, Ruggery, Seelye, Seltzer, Shellenberger, Shreve, Sinclair, Slovensky, Smith S., Spallone, Stevens, Thursfield

**July 09 2019**

Allison, Beyer, Bilger, Black, Britz, Carey, Clouse, Collins, Corso, Degol, DeLongis, DiAndrea, Drass, Durbin, Eagler, Fiore D., Foreman, Forney, Frederick, Fruth, Gardner, Gentesch, Grillo, Hite, Homan, Hurd, Hymes, Kech, McAleer, Miles, Mullen, Navarro, Okonak R., Ritchey, Rosenhoover, Rudel, Ruggery, Savage, Seasoltz, Seelye, Seltzer, Shellenberger, Shreve, Smith S., Spallone, Wisyanski

Visit our Web site at: [www.rotaryofaltoona.org](http://www.rotaryofaltoona.org)