

CLUB INFORMATION

2018-2019 ROTARY INTERNATIONAL OFFICERS

ROTARY INTERNATIONAL PRESIDENT
Barry Rassin

DISTRICT GOVERNOR
DISTRICT 7360, ZONE 29
Dan Bennett

district7360@gmail.com

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2017-2018 ROTARY BOARD OF DIRECTORS

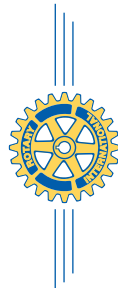
President Don Ruggery Jr.	Secretary RICHARD J. JOHNSTON
President-Elect Phil Dubrow	Treasurer REX H. KAUP
Vice President Scott Magnetti	Sergeant-at-Arms JOHN CAREY

	<u>CHAIR</u>	<u>CO-CHAIR</u>
CLUB SERVICE	Jodi Cessna	
COMMUNITY SERVICE	Sam Britz	
INTERNATIONAL SERVICE	John Carey	
VOCATIONAL SERVICE	Joy Weidell	Larry McAleer

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Meeting Times of Other Clubs

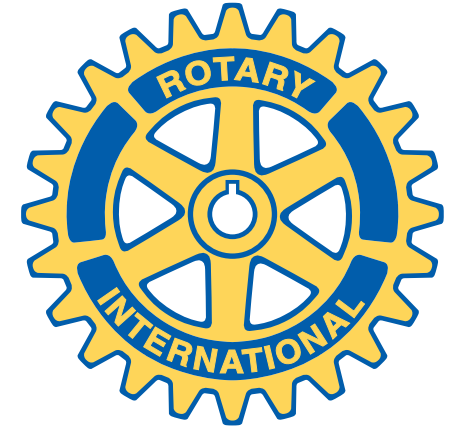
Altoona Sunrise, The Casino, Lakemont	Wednesday	7:15 AM
Bedford Sunrise, Clara's, Best Western	Monday	7:00 AM
Bedford, Carriage House Restaurant	Monday	6:15 PM
Claysburg, Peggy's Diner	Tuesday	6:00 PM
Clearfield, Clearfield Elks Club	Monday	6:00 PM
Hagerstown, MD , Fountain Head Country Club	Wednesday	12:00 PM
Harrisburg, Hilton Hotel at Tower	Monday	12:00 PM
Holidaysburg, The Casino at Lakemont Park	Tuesday	7:15 AM
Huntingdon, Huntingdon Country Club	Tuesday	12:00 PM
Indiana, Rustic Lodge, RT. 286 S.W.	Tuesday	5:30 PM
Johnstown, Sunnehanna Country Club, Westmont	Wednesday	12:10 PM
Lewistown, Birch Hill Supervisors Club	Tuesday	12:00 PM
Morrisons Cove, Jun - Aug Morrisons Cove Memorial Park		
Sept.- May Spring Cove School District Admin. Bldg.	Tuesday	7:00 AM
Pittsburgh, Omni William Penn Hotel	Wednesday	12:00 PM
State College, Downtown, Damon's Restaurant	Thursday	12:00 PM
State College, Nittany Lion Inn	Tuesday	5:30 PM
State College Sunrise, State College Hotel	Wednesday	7:15 AM
Tyrone, Bull Pen - Tyrone Shopping Center	Monday	5:45 PM
Summer meeting till August - Reservoir Park, Tyrone		



Nota-Note
ROTARY CLUB OF ALTOONA
P.O. BOX 2538
ALTOONA, PENNSYLVANIA 16605-2538
RETURN SERVICE REQUESTED

ROTARY CLUB OF ALTOONA

DISTRICT 7360



CLUB NEWSLETTER
Meets Each Tuesday, 12:10 P.M.
The Calvin House



**RECOGNIZING OUR PAST
CELEBRATING OUR FUTURE** OUR 101st Year

No. 602, January 18, 2019
Program Chair: Joseph Fagnani
January Registration: Phyllis Baker

- The Four-Way Test
1. Is it the Truth?
 2. Is it Fair to all concerned?
 3. Will it build Good Will and Better Friendships?
 4. Will it be Beneficial to all concerned?

Don Ruggery Jr., President

ANNOUNCEMENTS FROM 01/08 & 01/15

Announcements:

- February 1 - Scholarship Drive
- March 12 -- Four way Test Speech Contest
- March 30 -- Grapes for Good Sponsorship Deadline; Application deadline for grants is January 15. Thanks to Deb Dellaposta.

January birthdays were celebrated.

PROGRAM:

John McGinnis, the retired PA State Representative from the 79th District was the guest speaker. He served 3 terms in the House of Representatives. He shared his reflections and insights on his service in the House. His intent was to focus on what is good for the Commonwealth and not for the respective district. He shared his disappointment that he did not find the majority of fellow Republicans who believe in limited government.

President Don welcomed us. We began our meeting with a Paul Harris Fellow presentation to our president Don Ruggery, by Phil Dubrow.

JR shared Rotary Headlines and Don and shared "this date in history"

Visiting Rotarians and Rotarians with guests; Jack Sinclair's guest- Jim Boston, General Manager of the Blair County Convention Center. Don Ruggery's guest- his wife, Kate Ruggery. Tom Smith's guest- Samantha Humphrey of Big Brothers, Big Sisters.

Don shared that we will meet at the Blair County Convention Center for the month of January and at the Altoona Grand for the month of February. We will have a vote on 2/19 to determine our permanent location.

Announcements, Reminders and Good News;
Our scholarship drive will begin in February. Our 4-Way Test speeches are scheduled for March 12th

March 30th is our "Grapes for Good" event. Tickets will go on sale to the public shortly. The grant applications will be extended until 1/29/19. Sponsorships are doing well, but more are welcomed.

Program: Tim Balconi introduced our speaker, Dr. Rodney J. Landreneau, who has lived in the area for one year. He is Professor of surgery in the Department of Cardiothoracic Surgery at the University of Pittsburgh. Dr. Landreneau spoke on the topic of Lung Cancer Early Diagnosis. He shared the trend on early screening for Lung cancer. Lung cancer causes more deaths than any other cancers. Pa is #10 in the U.S. for deaths from this disease. The U.S. and China have the highest number of deaths from lung cancer. There can be a 20 length of time between smoking and lung cancer development. When someone quits smoking, their risk for cancer drops significantly. There is a 90% success rate when early screening and detection are used. Screening is recommended for those over 55 with a significant history of smoking and it is covered by insurances.

January 8 2019

Beyer II, Bilger, Britz, Carey, Clouse, Collins, Corso, Degol, DeLongis, DiAndrea, Durbin, Fiore D., Frederick, Gardner, Gentesch, Hann, Hite, Hymes, Kech, Margroum, Miles, Okonak A., Okonak R., Parnell, Ritchey, Seelye, Seltzer, Shreve, Sinclair, Smith Spallone, Wolf D.

January 15 2019

Beck, Beyer, Bilger, Britz, Clouse, Collins, Cooney, Corso, Degol, Durbin, Ebersole, Fiore D., Foreman, Gardner, Gentesch, Hite, Hurd, Hymes, Kech, McAleer, Miles, Okonak A., Okonak R., Parnell, Ritchey, Seasoltz, Seelye, Seltzer, Shellenberger, Shreve, Spallone, Thursfield, Wolf J.

INVOCATION

- 01/22 Jason Ebersole
- 02/05 Herk Betar
- 02/12 Pat Savage
- 02/19 Jason Ebersole



SOUP KITCHEN

- 1/25 Susan Allison and Devin Mullen
- 02/04 Steve Seltzer
- 02/11 Doug Wolf
- 02/18 No Volunteer

Make-ups

- Soup Kitchen - 01/04 S. Seltzer, Hann 01/11 Stephens, O'Brien, Kech
- Board Meeting - Ruggery, Johnston, Kaup, M. Michelone, Hann, D. Wolf, P. Baker, Magnetti, Carey, O'Brien, Sinclair, DuBrow, Naugle, Foreman

Soup Kitchen schedule is now on Rotary website
<http://rotaryofaltoona.org/Rotary%20Food%202016.pdf>

There were two guests: one of John Forney, Steve Campbell and one of Tom Smith, Samantha Humphrey.

This day in history facts were shared

Good news is that Irv Seltzer will return home on Saturday, January 12.

Soup Kitchen volunteer calendar is on the Club website.